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SAVOUR THE NORTHERN LIGHTS - 14 DAYS ON THE NORTH CAPE LINE – SOUTH

This 14-day all-inclusive journey aboard the MS Trollfjord, from Helsinki to Oslo, offers a southbound adventure on the North Cape Line, designed to chase the Northern Lights with a guarantee of a free 6- or 7-day voyage if the aurora isn't sighted (for departures between September 20 and March 31). Highlights include staying in a glass igloo in Finland for optimal Northern Lights viewing, an Arctic icebreaker experience, and a heated sleigh ride in Lapland. Sail Norway's stunning coast, enjoying fresh, locally sourced cuisine, with stops at Tromsø, Honningsvåg, Alta (the city of Northern Lights), and Bergen's UNESCO-listed Bryggen quarter. The itinerary blends Arctic train rides, husky safaris, and visits to iconic sites like Torghatten mountain and Åndalsnes, immersing you in Nordic winter beauty and culture.



ITINERARY

Day 1 - The start of the adventure

Welcome to Helsinki, where our adventure begins. Depending on when you arrive, there may be time to do a bit of exploration if you feel like it. Your tour manager will be at the hotel to meet and greet you. Helsinki is a vibrant and charming city blending modern design with a rich history. Its picturesque waterfront, lively squares, and unique architecture create a welcoming atmosphere. Perfect for a stroll, you can enjoy a scenic walk and experience the city's lively spirit, all within a few hours. In the evening there will be a welcome dinner at the hotel, giving you the perfect chance to get to know your fellow travellers.



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Day 2 - Get to know Finland's capital

We kick off our adventure through Finland by getting to know its charming capital city a little better. After breakfast you'll meet with an English-speaking local guide for a sightseeing tour. Learn about local culture, history, and traditions as you pass landmarks such as Helsinki City Hall, Market Square, Senate Square with its Cathedral, and the Temppeliaukio Church (Rock Church, entrance included). Weather permitting, we'll also visit the Sibelius monument, an unusual sculpture commemorating the life of the composer Jean Sibelius. The tour concludes at the hotel, leaving the afternoon free for further exploration. Why not take the opportunity to try some local dishes, such as silakat (small Baltic herrings) or mustikkapiirakka (blueberry pie).

Day 3 - An Arctic train ride

Enjoy breakfast at the hotel, then take a private transfer to Helsinki Railway Station for your train to Kemi. The scenic journey takes you from Finland's capital into the Arctic's wilderness, offering incredible vistas of forests, lakes, and rugged landscapes - with the last section travelling beside the Baltic Sea. We'll arrive in Kemi around 15:30. Lunch is at your own expense, with food available on the train. Afterward, transfer privately to your accommodation, where you'll spend the night in a unique Glass Villa at the Experience 365 winter resort. Here, you'll witness beautiful scenery all around, and with glass ceilings you'll be able to look up directly into the heavens from your bed!

Day 4 - Icebreaker and glass igloos

This morning we'll travel to the Ajos pier located on Bothnian Bay, where the sea freezes over during winter. It's time to board Sampo, a real-life Icebreaker (conditions permitting) for an incredible adventure. It's a thrilling experience as the icebreaker ploughs powerfully through the frozen sea. If you're brave enough, take a refreshing dip in the icy waters while wearing a full-body waterproof survival suit. After this adventure, you'll be free to take lunch at your own arrangement in Kemi. A private coach will then collect us and transfer us to our next destination, Levi, via the Santa Claus Village at Rovaniemi. At Levi, we'll enjoy two magical nights in private glass igloo accommodation, offering again the chance to marvel at the Northern Lights from the comfort of your bed. Located on the outskirts of the resort of Levi, the hotel is far from light pollution, making it an ideal spot for Northern Lights spotting. Please note: on tours with the following departure dates, the icebreaker ship will not be sailing due to expected sea conditions. Instead, you'll be given a tour of the ship and will still be able to do the Arctic dip in a survival suit: 25 Sep, 9 Oct, 23 Oct, 6 Nov, 26 Mar, 9 Apr

Day 5 - Aurora chasing in Lapland

Please note, for today there are different possibilities depending on the season or date you are travelling. See departure dates below: Today, enjoy a 1-hour Husky Safari in the form of a 5km sleigh ride (weather permitting). Driving a team of huskies over the shimmering fells is a must-do in Lapland. The eager dogs run at full speed, gliding effortlessly over the snow. Each sleigh seats two people, including one guest. The safari takes you on a

