

SUBLIME INDONESIA: ISLAND EXPLORATIONS - FROM SUMBA TO PAPUA NEW GUINEA 2024

From crystalline tropical waters teaming with exotic marine life and coral reefs, through to deserted beaches and dense jungles, uncover the sublime on this authentic land and sea expedition through Indonesia's remote and little-known tropical islands. On your journey, you will encounter nature at its wildest, as well as some of the rarest flora and fauna on the planet. All this combined with the exploration of the rich culture and tradition of remote villages, makes for a unique adventure on all fronts.





Land Expedition Map (Sumba)

Cruise Expedition Map (Denpasar to Port Moresby, then fly to Cairns)

ITINERARY

Day 1: Sumba

Flying in from Denpasar this afternoon, welcome to the island of Sumba! Arriving into Waingapu Airport, you will be met by your driver for to Tanoma Sumba Beach Resort. Enroute from the airport, stop at Walakiri Beach. Here you can enjoy some time relaxing on the beach and enjoy your first Sumba sunset. Once at the resort, you will find it is located directly on the beach at Pantai Wera and offers views out across the ocean from the main restaurant and pool area, as well as from some of the impressive bamboo bungalows. Considered one of the most beautiful beaches in East Sumba Regency, the beach is popular at sunset due to the magical silhouette made by the sun on the mangrove forest which lines the beach shores. Accommodation: Two nights at Tanoma Sumba Beach Resort .

Day 2: East Sumba

After breakfast, we head south to Waimarang Waterfall. Located

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in the middle of the jungle, the waterfall was discovered only recently by a boy called Eric who lives in the nearby village. He stumbled upon the waterfall while out collecting firewood when he started to hear the sound of water. Following the sound, he soon uncovered what he describes as the most beautiful waterfall he had ever seen. Sharing the news with his father, the waterfall was soon brought to the attention of the local government. When asked by the government what he would like to happen to the waterfall, Eric informed them that he wished that a road would be built so that everyone could come and enjoy the beauty of the waterfall. Eric's wish was made a reality and a road was built, making it possible for us to visit this beautiful sight today. Eric still lives in the village and his mother runs the small cafe at the parking area for the waterfall. The trek down to the waterfall is around 30 minutes along a well cleared path. It is not too steep, but some areas can become slippery if there has been rainfall. When arriving at the waterfall, there is a small pool which you can swim along before jumping down to the main pool. Here you will find a modest cascade falling into a wide plunge pool, partially enclosed by rugged stone walls. After some time cooling down in the water, it's time to return to the carpark where we can enjoy a fresh coconut and a packed lunch before departing to Priayawang Traditional Village, which is one of the oldest villages in East Sumba. Here you will witness first-hand, the Sumbanese uma mbatangu (peaked houses) which surround the Megalith Tombs in the centre of the village. Your local guide will inform you about the unique culture of the Sumbanese people and introduce you to some of the people who call the village home and still practice the traditional way of their ancestors. Leaving the village, return to your hotel where you have the rest of the afternoon and evening to enjoy at your own leisure.

Day 3: Northeast Sumba

Following breakfast, continue your exploration of the East Sumba Regency, as we head to the Northeast of the island. Your first stop will be at Savannah Puru Kambera. The Savannah is packed with wild horses, buffalos, and cows on a good day. In the hot season, the savannah's golden tones are reminiscent of the savannahs of Africa, but instead of zebra you are treated to the beautiful Sumba horses. The breed of horse found in Sumba is called the Sandalwood Pony, they originated from the island and are named after the Sandalwood trees, which are a major export of the country. Day to day, the horses are used for light farm work and riding from village to village. Once a year, some horses will be used for the annual bareback race and/or the Pasola Festival, Sumba's most popular and traditional sport, which brings together dozens of riders to demonstrate their dexterity, precision and riding skills by throwing spears at their competitors. After enjoying your time at the savannah, continue to Morinda Villa where you will overnight. Morinda Villa offers simple, comfortable rooms. However, where the resort comes into its own and why we encourage you to spend a night at the property, is due of the breathtaking views that can be found here. Offering both sunrise and sunset viewpoints over a valley of beautiful green hills and a picturesque river which flows between them. In the evening, grab yourself a refreshment and sit back and be in awe of your natural surroundings as the sun sets for the day.

