

THE ARCTIC LINE - SOUTH - NORWAY & DENMARK EXPEDITION CRUISE

Beginning in Norway's Arctic capital, enjoy a Signature voyage sailing southwards along Norway's beautiful coastline. This 11-day cruise takes you from Alta, Finnmark and the North Cape in the Arctic Circle, to the grand landscapes of Lofoten and Helgeland, and finally, Denmark's historic capital.



ITINERARY

Day 1 - Gateway to the Arctic

Welcome aboard as we get ready for our voyage from Tromsø to Copenhagen. Before embarkation tomorrow, there's plenty of time to explore this northern capital. Stroll among colourful wooden houses, visit the striking Arctic Cathedral or the fascinating Polar Museum, and soak up the warm, adventurous atmosphere. After check-in, it's time to settle into your cabin and get to know the ship - your comfortable home for the days ahead. As evening falls, perhaps enjoy dinner in one of the onboard restaurants while the lights of Tromsø shimmer across the harbour. Or, as the ship remains in port overnight, you could opt instead to sample the city's vibrant dining scene. The choice is yours.

Day 2 - Sailing north

After breakfast, spend a leisurely morning exploring Tromsø. You might choose to visit Polaria, an aquarium and educational centre, to learn about Arctic wildlife, or simply enjoy a stroll



across the bridge for sweeping views of the mountains and sea. This would be a great time to look at our range of winter excursions, such as a snowshoeing, cross country skiing and dog sledding, and book them with the Expedition Team. By afternoon, it's time to gather on deck as the ship prepares to sail. The ropes are cast off and we begin our voyage south, leaving behind the snow-clad peaks that frame Tromsø's harbor. Watch as the city fades into the distance and the open water beckons. Ahead lies the storied Norwegian coast, a living landscape of mountains, fjords and fishing towns that connects the Arctic with the world beyond.

Day 3 - At the edge of the world

Today we arrive in Honningsvag, gateway to the legendary North Cape - a landmark long regarded as the northernmost point of mainland Europe. The town itself is small and welcoming, perched among rugged hills and icy bays where fishing boats come and go with the tide. From here, an optional excursion takes you across the windswept plateau of Magerøya Island to the North Cape itself. Standing by the 300m cliffs that fall sharply into the Arctic Ocean, you'll feel the vast scale of the landscape - sea, sky and tundra stretching endlessly around you. Back in Honningsvag, take time to explore the town's colourful harbour and wooden houses painted in bright Arctic hues. Visit the North Cape Museum to learn about the history of life in the far north, or simply enjoy a coffee while watching fishing vessels come and go. Here, in one of the world's northernmost towns, you'll find a remarkable blend of endurance, hospitality and quiet beauty.

Day 4 - Gateway to the Arctic wilderness

Today we arrive in Alta, a town framed by forested hills, frozen rivers, and an immense Arctic sky. Known as the City of the Northern Lights, Alta has long drawn explorers, scientists and travellers fascinated by the mysteries of the far north. Yet its history reaches much further back; this was once a gathering place for early northern peoples, and the UNESCO-listed rock carvings along the riverbanks still tell their stories with scenes of hunting, reindeer herding and life on the water carved into the stone thousands of years ago. Modern Alta balances that heritage with warmth and innovation. You might visit the striking Northern Lights Cathedral, whose spiral form mirrors the aurora, or explore the Alta Museum to learn about the region's ancient cultures and Arctic environment. Those seeking something truly special can opt to stay overnight in the Igloo Hotel, rebuilt each year from snow and ice. Alternatively, spend your time wandering the town's cafes, visiting local craft shops, or simply admiring the calm beauty of the frozen river valley.

Day 5 - Arctic adventure and northern calm

Aften an overnight in Alta - either on board or in the Igloo Hotel - you have another chance to experience Alta's beautiful landscapes, with several optional excursions on offer. Glide behind a team of huskies through pine forests, try snowshoeing across frozen terrain, or join a guided trip inland toward the tundra of Finnmark. For a gentler pace, visit the Alta Museum or enjoy a walk along the riverbank. By evening, the ship turns south once more, leaving the quiet harbour of Alta behind. From deck, you can watch the lights of the town fade as we sail into open water. Inside, it's time to unwind - perhaps enjoy dinner or talk over the day's experiences with fellow guests. The course now follows Norway's coast toward the fjords and islands further south, with the calm rhythm of the ship marking the steady pace of travel through the Arctic night.

