



RELAX THE CARIBBEAN WAY - CARIBBEAN SAILING CRUISE FROM BRIDGETOWN

Embark on a vibrant Caribbean adventure beginning and ending in Bridgetown, Barbados. This itinerary offers a blend of water sports in some of the region's most beautiful spots, including the serene waters of Bequia and Chatham Bay. Explore Grenada, the spice isle, where clove, nutmeg, and cinnamon fill the air, and discover the colonial charm of Saint-Pierre in Martinique, nestled at the foot of a volcano. St. Lucia enchants with its lush rainforests and iconic twin volcanoes, the Pitons. With evenings spent enjoying alfresco cocktails against stunning Caribbean sunsets, this journey promises both relaxation and exploration. _Some departures may have a slightly modified itinerary. Please confirm departure and arrival cities with an Expedition Specialist._



ITINERARY

Day 1 Bridgetown, Barbados

Departure 10:00 pm

More than 300 years of British rule have left their mark. The whole of Bridgetown, Barbados' historic center, with its colonial architecture surrounding Trafalgar Square, is a UNESCO World Heritage Site. A green hilly countryside and endless fields of sugar cane characterize the island's landscape. Old colonial houses are reminders of the high life of the plantation owners,



while innumerable colorful chattel houses are evidence of their workers' moveable properties. The sweeping coastline is a picture postcard of fine sandy beaches and turquoise sea surrounded by vibrant coral reefs.

Day 2 Port Elizabeth/Bequia

Arrival 4:00 pm, Departure 11:00 pm

Bequia is actually the largest island in the Grenadines, but still small and tranquil at just 87 square miles. Elegant sailing yachts sway in the natural shelter of Admiralty Bay, while in lovely Port Elizabeth, with its attractive beach bars, you are right in the heart of a lifestyle that likes to take things easy. You can find Princess Margaret Beach just nearby, named because it was once visited by the British royal. And on the eastern coast, you can find the Old Hegg Turtle Sanctuary focuses on rearing and caring for endangered turtles.

Day 3 Chatham Bay, Union Island

Arrival 8:00 am, Departure 6:00 pm

Right in the south of the Grenadines are Union Island and the Tobago Cays. Union Island was given the evocative name "the Tahiti of the West Indies" thanks to its volcanic silhouette. Four small uninhabited islands, surrounded by a protective horseshoe-shaped coral reef, form the Tobago Cays. The Horseshoe Reef holds the Atlantic swell at bay and its unique animal and plant life make it an ideal place for snorkelling. The lagoon between the islets shimmers in all shades from turquoise through to emerald green and invites you to take a dip at the fantastic beaches.

Day 4 St. George's, Grenada

Arrival 8:00 am, Departure 1:30 pm

Beautiful beaches, aromatic spice plantations, dense rainforests, waterfalls, and a volcano that has long been extinct define this stunning island. For many people, Grenada is the incarnation of a tropical paradise and St. George's the most beautiful little port in the Grenadines. All around the horseshoe-shaped bay there are numerous houses reminiscent of colonial times. There is good reason why nutmeg is immortalized on the national flag. Alongside cloves, cinnamon and ginger, it is one of the island's biggest exports.

Day 5 Saint-Pierre, Martinique

Arrival 1:30 pm, Departure 10:00 pm

The 'Paris of the Islands,' the 'Pearl of the Antilles,' or the 'Venice of the Tropics' - Saint-Pierre in the northwest of the French dream island Martinique has always inspired romantic comparisons. Founded in 1635, the city at the foot of the volcanic mountain Pelee flourished due to sugar and slave trade, becoming the economic and cultural center of the island. Prosperity continued until 1902 when Pelee erupted, destroying Saint-Pierre and burying 30,000 people under lava, embers, and ash. Today, the coastal town is officially classified as a 'City of Art and History': In addition to the ruins of the theater and the old church, the intricate buildings of the Chamber of Commerce and the cathedral are worth a visit.

