

THE NORTH CAPE LINE - NORTH - 7 DAYS FROM OSLO TO TROMSO

See the stunning beauty of the Norwegian coast, from the seas of its southernmost point to Tromsø, 350 km north of the Arctic Circle. Join us as we sail from Norway's capital on an autumn, winter, or spring trip you'll never forget.



ITINERARY

DAY 1 Discovering Norway's capital

Oslo

Welcome to Norway. First stop: Norway's thriving capital, Oslo.

If you have time before you board your ship for the voyage ahead, you'll want to explore the many charms this cosmopolitan capital has to offer. Make your way to the city centre, where you can take snaps of the architecturally distinct Radhuset town hall, Royal Palace, and Oslo Cathedral.



As afternoon turns towards evening, board your ship, MS Trollfjord. Once we've welcomed you and you've settled into your cabin or suite, you'll meet your Coastal Experience Team. You'll get to know each member of the team as they give lectures and organise onboard activities throughout your voyage.

Meet your fellow guests in the ship's two-storey panorama lounge and watch as the capital's twinkling lights fade into the distance.

DAY 2 Settle in at sea

This is your chance to settle into your cabin, get a taste of Norway's coastal cuisine in the ship's three restaurants and bar, and start to get to know your fellow passengers.

You'll have time to simply watch Norway's spectacular southern coast glide by. Take it all in from the expansive Observation Deck, from the comfort of your ship's two-storey lounge and bar, or as you sweat it out in the panoramic sauna.

As well as the views, this stretch of coast is home to more than its fair share of enthralling stories. Find out more about Norway's coast and the voyage ahead in the lectures, presentations, and onboard activities planned for today.

DAY 3 Fjord views and city culture

Stavanger

Today, you'll wake to views of the beautiful Lysefjord. The

42-km-long fjord is home to one of Norway's most famous sights: Preikestolen (The Pulpit Rock), which towers 604 metres above the fjord's shimmering waters.

Kjerag mountain, at the end of the fjord, reaches even higher. Along the way, watch for mountain goats, waterfalls, and the famous Kjeragbolten, a glacial boulder wedged high up in a crevasse.

You'll spend much of the rest of the day in Stavanger, a colourful waterside city with an international ambience and a lively cultural scene. Discover the architectural relics of Gamle (Old) Stavanger, which includes Northern Europe's best-preserved collection of wooden houses, and Norway's oldest cathedral, dating from the 12th century.

You can also visit the Norwegian Petroleum Museum, pop into a local boutique shop, or simply enjoy a beer on the waterfront.

DAY 4 A picturesque town

Ålesund

After breakfast on the ship, we'll dock at a town that spreads out across a string of islands.

Many of the buildings here, from the bright colours to the rounded spires, were inspired by the Art Nouveau style, which was popular in the early 1900s. You can get impressive photos of the archipelago from the nearby Mount Aksla viewpoint.

You can also visit the Atlantic Sea Park, Norway's first marine





science centre. This is one of Northern Europe's largest saltwater aquariums, providing a home to seals, otters, and crabs, as well as many other kinds of marine life. You can even see Humboldt Penguins here, a species otherwise absent north of the equator.

Join an optional excursion to explore Ålesund on foot or by bus, as your guide reveals the town's surprising secrets to you.

DAY 5 An ancient fishing town

Rørvik - surrounded by thousands of islands

The cosy fishing port of Rørvik in the picturesque Vikna archipelago may look small but it has a huge history that is told through both the landscape and the town's collection of museums.

Here, you can join an optional excursion and time travel through the last 10,000 years and get a glimpse of the future, thanks to the Ice Age-carved landscape, carefully preserved 19th-century living rooms, and the ingenuity of Norwegian salmon production - each preserved and explained in three excellent museums.

In the afternoon, we'll continue sailing north through the Vikna archipelago made up of 6,000 islands, islets and reefs. The local gardens bloom with plum and apple blossoms in the spring, even at 65°N, thanks to the maritime climate.

As we sail through the night, we'll leave the Helgeland coast behind us as we cross the Arctic Circle.

DAY 6 Lofoten islands and our historic birthplace

Svolvaer - at the heart of Lofoten, Stokmarknes - the birthplace of Hurtigruten

On the penultimate day of your voyage, we explore Lofoten. As soon as you see the towering peaks with fishing villages clinging to their sides, you'll understand why this island chain is praised as one of Norway's most stunning locations.

We'll dock in the town of Svolvaer mid-morning. Located on the island of Austvagøya in the heart of Lofoten, Svolvaer is the biggest town of the archipelago, humming with shops, restaurants, galleries, and cafes to enjoy. You can also admire views of the Svolvaer Goat, a nearby mountain named for resembling a goat and its horns.

A variety of optional excursions are available from Svolvaer, including winter fishing, paddling along the coastline in a kayak, or embarking on a bus tour to learn more about Lofoten's history.

We can't visit the area without spending a couple of hours in Stokmarknes. It was here that the Original Coastal Express was founded in 1893 by shipping pioneer Richard With. On the waterfront, you'll find our 1956 ship MS Finnmarken, encased in the Hurtigruten Museum's glass building like a ship in a bottle.

