



THE ATLANTIC COAST - WITH THE PARIS OPERA BALLET LUXURY CRUISE

From the Gironde to the shores of Portugal, explore the many facets of the Atlantic coast and join the dance on this unique cruise. Organised in partnership with the Paris Opera Ballet, it features a prima ballerina as special guest, accompanied by five of the company's dancers. You will discover the treasures of these lands brimming with history, including fortified towns, fishing ports, maritime traditions and architectural gems. Your journey will be punctuated by stage performances at sea and on land, ballet classes, dance conferences and fascinating discussions. On this enchanting voyage, dance and heritage will intermingle harmoniously to offer you an unforgettable cultural and artistic experience.



ITINERARY

Day 1 - Lisbon

Portugal's capital city located on the banks of the Tagus, only a few kilometres from the Atlantic coast, is a city of exceptionally rich cultural diversity. At the mouth of the river harbour, impose two UNESCO World Heritage monuments, Jeronimos monastery and Belem tower. The Alfama hillside is also worth visiting: known for its fado bars and its Moorish streets, this district is the oldest one of the city and one of the most typical. Not far from there, Chiado's elegant streets are home to big fashion labels and are an invitation to a bit of luxury shopping.

Day 2 - Leixões - Porto



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Located at the mouth of the Douro River, the port of Leixoes lies less than 10 kilometres from Porto. A UNESCO World Heritage Site, the historic centre of Porto is worth a visit for its famous Ribeira district, the metallic silhouette of the Dom-Luis bridge looming over its ancient houses, its richly decorated Baroque churches and its national Soares dos Reis museum. The Sao Bento station is also interesting for its typically Portuguese decoration, using Azulejos, blue square ceramic tiles decorated with geometric patterns or figurative scenes.

Days 3 - 4 - Vigo - Santiago de Compostela

Nestling on the Atlantic coast, in the south of Galicia, the former fishing port of Vigo is now the region's largest municipality. Its old town, more commonly known as O Berbes, will unveil its many historical monuments and the unusual architectural style of its homes. Off the coast, the Cies Islands, declared a Nature Reserve and located in the Atlantic Islands of Galicia National Park, offer truly splendid landscapes and exceptional biodiversity. Further north, make sure you visit Santiago de Compostela, which welcomes many pilgrims from all over the world every year. Designated a UNESCO World Heritage Site, its historical centre has significant architectural heritage.

Day 5 - La Coruña

La Coruña stands on a peninsula in north-west Spain. As you enter the harbour, you can see the imposing Castillo de San Anton, which houses archaeological collections from Galicia. In the old town, you'll travel back in time as you meander through the streets from the medieval church of Santiago to the contemporary Domus building, a museum dedicated to human biology and psychology. Brightly coloured tramways connect to the waterfront, on one side, Riazor beach, and on the other, the Hercules tower: this lighthouse overlooking the Atlantic, is a

UNESCO World Heritage site, listed for its history dating back to Antiquity.

Day 6 - Aviles

Now the third largest city in the Principality of Asturias, Aviles has managed to retain all its charm. Its old town, declared a Historic-Artistic Site, contains architectural marvels such as the pedestrianised streets Calle Galiana and Calle Rivero, the Plaza de España and its town hall, and the Church of Sabugo, dating from the 13th century. Between palaces - including the very beautiful Valdecarzana and Camposagrado palaces -, shady arcades, fountains and other historical monuments, fall in love with this city and its unique heritage.

Day 7 - Santander

Facing the Bay of Biscay, its backdrop a natural setting that combines sea and mountain, Santander rolls out along a huge bay on the northern coast of the peninsula. A city of maritime tradition, it has a century-old touristic vocation. It is home to two treasures that are UNESCO World Heritage Sites: a part of the Way of Saint James and the Cave of Altamira. Its Prehistory and Archaeology Museum houses one of the most valuable Palaeolithic collections in Europe and the Maritime Museum of Cantabria is one of the most comprehensive museums in Spain dedicated to the sea. Its beaches with peaceful waters, protected from the wind, offer one of the most beautiful sea fronts with a succession of Belle Époque buildings.

