

THE LOST CIVILIZATION - UPSTREAM (THE JAHAN)

This is the classic Mekong river cruise, The Lost Civilization combines places rarely visited with opulent world heritage sites. 7 nights Saigon - Siem Reap (or vice versa). Vietnam and Cambodia play the role of muse to any artist. There is so much to inspire. Whether it's the steam and aroma wafting from a street stall in Vietnam, being tenderly stirred by an elderly woman in a conical hat, who has done so for decades on the same corner. Or, the breathtaking, slightly intimidating presence of Angkor Wat and the unbelievable feats of men and incredible stories of an ancient time; this region is rich in interest. The food, scenery, architecture and culture of this region inspire at every turn, and looks back at you through the smiles of its people. Upstream and Downstream itineraries available - this indicates the direction the ship will travel. Downstream means from Siem Reap to Saigon. Upstream is the opposite direction from Saigon to Siem Reap. A \$120 surcharge applies for New Year's Eve & Christmas departures.



ITINERARY

Day 1: Ho Chi Minh City - My Tho - Cai Be

Bid farewell to the hustle and bustle of Saigon as we travel 70 kilometers south by land to My Tho to embark your boutique Ship. We will be served refreshing drinks and light lunch as the Ship steadily glides along the Mekong. We will bathe in the fading sunset on the balcony followed by a briefing at the lounge. Later, a welcome dinner awaits us. When approaching Cai Be, the Ship drops anchor midstream. Light lunch, afternoon



tea and dinner are included. Overnight in Cai Be.

Day 2: Cai Be - Sa Dec - Tan Chau

Everyday, our journey starts with an invigorating Tai Chi lesson on the Sundeck just as the sun begins its gentle glow. Coffee and tea awaits the early bird. The day-tour starts with a visit to Cai Be's boisterous and colorful floating market on a traditional sampan (a flat bottomed traditional Vietnamese wooden boat). During the ride, discover breathtaking landscapes along the river and quaff the rustic life on the Mekong Delta. The cruise will halt intermittently to allow us to observe how rice paste, rice paper, rice cookies, rice pop, rice wine and coconut candies are made, enjoy local life along the canals on the way back to the Ship for lunch. In the afternoon, we cruise to Sa Dec. Upon arrival, we embark a traditional sampan to tour Binh Thanh Island to visit an untouchable village. Here, every villager is involved in the process of making rattan mat and this give us the chance to interact with the old local people. We then board the Ship for a tranquil evening cruise towards Tan Chau. Breakfast, lunch and dinner are included. The Ship will moor midstream overnight near Tan Chau.

Day 3: Tan Chau - Border crossing - Phnom Penh

Welcome to the fish sanctuary of Vietnam. Begin your day with a hearty breakfast at the Dining Hall of your balcony. Brace yourself for a short excursion in Tan Chau, a pleasant town near the Cambodian border with sizeable Chinese, Kinh and Khmer community. Firstly, the journey takes you to the "evergreen" islands where you will be thrilled to learn the life of the locals. The inhabitants of these islands live on houses poised on high stilts – a centuries-old tradition in this part of the Mekong Delta. We stop to visit a fish farm located in the Tan Chau canal – this farm consists of floating houses and the villagers make their

living by cultivating fish. You continue by boat to Tan Chau pier, disembark here and stroll around this colorful local market with lots of regional products. You return to the cruise Ship after your market visit. Breakfast, lunch and dinner are included. Overnight we anchor midstream near Phnom Penh.