DAY 7 The gateway to the Arctic

Tromsø - gateway to the Arctic

We sail into Tromsø mid-morning. This urban city 350 km north





of the Arctic Circle is a great place to disembark. It buzzes with life, with everything from trendy restaurants and cafes to boutique shops selling local crafts and produce, and even high fashion. If you can, give yourself time to explore Tromsø before you go home.

You've sailed on The North Cape Line, getting to know Norway's coastal cities and villages all the way from its capital to deep inside the Arctic Circle. During the journey, you'll have experienced Norway's varied climate, seen majestic mountains and fjords, and maybe gazed up in awe at the Northern Lights once or several times.

We hope you'll cherish each of the memories of The North Cape Line that you'll take home with you. Come sail with us again soon, on another iconic voyage of our spectacular home: the Norwegian coast.

Please note:

Itineraries are subject to change.



YOUR SHIP: TROLLFJORD

YOUR SHIP: Trollfjord

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

MS Trollfjord is an homage both to Norwegian nature and our 130-year heritage sailing the Norwegian coast. Locally sourced natural materials such as wood and stone feature prominently throughout the ship's furnishings, reflecting the beauty of the fjords we sail through. The style of decor is classic, timeless, and unique in our fleet. You'll notice details and flourishes that evoke a sense of nostalgia, harking back to a golden era of exclusive small-ship sailing. Ship facilities · Double-storey observation lounge on the upper decks · Large outdoor sun deck with comfortable furniture · Wi-Fi throughout the ship · Stylish bar with a wide range of beverages · Onboard shop stocked with essentials and souvenirs · Library with a selection of literature and brochures · Espolin Johnson lounge · Activities and lectures on board with the Coastal Experience Team · Panoramic sauna and fitness room · Photography area with camera equipment available for rent · A la carte fine-dining restaurant Røst · A series of culinary demonstrations and tastings throughout the ship · All-day dining bistro Brasserie Arran · Main restaurant Flora for all three daily meals





INSIDE YOUR SHIP

Arctic Superior. From Exp

Expedition Suite. From



Polar Inside

Polar Inside. From





Polar Outside. From





PRICING

-Dec-2025 to 25-Dec-2025	09-0ct-2026 to 15-0ct-2026	09-Oct-2026 to 15-Oct-2026
Polar Inside £1565 GBP pp	Polar Inside	Polar Inside £1789 GBP pp
-Jan-2026 to 08-Jan-2026	23-0ct-2026 to 29-0ct-2026	23-0ct-2026 to 29-0ct-2026
Polar Inside £1435 GBP pp	Polar Inside	Polar Inside £1715 GBP pp
-Jan-2026 to 22-Jan-2026	06-Nov-2026 to 12-Nov-2026	06-Nov-2026 to 12-Nov-2026
Polar Inside £1479 GBP pp	Polar Outside. From	
-Jan-2026 to 05-Feb-2026	Polar Inside. From	Polar Inside. From £1689 GBP pp
-Jan-2026 to 05-rep-2026 Polar Inside £1525 GBP pp	Arctic Superior. From	Arctic Superior. From £2895 GBP pp
	Expedition Suite. From	Expedition Suite. From £7135 GBP pp
-Feb-2026 to 19-Feb-2026 Polar Inside £1655 GBP pp	20-Nov-2026 to 26-Nov-2026	20-Nov-2026 to 26-Nov-2026
olai iliside 21033 dBr pp	Polar Inside	Polar Inside £1615 GBP pp
-Feb-2026 to 05-Mar-2026	04-Dec-2026 to 10-Dec-2026	04-Dec-2026 to 10-Dec-2026
Polar Inside £1655 GBP pp	Polar Inside	
-Mar-2026 to 19-Mar-2026	40 Dec 2000 to 24 Dec 2000	40 Dec 2000 to 24 Dec 2000
Polar Inside £1655 GBP pp	18-Dec-2026 to 24-Dec-2026 Polar Inside	
-Mar-2026 to 02-Apr-2026		
Polar Inside £1659 GBP pp	29-Jan-2027 to 04-Feb-2027	
-Apr-2026 to 16-Apr-2026	Polar Inside	Polar Inside £1669 GBP pp
Polar Inside £1525 GBP pp	12-Feb-2027 to 18-Feb-2027	
-Apr-2026 to 30-Apr-2026	Polar Inside	Polar Inside £1715 GBP pp
Polar Inside £1525 GBP pp	26-Feb-2027 to 04-Mar-2027	26-Feb-2027 to 04-Mar-2027
	Polar Inside	Polar Inside £1855 GBP pp
-Sep-2026 to 01-Oct-2026 Polar Inside £1889 GBP pp	12-Mar-2027 to 18-Mar-2027	12-Mar-2027 to 18-Mar-2027
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Polar Inside £1855 GBP pp

26-Mar-2027 to 01-Apr-2027

Polar Inside £1855 GBP pp

09-Apr-2027 to 15-Apr-2027

Polar Inside £1855 GBP pp