Day 6 - Islands of beauty



We begin the day in Stokmarknes, birthplace of Hurtigruten and home to the fascinating Hurtigruten Museum - a heartfelt tribute to the generations who have lived and worked along this coast sailing the same route we founded in 1893 and still follow today. From here, we continue through the narrow Raftsundet channel, one of Norway's most dramatic and powerful stretches of water. Cliffs rise almost vertically from the sea, waterfalls trace silver lines down the rock, and every turn reveals another vista - new peaks, hidden coves and the play of light that defines the north. Later, we arrive in Svolvaer, the lively heart of the Lofoten Islands. Fishing boats line the quays beneath sharp mountain peaks, galleries display works inspired by Arctic light, and cafes offer warmth and conversation. You might explore the town's waterfront, visit nearby Henningsvaer, or simply take in the view of red and yellow cabins against the dark slopes.

Day 7 - Through Norway's heartland

Today we sail along Norway's storied inner coastal route, a network of narrow channels and protected sounds that has guided mariners for more than a thousand years. These waters are sheltered from the open sea, winding between islands and headlands where small fishing villages and family farms still cling to the shore. Solitary lighthouses mark the entrances to fjords, and on clear days you may spot distant peaks still capped with snow. From the deck, you can follow the slow rhythm of the coastline as the ship moves steadily south. Every turn reveals a new view; a waterfall tumbling down from the high mountains, a cluster of boathouses reflected in calm water, or a seabird gliding close to the waves. Inside, you might attend a short talk from the Expedition Team or simply enjoy the scenery from the lounge. This is a day for unhurried travel and quiet appreciation, a chance to experience the beauty and continuity of Norway's living coast.

Day 8 - Art Nouveau by the sea

Rebuilt after a devastating fire in 1904, Ålesund emerged as Norway's Art Nouveau masterpiece - a city of graceful spires, pastel façades and curved towers that catch the light of the surrounding sea. Its distinctive architecture, inspired by European styles of the time, gives the town a sense of charm and refinement found nowhere else on the Norwegian coast. The natural setting is equally striking: Ålesund stretches across a series of islands, with the jagged Sunnmøre Alps rising in the distance. Spend the day exploring the town's canals and narrow streets lined with cafes and boutiques or visit the Jugendstilsenteret Museum to learn how Ålesund's architecture was born from resilience and renewal. For a wider view, climb the 418 steps to the top of Mount Aksla for a panorama of the town, fjords and mountains beyond. Ålesund's harmony of design, history and landscape makes it one of the true gems of the Norwegian coast.

Day 9 - Historic city – goodbye Norway

Encircled by seven mountains and facing the open sea, Bergen is Norway's maritime heart: lively, historic and steeped in seafaring tradition. Once a key Hanseatic trading port, the city still carries echoes of its past in the colourful wooden façades of Bryggen Wharf, now a UNESCO World Heritage Site. Strolling through its narrow passages you can almost sense the bustle of merchants and sailors who once filled these docks with stories from across the world. Down by the harbour, the fish market offers a taste of local life with stalls piled high with freshly caught seafood and regional specialties. For a wider view, take the funicular up Mount Fløyen, where the city and its islands unfold beneath you in a sweep of water and rooftops. Bergen is a place where history and everyday life meet easily: cobbled lanes, cosy cafes and the sound of gulls overhead. Take your



time and get to know this charming city on your own terms; this is, after all, our last stop in Norway before we head to Denmark.

Day 10 - Southern horizons

As we leave Norway's rugged coastline astern, the open waters of the North Sea stretch ahead toward Denmark. The sense of distance grows with every passing hour, offering time to reflect on the fjords, mountains and coastal towns that have shaped your journey. This is a day for slowing down, to watch the horizon, feel the steady movement of the ship and let the memories of the voyage settle in. Enjoy a leisurely breakfast or join one final talk with your Expedition Team. From the deck, seabirds glide effortlessly on the wind as we pass through the Skagerrak and Kattegat straits, waters that have long linked Norway, Sweden and Denmark through trade and travel. As daylight fades, perhaps raise a glass to the journey behind you, a passage across cultures, coastlines and the ever-changing moods of the northern seas.

