

TO THE LAND OF GODS & HEROES - 11 DAY GREEK ISLANDS CRUISE

The Peloponnese is home to an extraordinary collection of great archaeological sites with tangible traces of the many civilisations which have at one point over the course of history called this region home including classical temples, Mycenaean palaces, Byzantine cities and Ottoman and Venetian fortresses. The peninsula is of course also the setting for numerous myths and legends which will be brought to life by our local guides who travel aboard the MS Monet for the duration of the cruise, adding an extra dimension to all we see and experience. The Peloponnese was where Hercules fought the Nemean lion, the legendary Spartan warriors battled and from where Paris of Troy eloped with Helen. Beyond these fascinating sites, there is also beautiful mountainous scenery, mysterious caves, vast gorges, charming villages and superb beaches. Our fascinating cruise begins with a transit of the Corinth Canal which, whilst only built in the 19th century was conceived as long ago as the 7th century BC. It is only possible to transit the canal on a small ship like the MS Monet and the experience offers a wonderful start to our cruise. We have designed our ten night itinerary to include many of the most fascinating sites in the region combined with ample time at leisure to wander the picturesque lanes and harbours of some of Greece's most delightful towns including the picturesque town of Vathy on Ithaca, the beautiful city of Nafplio and the fishing town of Gytheio on the Mani Peninsula. Amongst the many ancient world highlights of our voyage are our visits to the sacred site of Delphi, the ruins of Olympia, the famous citadel of Mycenae, the renowned theatre at Epidaurus and the Byzantine hillside town of Mystras. Whether you are interested in ancient history, Greek myths or simply the joy of cruising aboard a small ship and experiencing new places and islands in this beautiful region, our voyage has something



for everyone.

ITINERARY

Day 1 London to Athens, Greece.

Fly by scheduled flight. Arrive and transfer to the MS Monet moored in Piraeus.

Day 2 Corinth Canal & Corinth.

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Day 4 Argostoli, Kefalonia.

Sail early and be on deck later this morning as we navigate the narrow Corinth Canal. Completed in 1893 and only 6.4 kilometres long and 21.5 metres wide, it is only small ships like the MS Monet which can now make this journey. Over lunch we dock in the port of Corinth which flourished under both Greek and Roman rule due to its significant location on the Isthmus of Corinth which controlled trade routes as well as being home to the naval power which took colonies in Syracuse and Corfu. It has also been closely linked to St Paul who lived here for a number of years and is known through his letters to the Christian community. This afternoon we will explore the site of Ancient Corinth seeing the Temple of Aphrodite, the 6th century BC Temple of Apollo, built on a hill overlooking the marketplace, and the Roman Forum.

Day 3 Itea & Delphi.

Spend the morning at the sacred site of Delphi, one of Greece's most important sites of antiquity. The hillside ruins here are exceptional and we will explore the Sanctuary of Apollo, site of the sacred Delphic Oracle and walk along Delphi's Sacred Way, visiting the Treasury of the Athenians and the 5000 seat theatre dating from the 4th century BC. Return to the ship for lunch and enjoy a free afternoon along the waterfront in Itea. We sail late for anyone wishing to take an after dinner stroll.

After a leisurely morning at sea we arrive in Kefalonia, the largest of the Ionian Islands. From our berth in Argostoli we drive to the famous lighthouse of Agioi Theodori, the remarkable Venetian castle of Saint George and the 16th century Saint Gerasimos monastery. St. Gerasimos is the patron saint of Kefalonia, and his relic is kept in the monastery, in a silver urn. Near to the monastery we find the Robala vineyards. Wines have been grown here since the 12th century and we will learn about the processes and enjoy a tasting before we return to the ship via Kourkoumelata, one of the prettiest villages of the island.

Day 5 Vathy, Ithaca.

Ithaca, one of the most legendary of all Greek islands is unspoiled by tourism, yet has a fascinating history. Relics date back to 4000 BC and by Mycenaean times it was the capital of a kingdom that included surrounding islands and part of the Peloponnese coast. It was under Odysseus that this kingdom reached its zenith, sending 12 ships to the Trojan War. During a scenic drive of the island we will visit the village of Stavros and the Monastery of Panagia Katharon which is located on Mount Neritos and offers wonderful views of the island below. After lunch on board the afternoon is free to enjoy the delightful town of Vathy at leisure.

