



SERENE GREENLAND - EXPLORING THE LARGEST FJORD SYSTEM ON EARTH

Greenland's remote east coast The vast, untouched wilderness of Greenland's rarely-visited east coast is accessible by ship for only a few months of the year. Our destination is Scoresby Sund, an immense system of fjords and glaciers that fans out over 24,000 square miles where you'll soak up the beauty, silence and natural wonder of this truly unique destination. Nature, wildlife and resilient culture As we sail, watch for seals on the ice floes, whales in the water, and birds such as Snowy Owls and Greenlandic Gyrfalcons in the air. You'll learn about the fascinating history, traditions, and culture of the people of Ittoqqortoormiit, one of the most remote settlements on the planet.



ITINERARY

DAY 1 Cosmopolitan Reykjavik

Explore the world's northernmost capital

Your adventure begins in Reykjavik.

A laid-back city of art, culture and history, delightful Reykjavik is well worth spending some time getting to know.

Take a stroll along Laugavegur with its boutiques and outdoor



shops, gaze in awe at the striking Hallgrímskirkja

Church, and drop in on the fascinating Reykjavik Art Museum.

If you have the time, we recommend booking a Pre-Programme with us and discovering some of Iceland's natural highlights before your cruise begins.

DAY 2 At Sea

Crossing the Denmark Strait

As we sail into the Greenland Sea on our way to the world's largest island, it's time to relax, find your sea legs and get acquainted with the onboard facilities.

The Expedition Team will give a number of talks about your upcoming adventure and will explain the protocols of respectfully visiting wildlife habitats and Indigenous Arctic communities. In the Science Center, you'll find out what to expect in the epic fjords of Scoresby Sund.

If you're feeling active, head to the gym and do a workout with a view. On the other hand, you could sample the sauna, laze in a hot tub, indulge yourself at the onboard eateries or just find a quiet corner to read a book with a hot drink. Love science? Then why not join one of our onboard Citizen Science projects, a fun and engaging way to contribute to global research.

DAY 3-8 Scoresby Sund fjord system

Explore the largest fjord system on Earth

You'll spend the next days exploring the vast wilderness of Scoresby Sund, the world's largest fjord system.

Cruising peacefully against a backdrop of looming mountains, blue icebergs and mirror-like waters, you'll seek out wildlife such as whales and Greenlandic Gyrfalcons. Making the most of the conditions, we'll pack in as many shore landings, nature walks, kayaking tours and wildlife sightings as possible.

You'll visit Ittoqqortoormiit, the most remote inhabited community in the Western Hemisphere. And if conditions allow, we'll sail towards the ever-changing sea ice edge to scout for wildlife.

If you want to do your bit, you can participate in Citizen Science projects that help scientists understand how this region is changing.

DAY 9 Denmark Strait

Heading back to Iceland

After exploring the remote beauty of Greenland, we set our course back for Iceland. Spend the time at sea recapping your experiences with new friends, studying nature in the Science Center, listening to a lecture or two, or just relaxing on deck. Look out for the seabirds that follow our ship and keep an eye out for whales.



As you reflect on your cruise, from witnessing the delicate ecology of the fjord systems to the ethereal elegance of the floating ice, east Greenland's beauty is sure to have left its mark on you.

DAY 10 Reykjavík

End of the expedition

Your Greenland expedition cruise has come full circle as we arrive back in Iceland's laid-back capital. Alas, it's time to say goodbye to the crew, the Expedition Team and your fellow guests - some of whom will no doubt be new friends.

If you're not yet ready to end your adventure, you can join our optional Post-Programme before you head home. Or why not simply extend your stay and enjoy Reykjavik and its surrounding geothermal attractions.

Please Note:

Itineraries are subject to change.



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YOUR SHIP: FRAM

YOUR SHIP:

Fram

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

MS Fram is designed for sailing in polar waters, holds the highest safety standards and is the perfect size for optimum nautical manoeuvrability and guests' comfort. With space for only 276 guests, you are sure to get to know many of your fellow travellers. You will share stunning sights and memories of a lifetime long after returning home. The Norwegian word Fram means 'forward' - lifting expectations of the voyage at hand. MS Fram was built in 2007 with one mission in mind - to bring her guests closer to nature, wildlife and unforgettable experiences. As well as offering numerous lounges in which to relax, our more active guests can use our well-equipped gym. Meanwhile, on deck, our Jacuzzis guarantee you surreal memories when passing the towering icebergs of Antarctica or Greenland.



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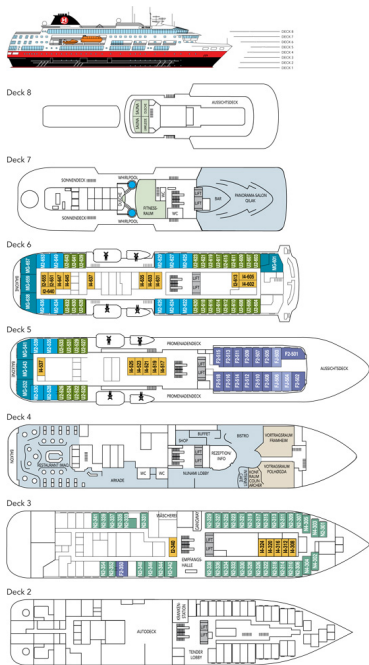
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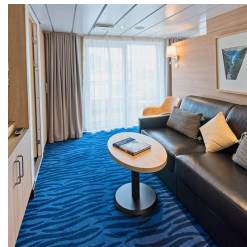
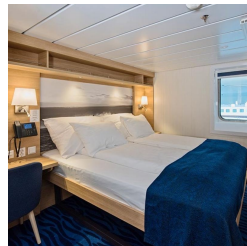
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INSIDE YOUR SHIP



Arctic Superior. From

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PRICING

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