Day 11 - Sailing into Denmark's capital

In the early morning light, the spires of Copenhagen rise from the sea as we approach the final destination of our journey from the Arctic. As we glide into harbour, you can probably already sense the different vibe that Denmark offers when compared to its northern neighbour. After you disembark, perhaps take a stroll beside the harbour canal of Nyhavn or visit a nearby cafe for a traditional smørrebrød (Danish open sandwich) lunch. There's so much to see and do in 'wonderful' Copenhagen that it really is worth spending some extra time here, if possible. Sadly, however, your cruise on The Arctic Line has come to an end. Your voyage from the Arctic to the south of Scandinavia has carried you through history, beauty and the ever-changing moods of the northern seas - we hope you will join us again on your next adventure!

Please note:

Itineraries are subject to change.



YOUR SHIP: TROLLFJORD

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VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:



MS Trollfjord is an homage both to Norwegian nature and our 130-year heritage sailing the Norwegian coast. Locally sourced natural materials such as wood and stone feature prominently throughout the ship's furnishings, reflecting the beauty of the fjords we sail through. The style of decor is classic, timeless, and unique in our fleet. You'll notice details and flourishes that evoke a sense of nostalgia, harking back to a golden era of exclusive small-ship sailing. Ship facilities · Double-storey observation lounge on the upper decks · Large outdoor sun deck with comfortable furniture · Wi-Fi throughout the ship · Stylish bar with a wide range of beverages · Onboard shop stocked with essentials and souvenirs · Library with a selection of literature and brochures · Espolin Johnson lounge · Activities and lectures on board with the Coastal Experience Team · Panoramic sauna and fitness room · Photography area with camera equipment available for rent · A la carte fine-dining restaurant Røst · A series of culinary demonstrations and tastings throughout the ship · All-day dining bistro Brasserie Árran · Main restaurant Flora for all three daily meals



INSIDE YOUR SHIP

Arctic Superior



Expedition Suite



Polar Inside



Polar Outside





PRICING

31-Dec-2027 to 11-Jan-2028

Arctic Superior	£4199 GBP pp
Expedition Suite	£6565 GBP pp
Polar Inside	£2685 GBP pp
Polar Outside	£3019 GBP pp

18-Jan-2028 to 28-Jan-2028

Polar Outside	£2906 GBP pp
Polar Inside	£2527 GBP pp
Arctic Superior	£4043 GBP pp
Expedition Suite	£6317 GBP pp

28-Jan-2028 to 08-Feb-2028

Polar Outside	£3739 GBP pp
Expedition Suite	£7689 GBP pp
Polar Inside	£3075 GBP pp
Arctic Superior	£4925 GBP pp

15-Feb-2028 to 25-Feb-2028

Expedition Suite	£7197 GBP pp
Polar Outside	£3382 GBP pp
Arctic Superior	£4606 GBP pp
Polar Inside	£2879 GBP pp

25-Feb-2028 to 07-Mar-2028

Arctic Superior	£5145 GBP pp
Polar Outside	£3695 GBP pp
Expedition Suite	£7865 GBP pp
Polar Inside	£3215 GBP pp

14-Mar-2028 to 24-Mar-2028

Expedition Suite	£7403 GBP pp
Polar Inside	£2961 GBP pp
Polar Outside	£3405 GBP pp
Arctic Superior	£4738 GBP pp

24-Mar-2028 to 04-Apr-2028

Polar Outside	£3619 GBP pp
Polar Inside	£3145 GBP pp
Arctic Superior	£5035 GBP pp
Expedition Suite	£7865 GBP pp

11-Apr-2028 to 21-Apr-2028

Expedition Suite	£6317 GBP pp
Arctic Superior	£4274 GBP pp
Polar Inside	£2671 GBP pp
Polar Outside	£2968 GBP pp