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Day 6 Katakolon for Olympia.

Pastoral and lush, Olympia's plentiful ruins are shaded by Aleppo pines and olive trees. The fame of Olympia rests upon the Olympic Games. During the celebrations that accompanied the Games, competitors, while not forgetting that they were Athenians, Spartans or from other city states, remembered that they were Greeks and regarded an Olympic victory as the highest honour. We will see the gymnasium, the stadium and the palestra or wrestling school. We will also explore the Altis, or sacred precinct of Zeus, which houses structures including the Temple of Zeus, one of the largest temples on the Greek mainland and the Archaeological Museum which houses some fine sculptures and artefacts from the site. After our visit you may choose to return to the MS Monet for lunch and an afternoon at leisure in Katakolon or stay in Olympia to explore further independently.

Day 7 Pylos.

Today we will call into the home of Nestor, the wise king of Pylos who fought for the Greeks at Troy and advised Odysseus's son, Telemachus, on how best to deal with the evil suitors chasing his mother, Penelope. From our central berth in Navarino Bay, we will drive through the enchanting countryside to Methoni, one of the most impressive Medieval fortresses in Greece. The Venetians built Methoni on the Ionian Sea and Koroni on the Gulf of Messenia in the 13th century to safeguard their newly acquired Greek Empire. Also visit the castle of Neokastro which today houses the Centre for Underwater Archaeological Studies. Sail in the early afternoon and enjoy time at sea as we continue our journey around the Peloponnese.

Day 8 Gytheio for Mystras.

Arrive this morning at the picturesque port of Gytheio from where we head inland to Mystras, a remarkably intact Byzantine hillside town that once housed a population of 20,000 people. Here we visit the Cathedral of Agios Dimitrios, where the two-headed eagle which is the symbol of the Palaeologos Dynasty is carved into a plaque on the floor. According to tradition, this is where Constantine XII stepped when he was crowned king. Strolling through the narrow lanes of the dead city, we will also visit the Church of Agia Sophia, the Palace of the Despots and the Monastery of Pantanassa, with its brilliant frescoes. The afternoon is free to explore Gytheio at your own pace, maybe take a walk on the promenade, visit the lighthouse or people watch from a waterfront taverna.

Day 9 Nafplio & Nemea.

Enjoy a morning cruising arriving into Nafplio at lunchtime. Looking out across the translucent water of the bay towards the Arcadian Mountains, Nafplio's sheltered location below a rocky

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headland and large natural fortress crowned by a Venetian castle is perhaps unrivalled in Greece. From our berth we take a scenic drive through the Argos Plain to Nemea, the site of a religious sanctuary which hosted the pan-Hellenic athletic games every two years from 573 BC until 271 BC. The mythical origin of the Games is sometimes ascribed to Hercules who, after his first labour in which he had to kill the Nemean lion living in the caves of Mount Tritos above the site, established the athletic games in honour of his father, Zeus. Nemea was not a town or settlement but a venue where festivities were held during the games and our tour will include the Temple of Zeus, the bath house and the stadium before spending time in the small but excellent on site museum. Nemea is also famous for its red wines and we will enjoy a wine tasting at a local vineyard. Return to Nafplio and enjoy time wandering the twisting labyrinthine streets, view the Venetian and Turkish architecture and maybe enjoy a pre-dinner drink ashore. Moor overnight.

Day 10 Nafplio, Mycenae & Epidaurus.

Drive this morning to the famous citadel of Mycenae which is located high above the confluence of two boulder strewn ravines and accessed by way of the Lion Gate. Once inside the gate, we will explore the Royal Palace, the shaft graves and the remains of the city walls. An archaeological briefing within the Treasury of Atreus (also known as the Tomb of Agamemnon) will add to our understanding and appreciation of the sights. After lunch in a local restaurant we will visit one of the most renowned of Greece's ancient sites. Situated on the slopes of a beautiful and wooded valley, Epidaurus was known throughout the Hellenic world for its unique medical facilities and healing treatments. Dedicated to Aesclepius, the god of healing, the city was filled with curative spas and baths and only priests had access to certain secret sites. Most of the ruins of Epidaurus have been reduced to their foundations, with the exception of the astonishing theatre which is in an admirable state of preservation. Built into the ground, rather than above it, it is known for its fantastic acoustics, which we will observe during our visit.

