

FROM QUABEC TO THE BIG APPLE: NATURE & REMARKABLE CITIES

Set off to discover the immense preserved spaces and cultural treasures of Canada and the American East Coast. From the spectacular landscapes of the Gaspesie Peninsula to the red cliffs of the Magdalen Islands, via the infinite beaches and national parks populated by whales and seabirds, you will explore wild and generous nature. This voyage will also take you into the heart of multicultural cities combining founding history and creative effervescence. The American East Coast will welcome you to its unique gentle way of life, then you will have an unforgettable arrival in New York, facing the iconic Statue of Liberty.



ITINERARY

Day 1 Montreal

Famous for its gentle way of life, Montreal, Canada's second-largest city, is a warm and cosmopolitan metropolis. Situated on the eponymous river island, it is home to a multitude of districts, each as unique as the other. Set off to discover Old Montreal, most of which is declared a historic area, Little Italy, where you'll be able to stroll around the largest open-air market in North America, or the Golden Square Mile, the luxurious district located on one of the hills of Mount Royal and which has sumptuous Victorian-style residences.



Simultaneously marked by the influences of the Old Continent and North-American gigantism, Montreal will never cease to amaze you.

Day 2 Quebec

The capital of "La Belle Province" sits at the confluence of the St Charles River and the Gulf of St Lawrence in south-east Canada. Founded in the 17th century, the city still has an encircling wall, a historic civil engineering work and the only one of its kind remaining in North America. You will love the postcard-perfect stone houses of Old Quebec, the historic district listed as a UNESCO World Heritage site. Shopping is a pleasure in pedestrian streets such as Petit-Champlain Street, or you can relax over a spruce beer, seasoned with pine buds. Dufferin Boardwalk, an esplanade near the emblematic Chateau Frontenac, is the perfect place for views of the river and old city.

Day 3 Tadoussac

The Quebec village of Tadoussac stands at the confluence of the Saguenay River and the Gulf of Saint-Lawrence, in south-east Canada. The village is bright with multicoloured houses nestling in an emerald-green pine forest. From the waterfront, it's easy to spy out Tadoussac Chapel, thanks to its bright red roof. Not far from this church built of wood, one of the oldest in North America, stands a century-old village holiday resort, Hotel Tadoussac. Treat yourself to tea on the terrace overlooking the shoreline. In addition, at the marine mammal interpretation centre, you can hone your knowledge of the cetaceans that regularly frequent Tadoussac bay.

Day 4 At sea

During your day at sea, make the most of the many services and activities on board. Treat yourself to a moment of relaxation in the spa or stay in shape in the fitness centre. Depending on the season, let yourself be tempted by the swimming pool or a spot of sunbathing. This day without a port of call will also be an opportunity to enjoy the conferences or shows proposed on board, to do some shopping in the boutique or to meet the PONANT photographers in their dedicated space. As for lovers of the open sea, they will be able to visit the ship's upper deck to admire the spectacle of the waves and perhaps be lucky enough to observe marine species. A truly enchanted interlude, combining comfort, rest and entertainment.

Day 5 Percé

If you appreciate the beauty of scenery and geological phenomena, you will fall under the irresistible spell of Perce, one of the most beautiful villages in Quebec. Apart from the attractions of the town itself, Perce owes its reputation to its proximity to the famous rock of the same name that rises opposite it in the Gulf of Saint Lawrence. Along with the neighbouring Bonaventure Island, this rocky outcrop forms a national park famed for its natural, historical and geological heritage. With a choice of hiking, underwater exploration and cultural activities, you'll never be short of things to do in this fascinating region.

Day 6 Cap-aux-Meules, Magdalen Islands





Although it is the administrative and economic centre of the Magdalen Islands archipelago, in the Gulf of Saint Lawrence, the village of Cap-aux-Meules remains a peaceful location and is ideal for exploring preserved nature. Located on the eponymous island, in reference to the sandstone rocks of the cape that were used in the past to make grindstones, the location is above all considered to be the maritime gateway to the archipelago. In this respect, it offers privileged access to many sites renowned for their natural and historic heritage, such as the village of Havre-Aubert which is a member of the Most Beautiful Villages of Quebec.

Day 7 Louisbourg

Set in the Atlantic Ocean, Cape Breton Island turns up fun-to-explore curiosities such as Louisbourg, the former capital from when it was named Ile Royale. This picturesque little town is home to one of the country's most significant historical sites: the symbolic and beautifully restored Fortress of Louisbourg. A tour transports you back to the heart of 18th-century Canada. Access the old fortified square via the drawbridge and Dauphin Gate, which is guarded by a sentry. You can then explore the fortified town as it was in its heyday. Get ready for an extraordinary adventure that's more than just a journey back in time.

Day 8 Halifax

A historical port city on the Canadian east coast, Halifax,

surrounded by enchanting nature, stands out as the provincial capital and the cultural hub of Nova Scotia. The city played an important strategic military role in the two world wars and was also the largest Royal Navy base during the American Revolutionary War and the Napoleonic Wars. Most of the victims of the Titanic disaster were laid to rest here in the Fairview cemetery, which you will have the chance to discover. At this port of call, you will also have the opportunity to visit the picturesque fishing village of Peggy's Cove and discover its breathtaking natural landscapes.

Day 9 Yarmouth, Nova Scotia

Yarmouth, anchored on the south-western coast of Nova Scotia, is appreciated for its maritime charm. A historic port and the second southernmost town in Canada, the charming little town is overflowing with rich Acadian culture, evidence of its vibrant past. The Acadians, descendants of the French settlers who arrived at the start of the 1600s, have conserved their language, culture, customs and traditions. Explore the emblematic Cape Forchu Lighthouse, with its spectacular ocean views, and fall under the charm of the warm and welcoming atmosphere that reigns in its streets edged with colourful houses as well as around its lively quays.