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fast-paced ride through Levi's untouched forest snow--an unforgettable experience! Afterwards, the rest of the day is free to try optional activities like reindeer or snowmobile safaris (weather permitting). In the evening, have dinner at the hotel before embarking on a 3-hour aurora hunting trip by sleigh (weather permitting). Sit comfortably in a heated sleigh pulled by a guide on a snowmobile and venture into the snowy forest and away from any light pollution. Watch out for the Northern Lights, and enjoy hot drinks, cookies, marshmallows and tales by the fire. This is followed by dinner at the hotel. 18 DEC, 1 JAN, 15 JAN, 29 JAN, 12 FEB, 26 FEB, 12 MAR, 26 MAR, 9 APR SEP-NOV departures: Visit a husky farm and enjoy a 20 - 30-minute wagon ride (weather permitting, up to 4 people). Afterwards, relax in a traditional kota enjoying treats such as biscuits and warm berry juice, and listen to stories from the musher. If temperatures exceed 7°C, the activity may be limited to a farm visit only. Before departure, enjoy dinner at the hotel and an evening of aurora hunting by snowmobile sleigh (weather permitting). Sit in a heated sleigh pulled by snowmobile, venturing into the forest for Northern Lights photography and storytelling by the fire. Warm drinks and thermal clothing are provided. Note: The Levin Iglut snowmobile sleigh is not heated but includes overalls and blankets. The rest of SEP-NOV departures: Enjoy a 3-hour evening of aurora hunting in the wilderness (weather permitting). The bus trip heads north, passing Jerisjarvi or Ounasjoki, where Northern Lights are more likely. Stops for photos are made before heading to Lake Äkaslompola's shore. Experience the magic of the aurora in a peaceful setting. If conditions are calm, you might even hear the whisper of the skies ... Note: Northern Lights visibility depends on the weather conditions.

Day 6 - Three countries in one day

Please note, for today there are different possibilities depending on the season or date you are travelling. Most departure dates: After breakfast, we'll transfer to the northwest along the Sweden - Finland border to Kilpisjärvi. Here, you'll enjoy a 3-hour "Border of Three Countries" trip (weather permitting), visiting Norway, Finland and Sweden all in a single outing. We'll travel by snowmobile or sleigh over frozen lakes and snowy forests to Koltavuoma, the peaceful border point. The trip includes guiding, thermal gear, photos, hot drink, and pastry. SEP-NOV departures (25.09.26, 09.10.26, 23.10.26, 06.11.26): The border is inaccessible during this period, only reachable by a long snow hike. Instead, we'll visit Kilpisjärvi Reindeer to experience Sami traditions, meet and feed reindeer, and enjoy stories, berry juice, biscuits, and perhaps even grilled reindeer meat in a cosy log cabin.

Day 7 - From land to sea

Today is the last day of our land trip before we board our ship. The 4.5 hr drive from Kilpisjärvi to Tromsø is a breathtaking journey through the Arctic wilderness, offering some of Norway's most stunning scenery. Our route winds through snow-covered landscapes, passing frozen lakes and rugged tundra before reaching the majestic Lyngen Alps. These towering peaks, often blanketed in snow, create a dramatic backdrop. Driving via the Lyngen Alps is subject to weather and road conditions, but if conditions allow the scenic coastal roads, fjords, and charming villages along the way offer perfect photo opportunities. If the weather and road conditions don't allow, we'll drive directly to



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Tromsø. As we approach Tromsø, the landscape transitions from remote wilderness to a vibrant city surrounded by mountains and the icy sea. Before you get settled into your cabin on board, give yourself plenty of time to explore Tromsø. This small city 350km north of the Arctic Circle has everything from trendy restaurants and cafes to boutique shops selling local crafts and produce. Head to the Polaria centre, an aquarium home to a variety of Arctic marine species, including seals. Across the water from Polaria, you'll find the Arctic Cathedral, standing out in the cityscape due to its striking design and impressive stained-glass windows. In the evening, board the waiting ship and continue your journey on sea as we head north.

Day 8 - North capers

Arriving early in the morning, you'll have a full day in Honningsvåg. This far north, winters can be long and snowfall is high. Ice fishing is a beloved winter tradition in the far north, and you might be able to try this on one of our optional excursions. Also, get a taste of the local delicacy, king crab, which is caught in the waters around Honningsvåg and served year-round. But the highlight of any trip to Honningsvåg is a visit to the North Cape, which looks out over the Barents Sea. This is one of the northernmost points of mainland Europe, and if there's snow on the ground, you may even be able to arrive there by snowmobile. This trip is offered as an optional excursion. Having reached the northernmost point of our voyage, we'll turn around and begin going south as we sail away in the evening.