Day 4: Northeast Sumba

An early morning start for your sunrise experience. Driving down

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to the bottom of the valley, you will hop into your own kayak and enjoy a guided kayak along the river as you watch the sunrise above the beautiful hills which surround you. Return to your hotel to enjoy breakfast before heading out on today's adventure. Your first stop of the day will be Tangdendu Waterfall. Often referred to as the Grand Canyon of East Sumba or Twin Canyon in East Sumba because the its rocky cliffs and water flow, which are very similar to the Grand Canyon in the USA. After an adventurous morning, head to Pura Kembera Beach. The soft white sands and calm blue ocean make for the perfect spot to enjoy some downtime relaxing on the beach or swimming in the ocean. Due to the stillness of the water, it is possible to enjoy some snorkelling directly from the beach. A lunchbox will be provided for you to enjoy some traditional Sumbanese food. In the late afternoon, depart the beach and head for Bukit Wairinding were you can enjoy one of the most special sunsets over the beautiful rolling hills of Northeast Sumba, before returning to the hotel.

Day 5: Denpasar, Bali

An early start this morning as you transfer to the airport for your onwards flight to Denpasar. Transfer to your hotel where our group will spend the night before our cruise expedition begins. This evening meet your fellow voyagers and expedition guides over dinner at the hotel.

Day 6: Denpasar

Enjoy breakfast followed by time to explore the cultural and historical delights of Bali's capital. This afternoon transfer to

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Day 7: Sumbawa Island

East of its more famous sibling Lombok, mountainous Sumbawa Island blends laid back island life with spectacular volcanic ridges, terraced rice fields, tangled jungles and beautiful sandy beaches replete with stunning coral reefs and remote bays awaiting exploration. Historically divided between east (Bimanese speakers) and west (Sumbawanese speakers) this isolated island that time almost forgot juxtaposes luxurious mansions alongside old wooden huts, remote wilderness and traditional Adat law and lore. Today we will experience a number of time-honoured traditions and cultural encounters including meeting the creators of the famed intricate hand-woven ikat fabric and observing ancient tribal rites for a truly authentic immersion in the local culture. the local culture.

Day 8: Komodo National Park

A sanctuary for the giant monitor lizard, the Komodo Dragon, walk along a forested pathway to a viewing area for a closer look at these prehistoric reptiles which can grow up to 10 feet in length and weigh up to 300 pounds. The surrounding forest is home to Timor Deer, the favourite prey of the dragons, as well as elegant Yellow-crested Cockatoos. Enjoy snorkelling off splendid Pink Beach, a world-class experience often described as "swimming in an aquarium".

Day 9: Wakatobi National Park

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Famously described by legendary underwater explorer and conservationist Jacques Cousteau as an "underwater nirvana", Wakatobi is a cetacean highway and home to breathtaking coral walls. Today's snorkel excursions reveal an incredible array of marine reef inhabitants; underwater photographers will appreciate a bizarre macro world among corals as shallow as 20 feet. Highlights include colourful Frogfish, octopus, Marbled Snake Eels, Cockatoo Waspfish, Flying Gurnards, multitudes of crab species and dazzling anemones.

Day 10: Buru Buru Island

Fascinating and seldom visited, Buru Island is located at the boundary between the biogeographic zones of Australia and Asia. A high proportion of the species of birds and mammals that occur here are found nowhere else with 10 endemic bird species and 4 endemic mammals as well as a number of near-endemic species. This morning we will explore these remote shores together with our expert naturalists and guides. Enjoy opportunities to explore the forests in search of wildlife and many of the endemic species and enjoy the hospitality of local communities during village visits.

Days 11 to 13: Raja Ampat

Lapped by stunning turquoise waters, Raja Ampat's collection of 1,500 tiny, jungle-cloaked islands are among Indonesia's most beautiful. We plan to spend 2 days exploring the bounty of rainbow corals, shoals of multi-coloured fish, intriguing

ocean-carved limestone formations and jungles of this tropical paradise of forgotten islands. Believed to contain the most biodiverse marine habitat on the planet, the waters surrounding Raja Ampat are home to 600 species of hard coral and 1,200 types of reef fish and make for exceptional snorkelling and Zodiac cruising. On land, spotting the brilliant Wilson's Birdof-paradise and Red Bird-ofparadise will be high on our agenda here, with early morning visits planned ensuring the very best opportunity for all to see these remarkable birds in their natural habitat and, hopefully, witness their rarely-seen mating dance around their 'lekking' trees. Other activities could include beachcombing, visiting villages and engaging in cultural exchanges with locals and forest walks.

Day 14: Misool Island

Part of the Sultanate of Tidore during the spice trade wars, Misool Island is the second largest island in the aquatic wonderland that is Raja Ampat (aka Four Kings Islands, named after its four main islands) and our introduction to this stunning marine environment. Rich in heritage, it was colonised by the Dutch, however still maintains its cultural essence and traditional ways of life with indigenous constructions, folk dance and respect for nature prevailing. On land, discover caves hidden among verdant forests featuring rock art dating back more than 5,000 years, while under its protected waters Dugong, Bumphead Parrotfish, Clownfish, Manta Rays, Ghost Pipefish, Harlequin Shrimp, Pygmy Seahorse and more can be found among spectacular coral gardens and sea-cave cemeteries. Over the course of the day we aim to explore the labyrinth of caves and passages, and hike up to the viewing

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platforms to enjoy the spectacular vistas and heartshaped lagoon of Karawapop.