Day 8 - Saint-Jean-de-Luz

A renowned seaside resort in the South West of France, Saint-Jean-de-Luz is a picturesque and authentic town with a rich history. In particular, King Louis XIV married Maria Teresa in the famous Saint Jean the Baptist church in 1660. The seafront



unveils stunning views, between the Basque architecture and the Cantabrian Sea. An unforgettable bay, which was frequented in the 17th century by privateers and wealthy ship-owners.

Day 9 - Sailing in the Gironde Estuary

Day 10 - Bordeaux

Bordeaux stretches along the banks of the Garonne river, in South-West France. Its rich wine tradition makes it the world capital of wine. Let yourself be carried away by the history of the Port de la Lune, made a UNESCO World Heritage site for its prestigious classical architecture. On the famous Place de la Bourse, the past and the present unite: here you can observe the majestic old buildings reflected in the contemporary Miroir d'eau creation.

Please note:

Itineraries are subject to change.



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YOUR SHIP: LE BOREAL

YOUR SHIP:

Le Boreal

VESSEL TYPE:

**142 metres. Passenger Capacity:
264 (in twin cabins, just 200 in
Antarctica). Built: 2011**

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

Luxury Expedition / Cruise Ship A superb mega-yacht with 132 cabins, she is the fruit of the expertise of the Italian Fincantieri shipyard and French sophistication, as interpreted by designer Jean-Philippe Nuel. Le Boreal creates a unique atmosphere, a subtle blend of luxury, intimacy and well-being. The best materials, discreet elegance and a tasteful decor combined with exterior and interior lines to reflect a nautical mood. On board, soothing neutral tones are enlivened by splashes of red, our signature theme linking tradition and innovation to create personal touches in the spirit of a "private yacht". Cuisine Loyal to the great French tradition, the haute cuisine on board is worthy of the finest restaurants, where discreet, attentive service is the hallmark. Choose from two restaurants for breakfast, lunch and dinner. The Gastronomic Restaurant is situated on Le Liberte Deck and serves you French and international cuisine accompanied by fine wine. In the Grill Restaurant, you have the opportunity to eat outside and enjoy buffet lunch and themed dinner. Life On Board Whether you want to join other guests in the theatre or games area (Wii™ consoles, etc), or relax on your

own in a quiet corner of the library, Le Boreal has been designed to meet the needs of every guest. Everything has been done to preserve the independence of each guest to suit their personal tastes: lounges for lectures and shows, a spa in partnership with Carita™, but also more intimate spaces such as the library and internet corner. Comfortable cabins, nearly all with private balcony, are available for families either as triples or as communicating cabins. There is also a games area with Wii™ consoles, children's menus, and a baby-sitting service. Just as if you were on a private yacht, your time is your own to do as you please. Fitted with the latest equipment (Kinesis Wall, running machine) and in partnership with the famous Carita™ brand, the Beauty Centre on Le Boreal welcomes you for some relaxation and pampering (beauty treatments, hairdresser, hammam, balneotherapy). Wheelchairs 3 specially adapted wheelchair cabins (Deck 3 = Superior cabin no. 307, no balcony, Deck 4 = Prestige Cabin no. 407 - with balcony and Deck 5 = Prestige Cabin no 509, with balcony) and lifts to all decks/areas. Please click the following links to read more about Ponant and the other Ponant

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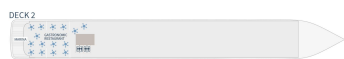
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Deck plans - Le Boréal, L'Austral, Le Soléal & Le Lyrial



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- Prestige Staterooms
Decks 4-5-6
- Deluxe Staterooms
Deck 3
- Superior Staterooms
Deck 3



Superior Stateroom

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