Day 9 - The city of Northern Lights

At 70 degrees north, this town is far above the Arctic Circle. The area is known for particularly good Northern Lights visibility, so keep your camera ready. On an optional excursion, you can find out more about day-to-day life in Alta, see prehistoric rock art and visit the Northern Lights Cathedral, which has an exhibition showing how Alta became the epicentre for ground-breaking research of the aurora borealis between the 19th and 20th centuries. Increased snowfall in the winter allows for some truly authentic Arctic excursions, like dogsledding. You can try this on wheels if you're here when there's no snow on the ground! The snow and climate of Alta also create the perfect conditions to build and maintain the Igloo Hotel. Located on the banks of river Alta, this is the world's northernmost ice hotel. Alternatively, join your Expedition Team on a hike to Mount Komsa. The views are mesmerising.

Day 10 - Arctic beauty awaits

Narvik was originally developed as a year-round, ice-free port for the nearby iron ore mines. Nowadays, it's known for its World War II heritage and as a gateway to active pursuits such as skiing, dog sledding, and hiking. On optional excursions, you can dive into Narvik's intriguing past at the Narvik War Museum, where the town's World War II history comes to life with engaging exhibits and narratives. For a journey through the heart of the region, hop aboard the Arctic Train and journey along the iconic Ofoten Railway, treating yourself to panoramic views of majestic mountains. For panoramic views of Narvik from above, ride the cable car to the top of Narvikfjellet.

Day 11 - Cruise the inner coastal route

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After Narvik, we head south along the enchanting Norwegian coast. You'll be in awe of the windswept islands, sheltered bays, and some of the most beautiful fjords in the world. It's also inhabited by a wide range of wildlife, such as majestic Sea Eagles. When we started sailing north of the Trøndelag region in 1893, much was still unknown about the coastline. But, over the years, we've become experts in these waters. Today, we are among the few with the maritime knowledge and skill to take you through the many skerries, islets and hidden fjords that characterise this stretch of coast.

Day 12 - Alpine village by the fjord

After docking in the town centre in the morning, you have the chance to explore Åndalsnes, a picturesque coastal town located along Isfjord at the end of Romsdalsfjord. The literal highlights of Åndalsnes are the mountains that tower over the town. They are the reason the town has become Norway's go-to destination for hikers, climbers, skiers, and more. The Troll Wall, a 1,000 metre vertical cliff along the Romsdalen valley, also attracts adrenaline seekers the world over. Take in the sights with a city walk and a relaxing ride on the Romsdal Gondola, or take the train along The Golden Route, named by Lonely Planet as 'the most scenic train journey in Europe'. Whichever activities you choose, today brings you the best views of Isfjord and Romsdalsfjord, and the surrounding peaks.

Day 13 - Beautiful Bergen

Surrounded by seven mountains and the sea, the old capital of Bergen is one of Norway's most picturesque and historic cities, as well as being its second largest. Stroll through the UNESCO-listed Bryggen district and discover its colourful wooden wharfs dating back to the 14th century. Bergen's famous fish market is worth a visit, too. It promises to be a feast for the senses with the sights, sounds, and smells of bountiful, fresh seafood which can be cooked there and then for you. One of the best-known attractions in Bergen is the Fløibanen funicular, which brings you to the top of Mount Fløyen. The summit has a wonderful view over the city, the nearby fjord, and the other surrounding peaks.

Day 14 - The city of lighthouses

We spend the last afternoon of your voyage in Kristiansand, Norway's fifth-largest city, sitting along the southern tip of the country. Kristiansand is on a mission to become the most sustainable port in Europe. Find out more about this admirable quest on an optional excursion that includes a visit to Odderøya Island. Or delve into Kristiansand's 20th-century military past on an optional excursion to Batterie Vara. Originally built as a German fort in World War II, it features the world's second largest cannon ever to be mounted on land. Back on the boat, we'll end our voyage on a high note with an end-of-trip farewell dinner. Take this opportunity to trade photo highlights and experiences with your fellow travellers one last time.

Day 15 - The final port of call



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Today, we arrive in Oslo, Norway's laid-back capital. During the journey, you'll have seen majestic mountains, landscapes and fjords, and maybe gazed up in awe at the Northern Lights a few times. We hope you have had an amazing experience, and that you've made a few friends along the way. If you have any extra time before heading home, Oslo is a beautiful city perfect for a quick visit. In just a few hours you can explore the surreal Vigeland Park, visit the impressive Opera House, and stroll along the waterfront. Don't miss the historic Akershus Fortress or the vibrant Aker Brygge area for great food and views. It's the perfect place to sit and reflect on your adventure.

