

ULTIMATE NORWAY – ARCTIC WINTER EXPEDITION CRUISE UNDER THE NORTHERN LIGHTS

An Expedition in an Arctic Winter Wonderland Setting out from Tromsø, we set out to explore four spectacular regions during the enchanting winter season aboard the perfect expedition vessel, MS Spitsbergen. As we spend an exciting week witnessing the glacial majesty of the Lyngen Alps, the dramatic beauty of the Lofoten Islands, the forested mountains of Vesteralen and the serenity of Senja, you'll see snow-frosted mountains, deep blue fjords, charming fishing villages and - with luck - the magical Northern Lights. Set a Course for Adventure with the True Norway Experts We've been sailing Norway's coast since 1896, and nobody knows it like we do. Using our expertise and with a flexible itinerary, we'll head out in our small expedition boats to the best and most beautiful islands and beaches. Here you'll enjoy activities such as snowshoeing, hiking and kayaking. What's more, three unique and bespoke adventures mean you'll experience a beach bonfire under the stars, a Nordic sauna and polar plunge, and an after-hours heritage dinner at a museum reserved exclusively for us.



ITINERARY

DAY 1 Depart from Tromsø

A winter cruise to Norway's Northern Fjords from Tromso - Visit Lofoten, Lyngenfjord and Trollfjord and fingers crossed for thew Northern Lights

Discover the gateway to the Arctic

Backed by snowy mountains, lively Tromsø is the perfect place from which to set out on an adventure. It was the base for many a historic Arctic expedition, including those of Roald Amundsen, and its situation 250 miles north of the Polar Circle has led to it being called the 'Gateway to the Arctic'.

If you arrive early in Tromsø we recommend exploring the city before joining your cruise. There's plenty to see, such as the



Polar Museum, where you'll learn about the city's exploration heritage. And make sure to visit the striking Arctic Cathedral - with its huge stained-glass window.

DAY 2 Exploring Lyngen Fjord and Alps

Approaching the scenic Lyngen Alps via the Lyngenfjord

For the next seven days we'll be exploring four distinct regions, each with its own outstanding features and unique beauty. The first such region we're likely to visit is Lyngen.

The scenic Lyngen area is a landscape of jagged, snowy mountains, and a magnet for winter activities. The Lyngen Fjord is over a hundred miles long, and we'll spend the day going on a nature landing, with hikes, snowshoe walks and - if conditions allow - kayaking.

Later, it's time for a real treat. After our active day we'll gather on the beach and enjoy the warmth of a bonfire. With hot drinks in hand, Norwegian foods cooked by our onboard chefs, you'll really feel at one with nature. If we're lucky, perhaps the Northern Lights will put on a display for us.

Please note, this is an exploration week and the actual route taken may vary from the text above.

DAY 3 Senja

Discover Norway in miniature

Senja is Norway's second-largest island, and it's sometimes called Norway-in-miniature. With its rugged mountains, sandy beaches, dark forests and idyllic fishing villages, you can see how it earned this name. Free-roaming reindeer wander around the island, so keep an eye out for them.

Here, we'll visit a local community and experience some warm Scandinavian hospitality. We'll learn about the Sami culture, and about life in remote villages during the winter months. Some of the time, we'll be sailing in the dark and at dusk - but this will only enhance our experience, with glittering snowscapes illuminated by the low sun and the starlight.

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DAY 4 Towards Lofoten

Experience dramatic panoramas

As we sail towards the Lofoten Islands, the Expedition Team will seek out the best place for a nature landing, perhaps at one of the many fine beaches likely covered in pristine snow. We may head out in our small expedition boats to explore between remote islands or get out the kayaks.

Approaching the dramatically steep mountains of Lofoten by ship is an experience that's unforgettable. You'll be in awe of the landscapes as we sail through this region of windswept islands, sheltered bays, and some of the most beautiful fjords in the world. Look out for Sea Eagles as you admire the exceptional beauty of this stretch of coastline.

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DAY 5 Lofoten



Get to know Lofoten in more detail

In winter, the Lofoten Islands transform into a snow-covered wonderland. Narrow fjords, hidden beached between towering mountains and picturesque fish villages are all ideal for a small ship like MS Spitsbergen. Embark on a fishing trip from Svolvaer, or relax in a traditional Nordic sauna before taking a thrilling polar plunge - sure to revitalise you!

