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TREASURES OF THE WESTERN MEDITERRANEAN LUXURY CRUISE

Fall under the spell of the beauty and vibrant heritage of the Mediterranean shores of Italy, France and Spain, including the Iberian island jewel of Menorca. In the autumn tranquillity, far from the crowds, discover the treasures of these lands shaped over millennia by the Mediterranean. From Tuscany to the Côte Bleue, sea and rock intertwine, revealing majestic cliffs covered in fragrant maquis, colourful little ports and calanques of turquoise water. On the Catalan coast, the light becomes a paintbrush, setting the red rocks of the Côte Vermeille alight, while long golden beaches, where time seems to stand still, welcome visitors along the Spanish coastlines. On shore, the cities invite you to travel back in time, with their millennial architecture recounting the diverse Mediterranean, marked by Roman, Phoenician and Moorish civilisations. A moment of peace in the heart of the Western Mediterranean.



ITINERARY

Day 1 - Livorno

On the ligurian coast, Livorno invites us to Tuscany, a charming region offering archaeological vestiges, Renaissance treasures, undulating landscapes and a pleasant way of life. When the Medicis arrived in the 16th century they developed the city, which became one of the most important ports in the Mediterranean. Cosmopolitan and multireligious, Livorno has welcomed many immigrants and is a wonderful example of cultural diversity. Built during that period, Fortezza Vecchia and Fortezza Nuova attest to the city's power. At the foot of the new fort, Nuova Venezia is an enchanting district with small canals and streets to stroll along to discover a few architectural



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treasures, such as the magnificent Santa Caterina da Siena church in the Tuscan baroque style.

Day 2 - Porto Venere

Located on the magnificent chiselled coast of Liguria, to the north-west of the Italian peninsula, Portovenere is an unusual little fishing village. Clinging to the southernmost tip of the Cinque Terre National park, this charming town benefits from an exceptional location, at the mouth of the gulf of La Spezia. As soon as you set foot on land, you will be mesmerised by the pastel shades of the buildings. Via Capellini is its lively and welcoming main street, brimming with shops and restaurants. At the end of a long promenade, a steep road leads to Doria castle. Below, on its rocky spur, the Church of Saint Peter offers a splendid view of Palmaria island.

Day 3 - Monaco

The mere mention of the name Monaco elicits admiration and awakens the imagination. Inaccessible, privileged, well-preserved and envied are just a few words to describe this minuscule state. Sculpted by the waves, the Rock of Monaco is an audacious promontory, home of the princes and the Principality's treasures. Ruled by the Grimaldi family since the 13th century, Monaco is a haven of order, luxury and calm that attracts not only the world's greatest fortunes, but also travellers seeking well-being, a change of scenery, or chasing their dreams.

Day 4 - Cassis

A discreet outpost of the glittering French Riviera, the port of Cassis masterfully plays its Provençal music. Between the stunning calanques coves and Cap Canaille, the town stretches out with charming southern houses, their blinds repainted

countless times, while the port exudes such a sunny and recognisable feeling, giving everything here a festive spirit. The surroundings are also well worth the visit: hills drooping beneath the vines, parasol pines curling up into the azure of the sky, prickly pears hanging onto white limestone, the Provence of the Fauvist painters unveils itself in this idyllic spot.

Day 5 - Marseille

The oldest harbour in France, Marseille is the city where PONANT has chosen to set up its company headquarters. Heart vibrating in its setting of Mediterranean Calanques, it reveals its raw and authentic beauty, made up of a thousand influences and cultures which, over the centuries, have made up its wealth. A stroll through the Old Port will allow you to discover the places corresponding to the city founded by the Greeks as well as Notre-Dame-de-la-Garde Basilica, with its astonishing neo-Byzantine architecture, which overlooks it. Close to the quays, the Place de Lenche, which covers the ancient agora, will be perfect for a break in one of its lively cafes before melting into the maze of narrow streets with colourful houses in the Panier district, just a stone's throw away.

Day 6 - Port-Vendres

The coastal town of Port-Vendres stands proudly in the heart of the Roussillon region. In the curve of a sheltered bay, Port-Vendres offers a unique blend of historic heritage and exceptional natural scenery. The 17th-century fortifications, erected by Vauban, bear witness to its strategic importance to the defence of France. The coastal town's many charming features include its cobblestoned streets, edged with houses with colourful façades, which gracefully wind their way to the fishing port, where traditional boats mingle with luxury yachts. In the distance, the foothills of the Alberes tumble down to the



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coast, offering a green setting for this haven of peace where there is a harmonious blend of the hustle and bustle of the quays and the serenity of walks on the ramparts.