Days 15: Bomberai Peninsula

Today we have a full day of exploration planned at the seldom visited Bomberai Peninsula, which is also often referred to as the Bird's Beak Peninsula for its location to the south of Bird's Head Peninsula. A lush tropical forest blankets the hills which rise to the remote Kumafa Mountains. The turquoise waters sculpting the karst limestone coast are renowned for the abundance and diversity of tropical fish species. Join your expedition team ashore discovering the unique plants and wildlife of the region before snorkelling among enormous colourful soft corals and a thousands strong cast from Finding Nemo attracted by the rich food source delivered via underwater channels and currents.

Day 16: Triton Bay

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Enjoy the unforgettable experience of swimming with the iconic Whale Sharks of Triton Bay. One of the best places in the world to snorkel with these gentle giants, we aim to visit the local fishermen's Bagans (handmade floating platforms) where these mega-fish (known to grow more than 12-metres in length), hopeful of catching some of the smaller fish escaping fishermen's nets, are known to congregate. This afternoon Heritage Adventurer drops anchor off Aiduma Island, one of the most remote islands inIndonesia and world-renowned underwater wonderland and dive site. Discover dazzling soft coral forests teeming colorful reef fish including dinner plate-sized Bluering and Six-bar Angelfish, and impressive red and white striped Lionfish, among others, on a snorkelling highight.

Day 17: Etna Bay

This morning we embark on an exploration of the seldom visited Etna Bay. Indenting the coastline of the Kaimana Regency and described by those who have visited as a "tropical fiord beneath mountains that rise abruptly from the sea", an authentic expedition adventure awaits. Local mythology claims that Indonesia's legendary Garuda bird and national emblem lives in these mountains. Join your expedition team as we explore this unknown terrain together.

Day 18 & 19: Asmat Villages

Ten thousand square miles of mangrove forest, bamboo, and sago palms have long sheltered the Asmat region from outsiders. At high tide our ship enters the shallow channel of the Flamingo River to anchor near the village of Agats, the regional capital of the Asmat. A remote riverine world is revealed as Zodiacs carry you along narrow waterways lined with the entwined branches of thick mangrove forests, home to Torresian Imperial Pigeons, Sulphur-crested Cockatoos, and bright red lorikeets. As you make your way upstream, villagers whooping and chanting in elaborate warrior gear and war paint - paddle vigorously toward you in intricately carved canoes to escort you ashore where an enthusiastic welcome awaits. A walk along elevated wooden boardwalks leads to a cathedral with superb carvings, and museum with displays of ancestor poles, drums,

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body masks, shields, daggers, and skulls; a reminder that

cannibalism and headhunting was practiced by the ancestors of some villagers. Asmat woodcarvings are known for their powerful lines and coarse, expressive motifs, and are widely considered by collectors and scholars to be among the world's finest carvings and can be purchased directly from the village artisans.

Day 20: At Sea

Relax on board after our adventures, join a lecture, update your photos/journal or watch the world go by in the Observation Lounge or from the poolside.

Day 21: Thursday Island

The colourful island paradise of Australia's northernmost point, Thursday Island, is one of 274 islands scattered between the northern tip of Queensland and Papua New Guinea in the Torres Strait. Settled in the late 19th Century, its early fame rested on pearling by Japanese fishermen, while during WWII, Australian and American troops were stationed at the base here. Explore the small sleepy town, discover the island's rich culture and arts, and take in the sweeping view from Green Hill Fort, built in 1893, which once guarded the island's main approaches. Its underground tunnels, now refurbished, house the Torres Strait Heritage Museum.

Day 22: At Sea

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Island and relive the memories of this fantastic adventure with a recap and special farewell dinner celebration.

Day 23: Port Moresby, Papua New Guinea to Cairns, Australia

Arrive in Port Moresby, bustling gateway and capital of Papua New Guinea where village and urban life exist side-by-side. After breakfast, enjoy a visit to the National Museum and Arts Center, exhibiting one of the finest collections of primitive art in the world and lunch before boarding your flight to Cairns, OR continue the adventure with us on Discover the Secrets of Melanesia.

Please Note:

Itineraries are subject to change.