Day 11 Athens to London.

Disembark this morning in Lavrion and transfer to Athens airport for our scheduled flight to London.

Please Note:

Itineraries are subject to change.

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YOUR SHIP: MONET

YOUR SHIP: Monet VESSEL TYPE: LENGTH: PASSENGER CAPACITY: BUILT/REFURBISHED:

She has ample seating space for moments of relaxation, a mini-library with a variety of books and magazines and modern A/V equipment for presentations. Keep in shape during your cruise at the gym, featuring a variety of fitness equipment. The glass-enclosed dining room seats up to 60 passengers and allows for panoramic views of the stunning scenery you will cruise along. The bar and lounge with an open deck in the back offer an ideal spot for reading, relaxing, or dancing under the stars to the sounds of mesmerizing music. At 223 ft/68 m long, the Monet can accommodate up to 60 guests in 30 double bedded or twin cabins, located on the Camille, Parisian, and Lumiere Decks. Cabins on the Camille and Parisian Decks feature two oversized portholes, while cabins on the Lumiere Deck have large windows. All cabins offer central A/C and ventilation, a mini-bar, flat screen satellite TV, phone system, and hairdryer. The Monet is also equipped with a Wi-Fi internet connection (free of charge). The latest state of the art safety equipment is installed on board and maintained by all 29 trained crew members. The ratio of guest passenger to crew members allows for an exquisite service experience. Restaurant The restaurant is filled with elegance and the whimsy of fun and

bright colors. Sumptuous dining options are provided to entice the palate and compliment the ports of call. Enjoy conversing with fellow guests about adventures had and ahead or spend quality time with your travel partners and discuss the amazing wine. The panoramic views will stun you. Lounge The decor is tastefully stated to not over power the elegance of our guests. It is adorned with golds and neutrals. You will shine here. Providing aptly oversized seating to enjoy libations and gathering together with travel companions and new friends. Come here to relax and chat about a perfect end to a day that was filled with incredible sights, sea air and culinary delights. Deluxe Double Cabin This beautifully appointed accommodation will allow the traveler the opportunity to slumber and wake rejuvenated. Enjoy resting on a double bed, a comfortable desk/vanity, a flat screen satellite TV and a private well-appointed bathroom. The decor is warm and inviting with nostalgic art inspired by M/S Monet's history in mind. These were specially chosen to provide the utmost relaxing environment. Sleep and relaxation are invited into this space after soaking up the beauty, culture and Adriatic air. Deluxe Twin Cabin This delightfully appointed cabin allows travelers to sleep and have quiet time that salt air and sea travel induces. Rest peacefully on twin ample mattresses. а comfortable desk/vanity, a flat screen satellite TV and a private well-appointed bathroom. The decor is bright and cheery with pleasant tones. You will dream well here and be rested for yet more adventures and epicurean travels. Open Deck The deck is designed with pure enjoyment and service in mind. It is a bright and warm environment. You will find the classic detail of teak

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furniture to be the ideal seating area for reading, relaxing, dining or enjoying fine wine. The bar and lounge of the Open Deck permit the coast to be in sight as you dance and enjoy the company of fellow travelers. The seas reflect and shimmer as you partake in a true experience of traveling on a classic yacht. Sun Deck Relax on the Sun Deck and soak up the sun of the Adriatic Sea with outstanding and uncompromised views. The nautical experience of the open air accomplishes relaxation, tranquility and the true ambience of

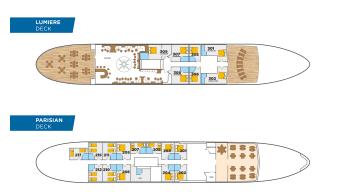


the coast.

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INSIDE YOUR SHIP



CAMILLE DECK



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PRICING

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