

SOUTH GEORGIA & FALKLANDS EXPEDITION CRUISE FROM PUNTA ARENAS TO MONTEVIDEO

Through Rich Southern Waters After tracing the dramatic southern edge of South America, this voyage threads through legendary waterways before reaching the southeast coast of the Falkland Islands. Here, windswept shores host abundant birdlife and lively colonies of Magellanic, southern rockhopper, macaroni, and gentoo penguins, where adults are busy feeding fledging chicks - a striking introduction to the raw beauty of the South Atlantic. Following the Rhythm of Migration Continuing to South Georgia, the voyage coincides with a lively period of wildlife activity. Penguins and seabirds are finishing the breeding season, while elephant and fur seals remain active along the shores. Humpback whales, orca, and other whales are often seen along the way. We'll enjoy landings and hikes amid the dramatic landscapes before heading to another part of the Falklands, and sailing north towards Montevideo.



ITINERARY

Day 1 Santiago, Chile's capital

The sights of Santiago de Chile

Welcome to Santiago, Chile's bustling capital. With its colonial-era architecture, award-winning restaurants and fascinating museums, it's the perfect place to start your expedition cruise. There's a lot to see, from the Mercado Central to the Plaza de Armas and the Presidential Palace. Check out the Sky Costanera, which offers panoramic views of the city from 1,000 feet up.



With so much to discover in and around the city, you may want to arrive a few days early to join one of our optional Pre-Programmes.

Day 2 Depart from Punta Arenas

Begin your expedition cruise in Punta Arenas

You'll have an early start today as we depart Santiago and fly to Punta Arenas, Chile's southernmost port, where your expedition ship awaits. Once you've boarded the ship, get settled in, explore, and meet your Expedition Team.

As well as being your guides, hosts and local experts, they're also your travel companions for the next three weeks. Friendly and welcoming, they'll answer any questions you may have during your adventure in to the Falkland Islands and South Georgia.

Day 3 Get set for adventure

Centre on science before your adventure

On the day crossing to the Falkland Islands, the Expedition Team will equip you with all you need to make the most of your expedition cruise.

Visit the onboard Science Centre and find out what lies ahead. Listen to experts talk passionately about Antarctica's history, the science beneath the ice, and the impact of climate change and plastic pollution. You'll learn how to make your visit as safe and as low-impact as possible, and about the Citizen Science projects you can join.

There's plenty of time to relax, so unwind in the hot tub and sauna, enjoy some delicious cuisine and meet fellow travellers in the Explorer Lounge & Bar.

Day 4 Southeast coast of East Falkland

Southeast coast of East Falkland

Bleaker Island was first known as Long Island. It subsequently became Bleaker Island after the large waves that crash against it, but since at least 1857 it has been called Bleaker Island. Forty different breeding birds have been recorded including Magellanic, southern rockhopper, macaroni, and gentoo penguins, and a very large colony of imperial cormorants. Peale's dolphins reside in the bays south of the settlements year-round.

Day 5-6 Heading to South Georgia

Relax and prepare for more adventures ahead

As you savour your sailing, prepare for more adventures ahead as we cruise towards the South Georgia. Your Expedition Team will brief you about the history and biology of the islands. In the Science Centre, you can look through the microscope at the tiny krill and phytoplankton that sustains so much of the region's wildlife.

Enjoy all the amenities on the ship and get tips on how to improve your skills from our professional photographer, or join workshops on topics such as wildlife painting and nautical knot tying.

Day 7-10 The 'Serengeti of the Southern Ocean'



Visit a wildlife watcher's paradise

South Georgia's abundant wildlife has earned it the nickname 'Serengeti of the Southern Ocean'. Its unique position free from sea ice makes the island a breeding site for large colonies of penguins, other seabirds and seals. By mid-March, the breeding season is beginning to wind down, but the island remains full of life, with penguin chicks forming creches, fur seal pups active along the beaches, and seabirds still busy feeding and fledging. In fact, it's an Important Bird Area, home to albatrosses, petrels, shags, skuas, and terns.

You'll spend four days exploring this remarkable area. We'll also try to reach Grytviken, the final resting place of Antarctic explorer Sir Ernest Shackleton. As always, our plans are guided by nature, responding to daily conditions and wildlife activity, to ensure we explore safely and bring you the best possible experience.

Day 11-12 Adventure lies ahead

Cruising the South Atlantic

Sailing from South Georgia, we'll spend two days cruising towards the beautiful Falkland Islands. Look forward to seeing an archipelago filled with diverse wildlife.

