

THE NORTH CAPE LINE - NORTH - 7 DAYS FROM OSLO TO TROMSO

Starting in Norway's vibrant fjord-side capital, you'll sail a breathtaking coastline of fjords, islands and picturesque towns. Visit remote communities, admire Ålesund's graceful Art Nouveau beauty, and witness striking winter scenery before reaching lively Tromsø, home to the iconic Arctic Cathedral.



ITINERARY

Day 1 - Welcome to Norway

Welcome to Norway. First stop: Norway's thriving capital, Oslo. If you have time before you board your ship for the voyage ahead, you'll want to explore the many charms this cosmopolitan capital has to offer. Make your way to the city centre, where you can take snaps of the architecturally distinct Rådhuset town hall, Royal Palace and Oslo Cathedral. Once you've boarded your ship and settled into your cabin or suite, meet your Coastal Experience Team. You'll get to know each member of the team as they give lectures and organise onboard activities throughout your voyage. Meet your fellow guests in the ship's two-storey panoramic lounge and watch as the capital's twinkling lights



fade into the distance

Day 2 - Settle in at sea

Spend today relaxing on board and getting a taste of our Norway's Coastal Kitchen cuisine in the ship's three restaurants and bar. You'll have time to simply watch Norway's spectacular southern coast glide by. Take it all in from the expansive Observation Deck, from the comfort of your ship's two-storey lounge and bar, or from the panoramic sauna. As well as the views, this stretch of coast is home to history and stories. Find out more about Norway's coast and the voyage ahead in the lectures, presentations, and onboard activities planned for today.

Day 3 - Fjord views and city culture

Today, you'll wake to views of the beautiful Lysefjord. The 42-km-long fjord is home to one of Norway's most famous sights: Preikestolen (The Pulpit Rock), which towers 604 metres above the fjord's shimmering waters.Kjerag mountain, at the end of the fjord, reaches even higher. Along the way, watch for mountain goats, waterfalls, and the famous Kjeragbolten, a glacial boulder wedged high up in a crevasse.You'll spend the rest of the day in Stavanger, a colourful waterside city with an international ambience and a lively cultural scene. Discover the architectural relics of Gamle (Old) Stavanger, which includes Northern Europe's best-preserved collection of wooden houses, and Norway's oldest cathedral, dating from the 12th century. You can also visit the Norwegian Petroleum Museum, browse the local boutique shops, or simply enjoy a drink on the waterfront.

Day 4 - A picturesque town

After breakfast on the ship, we'll dock at Ålesund, a town on a small peninsula surrounded by beautiful mountains and islands. Many of the buildings here, from the bright colours to the rounded spires, were inspired by the Art Nouveau style, which was popular in the early 1900s. You can get impressive photos of the archipelago from the nearby Mount Aksla viewpoint. You can also visit the Atlantic Sea Park, Norway's first marine science centre. This is one of Northern Europe's largest saltwater aquariums, providing a home to seals, otters, and crabs, as well as many other kinds of marine life. See Humboldt Penguins here, a species otherwise absent north of the equator. Join an optional excursion to explore Ålesund on foot or by bus as your guide reveals the town's surprising secrets.

Day 5 - An ancient fishing town

The cosy fishing port of Rørvik in the picturesque Vikna archipelago may look small but it has a huge history told through both the landscape and the town's collection of museums. Join an optional excursion to three of Rørvik's excellent museums. Time travel through the last 10,000 years in Ice Age-carved landscapes, carefully preserved 19th-century living rooms, and the ingenuity of Norwegian salmon production. In the afternoon, we'll continue sailing north through the Vikna archipelago made up of over 6,000 islands, islets, and reefs. The local gardens bloom with plum and apple blossoms in the spring, even at 65°N, thanks to the maritime climate. As we sail through the night, we'll leave the Helgeland coast behind us as we cross the Arctic Circle.

Day 6 - Lofoten islands and our historic birthplace

Today, we explore Lofoten. As soon as you see the towering peaks with small villages clustered around them, you'll understand why this island chain is praised as one of Norway's most stunning locations. We'll dock in the town of Svolvær mid-morning. Located on the island of Austvågøya in the heart



of Lofoten, Svolvær is the biggest town of the archipelago, humming with shops, restaurants, galleries, and cafés. Look out for the Svolvær Goat, a nearby mountain so named for resembling a horned ruminant. A variety of optional excursions are available from Svolvær, including winter fishing, paddling along the coastline in a kayak, or embarking on a bus tour to learn more about Lofoten's history. We can't visit the area without spending a couple of hours in Stokmarknes. It was here that the Original Coastal Express was founded in 1893 by shipping pioneer Richard With. On the waterfront, you'll find our 1956 ship MS Finnmarken encased in the Hurtigruten Museum's glass building like a ship in a bottle.

