

THE ABC ISLANDS TO PANAMA - CENTRAL & SOUTH AMERICA SAILING CRUISE

This voyage traces a southbound route across the southern Caribbean, linking the ABC Islands with Colombia and Panama through open sailing days and culturally rich ports. Departing from Curaçao and Aruba, the itinerary combines colourful island architecture with long passages under sail before reaching Cartagena, where colonial history and Caribbean influences converge within a walled old town. The journey concludes in the San Blas Archipelago with insight into the traditions of the Guna people, before arrival in Panama, creating a progression from island life to mainland cultures shaped by trade routes, sea, and history. _Some departures may have slightly modified itineraries. Please confirm the itinerary with an Expedition Specialist._



ITINERARY

Day 1 Willemstad, Curaçao

Curaçao, alphabetically the last of the ABC, is the largest in the Netherlands Antilles in terms of land area. The neat capital, Willemstad, a trading post for the Dutch West India Company in the 17th century, with its well preserved colonial architecture, is a UNESCO World Heritage Site. The picturesque location of the wide harbor canal, boulevards with beautifully restored facades and colorful, typically Dutch gabled houses make Willemstad a lively "Little Amsterdam". Take in the wonder of the bright



Caribbean light, beneath palm trees, with azure bays and pearl-white beaches.

Day 2 Willemstad, Curaçao

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Day 3 Oranjestad, Aruba

Aruba, the most westerly island in the Netherlands Antilles, is also the last in the arc of the Antilles before you reach the South American mainland. Its capital, Oranjestad, founded in 1796, shows that everything here is a bit different. Caribbean pastel-colored houses and Delft tiles, carved wooden doors and Dutch gables, all-around balconies and colonial galleries. All of these features combine to create a style which can only have one name - Aruban. Aruba also offers a distinctive natural landscape, with an inland desert, extensive sand dunes, oddly formed cliffs, impressive cactus forests, strangely shaped divi-divi trees and countless aloe plants.

Day 4 Day under full sails

Climbing the rigging, untying ropes, setting sails - today is all about sailing. Time to lean back and relax in the deck chair and watch the passionate crew hoisting the sails by hand.

Day 5 Cartagena, Colombia

Cartagena was once the richest city in the New World and a popular target for pirate attacks, since a large part of the Spanish treasure was stored there. Sir Francis Drake also instilled terror into the Spanish city. After Drake's invasion, the city was fortified with a 7 mile-long rampart and the immense San Felipe Fort. Today Cartagena is one of the most beautiful colonial cities on the American continent and is protected by UNESCO as a World Heritage Site.

Day 6 Cartagena, Colombia

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Day 7 Day under full sails

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Day 8 San Blas Archipelago, Panama



To live like Robinson Crusoe, on a remote island without any civilizing frills, but with a palm beach and coconuts for breakfast - who hasn't dreamt of that before? The San Blas Islands off the coast of Panama come pretty close to this idea of a Caribbean paradise. Here life is beautifully simple - and simply beautiful. The approximately 370 coral islands, which can be explored from the main island Porvenir, are inhabited by the Kuna. The indigenous people only allow tourism in moderation and have preserved much of their ancient culture and religion.

Day 9 Panama City (Colón), Panama

Since 1914, the Panama Canal has linked the Atlantic to the Pacific. This technological marvel of locks and canals also comprises two artificial lakes. The Gatunsee, one of the world's largest dammed lakes, has now regained a unique range of flora and fauna. In fact, nature has reclaimed the lake for itself, with the rainforest sprawling over its banks. The former hills are now islands on which an astonishing variety of species has formed, due to its isolation. The largest island, Barro Colorado, is completely untouched and has been a nature reserve since 1923. Scientists from all over the world come here to try and discover the jungle's last secrets.

Please note:
Itineraries are subject to change.



YOUR SHIP: SEA CLOUD SPIRIT

YOUR SHIP: **Sea Cloud Spirit**

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

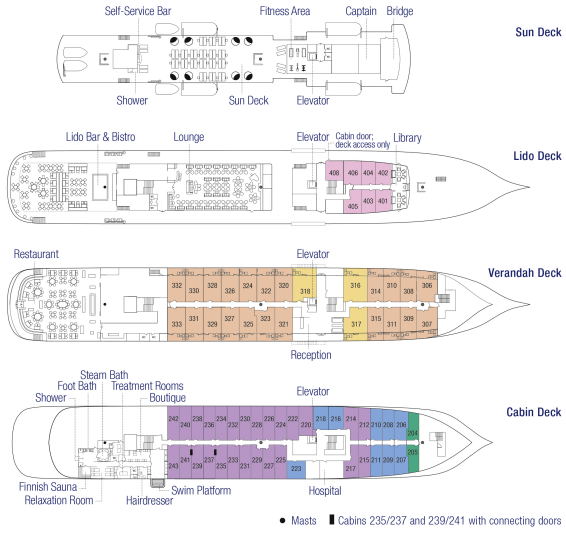
BUILT/REFURBISHED:



Building a three-mast full-rigged ship with traditional rigging in the 21st century may seem a little unusual. For SEA CLOUD CRUISES it is a commitment to true passion for sailing. With her clear, classic line she follows the example of her elegant windjammer sisters, but goes completely new ways. An entire deck with balcony cabins, an exclusive wellness and SPA area, a fitness room with sea view, a bistro on deck as an evening alternative to "fine dining" in the restaurant - the youngest member of the SEA CLOUD family offers plenty of room for individuality in addition to genuine windjammer romance. The SEA CLOUD SPIRIT combines traditional windjammer experience with 21st century comfort with up to 136 passengers. Cabins Even more comfort: of the 69 cabins from the owner suite to the superior outside cabin, almost half have balconies or windows to open. Public areas Spacious decks, a generous wellness and SPA area, fitness with sea view and much more: on board the SEA CLOUD SPIRIT, one does not only enjoy the freedom under sails.



INSIDE YOUR SHIP



Cabin Categories:

Cat. A Suites with balcony	Cat. C De luxe lido cabins, outside	Cat. E Superior cabins, outside
Cat. B Junior suites with balcony	Cat. D De luxe cabins, outside	Cat. F Superior single cabins, outside

Category A: Suites with balcony. From



Category B: Junior suites with balcony. From



Category C: De luxe lido cabins, outside. From



Category D: De luxe cabins, outside. From





Category E: Superior cabins, outside. From



Category F: Superior single cabins, outside. From





PRICING

09-Feb-2027 to 17-Feb-2027

Category E: Superior cabins, outside. From	£4718 GBP pp
Category D: De luxe cabins, outside. From	£5584 GBP pp
Category F: Superior single cabins, outside. From	£5874 GBP pp
Category C: De luxe lido cabins, outside. From	£6307 GBP pp
Category B: Junior suites with balcony. From	£7463 GBP pp
Category A: Suites with balcony. From	£8619 GBP pp

20-Dec-2027 to 27-Dec-2027

Category E: Superior cabins, outside. From	£6128 GBP pp
Category D: De luxe cabins, outside. From	£6978 GBP pp
Category F: Superior single cabins, outside. From	£7378 GBP pp
Category C: De luxe lido cabins, outside. From	£7896 GBP pp
Category B: Junior suites with balcony. From	£9206 GBP pp
Category A: Suites with balcony. From	£10446 GBP pp