Day 4: Phnom Penh

Phnom Penh was once the Paris of the East. Despite its rapid development, it has retained a lot of its rustic charm and elegance. Sightseeing in the morning will include the Killing Field outside town. Be prepared to be heart wrenched by this stark reminder of the genocide that transpired during Cambodia's Khmer Rouge regime. Before lunch at a local restaurant, we will visit the Genocide Museum, see the dazzling white and gold edifice of the Royal Palace and the Silver Pagoda, and witness exceptionally beautiful Khmer craft at the National Museum. We go back to the Ship by "cyclo" traditional vehicle after our museum visit. Take a rest on your cabin balcony or the lounge and get prepared for an exciting evening event. The evening starts with a variety of cocktails served on the Sundeck. In late afternoon, we will be captivated by a comprehensive lecture on Cambodia's modern history. BBQ dinner is served right after the lecture. Take a seat and enjoy the Apsara dance performance. Experience the brilliance and richness of this culture, the soothing sounds of traditional music, the calming scent of incense sticks and a barbeque on the Sundeck. It is indeed a truly marvelous experience, dining in the open with the moon and the starts as our companions. Breakfast, lunch and dinner are included. Overnight in Phnom Penh.

Day 5: Phnom Penh - Angkor Ban - Kampong Cham





We will depart before the break of dawn from Phnom Penh with a stop at the little known Silk island community. We will then return to the Ship and pass by the Mekong's tranquil villages, exhilarating river life and sun-hardened fishermen on their shift boats. We will tour the rural Angkor Ban village where time stand still. We are transported back a hundred years into an era unaffected by modernity. The houses here are truly rustic, made by hand and without any concrete. But most of all, we feel overwhelmed by the unbridled warmth of the villagers. Travelers can take part in the daily activities of the villagers to experience village life first hand. Then, we are back to the Ship to cruise towards Kampong Cham. Breakfast, lunch and dinner are included. Overnight in Kampong Cham.

Day 6: Kampong Cham - Wat Hanchey

We will wake up in the early morning, truly energized to embark on a land journey to the pre-Angkorian temple of Wat Hanchey. Travelers either take a motor-taxi or climb 303 steps to the top. Located at the top of a hill overlooking the river, it offers one of the most breath-taking views in Cambodia. Built in the 8th century, this ancient structure, together with a bigger and newer addition underscores the superb architecture of the Chenla Empire which predates the mighty Angkor temple complex. We even get to engage in light banter with some of the monks in the area. We will return to the Ship to witness a blessing ceremony performed by orange-clad local monks. Lunch on board. We will then cruise towards Kampong Cham to visit Wat Nokor, a Wat built within the ruins of an ancient temple which holds a timeless story. Visit OBT project of Heritage Line and organization for Basic Training. Breakfast, lunch and dinner are included. Overnight in Kampong Cham.

Day 7: Kampong Cham - Kampong Chhnang

Before the sun peeks over the horizon, the cruiser sets sail towards Kampong Chhnang on the Tonle River - an amazingly narrow river - which glides through leafy swaths of the Southeast Asian jungle. We are greeted by cacophonous children who waive enthusiastically early in the morning when they bring their livestock for a bath in the meandering Tonle River. Then we approach Kampong Chhnang, Cambodia's "Water World" where everything is on stilts balanced on water rich soil- it's an awesome sight whilst practicing Tai Chi on the deck. Here we take a minivan to see the Khmer-styled pottery at the Aundaung Russey village. Then, it is back to the river for an adventurous motorboat excursion to the wetlands, floating houses and fish farms in the region. The village has no electricity and has around 600 inhabitants. We then return to the Ship for lunch while cruising the narrow and meandering Tonle Sap River. Your floating sanctuary will then cruise gently, in the afternoon, along the narrow and meandering Tonle Sap Lake. In the evening, a sumptuous spread will be served. And for the big entertainment - bring along your dance shoes and learn to jiggle the Cambodian way with our staff doubling up as dance instructors. (If you can't dance, do not fret. Neither can our staff) Breakfast, lunch and dinner are included. Overnight in the middle of Tonle Sap Lake.