Please note:

Itineraries are subject to change.



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YOUR SHIP: TROLLFJORD

YOUR SHIP: Trollfjord

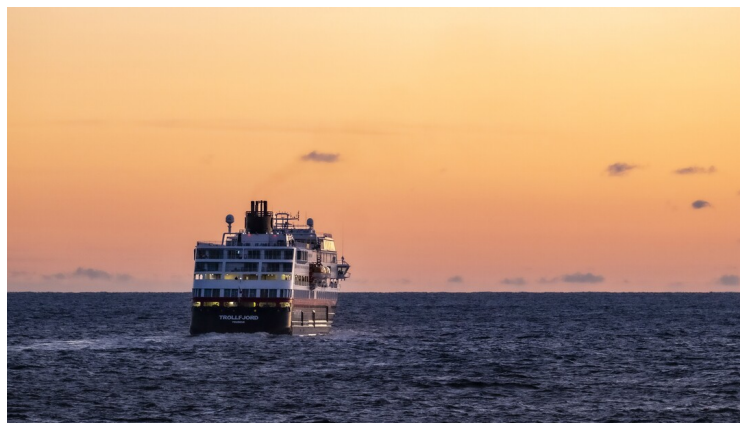
VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

MS Trollfjord is an homage both to Norwegian nature and our 130-year heritage sailing the Norwegian coast. Locally sourced natural materials such as wood and stone feature prominently throughout the ship's furnishings, reflecting the beauty of the fjords we sail through. The style of decor is classic, timeless, and unique in our fleet. You'll notice details and flourishes that evoke a sense of nostalgia, harking back to a golden era of exclusive small-ship sailing. Ship facilities · Double-storey observation lounge on the upper decks · Large outdoor sun deck with comfortable furniture · Wi-Fi throughout the ship · Stylish bar with a wide range of beverages · Onboard shop stocked with essentials and souvenirs · Library with a selection of literature and brochures · Espolin Johnson lounge · Activities and lectures on board with the Coastal Experience Team · Panoramic sauna and fitness room · Photography area with camera equipment available for rent · A la carte fine-dining restaurant Røst · A series of culinary demonstrations and tastings throughout the ship · All-day dining bistro Brasserie Árran · Main restaurant Flora for all three daily meals



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INSIDE YOUR SHIP

Arctic Superior



Expedition Suite

Polar Inside



Polar Outside



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PRICING

25-Sep-2026 to 09-Oct-2026

Polar Outside	£5275 GBP pp
Polar Inside	£4949 GBP pp
Arctic Superior	£6469 GBP pp
Expedition Suite	£8205 GBP pp

09-Oct-2026 to 23-Oct-2026

Polar Outside	£4695 GBP pp
Arctic Superior	£5825 GBP pp
Polar Inside	£4385 GBP pp
Expedition Suite	£7475 GBP pp

23-Oct-2026 to 06-Nov-2026

Expedition Suite	£7335 GBP pp
Arctic Superior	£5735 GBP pp
Polar Outside	£4635 GBP pp
Polar Inside	£4335 GBP pp

18-Dec-2026 to 01-Jan-2027

Polar Outside	£5595 GBP pp
Expedition Suite	£8219 GBP pp
Arctic Superior	£6665 GBP pp
Polar Inside	£5305 GBP pp

29-Jan-2027 to 12-Feb-2027

Polar Inside	£5355 GBP pp
Arctic Superior	£6795 GBP pp
Polar Outside	£5665 GBP pp
Expedition Suite	£8439 GBP pp

12-Feb-2027 to 26-Feb-2027

Polar Outside	£5825 GBP pp
Arctic Superior	£6989 GBP pp
Polar Inside	£5509 GBP pp
Expedition Suite	£8679 GBP pp

26-Feb-2027 to 12-Mar-2027

Polar Outside	£5955 GBP pp
Expedition Suite	£9039 GBP pp
Arctic Superior	£7209 GBP pp
Polar Inside	£5609 GBP pp

26-Mar-2027 to 09-Apr-2027

Arctic Superior	£7209 GBP pp
Polar Outside	£5955 GBP pp
Expedition Suite	£9039 GBP pp
Polar Inside	£5609 GBP pp

09-Apr-2027 to 23-Apr-2027

Polar Outside	£5595 GBP pp
Polar Inside	£5255 GBP pp
Arctic Superior	£6855 GBP pp
Expedition Suite	£8685 GBP pp



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