

## OLD WORLD GATEWAYS TO THE ATLANTIC - FRANCE, SPAIN & PORTUGAL CRUISE

Experience Europe's maritime history as we travel to lesser-known ports and cities along the Portuguese, Spanish, and French Atlantic coasts before exploring the rugged beauty of Brittany and finally landing in the historic Naval town of Portsmouth. Take in all the sights, sounds, and flavors during our Western Europe cruise as you savor local specialties from port to cider to Rioja wine and be tempted by Portuguese cakes, Breton butter biscuits, and crepes. This maritime odyssey takes you from Lisbon, one of Europe's oldest cities, to Portsmouth, one of the world's best-known ports whose history can be traced to Roman times. Along the way, discover old towns and medieval walled cities with steep, narrow streets and ramparts, fisherman's quarters, long stretches of sand, and exotic gardens. Journey with us on our boutique expedition ship and enjoy everything this little slice of Western Europe offers.



## **ITINERARY**

DAY 1 PRE CRUISE

### DAY 2 LISBON

One of the oldest cities in the world, Lisbon's technicoloured past is evident just about everywhere. The medina-like streets of Alfama still bear Moorish influences. Baroque architecture surrounds you in Baixa and scars of the Great Lisbon Earthquake of 1755 can still be found throughout the city. It's estimated that over 100,000 people died in what became one of history's deadliest earthquakes. Today Lisbon is a delightful mix of colourful neighbourhoods, all brimming with history, culture and tradition. Baixa is where you'll find the hustle and





bustle, set below São Jorge Castle. Nearby Chiado is one of Lisbon's trendiest neighbourhoods with its historic cafes and designer shops.

### DAY 3 LEIXOES (OPORTO)

Portugal's second city, Oporto is a city of two halves, known for stately bridges over the river Douro. On the left bank is Gaia, best-known for its port houses such as Graham's and Taylor's where you can enjoy a cellar tour or port tasting. Ribeira, on the right bank, has rows of colourful old houses that line the riverfront and narrow streets. Head to the top of the hill to admire blue azulejo tile murals in Igreja de Carmo church or take a ride on a vintage tram to the Foz district.

#### DAY 4 VIGO

Gateway to the Atlantic, the Spanish Atlantic city of Vigo is one of Europe's major fishing ports, known for its freezing and canning industry. Wander around the steep narrow streets and picturesque squares of Casco Vello, the old town towards the fish market. Hike to the top of Monte O Castro hill encompassing an old fortress and the 3rd-century BC archaeological site of Castro. Outlying Cies Islands are part of the Atlantic Islands National Park, renowned for its birdlife. Inland Santiago de Compostela, an important pilgrimage centre, is a short bus ride away.

## DAY 5 FERROL

Ferrol is a city in the province of A Coruña in Galicia, Spain. It is on the Atlantic coast and has a rich history and culture. You can enjoy exploring the city's many historic sites and museums, including the Ferrol Naval Museum, the San Felipe Castle, and the Jofre Theater. The city is also known for its beautiful beaches and natural scenery. Some popular attractions include the Playa

de Doniños, the Playa de San Xurxo, and the Parque Reina Sofía.

### DAY 6 GIJON

The Asturian port city of Gijon with colourful old houses is surrounded by rolling green hills, and is home to the Atlantic Botanical Gardens, packed with over 2,000 plants. Wander around the fisherman's old quarter of Cimedevilla to see the monumental Eulogy to the Horizon sculpture, crafted from cement blocks by Basque sculptor Eduardo Chillida in 1990, and the Campo Valdés Roman Baths dating from around 100 AD. Local ciders are a speciality, best enjoyed in a traditional sideria.

#### DAY 7 SANTANDER

Santander is renowned for its beautiful beaches, historic sites, and cultural attractions. Visitors can explore the city's many museums and galleries, including the Centro Botín, the Museum of Prehistory and Archaeology of Cantabria, and the Museum of Fine Arts. The city also has many beautiful parks and gardens, including the Jardines de Piquío and the Parque de la Magdalena.

## DAY 8 DAY AT SEA

Sea days are rarely dull. Take the time to sit back and let the world go by. The ship's observation decks provide stunning views of the passing ocean. A day at sea gives you the opportunity to mingle with other passengers and share your experiences of this incredible trip or head to our library which is stocked full of reference books. Get an expert's view in one of our on-board lectures or perhaps perfect your photography skills with invaluable advice from our onboard professional photographers.





#### DAY 9 SAINT-MALO

The enchanting coastal city of Saint-Malo is a labyrinth of medieval streets filled with history and culture. Dating back to the 12th century, Saint-Malo was once a haven for pirates and a stopping point for merchant ships. Today you'll find colourful shops and outdoor alongside aromatic markets, cafes and restaurants. Oysters and crêpes are the local delicacies - definitely sample some whilst here. The ancient walled town of Intra-Muros forms the heart of Saint-Malo. Here the striking Gothic and Romanesque Cathédrale de St Malo dominates the skyline.

## DAY 10 CHERBOURG

Cherbourg is a port town in the Manche department of Normandy, France. You can explore the city's many museums and galleries, including the Cité de la Mer, the Musée Thomas Henry, and the Musée des Beaux-Arts. The city has many beautiful parks and gardens, including the Jardin Public de Cherbourg-Octeville and the Parc Emmanuel Liais. Some popular attractions include the Fort du Roule, the Basilique Sainte-Trinité, and the La Glacerie Golf Course.

