

NEW YORK, THE CARIBBEAN AND PANAMA: FROM THE BIG APPLE TO THE GARDEN OF EDEN

A route could hardly be more diverse: from the pulsating metropolis of New York to the scattered island worlds of the Caribbean and the tropical rainforest of Panama. The temperature rises with each day on board, as does the joyful anticipation of the very next adventure awaiting you.



ITINERARY

Sun, 25.10.2026 Halifax/Nova Scotia/Canada Departure 18.00 hrs

Mon, 26.10.2026 - Tue, 27.10.2026 Relaxation at sea

Wed, 28.10.2026 New York/USA Arrival 9.00 hrs

Welcome to New York! The city on the American East Coast offers endless possibilities. Marvel at the iconic panorama from the Top of the Rock in the Rockefeller Center, stroll through Central Park, explore trendy Brooklyn or discover the vibrant art and cultural scene at the MoMA. An insider tip is a visit to the High Line, an elevated railway line that has been transformed into a green park offering spectacular views and creative installations. Immerse yourself in the cultural flair of Chinatown, enjoy culinary delights in Little Italy or shop in the boutiques of trendy SoHo. Make the most of the long lay time and the central



mooring point for a thrilling evening in the city that never sleeps.

Thu, 29.10.2026 New York Departure 22.00 hrs

Fri, 30.10.2026 - Sun, 01.11.2026 Relaxation at sea

Mon, 02.11.2026 - Wed, 04.11.2026 Bahamas (Nassau, North Eleuthera Island, San Salvador)

Even the name conjures up dreams of pastel-coloured idylls, pink flamingos and the exclusive feeling of getting away from it all: the Bahamas - an archipelago with more than 700 islands and over 2,400 so-called cays made of coral and sand. This pretty postcard world attracts visitors with its dazzling white beaches, turquoise waters and unique culture - shaped by African, British and Caribbean influences.

Nassau, the capital of the Bahamas, is located on the island of New Providence. Experience the island's history up close on your discovery trails that take you off the beaten track. The Gothic Christ Church Cathedral from the 19th century is just as impressive with its light-coloured limestone blocks as the Queen's Staircase between high walls, tropical plants and a waterfall. The 11 ha (27 ac.) Retreat Garden, with the world's largest palm tree collection of 170 species, offers an oasis in the city to visitors. Your stroll through the city will be particularly colourful in Bay Street, where pastel-coloured buildings line up next to each other. Which dreams of paradise will you fulfil in Nassau?

Your Caribbean island-hopping will also take you to North Eleuthera Island, part of a long double island. The name

Eleuthera is derived from the Greek word for "free" - and you can enjoy this feeling of freedom while swimming, diving and snorkelling. On the pink-coloured beach, your gaze wanders over many small islands. Your experts will enrich your impressions with stories about sunken pirate ships, religious refugees who once sought refuge here and the sweetest pineapple in the world grown on Eleuthera.

Follow in the footsteps of Christopher Columbus when you reach the small island of San Salvador. To this day, a white stone cross in Landfall Park marks the landing of the explorer. Like Columbus in 1492, you too will conquer a new world here - with kilometres of secluded beaches, glittering blue inland lakes and rolling hills. Stroll through the small village of Cockburn Town or sunbathe on one of the fine sandy natural beaches. This cruise combines idyllic time out with historical background insights.

Thu, 05.11.2026 Grand Turk/Turks and Caicos Islands/Great Britain 12.00 - 18.00 hrs

The tropical archipelago of the Turks and Caicos Islands, a British overseas territory, consists of 40 islands. The capital of the archipelago is Cockburn Town on Grand Turk: immerse yourself with your experts in the history of its foundation in the 17th century and admire the colonial architecture. On Grand Turk, you will again discover that nature is the most talented architect when the beautiful extensive beach invites you to relax and swim. Simply incredible - 400 m (1,300 ft) from the shore, the seabed drops more than 2,000 m (6,562 ft) at the Grand Turk Wall, the "Grand Canyon of the Caribbean" - a fabulous diving area. Let your experts on board give you a scientific explanation of this "underwater highway" for rays, dolphins and



turtles. Or close your eyes, listen to the waves and feel the warming Caribbean sun on your skin. Yes, discovering can be as relaxing as this.