Day 6 Soufrière, St. Lucia

Arrival 8:00 am, Departure 5:00 pm

Two famous volcanic cones are indisputably the emblem of St. Lucia and have been designated as UNESCO World Heritage



Sites. Gros and Petit Piton tower over the southern, windward side of the island and, in Soufriere, seem close enough to touch. The volcanoes have in fact long been extinct, but the sulphur springs demonstrate the power of the earth's core and still bubble up. In the Botanical Gardens, natural abundance is combined with artistic arrangements to create a colorful tropical paradise. Some people claim that Josephine, who later became Napoleon's wife, used to bathe in the little pool in the garden.

Day 7 Day under full sails

Climbing the rigging, untying ropes, setting sails - today is all about sailing. Time to lean back and relax in the deck chair and watch the passionate crew hoisting the sails by hand.

Day 8 Bridgetown, Barbados

Arrival 7:00 am

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Please note:

Itineraries are subject to change.



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YOUR SHIP: SEA CLOUD

YOUR SHIP: Sea Cloud

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

Sea Cloud is a ship with a soul, imbued by the original owners, Marjorie Merriweather Post and her husband E.F. Hutton in the 1930's. The ship has played host to royalty, known service in wartime, and sailed the world over. She is a vessel of incomparable grace that harks back to the golden age of ship travel. Once you've been on Sea Cloud under full sail, you'll begin your own love affair. Welcome aboard a legend Sea Cloud accommodates 58 guests in 28 outside cabins including two original owner's suites that still feature original marble baths and fireplaces. At 360 feet she is an expansive ship with extensive public spaces on the top deck, where we luxuriate in deck chairs and watch the crew of 18 go aloft in the web of riggings to hand-set her 30 sails. Her dining room is hung with marine oil paintings of the period and accommodates all guests at once for a single seating. We'll gather in the lounge each evening for Recap. Life aboard is a uniquely pleasing mix of elegance and informality--a return to the golden age of sailing in shorts and deck shoes. You'll find all shipboard services impeccable. Discover the romance of tall ship sailing Experience something many people don't know exists in the 21st century--the romance of life under square sails. Discover the

thrill of standing on deck as Sea Cloud gently glides through the water, her crew aloft in the riggings, running out and reefing sails. Settle in to your favorite areas on the top deck and bask in the incomparable experience of traveling aboard the finest tall ship to ever sail the seas. Lose yourself in an adventure that, in this day and age, is almost



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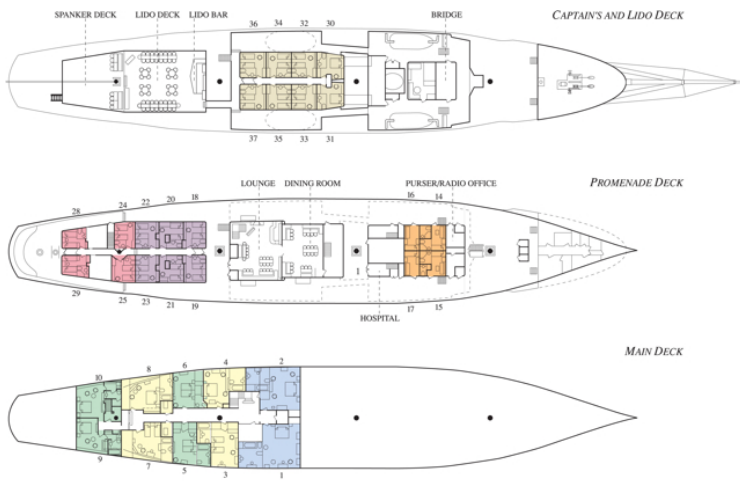
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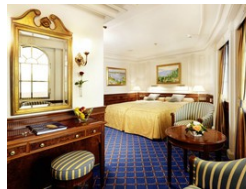
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