Day 8: Tonle Sap - Seam Reap

The Tonle Sap (The Great Lake) is the flowing heart of Cambodia, giving love and life to this nation. The Tonle Sap has more fish than any other lake in the world and is home to an incredible variety of birds, including rare – and endangered – feathered life. This great lake dominates Cambodia and is the largest freshwater lake in Asia with abundant birdlife. This lake is so wide that one cannot see its shores from the middle of the



lake. Enjoy the stillness of the water and the quiet tranquility on the way to Siem Reap. The water level varies a great deal according to the time of the year and the amount of rainfall recorded. Thus, minor changes to the itinerary may occur during different seasons. Our Heritage Line cruise liner comes to an end as we reach this city of the fabled Angkor temple complex. We bid farewell to the cruise as our journey comes to an end. But the memories and the friendships made on board linger on for a lot longer. We will cross the Tonle Lake at dawn and at 09:00am, we will disembark at the Siem Reap Port for onward coach transfer to the drop off point in town. Breakfast is included.

*High water season

The Ship could cruise along in Tonle Sap and dock near Siem Reap pier. It just takes 45 minutes for our coaches to transfer to the meeting point (Victoria Angkor Resort & Spa). The embarkation and disembarkation of the Ship will take place near Siem Reap pier. For downstream (REP-SGN) we will meet at noon (12:00pm) at the meeting point for check in formality. For upstream (SGN-REP) the coaches will drop you off around 10:00am at Victoria Angkor Resort & Spa. High water season is approximate from middle of September to the end of December. High water and low water season just make itinerary timing schedule changeable in Siem Reap, there will be no changes at other destinations.

*Low water season

The water level goes down and very low in Tonle Sap, so the Ships have to dock in Kampong Cham, where the embarkation and disembarkation will take place. It takes 4.5 hours for our coaches to transfer to the meeting point in Siem Reap (Victoria Angkor Resort & Spa). For downstream (REP-SGN) we will meet

at 08:00am for the check-in formality. For upstream (SGN-REP) the coaches will drop you off around 13:30pm at Victoria Angkor Resort & Spa. Low water season is approximate from January to middle of September.

Please Note:

This itinerary is based on High Water Season. Although it is our intention to operate the itinerary as detailed proposal, we cannot be held responsible for any last minute changes that might occur. It may be necessary to make some changes as a result of climatic conditions, alterations to cruise schedules or other operational factors.





YOUR SHIP: JAHAN

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VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

The Jahan offers some of the finest accommodations on the Mekong River. Little else can begin to compare with her for outstanding staterooms, decor, service and food. Public Areas: The ship is fully air-conditioned. Outdoor areas include the Pool Deck, with both covered and open-air spaces, a Jacuzzi and a bar. The Lounge, located on the Upper Deck, has a library, full service bar and facilities for films, slide shows and presentations. Guests are welcome on the "Open Bridge" to meet the Captain and Officers and learn about navigation. Meals: Served in single seatings with unassigned tables, for an informal atmosphere and easy mingling. The menu is international, with a focus on the outstanding Vietnamese and Cambodian cuisines. Cabins: All face outside, and all have glass doors and private balconies for enjoying the scenery along the Mekong River and its tributaries. There is a mix of twin-bedded and queen-size bedded cabins. Each has private facilities and hair dryer, individual climate control, music entertainment system and a mini bar. A choice of pillows is provided on request. Special Features: There is a Spa, offering a choice of massage treatments, and a gymnasium with exercise equipment. The Boutique has a fine selection of local artwork

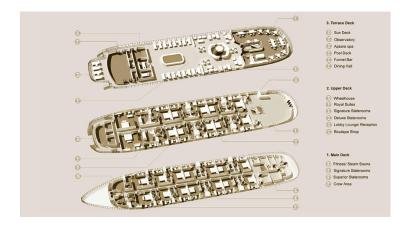
and textiles. Morning Tai Chi classes are offered on the Terrace Deck. DVD and iPod players are available on request. The deck plan for the Vietnam and Cambodia-Mekong River cruise varies from



what you see.



INSIDE YOUR SHIP





PRICING

ADDITIONAL CHARGES: Port Taxes. From 65 USD pp