You can get a taste of Svolvaer when our ship stays overnight here. It's a small town, but it's the biggest you'll find in these islands, and there are a few cosy restaurants and bars here if you fancy trying a Lofoten snack or brew.

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DAY 6 Vesterålen

Enjoy an exclusive adventure

Sailing from Svolvaer to Vesteralen, we cruise through the narrow Trollfjord into the Raftsund strait, passing between towering cliffs. As we do so, you'll enjoy great views from the deck, and we sail so close to the sides it feels like you can almost touch them!

Vesteralen awaits us with its beautiful snow-covered landscapes, ideal for expedition activities such as snowshoe hiking, small boat cruising and kayaking. It's here that we have another bespoke adventure when we spend an evening at the Hurtigruten Museum, where you'll enjoy an exclusive opening and be served dinner in this very special heritage setting.

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DAY 7 Towards Tromsø

Experience a final day on expedition

We'll stay sheltered in the deep fjords as we make our way back towards Tromsø - at each turn there will be a new island or mountain. Along the way we have plenty of time to scout out landing sites in our small expedition boats, and to go on nature walks and take part in other activities.

The scenery continues to be stunning as we pass through these inner waters, with the winter sun illuminating the landscapes and mountains - and it's also the area where we're most likely to see whales. While on board, enjoy the Arctic scenery from the ship, warm up in the sauna or join the Expedition Team to watch talks and see demos in the Science Centre.

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DAY 8 Return to Tromsø

Another opportunity to explore Tromsø

Your expedition cruise ends back in Tromsø. If you didn't have an opportunity to explore this beautiful town before the cruise, make sure you do now. There's so much to see and do here.

We're sure that you will have enjoyed your winter expedition in Arctic Norway.



Please note:

Itineraries are subject to change.



YOUR SHIP: SPITSBERGEN

YOUR SHIP:	**Spitsbergen**
VESSEL TYPE:	**ExpeditionPassenger Capacity: 335Built / refurbished: 2009 / 2016**
LENGTH:	
PASSENGER CAPACITY:	
BUILT/REFURBISHED:	

Completely rebuilt in 2016, the 100 metre MS Spitsbergen features high technical standards as well as comfortable, modern public areas and cabins. The vessel's fresh Scandinavian design reflects a colour palette derived from the sea. She is modern and environmentally progressive, and further improvements that will reduce emissions and fuel consumption even more are in process. The new ship's maneuverability and optimal size make her quite suitable for exploring polar waters of both teh Arctic and Antarctica. Spitsbergen has a wide range of facilities including a sauna, fitness centre and hot tub, several bars and restaurants and a panoramic lounge. MS Spitsbergen has an on-board Expedition Team and serves as a university at sea. Interesting lectures inside the ship as well as out on the sun deck make this an exciting and educational journey. Topics depend on the season and the waters we sail in. The Expedition Team host a lecture programme and evening gatherings daily. Out on deck you can participate in live points of interest to learn more about the nature, culture and other phenomena we encounter along the coast. In addition, the Expedition Team will introduce you to the uniquely Norwegian notion of `friluftsliv´ (outdoor life), and encourage you take part in `friluftsliv´ hikes and activities during the journey. Ship Facilities Compass Service Centre Brygga bistro Shop Torget main dining Wi-Fi Lift Guest launderette Panoramic deck 8 Outside bar for events,