Enjoy some well-earned downtime after our day at Thursday

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YOUR SHIP: HERITAGE ADVENTURER

Heritage Adventurer

YOUR SHIP:
VESSEL TYPE:
LENGTH:
PASSENGER CAPACITY:
BUILT/REFURBISHED:

Heritage Adventurer is a true pioneering expedition vessel of exceptional pedigree. Often referred to as the 'Grande Dame of Polar Exploration' due to her celebrated history and refined design, she was purpose-built for adventure in 1991 at Finland's Rauma shipyard and specifically designed for Polar exploration.Setting a peerless standard in authentic expedition travel, Heritage Adventurer (formerly known as MS Hanseatic) combines the highest passenger ship ice-class rating (1A Super) with an impressive history of Polar exploration. Having held records for the most northern and southern Arctic and Antarctic navigations, and for traversing both the Northwest and Northeast Passages, makes Heritage Adventurer perfect for pioneering experiential expedition travel. Originally designed to accommodate 184 guests, Heritage Adventurer now welcomes just 140 expeditioners ensuring spacious, stylish and comfortable voyages, while a fleet of 14 Zodiacs ensures all guests are able to maximise their expedition adventure. Heritage Adventurer proudly continues our traditions of exceptional, personalised expedition experiences as Heritage Expeditions flagship. Observation Lounge - One of the most celebrated and best-known features of Heritage Adventurer is the awe-inducing

Observation Lounge, Library and Bar. Located on Deck 7 and perched directly above the Bridge, enjoy sweeping 270-degree views through floor to ceiling windows, perfect for wildlife spotting and quick access to the outer deck. Bring your binoculars to spot wildlife, observe the ever-changing landscape, write in your journal or relax with a book. Observation Deck - Enjoy 360-degree views from the highest point on the ship. The Observation Deck sits above the Observation Lounge and provides exceptional outside viewing options. Stretching the full width of the vessel, this is the perfect spot to take in the surrounding land and seascapes. Perfect on a sunny day, recline in the comfortable sun loungers protected from the wind and elements and watch your voyage unfold. The Bridge - No expedition is complete without visiting Heritage Adventurer's busy nerve centre. Located on Deck 6, Heritage Expeditions' Open Bridge Policy means you are welcome to observe the Captain and crew at work while enjoying some of the ship's best views. It's a fascinating place to learn about navigation and vessel operations, however please note the Bridge will be closed when departing or arriving at port. Dining Room - Indulge in fine international cuisine from our talented chefs in the lavish surrounds of our Dining Room on Deck 4. Sensational 270-degree views provide a stunning backdrop to meals here along with an international wine list featuring many outstanding regional wines. With relaxed seating arrangements, all guests can enjoy dining in a single sitting from hearty breakfasts setting you up for the day's adventure to sumptuous lunches and multi-course evening dining. Bistro - Simple fast and delicious meals and snacks are on offer in our relaxed

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Bistro on Deck 6. Perfect for early risers to enjoy tea, coffee and light breakfast options the Bistro provides great views and opens directly onto a covered and heated teak-deck outdoor dining area. The Bar and Lounge - The social hub of Heritage Adventurer, the Bar and Lounge on Deck 5 features seating for all guests. Enjoy a beverage at the bar, sink into an armchair, relax on one of the many spacious loungers and watch the world go by through the panoramic windows or make new friends at the communal seating. This multi-tasking space also doubles as the location of daily briefings and evening recaps with the expedition team. The Gym - Featuring spectacular ocean views, the well-equipped gym is adjacent to the pool, hot tub and sauna in Deck 7's wellbeing zone. Maintain your routine with an elliptical cross trainer, treadmill, rowing machine, stationary bikes, TRX as well as free weights, yoga mats and fitness balls. Towels are provided with change room and shower amenities nearby. Sauna and Steam Room - True to her Nordic origins, Heritage Adventurer features a dry-heat Finnish sauna and European steam room on Deck 7. Perfect for warming up post Polar plunge or unwinding after a day's adventures, the sauna and steam room include change room facilities, showers and towels. Swimming Pool and Hot Tub - Surrounded by relaxed teak seating including sun loungers, the open-air saltwater pool can be heated or chilled. Encased in glass the hot tub ensures all-weather use, perfect for those who like to relax with a view following a day of exploring. Lectures and Presentations - Enjoy informative and entertaining lectures on history, biology, wildlife, and ecology in the comfort of the Presentation Theatre. With state-of-the-art audio-visual equipment, our world-renowned expedition team will bring your adventure to life through interactive presentations and

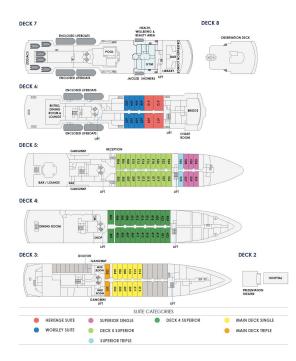


discussions.

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INSIDE YOUR SHIP



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PRICING

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