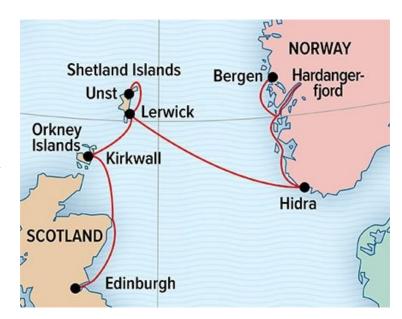


NORWEGIAN FJORDS AND SCOTTISH ISLES

On a voyage aboard the new National Geographic Endurance, sail across the North Sea in the wake of legendary explorers and seafarers, traveling from Norway's breathtaking fjords and snow-dusted mountains to Scotland's rolling green hills and ancient ruins. Glide beneath the dramatic cliffs of the second largest fjord in Norway, explore the rich traditions and evocative seascapes of the Shetland Islands, and travel back in time amid the Stone Age sites of the Orkney Islands. With our knowledgeable expedition team, encounter an interwoven tapestry of histories and cultures as we explore on foot, by kayak, and by Zodiac.



ITINERARY

DAY 1: Bergen, Norway

Arrive in the coastal city of Bergen, the gateway to the fjords. Discover the city's maritime history on a tour of Bryggen—the colorful old wharf and a designated UNESCO World Heritage site. Later, embark our ship. (L,D)

DAY 2: Hardangerfjorden

Norway's glacier-carved western coast boasts some of the most dramatic landscapes in the world. Launch kayaks and Zodiacs to explore the sublime Hardangerfjorden, the second longest fjord in the country and the fourth longest in the world. Cruise beneath staggering cliffs and rushing waterfalls. Then venture ashore to hike or bike against a backdrop of snow-dusted





mountains, emerald valleys, and fruit orchards. (B,L,D)

DAY 3: Hidra/At Sea

Drop anchor at the island of Hidra, which boasts a rich history dating from the Viking era through World War II. Explore the picturesque village of Kirkehamn by Zodiac or kayak, gliding along shores dotted with quaint, red-roofed buildings. Or venture to the town of Flekkefjord, located at the head of a vast fjord. Stroll amid the white wooden houses of the Dutch Quarter, a trading hub during the 16th and 17th centuries. Then visit the local museum which dates from around 1720 and houses a variety of exhibitions featuring traditional Norwegian interiors and textiles. (B,L,D)

DAY 4: Shetland Islands, Scotland/Isle Of Noss/Lerwick

Our voyage takes us across the North Sea to the Shetland Islands, where Norse and Gaelic culture intermingle in fascinating ways. Cruise below the towering cliffs of Noss, a nature reserve which harbors thousands of seabirds including puffins, guillemots, and kittiwakes. Later, in the bustling seaport of Lerwick, choose from several options. Explore the town, strolling amid 18th-century sandstone warehouses; delve into local culture and history at the Shetland Museum & Archives; or embark on a birdwatching or a geology-focused excursion. Alternatively. discover the prehistoric settlement Jarlshof—which reveals 4,000 years of near-continuous settlement-and examine Bronze Age ruins and Viking longhouses. (B,L,D)

DAY 5: Unst

Arrive at Unst, the northernmost island of the Shetlands which harbors sheltered inlets, golden beaches, and a large nature reserve. Take to the trails onshore to skirt towering cliffs and heather-covered hills. Weather permitting, paddle the scenic coastline by kayak or cruise in a Zodiac to the farthest northern lighthouse in the U.K. Or visit the Unst Heritage Centre, which features local artifacts including handspun knit and lace, fishing tools, and wooden boats. (B,L,D)

DAY 6-7: Orkney Islands

The Vikings held a strategic foothold in the Orkney Islands for centuries, and their Norse heritage is still evident. Explore fascinating Stone Age sites, including the megaliths of the Ring of Brodgar and the 5,000-year-old stone-slab village of Skara Brae. Visit the medieval St. Magnus Cathedral in Kirkwall, which was founded in 1137 by the Viking Earl Rognvald. (B,L,D)

DAY 8: Disembark/Edinburgh/Home

Disembark in Edinburgh and tour the city before transferring to the airport for your flight home. (B,L)

Please Note:

All day-by-day breakdowns are a sampling of the places we intend to visit, conditions permitting.





YOUR SHIP: NATIONAL GEOGRAPHIC ENDURANCE

YOUR SHIP: National Geographic Endurance

VESSEL TYPE: Expedition Ship

LENGTH:

PASSENGER CAPACITY: 126

BUILT/REFURBISHED: 2018

A next-generation expedition ship, purpose-built for polar navigation. National Geographic Endurance is a next-generation expedition ship, purpose-built for polar navigation. A fully stabilized, highly strengthened, ice-class Polar Code PC5 (Category A) vessel, it is designed to navigate polar passages year-round, and safely explore unchartered waters, while providing exceptional comfort. Its patented X-BOW® is key to its design; its powerful wave-slicing action provides an extremely smooth ride in even adverse conditions, and even reduces spray on deck, for superior observation. She carries a full suite of expedition tools and offers a variety of experience-enhancing amenities. The luxury of comfort on expedition National Geographic Endurance comfortably accommodates 126 guests in 69 outside-facing cabins. Cabins are efficiently designed, with sizes range from the 140-square-foot solo cabin to the 430-square-foot category 7 suite. Fifty-three of the 69 cabins, including all 12 of the solo cabins, will feature small balconies with floor-to-ceiling sliding doors that bring in the spectacular views and ample natural light. Comfort & convenience in every room Every cabin has two portholes, a large window or balcony, and temperature controls. Bathrooms are modern and stocked