decks 7 & 8

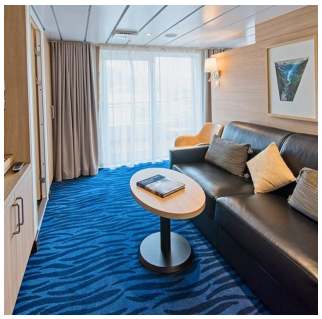


INSIDE YOUR SHIP

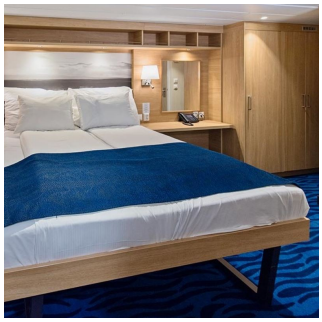
Arctic Superior. From



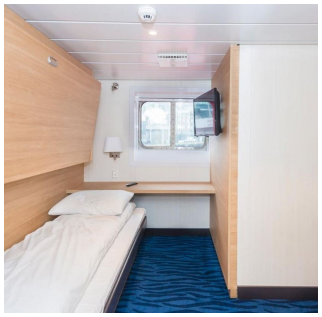
Expedition Suite. From



Polar Inside. From



Polar Outside. From





PRICING

28-Nov-2026 to 05-Dec-2026

Arctic Superior. From	£4609 GBP pp
Expedition Suite. From	£6028 GBP pp
Polar Outside. From	£4148 GBP pp
Polar Inside. From	£3546 GBP pp

05-Dec-2026 to 12-Dec-2026

Arctic Superior. From	£4609 GBP pp
Polar Inside. From	£3546 GBP pp
Polar Outside. From	£4148 GBP pp
Expedition Suite. From	£6028 GBP pp

12-Dec-2026 to 19-Dec-2026

Polar Inside. From	£3628 GBP pp
Polar Outside. From	£4245 GBP pp
Arctic Superior. From	£4716 GBP pp
Expedition Suite. From	£6168 GBP pp

19-Dec-2026 to 26-Dec-2026

Polar Outside. From	£5115 GBP pp
Expedition Suite. From	£7432 GBP pp
Polar Inside. From	£4372 GBP pp
Arctic Superior. From	£5684 GBP pp

26-Dec-2026 to 02-Jan-2027

Polar Outside. From	£4728 GBP pp
Arctic Superior. From	£5254 GBP pp
Expedition Suite. From	£6870 GBP pp
Polar Inside. From	£4042 GBP pp

02-Jan-2027 to 09-Jan-2027

Expedition Suite. From	£6589 GBP pp
Polar Inside. From	£3876 GBP pp
Polar Outside. From	£4535 GBP pp
Arctic Superior. From	£5039 GBP pp

09-Jan-2027 to 16-Jan-2027

Arctic Superior. From	£5039 GBP pp
Polar Inside. From	£3876 GBP pp
Expedition Suite. From	£6589 GBP pp
Polar Outside. From	£4535 GBP pp

16-Jan-2027 to 23-Jan-2027

Polar Inside. From	£4042 GBP pp
Expedition Suite. From	£6870 GBP pp
Arctic Superior. From	£5254 GBP pp
Polar Outside. From	£4728 GBP pp

23-Jan-2027 to 30-Jan-2027

Expedition Suite. From	£6870 GBP pp
Arctic Superior. From	£5254 GBP pp
Polar Inside. From	£4042 GBP pp
Polar Outside. From	£4728 GBP pp



PRICING

30-Jan-2027 to 06-Feb-2027

Arctic Superior. From	£5361 GBP pp
Polar Inside. From	£4124 GBP pp
Polar Outside. From	£4825 GBP pp
Expedition Suite. From	£7010 GBP pp

06-Feb-2027 to 13-Feb-2027

Polar Inside. From	£4124 GBP pp
Arctic Superior. From	£5361 GBP pp
Polar Outside. From	£4825 GBP pp
Expedition Suite. From	£7010 GBP pp

13-Feb-2027 to 20-Feb-2027

Arctic Superior. From	£5468 GBP pp
Expedition Suite. From	£7151 GBP pp
Polar Outside. From	£4922 GBP pp
Polar Inside. From	£4206 GBP pp

20-Feb-2027 to 27-Feb-2027

Polar Outside. From	£5018 GBP pp
Polar Inside. From	£4289 GBP pp
Arctic Superior. From	£5576 GBP pp
Expedition Suite. From	£7292 GBP pp

27-Feb-2027 to 06-Mar-2027

Polar Outside. From	£5115 GBP pp
Expedition Suite. From	£7432 GBP pp
Polar Inside. From	£4372 GBP pp
Arctic Superior. From	£5684 GBP pp

06-Mar-2027 to 13-Mar-2027

Polar Outside. From	£5115 GBP pp
Expedition Suite. From	£7432 GBP pp
Arctic Superior. From	£5684 GBP pp
Polar Inside. From	£4372 GBP pp

