

VOYAGE TO ANTARCTICA: THE WHITE CONTINENT

Discover the Antarctic Peninsula, where endless white mountains roll to the horizon and massive glaciers churn icebergs into the sea. Travel with a diverse team of experts aboard one of our three state-of-the-art expedition ships. Venture into channels and coves framed by towering peaks. Watch for whales off the bow; glide around enormous icebergs in Zodiacs; and hike, kayak, and even possibly cross-country ski in complete tranquility. Choose an active agenda or surrender to the pleasures of relaxing downtime and shipboard camaraderie. Plus, get top shots with the help of a National Geographic Photography Expert.



ITINERARY

Day 1 Buenos Aires, Argentina or Santiago, Chile

Arrive in Buenos Aires (National Geographic Endurance) or Santiago (National Geographic Resolution).

Transfer from the airport to the Alvear Icon, or similar (National Geographic Endurance) before setting out on a guided tour of the city's Beaux-Arts palaces and parks. Visit Recoleta--the final resting place of Argentina's iconic first lady, Eva Peron--and enjoy a private visit to El Zanjon de Granados, one of the city's premier museums.



Or transfer to the Ritz-Carlton, Santiago, or similar (National Geographic Resolution) before our guided overview of this vibrant city backed by the inspiring Andes. Discover sites like the Plaza de Armas and get a feel for the mix of old and new that makes this city so great. In the early evening, we gather for an informal reception and a drink at the hotel.

Arrival Time: Arrive before 11:30 a.m. local time.

Arrival City: Buenos Aires, Argentina or Santiago, Chile

Day 2 Fly to Ushuaia, Argentina / Embark Ship

Join our recommended flight to Ushuaia; we'll provide transfers to the airport and luggage assistance.* Sandwiched between ice-mantled peaks and the frigid waters of Beagle Channel, this is a fittingly wild place to be known as "El Fin del Mundo" or "The End of the World." Before departing, visit Tierra del Fuego National Park, clad in dense beech forest just as much of Antarctica was millions of years ago. Savor lunch onboard a private catamaran as you cruise the Channel, keeping an eye out for plump South American sea lions and sleek seabirds like the imperial cormorant. By day's end, you'll be comfortably on board your ship and ready to meet the White Continent.

*If you are not purchasing our recommended flight, please get in touch with us to confirm your arrangements.

Meals Included: Breakfast, Lunch, Dinner

Days 3-4 At Sea Crossing the Drake Passage

At times ferocious, at others flat calm, this legendary 500-mile-wide strait divides South America from the Antarctic Peninsula. Feel the excitement build as we begin the crossing, often accompanied by seabirds like the wandering albatross and--if luck allows--a pod of killer whales or rare dolphins. Get to know the ship and prepare for the adventures ahead. Visit the Bridge (ideal for wildlife spotting), relax with a massage, attend a talk on the unique biology of penguins. Or simply settle into a comfy chair in the observation lounge, looking out over the waves as you contemplate the history of this passage named for English privateer Francis Drake, but first discovered by Spanish navigator Francisco de Hoces.

Meals Included: Breakfast, Lunch, Dinner

Days 5-9 Exploring Antarctica

With long hours of daylight at this time of year, we have ample opportunities to explore. Our schedule is flexible, allowing us to take advantage of the unexpected, whether we're watching whales at play off the bow of our ship, hiking alongside penguin highways, or enjoying an evening Zodiac cruise amid porpoising penguins. While wildlife is magnificent, ice defines the Antarctic. You'll get to know ice up close and personal - from icebergs the size of islands, bergy bits and near-vertical glaciers, to the fragile, nearly invisible layers that have just begun to freeze. One day, we might set out by kayak to encounter towering icebergs at water level; embark on a Zodiac excursion in search of seals and blue-eyed shags; or walk amid thousands of Adelie and gentoo penguins. The next, we might experience the thrill of the ship crunching through pack ice. Everywhere we go in Antarctica





Some departures may have a slightly modified itinerary. Please

confirm departure and arrival cities with an Expedition Specialist

before booking your flights.

we're surrounded by opportunities to capture uniquely beautiful images. Along the way your expert expedition team will enrich our experiences.

Meals Included: Breakfast, Lunch, Dinner

Days 10-11 At Sea

Enjoy the ship's amenities as the coast of Antarctica disappears from view. Round the southernmost tip of South America and see the meeting of the Atlantic and Pacific Oceans. Take some time to go through your photos, or send a message home to friends and family. Celebrate your voyage at a farewell dinner on board.

Meals Included: Breakfast, Lunch, Dinner

Day 12 Ushuaia / Disembark Ship / Buenos Aires or Santiago

Disembark in Ushuaia, and join our recommended flight to Buenos Aires or Santiago to connect with your flight home; we'll provide transfers to the airport and luggage assistance.*

*If you are not purchasing our recommended flight, please get in touch with us to confirm your arrangements.

Departure Time: Depart after 9:00 p.m. local time.

