

The Small Cruise Ship Collection

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YOGA CRUISE

Explore stunning Dalmatian islands and coastline and at the same time relax and discover your inner self. Spend your mornings admiring the spectacular scenery, practicing yoga with certified yoga instructor, enjoying swimming in crystal clear Adriatic sea and your afternoons and evenings exploring old historical towns or having fun till morning hours.



ITINERARY

Day 1 - Saturday SPLIT - PU IŠ A

Departure from Split at 13:00h followed by a lunch on board and a swim break. Continue to Pu iš a on Bra island. Get acquainted with the yoga teacher and fellow passengers at the first meditation session. Pu iš a is a typical Mediterranean place, situated on the northern side of the Bra island at the bottom of the deep bay. It is the cradle of the world's famous stone of Bra. Possibility of visiting a stone-masonry workshop, one of the few stone masonry workshops left in Europe. Enjoy

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the domestic food, wine and famous olive oil of this coastal village. Overnight in the port of Pu iš a.

Day 2 - Sunday PU IŠ A - KOR ULA

Early morning exercise on the sundeck, followed by breakfast. After a morning swim in the crystal blue sea, we cruise towards Kor ula, the birthplace of Marco Polo. Lunch will be served either on the tip of the Pelješac peninsula (near Lovište) or in the quiet bay of Kneža on Kor ula. Afternoon meditation on board in one of the perfect bays. Late afternoon arrival in Kor ula for guided sightseeing of this exceptional town. According to legend Kor ula was found by Trojan hero Anthenor in the 12th century B.C. On this island you can find more legends, tales and monuments than anywhere else. In the evening we recommend a visit to one of numerous konobas or enjoy the stunning views of the mainland from the numerous cafes and bars. You can also visit a nearby village for a typical village dinner experience. Overnight in Kor ula.

Day 3 - Monday KOR ULA - LASTOVO

Let the early morning sun embrace you during your TriYoga session on the vessel's sun deck. Our cruise continues towards Nature Park Lastovo, the furthest inhabited island in Dalmatia, which Romans called the Imperial island. Docked in Ubli port, one has the opportunity to visit the protected Nature Park or visit the biggest town on the island - Lastovo. The Island is surrounded by many smaller islands, with plenty of secluded bays suitable for snorkeling, and for this occasion meditating, but also known for many little churches and unusually shaped

chimneys. Captain's dinner party on board and overnight.

Day 4 - Tuesday LASTOVO - RAVNIK (GREEN CAVE) - KOMIŽA

Enjoy your early morning yoga during departure towards Vis island, once closed to tourists for many years. Vis was, because of its unique geographical position, a strategic harbour for the navy. Due to this isolation, Vis has a special charm of the 'Mediterranean as it once was' which makes it really interesting to see. Near Vis, there is the little Ravnik island, where the Green cave is situated. It was named after the unusual light that reflects in the sea from the hole on the top of the cave. After a short swim, depending on the weather conditions, we sail further to the town of Komiža for overnight. Before the arrival get in touch with your inner self through meditation on the sun deck. Komiža is a typical Mediterranean place on the western part of the island, where the fishery on the eastern part of the Adriatic coast began. Enjoy the walk through the narrow alleys and rich heritage, or maybe on one of the pebble beaches with fresh water springs, that stretch along the whole eastern side of the Komiža bay.

Day 5 - Wednesday KOMIŽA/VIS - BIŠEVO (BLUE CAVE) - STARI GRAD

While we cruise towards the little Biševo island to visit the Blue cave, a magnificent natural phenomenon enjoy your early morning TriYoga session. As sometimes weather conditions can be very unpredictable, the possibility of our visit will depend on those conditions, however you will be notified of this by the crew. Entrance to Blue Cave is to be paid on the spot (approx. EUR 9.- per person). We continue towards Stari Grad on the

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Hvar island, the sunniest Adriatic island. Afternoon at leisure to explore this unique town after we end our afternoon meditation. The famous Stari Grad Field is the oldest in Croatia and the best preserved example of ancient Greek system of agriculture. Together with the old town it is a part of world heritage protected by UNESCO.

Day 6 - Thursday STARI GRAD – BOL

Awake your body and mind with early morning yoga on the sun deck. After breakfast we cruise towards the beautiful Bra island and the famous town of Bol. Swimming is planned at the most famous beach in Dalmatia - Zlatni Rat (the Golden Horn - its gravel promontory shifts from side to side as the wind and waves constantly change in shape). We will search for a perfect spot for meditation on Bol, a typical fishermen's town converted to a popular tourist destination. Here we spend the night and have the opportunity to enjoy excellent fresh fish, local wines and other delicacies of this unique island, enjoy a lovely walk or cycle along the promenade. Hike or rent a scooter up to Vidova Gora for a spectacular view of Bol and surroundings.

Day 7 - Friday BOL- ŠOLTA

The last day we cruise towards the beautiful Šolta island, well known for its excellent, dark olive oil and lovely little fisherman ports. In one of such villages we spend the night and have the opportunity to enjoy peace and tranquility of this unique island.

Day 8 - Saturday ŠOLTA – SPLIT

Early departure towards Split and time to say goodbye to the crew and all your new friends.

Please Note:

Itineraries are subject to change.

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YOUR SHIP: JADRANSKA KRALIJICA

YOUR SHIP:

Jadranska Kraljica

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

The Jadranska Kraljica was built specifically for cruising Croatia's coast and islands. Built in a traditional style, she has 15 cabins on three decks (5 on top deck, 4 on main deck, 6 below deck) of which 9 cabins have double bed and 4 of these can have a third bed added, ideal for younger children to share with their parents, 5 cabins have double or twin beds and 2 cabins have bunk beds. All cabins are air-conditioned and have private shower and toilet. There is a large dining room, 2 bars, an on deck salon and a large sun deck - as well facilities for such as a fax machine, TV, video, HIFI with CD player if for some reason they are required!





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PRICING

ADDITIONAL CHARGES:

Port Taxes & Fees 40 EUR pp



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