13-Mar-2027 to 20-Mar-2027

Polar Inside. From	£4372 GBP pp
Polar Outside. From	£5115 GBP pp
Expedition Suite. From	£7432 GBP pp
Arctic Superior. From	£5684 GBP pp

20-Mar-2027 to 27-Mar-2027

Polar Inside. From	£4289 GBP pp
Polar Outside. From	£5018 GBP pp
Expedition Suite. From	£7292 GBP pp
Arctic Superior. From	£5576 GBP pp

20-Nov-2027 to 27-Nov-2027

Expedition Suite. From	£5515 GBP pp
Polar Outside. From	£3795 GBP pp
Polar Inside. From	£3245 GBP pp
Arctic Superior. From	£4545 GBP pp



PRICING

27-Nov-2027 to 04-Dec-2027

Expedition Suite. From	£5515 GBP pp
Polar Inside. From	£3245 GBP pp
Arctic Superior. From	£4545 GBP pp
Polar Outside. From	£3795 GBP pp

04-Dec-2027 to 11-Dec-2027

Expedition Suite. From	£5515 GBP pp
Polar Inside. From	£3245 GBP pp
Arctic Superior. From	£4545 GBP pp
Polar Outside. From	£3795 GBP pp

11-Dec-2027 to 18-Dec-2027

Polar Outside. From	£3875 GBP pp
Expedition Suite. From	£5625 GBP pp
Polar Inside. From	£3309 GBP pp
Arctic Superior. From	£4635 GBP pp

08-Jan-2028 to 15-Jan-2028

Polar Outside. From	£4175 GBP pp
Polar Inside. From	£3569 GBP pp
Arctic Superior. From	£4999 GBP pp
Expedition Suite. From	£6069 GBP pp

15-Jan-2028 to 22-Jan-2028

Polar Inside. From	£3699 GBP pp
Polar Outside. From	£4329 GBP pp
Expedition Suite. From	£6289 GBP pp
Arctic Superior. From	£5179 GBP pp

22-Jan-2028 to 29-Jan-2028

Expedition Suite. From	£6289 GBP pp
Polar Inside. From	£3699 GBP pp
Arctic Superior. From	£5179 GBP pp
Polar Outside. From	£4329 GBP pp

29-Jan-2028 to 05-Feb-2028

Polar Inside. From	£3765 GBP pp
Arctic Superior. From	£5269 GBP pp
Polar Outside. From	£4405 GBP pp
Expedition Suite. From	£6399 GBP pp

05-Feb-2028 to 12-Feb-2028

Expedition Suite. From	£6399 GBP pp
Polar Outside. From	£4405 GBP pp
Polar Inside. From	£3765 GBP pp
Arctic Superior. From	£5269 GBP pp

12-Feb-2028 to 19-Feb-2028

Polar Inside. From	£3829 GBP pp
Expedition Suite. From	£6509 GBP pp
Arctic Superior. From	£5365 GBP pp
Polar Outside. From	£4479 GBP pp



PRICING

19-Feb-2028 to 26-Feb-2028

Polar Inside. From	£3895 GBP pp
Polar Outside. From	£4559 GBP pp
Expedition Suite. From	£6619 GBP pp
Arctic Superior. From	£5455 GBP pp

26-Feb-2028 to 04-Mar-2028

Expedition Suite. From	£6735 GBP pp
Polar Outside. From	£4635 GBP pp
Polar Inside. From	£3959 GBP pp
Arctic Superior. From	£5545 GBP pp

04-Mar-2028 to 11-Mar-2028

Polar Outside. From	£4635 GBP pp
Expedition Suite. From	£6735 GBP pp
Polar Inside. From	£3959 GBP pp
Arctic Superior. From	£5545 GBP pp

11-Mar-2028 to 18-Mar-2028

Expedition Suite. From	£6735 GBP pp
Polar Inside. From	£3959 GBP pp
Arctic Superior. From	£5545 GBP pp
Polar Outside. From	£4635 GBP pp

18-Mar-2028 to 25-Mar-2028

Expedition Suite. From	£6619 GBP pp
Polar Inside. From	£3895 GBP pp
Arctic Superior. From	£5455 GBP pp
Polar Outside. From	£4559 GBP pp