The Expedition Team will prepare you for what lies ahead with lectures on the area's wildlife, history, geology, glaciology, and stories of battles.

You'll also learn how to make your visit as safe and low-impact as possible, and you can join our Citizen Science programmes to help collect data for global research projects.

Day 13-14 Wildlife of the Falklands

Enjoy birding and hiking in these green islands

The Falkland archipelago is filled with vast horizons and white sands teeming with birdlife. Only the occasional farm dots the landscape of grassy hills and wildflowers.

In Stanley, you can stroll at your own pace and explore the charming town.

Our landings, hikes, and excursions are always guided by the conditions. We hope to visit albatross and penguin colonies, often sharing space with seals, and get as close as we can without disturbing them.

Day 15-17 Cruise the Atlantic Ocean

Time at sea to rest and reflect

On our sea days between the Falklands and Montevideo, our ship becomes a moving wildlife observatory. As we head north at the end of the season, we'll be sailing alongside nature's great migration- whales beginning their journey from Antarctic feeding grounds toward warmer waters, and seabirds tracking the same invisible ocean highways.

From the decks (and often right from the ship's side), keep watch for blows on the horizon, breaching moments, and the effortless glide of albatrosses and other pelagic birds riding the wind.

With the Expedition Team on hand to help spot and identify species, these days at sea turn into a shared 'migration watch', combining real-time observations with talks and briefings that



bring the journey - and the ocean's wildlife corridors - to life.

This is the perfect time to go through your pictures and relive your experiences in Falklands and South Georgia. Enjoy the onboard comforts one last time. Relax in the hot tubs or sauna or unwind in our Explorer Lounge & Bar.

Plus, you can join the Expedition Team in the Science Centre for further investigations and contribute to Citizen Science projects.

Day 18 Visit Montevideo

Disembark the ship and explore the vibrant city

Disembark the ship in the morning and enjoy time to explore Uruguay's interesting capital at your leisure.

You might stroll along the Rambla of Montevideo, a picturesque waterfront promenade stretching over 13 miles, or wander through Ciudad Vieja, the historic centre lined with colonial architecture, art galleries, and bustling markets. Don't miss the colourful Mercado del Puerto, a lively spot selling traditional Uruguayan cuisine.

This is your chance to soak in Montevideo's culture, history, and waterfront at your own pace.

Please note:

Itineraries are subject to change.



YOUR SHIP: FRAM

YOUR SHIP: **Fram**

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

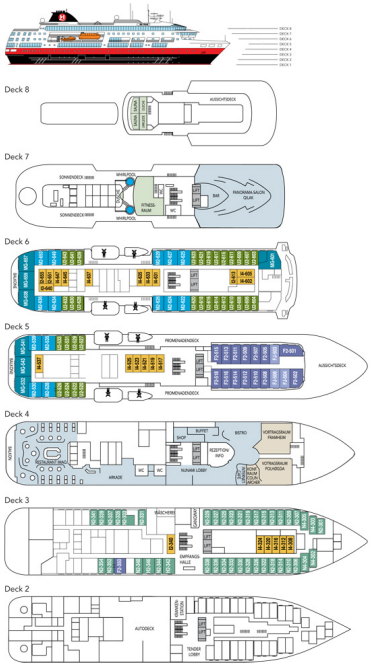
BUILT/REFURBISHED:



MS Fram is designed for sailing in polar waters, holds the highest safety standards and is the perfect size for optimum nautical manoeuverability and guests' comfort. With space for only 276 guests, you are sure to get to know many of your fellow travellers. You will share stunning sights and memories of a lifetime long after returning home. The Norwegian word Fram means 'forward' - lifting expectations of the voyage at hand. MS Fram was built in 2007 with one mission in mind - to bring her guests closer to nature, wildlife and unforgettable experiences. As well as offering numerous lounges in which to relax, our more active guests can use our well-equipped gym. Meanwhile, on deck, our Jacuzzis guarantee you surreal memories when passing the towering icebergs of Antarctica or Greenland.



INSIDE YOUR SHIP



Arctic Superior. From



Expedition Suite. From



Polar Outside. From





PRICING

12-Mar-2027 to 29-Mar-2027

Polar Outside. From	**£12005 GBP pp**
Arctic Superior. From	**£12669 GBP pp**
Expedition Suite. From	**£16055 GBP pp**