Fri, 06.11.2026 - Sat, 07.11.2026 Relaxation at sea

Sun, 08.11.2026 Fuerte San Lorenzo/Panama

Fuerte San Lorenzo is an impressive example of how the Spanish crown protected its trade treasures against pirates in Panama - for example, from the British privateer Sir Francis Drake. The fortress is located directly at the mouth of the Rio Chagres and once stood guard at the entrance to the harbour. It is now protected by UNESCO: The magnificent military architecture of the 17th and 18th centuries and parts of the defence system are a World Heritage Site. Go on a journey through time on an individual shore visit - your experts will provide you with new insights into the European buildings in distant worlds and the development of technology associated with them.

Mon, 09.11.2026 Colon/Panama Arrival 6.00 hrs

Please note:

Itineraries are subject to change.





YOUR SHIP: HANSEATIC INSPIRATION

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VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

The HANSEATIC inspiration, a small, state-of-the-art expedition ship with a maximum of 230 guests, offers a perfect blend of adventure and comfort for explorers seeking to uncover the world's wonders. As an international vessel conducting cruises in both English and German, it brings over 30 years of expertise from a market leader in German-speaking countries to every journey. Each expedition is a masterpiece, passionately crafted to reveal far-flung worlds--be it icy realms, tropical paradises, wildlife havens, or cultural gems--making every voyage a unique discovery aboard this exceptional ship. Features of all cabins and suites An ocean view with even more: exclusively outside cabins and suites, almost all with balconies or French balconies Spaciously designed - enjoy a relaxing stay in rooms from 21 m²/226 ft² up to 71 m²/764 ft² in size Exceptionally equipped for example, with binoculars, Nordic Walking poles, air conditioning, coffee machine and mini bar (free of charge) and 24-hour cabin service Separable beds Rain shower and heated wall in bathroom (e.g. for towels and wet parkas) Extensive infotainment with live broadcast and recordings of expert presentations, forwardview camera, navigation chart, films and much more Restaurants Aboard the HANSEATIC inspiration, a

new kind of freedom blends adventure and pleasure with a culinary journey across three exceptional restaurants. The spacious HANSEATIC Restaurant offers flexible mealtimes and a free choice of seating, serving a daily-changing menu of global flavors inspired by local specialties, paired with fine wines and supported by attentive 24-hour cabin service. At the Lido Restaurant, guests can savor breakfast under the open sky or enjoy a perfectly grilled steak from the outdoor barbecue, complete with panoramic views and an open show kitchen. The specialty restaurant Nikkei fuses fine Japanese creations with modern Peruvian cuisine, delivering a unique dining experience that elevates exploration to new heights--all while bars in the Observation Lounge and HanseAtrium offer favorite drinks against stunning backdrops, from Nordic fjords to icy Antarctic vistas. Fitness and Wellness On the HANSEATIC inspiration, an extraordinary time out awaits after thrilling Zodiac rides, challenging hikes, or Arctic adventures. Unwind in the Ocean Spa, where a Finnish sauna with stunning ocean views, a gentle steam sauna, an ice fountain, and a relaxation room rejuvenate your senses, complemented by professional massages, cosmetic treatments, and eco-friendly products made from natural, vegan ingredients. Stay active in the 100 m² fitness room or separate course room--both with ocean vistas--guided by a fitness coach offering personalized advice and a variety of courses, either indoors or on deck. The pool area, with its flexible canopy, invites relaxation year-round, featuring water loungers, a whirlpool, and a bar, ensuring a perfect blend of indulgence and revitalization against the backdrop of the open sea. Knowledge Shore excursions and Zodiac rides come alive



with deeper context through fascinating presentations in the HanseAtrium, a high-tech lounge where experts share daily precaps and recaps, doubling as an atmospheric evening bar for films and discussions. The Ocean Academy enhances the journey with a Study Wall and interactive poster of scientific insights, microscopes for exploring hidden wonders alongside experts, and Study Seats--with swivel touchscreens--for personal dives into science. Supported by travel diaries and destination videos, this immersive experience broadens horizons with cutting-edge tools and



expertise.



INSIDE YOUR SHIP

Balcony Cabin

French Balcony Cabin





Grand Suite

Junior Suite





Outside Cabin

Panoramic Cabin



PRICING

25-Oct-2026 to 09-Nov-2026

Outside Cabin	£6951 GBP pp
Panoramic Cabin	£6951 GBP pp
French Balcony Cabin	£8804 GBP pp
Balcony Cabin	£9561 GBP pp
Junior Suite	£13415 GBP pp
Grand Suite	£18348 GBP pp