#### DAY 11 HONFLEUR

Your port of call today is Honfleur, Normandy's most charming port town. If it looks familiar, that's because Honfleur was a favourite subject of Monet and many other artists too, including Boudin, Corot, Courbet, Dubourg, Sisley, Bazille and Daubigny. Thanks to landscapes by these masters, the town's timber-framed houses and the appealing Vieux Bassin (Old Harbour) are part of our collective consciousness. Before the city became a refuge for 19th-century artists escaping Paris, in the 16th and 17th centuries, Honfleur was one of France's most important ports. It was from here that, in 1608, Samuel de

Champlain set sail to found Québec. Some of the city's unmissable attractions include Les Maisons Satie Musée d'Ethnographie et d'Art Populaire Normand, Musée de la Marine and Musée Eugène Boudin. The Eglise Ste-Catherine is an extraordinary wooden church. Constructed in the late 15th and early 16th centuries, it contains maritime motifs.

#### DAY 12 PORTSMOUTH, ENGLAND

Your cruise end in the UK's only island city and the world's oldest dry dock. With easy access by rail and road from airports in London and Southampton, Portsmouth has a long and proud naval heritage. Boarding your boutique ship, you'll be following in the footsteps of the likes of Admiral Nelson and Henry VIII as you settle in for your voyage. If time permits, the Portsmouth Historic Dockyard is definitely worth a visit. The attraction is home to a wonderful collection of famous historical ships including Lord Nelson's HMS Victory, Queen Victoria's HMS Warrior and the only surviving ship from the First World War's Gallipoli campaign, the HMS M.33. A very fitting way to begin your sea faring adventure.

#### Please Note:

Itinerary changes and surprising experiences are part of expedition cruise life. The world has a habit of amazing us with incredible things when we yield to the unexpected. Join us with an open mind and a sense of adventure and you'll find that this can pay off in the most rewarding ways.





## **YOUR SHIP: DIANA**

YOUR SHIP: Diana

**VESSEL TYPE:** 

LENGTH:

**PASSENGER CAPACITY:** 

**BUILT/REFURBISHED:** 

Launched in 2023, SH Diana provides elegant and spacious 5-star accommodation for 192 guests in 96 spacious staterooms and suites, the vast majority with large balconies. Operated by an onboard team of 140 she provides a high level of personal service, exploring the Mediterranean and its famous sites of antiquity. Now sit back, relax and take a moment to get to know this amazing new ship, purpose-designed for our unique cultural expedition cruises. Named after the Ancient Roman goddess of light, the moon, hunting and the wilderness, SH Diana been specially designed for worldwide cruising to explore the most inspiring and inaccessible places on earth. Building on the outstanding amenities of her sister ships, she adds a dedicated Multifunctional Room next to the Observation Lounge, a Private Dining Room for special occasions, and two tenders which bring guests a comfortable alternative to Zodiacs for expedition landings. A Polar Class 6 ice-strengthened hull combines with extra-large stabilisers to make your journey as comfortable as possible. SH Diana has been designed for immersive experiences, with extensive outside deck areas, multiple observation points and bright, open and relaxing public spaces with unobstructed views. The pleasure and safety of our

guests is paramount at all times, cared for by our attentive crew and seasoned expedition leaders. Cutting edge hygiene technology protects the health of all on board to the highest standards and includes air conditioning with UV sanitisation systems. SH Diana's 96 staterooms, including 11 suites, are each a superbly comfortable home from home and all feature panoramic sea views, a flame-effect fireplace, original works of art, plush couches, premium pocket sprung mattresses, en-suite bathrooms with glass-enclosed rain showers, and Egyptian cotton towels, bathrobes and sheets. A pillow menu offers customised head and neck comfort during rest, while a large flat screen TV, espresso machine with IIIy premium coffee, tea making facilities with the finest Kusmi teas, and a minibar with refreshments enhance relaxation at any time. In-room dining is of course available at all hours. Wheelchair access Guests who use wheelchairs must bring their own, as we have only a small number of wheelchairs stored onboard for emergencies. To ensure ease of movement on the ship, wheelchairs and mobility aids must be no wider than 65cm. All mobility or medical equipment brought on board must be capable of being carried safely and must be declared before sailing. To ensure that all guests can safely evacuate during an emergency, guests requiring a wheelchair can only be accommodated in our ADA-accessible cabins. We offer an Oceanview and a Balcony stateroom on Diana. These staterooms are specifically designed to be completely ADA compliant and have a fully operable wheelchair-access wet unit. Diana has two lifts, serving every passenger deck apart from the Stargazing top deck, which is, therefore, more difficult to access, as are the Aft Marina and



Swan's Nest forward observation platform. Also, we don't have special equipment to access the swimming pool, jacuzzi, or sauna. Otherwise, the ship is entirely at your disposal. Many of the expeditions ashore in remote places are by Zodiac. Boarding these boats and returning aboard can present challenges for wheelchair users, as can navigating uneven terrain. These challenges are by no means always insurmountable, though, and our highly experienced crew is trained to provide reliable advice and assistance. They will make every effort to ensure wheelchair-using guests enjoy a memorable experience at each destination. Our general guidance, however, is to recommend wheelchair users travel with a companion for their ease and enjoyment. If you prefer to remain aboard, our panoramic interiors and ample open decks ensure an immersive, intimate experience of your inspiring



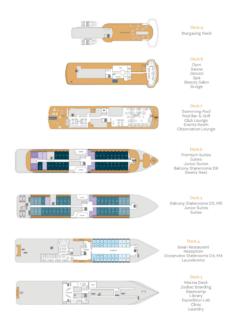
surroundings.





# **INSIDE YOUR SHIP**







# **PRICING**