Day 10 At Sea

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spot of sunbathing. This journey without a port of call will also be an opportunity to enjoy the conferences or shows proposed on board, depending on the activities offered, or to do some shopping in the boutique or to meet the PONANT photographers in their dedicated space. As for lovers of the open sea, they will be able to visit the ship's upper deck to admire the spectacle of the waves and perhaps be lucky enough to observe marine species. A truly enchanted interlude, combining comfort, rest and entertainment.

Day 11 Boston

Nicknamed " America's Walking City", the city is considered to be the epicentre of American history. Founded in 1630, the tenth largest agglomeration in the United States, is a pleasure for walkers. To get around, just follow the Freedom Trail circuit that serves most of the tourist sites with its red line traced on the ground. Don't miss all the delicious local specialities on offer at Quincy Market, like the lobster sandwich, and then take time to explore North End, the Italian quarter. For the more romantic among you, Beacon Hill, the historic quarter, with its absolutely charming cobbled streets, is really worth a look.

Day 12 Oak Bluffs, Martha's Vineyard

This little town is the ideal starting point for a stroll around Martha's Vineyard ». The gentle lifestyle of this incomparable setting has been attracting American presidents for several decades. Oak Bluffs will surprise you first and foremost by its Gingerbread Houses. The story goes that the Methodist community settled here more than a century ago, and built

these colourful houses, straight out of the Hansel and Gretel fairytale fairytale. You'll certainly enjoy a visit to the Flying Horses, the oldest wooden carrousel in the United States.

Day 13 Newport

This marina harbour, with only 25,000 inhabitants, boasts fabulous Gilded Age mansions inspired by French and Italian palaces. One example is The Elms, the summer residence of the Berwind family, who made their fortune in the coal industry. Another is the imposing Chateau-sur-Mer built by the Wetmore family. But the cream of the crop is The Breakers, a Renaissance-style palace composed of 70 rooms.

Day 14 New York

The biggest city in the United States is fascinating on many accounts. With its five particularly spread out districts - Manhattan, Queens, Brooklyn, the Bronx and Staten Island -, it offers an incredible number of cultural interests. You'll just love taking in the constant buzz in Times Square, discovering beautiful classical masterpieces at the Metropolitan Museum of Art, taking a stroll in Central Park's 341 hectares, or climbing to the top of the Statue of Liberty. Not surprising then that the Big Apple is to be consumed without moderation!

Please Note:

Itineraries are subject to change.





YOUR SHIP: LE BOREAL

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VESSEL TYPE:

142 metres. Passenger Capacity: 264 (in twin cabins, just 200 in Antarctica). Built: 2011

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

Luxury Expedition / Cruise Ship A superb mega-yacht with 132 cabins, she is the fruit of the expertise of the Italian Fincantieri shipyard and French sophistication, as interpreted by designer Jean-Philippe Nuel. Le Boreal creates a unique atmosphere, a subtle blend of luxury, intimacy and well-being. The best materials, discreet elegance and a tasteful decor combined with exterior and interior lines to reflect a nautical mood. On board, soothing neutral tones are enlivened by splashes of red, our signature theme linking tradition and innovation to create personal touches in the spirit of a "private yacht". Cuisine Loyal to the great French tradition, the haute cuisine on board is worthy of the finest restaurants, where discreet, attentive service is the hallmark. Choose from two restaurants for breakfast, lunch and dinner. The Gastronomic Restaurant is situated on Le Liberte Deck and serves you French and international cuisine accompagnied by fine wine. In the Grill Restaurant, you have the opportuning to eat outside and enjoy buffet lunch and themed dinner. Life On Board Whether you want to join other guests in the theatre or games area (Wii™ consoles, etc), or relax on your

own in a quiet corner of the library, Le Boreal has been designed to meet the needs of every guest. Everything has been done to preserve the independence of each guest to suit their personal tastes: lounges for lectures and shows, a spa in partnership with Carita™, but also more intimate spaces such as the library and internet corner. Comfortable cabins, nearly all with private balcony, are available for families either as triples or as communicating cabins. There is also a games area with Wii™ consoles, children's menus, and a baby-sitting ser vice. Just as if you were on a private yacht, your time is your own to do as you please. Fitted with the latest equipment (Kinesis Wall, running machine) and in partnership with the famous Carita™ brand, the Beauty Centre on Le Boreal welcomes you for some relaxation and pampering (beauty treatments, hairdresser, hammam, balneotherapy). Wheelchairs 3 specially adapted wheelchair cabins (Deck 3 = Superior cabin no. 307, no balcony, Deck 4 = Prestige Cabin no. 407 - with balcony and Deck 5 = Prestige Cabin no 509, with balcony) and lifts to all decks/areas. Please click the following links to read more about Ponant and the other Ponant

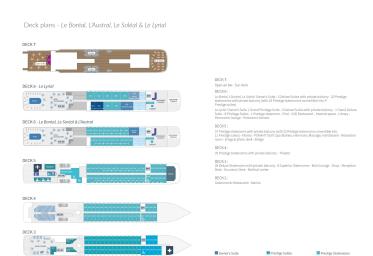




cruise ships.



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Deluxe Stateroom

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Prestige Deck 5

Prestige Deck 5 Suite

Prestige Deck 5

Prestige Deck 6

Prestige Stateroom - Deck 4

Prestige Stateroom - Deck 6

Prestige Stateroom - Deck 6

Prestige Suite - Deck 5

Prestige Suite - Deck 6

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Privilège Suite



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