Day 7 - Menorca

Menorca's charm lies in its unspoilt authenticity and varied landscapes. The whitewashed streets of Ciutadella and Mahon invite you to wander through sun-drenched squares and past balconies adorned with flowers, while the harbours come alive with the to-and-fro of boats and bustling pavement cafes. The coves with turquoise waters and beaches of fine sand are the perfect setting for a swim or a spot of relaxation. With its historic heritage, picturesque villages and unspoilt nature, Menorca reveals a subtle Mediterranean charm, offering a gentle way of life and breathtaking panoramas.

Days 8 - 9 - Valencia

Valencia - the city of Art and Sciences. Two hearts beat in this Spanish city: one is modern, avantgarde and almost futuristic; the other is more provincial, more traditional and nostalgic. Valencia has the temperament of a great Mediterranean city whose wide avenues form a border around the old town. The city has an abundance of architectural styles that coexist harmoniously, but above all it resolutely embraces the 21st Century with the futuristic structures of its Agora congress centre and City of Arts and Sciences, emerging from a crystal blue pool.

Day 10 - Cartagena

Surrounded by hills, the natural site of the Bay of Cartagena presided over the fate of this former fortress which has been home to the greatest European civilisations. Today, these Phoenician, Roman, Carthaginian, Moorish and Christian

influences form a rich architectural heritage. Its Roman theatre is one of the most significant and best conserved in Spain. You will also be able to cross the landscapes of vines and citrus groves stretching endlessly towards Murcia, to visit this dynamic regional capital.

Day 11 - Malaga

A historical and festive town, Malaga is located in Andalusia, on the Costa del Sol. Between the marina and the beaches, the seaside promenade of La Farola offers an ideal setting for strolling and relaxing. Set slightly further back, the Malagueta bullring is one of the emblematic sites of the city. From the hill overlooking the old town, one can see Gibralfaro castle and the Alcazaba, two fortified ensembles rising out from the cypresses and maritime pines. To visit Pablo Picasso's birthplace, you will go first to the courtly plaza de la Merced. A few streets back from here, you can explore the museum dedicated to the artist, in the Buenavista palace.

Please note:

Itineraries are subject to change.



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YOUR SHIP: LE BOREAL

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VESSEL TYPE:

142 metres. Passenger Capacity:

**264 (in twin cabins, just 200 in
Antarctica). Built: 2011**

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

Luxury Expedition / Cruise Ship A superb mega-yacht with 132 cabins, she is the fruit of the expertise of the Italian Fincantieri shipyard and French sophistication, as interpreted by designer Jean-Philippe Nuel. Le Boreal creates a unique atmosphere, a subtle blend of luxury, intimacy and well-being. The best materials, discreet elegance and a tasteful decor combined with exterior and interior lines to reflect a nautical mood. On board, soothing neutral tones are enlivened by splashes of red, our signature theme linking tradition and innovation to create personal touches in the spirit of a "private yacht". Cuisine Loyal to the great French tradition, the haute cuisine on board is worthy of the finest restaurants, where discreet, attentive service is the hallmark. Choose from two restaurants for breakfast, lunch and dinner. The Gastronomic Restaurant is situated on Le Liberte Deck and serves you French and international cuisine accompanied by fine wine. In the Grill Restaurant, you have the opportunity to eat outside and enjoy buffet lunch and themed dinner. Life On Board Whether you want to join other guests in the theatre or games area (Wii™ consoles, etc), or relax on your

own in a quiet corner of the library, Le Boreal has been designed to meet the needs of every guest. Everything has been done to preserve the independence of each guest to suit their personal tastes: lounges for lectures and shows, a spa in partnership with Carita™, but also more intimate spaces such as the library and internet corner. Comfortable cabins, nearly all with private balcony, are available for families either as triples or as communicating cabins. There is also a games area with Wii™ consoles, children's menus, and a baby-sitting service. Just as if you were on a private yacht, your time is your own to do as you please. Fitted with the latest equipment (Kinesis Wall, running machine) and in partnership with the famous Carita™ brand, the Beauty Centre on Le Boreal welcomes you for some relaxation and pampering (beauty treatments, hairdresser, hammam, balneotherapy). Wheelchairs 3 specially adapted wheelchair cabins (Deck 3 = Superior cabin no. 307, no balcony, Deck 4 = Prestige Cabin no. 407 - with balcony and Deck 5 = Prestige Cabin no 509, with balcony) and lifts to all decks/areas. Please click the following links to read more about Ponant and the other Ponant



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03-Oct-2027 to 13-Oct-2027

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