Day 7 - The gateway to the Arctic

We sail into Tromsø mid-morning. This urban city 350 km north of the Arctic Circle is a great place to disembark. It buzzes with life, with everything from trendy restaurants and cafés to boutique shops selling local crafts and produce, and even high fashion. If you can, give yourself time to explore Tromsø before you go home. You've sailed on The North Cape Line, getting to know Norway's coastal cities and villages all the way from its capital to deep inside the Arctic Circle. During the journey, you'll have experienced Norway's varied climate, seen majestic mountains and fjords, and maybe gazed up in awe at the Northern Lights once or several times. We hope you'll cherish each of the memories of The North Cape Line that you'll take home with you. Come sail with us again soon, on another iconic voyage of our spectacular home: the Norwegian coast.

Please note:

Itineraries are subject to change.



YOUR SHIP: TROLLFJORD

YOUR SHIP: Trollfjord

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:



MS Trollfjord is an homage both to Norwegian nature and our 130-year heritage sailing the Norwegian coast. Locally sourced natural materials such as wood and stone feature prominently throughout the ship's furnishings, reflecting the beauty of the fjords we sail through. The style of decor is classic, timeless, and unique in our fleet. You'll notice details and flourishes that evoke a sense of nostalgia, harking back to a golden era of exclusive small-ship sailing. Ship facilities · Double-storey observation lounge on the upper decks · Large outdoor sun deck with comfortable furniture · Wi-Fi throughout the ship · Stylish bar with a wide range of beverages · Onboard shop stocked with essentials and souvenirs · Library with a selection of literature and brochures · Espolin Johnson lounge · Activities and lectures on board with the Coastal Experience Team · Panoramic sauna and fitness room · Photography area with camera equipment available for rent · A la carte fine-dining restaurant Røst · A series of culinary demonstrations and tastings throughout the ship · All-day dining bistro Brasserie Árran · Main restaurant Flora for all three daily meals



INSIDE YOUR SHIP

Arctic Superior



Expedition Suite



Polar Inside



Polar Outside





PRICING

20-Nov-2026 to 26-Nov-2026

Polar Inside	£1841 GBP pp

04-Dec-2026 to 10-Dec-2026

Polar Inside	£1887 GBP pp

18-Dec-2026 to 24-Dec-2026

Polar Inside	£2071 GBP pp

29-Jan-2027 to 04-Feb-2027

Polar Inside	£1900 GBP pp

12-Feb-2027 to 18-Feb-2027

Polar Inside	£1978 GBP pp

26-Feb-2027 to 04-Mar-2027

Polar Outside (L2)	£3723 GBP pp
Polar Outside (N2)	£4291 GBP pp
Polar Inside	£2044 GBP pp

12-Mar-2027 to 18-Mar-2027

Polar Inside	£2166 GBP pp

26-Mar-2027 to 01-Apr-2027

Polar Inside	£2071 GBP pp

09-Apr-2027 to 15-Apr-2027

Polar Inside	£1895 GBP pp

08-Oct-2027 to 14-Oct-2027

Arctic Superior	£2745 GBP pp
Polar Inside	£1716 GBP pp
Expedition Suite	£4290 GBP pp
Polar Outside	£1973 GBP pp

22-Oct-2027 to 28-Oct-2027

Arctic Superior	£2745 GBP pp
Polar Inside	£1716 GBP pp
Polar Outside	£1973 GBP pp
Expedition Suite	£4290 GBP pp

05-Nov-2027 to 11-Nov-2027

Expedition Suite	£4058 GBP pp
Polar Inside	£1623 GBP pp
Polar Outside	£1867 GBP pp
Arctic Superior	£2597 GBP pp

19-Nov-2027 to 25-Nov-2027

Expedition Suite	£4058 GBP pp
Polar Inside	£1623 GBP pp
Arctic Superior	£2597 GBP pp
Polar Outside	£1867 GBP pp

03-Dec-2027 to 09-Dec-2027

Polar Inside	£1623 GBP pp
Expedition Suite	£4058 GBP pp
Arctic Superior	£2597 GBP pp
Polar Outside	£1867 GBP pp