Departure City: Buenos Aires, Argentina, or Santiago, Chile

Meals Included: Breakfast

Please Note:





YOUR SHIP: NATIONAL GEOGRAPHIC ENDURANCE

YOUR SHIP: National Geographic Endurance

VESSEL TYPE: Expedition Ship

LENGTH:

PASSENGER CAPACITY: 126

BUILT/REFURBISHED: 2018

A next-generation expedition ship, purpose-built for polar navigation. National Geographic Endurance is a next-generation expedition ship, purpose-built for polar navigation. A fully stabilized, highly strengthened, ice-class Polar Code PC5 (Category A) vessel, it is designed to navigate polar passages year-round, and safely explore unchartered waters, while providing exceptional comfort. Its patented X-BOW® is key to its design; its powerful wave-slicing action provides an extremely smooth ride in even adverse conditions, and even reduces spray on deck, for superior observation. She carries a full suite of expedition tools and offers a variety of experience-enhancing amenities. The luxury of comfort on expedition National Geographic Endurance comfortably accommodates 126 guests in 69 outside-facing cabins. Cabins are efficiently designed, with sizes range from the 140-square-foot solo cabin to the 430-square-foot category 7 suite. Fifty-three of the 69 cabins, including all 12 of the solo cabins, will feature small balconies with floor-to-ceiling sliding doors that bring in the spectacular views and ample natural light. Comfort & convenience in every room Every cabin has two portholes, a large window or balcony, and temperature controls. Bathrooms are modern and stocked

with botanically inspired hair products, soap, and shower gel, plus a hairdryer. Cabins are equipped with expedition command centers with tablets and USB/mobile device docking, TVs, Wi-Fi connections, and hair dryers. Dining: Food served aboard is fresh, local, and delicious, and sourced from suppliers who share our values of sustainable use whenever possible. Meals aboard are almost always served in the dining room, located aft of the lounge deck. When weather conditions allow, lighter fare may be served on the observation deck. There is no assigned seating and our dining room accommodates the entire expedition community in a single seating. During meals your expedition leader, naturalists, and any guest speakers aboard will join you. Public Areas: Two restaurants, a Chef's Table for small group dining, Observation Lounge with bar, gym, Wellness area, infinity-style outdoor hot tubs, library, main lounge with full service bar, 24-hour beverage, state-of-the-art facilities for films, slideshows and presentations, and a photo workshop area; plus, an expedition base with lockers for expedition gear, and an "open bridge" for access to our captain, officers and the art of navigation. Meals: Two restaurants, featuring local, sustainable choices and unassigned seating for flexible, inclusive dining; plus a Chef's table for intimate, small group dining. Main restaurant has 270° views, and the Observation deck restaurant features lighter, made-to-order fare. Cabins: All cabins face outside with large windows, private facilities and climate controls. 53 cabins have balconies. Cabins are equipped with expedition command centers with tablets and USB/mobile device docking, TVs, Wi-Fi connections, and hair dryers. Expedition Tools: Zodiac landing craft, kayaks,



snowshoes, cross-country skis, undersea specialist operating a remotely Operated Vehicle (ROV) and underwater video camera for unique access to polar marine world, hydrophone, aerial remote-controlled camera and video microscope. Special Features: A full-time doctor, undersea specialist, National Geographic photographer, Lindblad-National Geographic certified photo instructor and video chronicler, an internet cafe and laundry. Wellness: The vessel is staffed by our wellness specialists and features a glass-enclosed yoga studio, gym, treatment rooms and spa relax area, and high- and low-heat saunas with ocean views. Expedition Landing Craft: Key to our operation is our fleet of expedition landing craft, which we use to land in places that would otherwise be inaccessible. With 8 of these boats and two loading stations used every time we disembark, we're able to transfer guests off the ship quickly, so you can be out on adventures, not idly waiting. The expedition landing craft we use are 19 feet long, powered by four-stroke outboard engines, and are capable of comfortably carrying 10-12 people. They are widely recognized as the safest and most versatile small boats afloat. Remotely Operated Vehicle: Capable of reaching 1,000 feet, far beyond the range of any Scuba diver, the ROV allows you to literally view parts of the undersea that are as unexplored as the moon. Chances are you, like many of our guests, will be struck by how surprisingly colorful undersea life is in these unlikely places. And this glimpse may fundamentally change how you view the ocean. Kayaks: National Geographic Endurance will be equipped with a fleet of kayaks large enough to ensure everyone who wants to can paddle at every opportunity. Consequently, prior kayaking experience isn't necessary--many of our guests have their first kayaking experience in extraordinary locations. custom-designed floating platform lets us deploy kayaks from

the ship, or any location we want--including far from shore. Kayakers are usually free to explore where they want within boundaries set by the undersea specialist and officer of the watch. Underwater camera: Our undersea specialist will dive often during your expedition, even in Alaska, with cold-water gear, to shoot high-definition, Cousteau-like footage of the deep. Colorful nudibranchs, swimming, plant-like crinoids, and mysterious fish with antifreeze blood that thrive in the frigid sea will give you an entirely new appreciation of the marine environment. Video microscope: Naturalists will use the video microscope to help explain all elements of the environment, including tiny organisms that are the building block of the marine ecosystem. Spellbinding live views of krill at 80x magnification fills the high-definition screens in the lounge with vivid detail, and fills every onlooker with a sense of wonder at importance of otherwise unobservable creatures. Hydrophone: This underwater microphone is deployed to listen to the vocalizations of marine mammals. Real time transmissions of their eerie, haunting sounds can be broadcast through the ship or recorded for later playback. Few experiences in nature are as captivating as watching humpback whales feed close to the ship as their vocalizations play through the ship's PA system. Electronic charts: An electronic chart showing the ship's location, course, and speed is almost always on display in the lounge. Open bridge: You'll find our captains are engaged, knowledgeable members of your expedition who are eager to share their passion with you. Venture's open bridge features comfortable spaces to sit, enjoy the view, drink your morning coffee, or simply chat with the officers. Snorkeling gear & wetsuits: On warm weather itineraries where there will be snorkeling, you'll select a mask, snorkel, fins, and wetsuit that remain yours for the duration of the expedition. There's no need



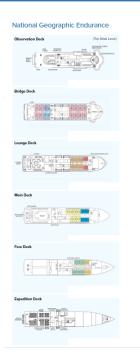
to pack and tote your own gear, although guests who prefer to are welcome to bring



their own.



INSIDE YOUR SHIP



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