with botanically inspired hair products, soap, and shower gel, plus a hairdryer. Cabins are equipped with expedition command centers with tablets and USB/mobile device docking, TVs, Wi-Fi connections, and hair dryers. Dining: Food served aboard is fresh, local, and delicious, and sourced from suppliers who share our values of sustainable use whenever possible. Meals aboard are almost always served in the dining room, located aft of the lounge deck. When weather conditions allow, lighter fare may be served on the observation deck. There is no assigned seating and our dining room accommodates the entire expedition community in a single seating. During meals your expedition leader, naturalists, and any guest speakers aboard will join you. Public Areas: Two restaurants, a Chef's Table for small group dining, Observation Lounge with bar, gym, Wellness area, infinity-style outdoor hot tubs, library, main lounge with full service bar, 24-hour beverage, state-of-the-art facilities for films, slideshows and presentations, and a photo workshop area; plus, an expedition base with lockers for expedition gear, and an "open bridge" for access to our captain, officers and the art of navigation. Meals: Two restaurants, featuring local, sustainable choices and unassigned seating for flexible, inclusive dining; plus a Chef's table for intimate, small group dining. Main restaurant has 270° views, and the Observation deck restaurant features lighter, made-to-order fare. Cabins: All cabins face outside with large windows, private facilities and climate controls. 53 cabins have balconies. Cabins are equipped with expedition command centers with tablets and USB/mobile device docking, TVs, Wi-Fi connections, and hair dryers. Expedition Tools: Zodiac landing craft, kayaks,



snowshoes, cross-country skis, undersea specialist operating a remotely Operated Vehicle (ROV) and underwater video camera for unique access to polar marine world, hydrophone, aerial remote-controlled camera and video microscope. Special Features: A full-time doctor, undersea specialist, National Lindblad-National Geographic photographer, Geographic certified photo instructor and video chronicler, an internet cafe and laundry. Wellness: The vessel is staffed by our wellness specialists and features a glass-enclosed yoga studio, gym, treatment rooms and spa relax area, and high- and low-heat saunas with ocean views. Expedition Landing Craft: Key to our operation is our fleet of expedition landing craft, which we use to land in places that would otherwise be inaccessible. With 8 of these boats and two loading stations used every time we disembark, we're able to transfer guests off the ship quickly, so you can be out on adventures, not idly waiting. The expedition landing craft we use are 19 feet long, powered by four-stroke outboard engines, and are capable of comfortably carrying 10-12 people. They are widely recognized as the safest and most versatile small boats afloat. Remotely Operated Vehicle: Capable of reaching 1,000 feet, far beyond the range of any Scuba diver, the ROV allows you to literally view parts of the undersea that are as unexplored as the moon. Chances are you, like many of our guests, will be struck by how surprisingly colorful undersea life is in these unlikely places. And this glimpse may fundamentally change how you view the ocean. Kayaks: National Geographic Endurance will be equipped with a fleet of kayaks large enough to ensure everyone who wants to can paddle at every opportunity. Consequently, prior kayaking experience isn't necessary--many of our guests have their first kayaking experience in extraordinary locations. custom-designed floating platform lets us deploy kayaks from

the ship, or any location we want--including far from shore. Kayakers are usually free to explore where they want within boundaries set by the undersea specialist and officer of the watch. Underwater camera: Our undersea specialist will dive often during your expedition, even in Alaska, with cold-water gear, to shoot high-definition, Cousteau-like footage of the deep. Colorful nudibranchs, swimming, plant-like crinoids, and mysterious fish with antifreeze blood that thrive in the frigid sea will give you an entirely new appreciation of the marine environment. Video microscope: Naturalists will use the video microscope to help explain all elements of the environment, including tiny organisms that are the building block of the marine ecosystem. Spellbinding live views of krill at 80x magnification fills the high-definition screens in the lounge with vivid detail, and fills every onlooker with a sense of wonder at importance of otherwise unobservable creatures. Hydrophone: This underwater microphone is deployed to listen to the vocalizations of marine mammals. Real time transmissions of their eerie, haunting sounds can be broadcast through the ship or recorded for later playback. Few experiences in nature are as captivating as watching humpback whales feed close to the ship as their vocalizations play through the ship's PA system. Electronic charts: An electronic chart showing the ship's location, course, and speed is almost always on display in the lounge. Open bridge: You'll find our captains are engaged, knowledgeable members of your expedition who are eager to share their passion with you. Venture's open bridge features comfortable spaces to sit, enjoy the view, drink your morning coffee, or simply chat with the officers. Snorkeling gear & wetsuits: On warm weather itineraries where there will be snorkeling, you'll select a mask, snorkel, fins, and wetsuit that remain yours for the duration of the expedition. There's no need



to pack and tote your own gear, although guests who prefer to are welcome to bring

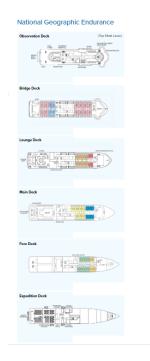


their own.





INSIDE YOUR SHIP





PRICING