

ISLANDS AND CITIES OF THE MEDITERRANEAN

Young Ocean Explorers Club in partnership with MAUD FONTENOY FOUNDATION. Starting in Athens, step aboard Le Bougainville for an 8-day cruise between Greece and the majestic Maltese coast. Le Bougainville will then head towards Paros. Nestling in the heart of the Cyclades archipelago, this island reputed for its sublime white marble offers a real concentration of Greek beauty, from whitewashed houses to olive groves to ancient monuments. This cruise will also enable you to discover Hydra, a small island of old-worldly charm where motorised traffic is banned. You will then sail south for the charming Monemvasia. A romantic haven for the Athenians, this magnificent peninsula conserves treasures of Venetian and Byzantine architecture in the small vaulted streets of its fortified medieval village, which feature thousands of shades of ochre. At the crossroads of the Agean and Ionian seas and Crete, a lost paradise called Kythira will transport you into a universe whose watchwords are wonderment and tranquillity. The island, the birthplace of Aphrodite in mythology, has inspired poets like Baudelaire and painters like Watteau with its enchanting landscapes. When the ship calls at Pylos, you will explore the ruins of the Palace of Nestor, one of the heroes of the Trojan War. You will take the sea to discover Taormina, overlooking Etna's blanket of snow. Its streets will lead you to its famed ancient Greek theatre, where the quality of the acoustics is exceptional. Your cruise will come to an end in Valletta, capital of the island of Malta and former stronghold of the Knights of the Order of Malta.



ITINERARY

Day 1 ATHENS

The Greek capital city is located on the edge of the Saronic gulf, in the east of the country. It bears a plural name in reference to the first villages that surround the Acropolis. You will be enchanted by the rocky plateau presided by its monuments listed as UNESCO World Heritage. In the city below, you can visit some of the liveliest districts in Athens: Plaka, with its maze of colourful streets, and where, in the evenings the drifting aroma of moussaka and garlic prawns will tickle your taste buds. The





National Archaeological museum and the Cycladic Art Museum are also some of the city's key attractions and allow visitors to discover Athens' cultural past.

Day 2 PAROS

Famous for its white marble, the island of Paros is located in the Cyclades. Along the quays of Parikia, its main town, you'll see Byzantine churches and neoclassical buildings. To make the most of the turquoise waters, you can stop over in Naoussa. This little fishing port is bounded by a very beautiful cove.

Day 3 HYDRA & MONEMVASIA

This unusual gem belonging to the Saronic islands is located to the east of the Peloponnese. There are no cars here. Named after the island, the harbour town is layered up the slopes of a mountainous bay. You may be surprised to see beautiful stone mansions. These are traditional here, as are the multi-coloured caïques along the quays. Further along the shore, you will discover the Historical Archives Museum. Collections from Athens National History Museum are exhibited in the elegant villa Koundouriotis. The jewel of the southern Peloponnese, Monemvasia is the romantic refuge for Athenians. Given the poetic nickname of the "stone ship", this majestic peninsula is home to an incredible fortified medieval village, lying at the foot of its abrupt cliffs, which seems to have been cast by the gods from the Aegean Sea. Contemplate the horizon from its ramparts, a veritable walkway defying the azure waters, and stroll through its vaulted narrow streets with their thousand shades of ochre. At the crossroads of western and eastern influences and the maritime routes of the continent. Crete and the Cyclades, Monemvasia has preserved in this magical decor the treasures of Venetian and Byzantine architecture.

Day 4 KYTHIRA

Kythira, birthplace of Aphrodite according to mythology, has inspired poets and painters. Today, it is a charming port of call at the crossroads of Greece's three seas: The Ionian, the Aegean and the Sea of Crete. From the deck of your vessel, let your gaze travel over the pine forests of the North of the island, the wild gorges in the South, and the red sandy beaches of Firi Ammos to the East. Villages of dazzling whiteness and unique architecture including Kythira, the capital, as well as the ruins at Milopotamos and Paleohora, are also worthy of a visit.

Day 5 PYLOS

The picturesque port of Pylos is located in the south west of the Peloponnese. Backed against the lush green hills of Messenia, it looks out onto the Navarino Bay. You can admire the gorgeous view as you walk uptown amid pink oleanders that cascade over the jetty. A stone's throw away, the historical centre's winding streets will plunge you into a maze of houses with whitewashed facades and terracotta roof-tiles. On the attractive main beach, you will be able to relax in the shade of the age-old plane trees and taste the delicious local biscuits made of sesame and honey.

Day 6 AT SEA

During your day at sea, make the most of the many services and activities on board. Treat yourself to a moment of relaxation in the spa or stay in shape in the fitness centre. Depending on the season, let yourself be tempted by the swimming pool or a spot of sunbathing. This day without a port of call will also be an opportunity to enjoy the conferences or shows proposed on board, to do some shopping in the boutique or to meet the PONANT photographers in their dedicated space. As for lovers of the open sea, they will be able to visit the ship's upper deck to





admire the spectacle of the waves and perhaps be lucky enough to observe marine species. A truly enchanted interlude, combining comfort, rest and entertainment.

Day 7 TAORMINA, SICILY

Located on Sicily's eastern coast, in the province of Messina, the seaside town of Taormina is Sicily's Saint-Tropez, boasting heritage sites, secluded beaches and luxury shopping. You can visit its medieval centre, suspended 300 metres above sea level, where terraces offer a spectacular view of the Mediterranean Sea. Another vestige from its past are the ruins of the Greco-Roman theatre. This extremely well-preserved site attracts visitors who are fascinated by the natural beauty of the area which overlooks a turquoise bay.

Day 8 VALLETTA

The whole of the Maltese capital Valletta is UNESCO World Heritage listed and occupies a peninsula in the north-east of the island. From the fountain of Tritons to Saint-Elme fort, there are as many majestic streets as there are narrow staircase vennels to explore. The painted loggia and carved corbels on the tall houses will accompany you in your explorations, and you'll rarely be bothered by traffic. You can visit the Grandmasters palace decorated with coats of arms and frescoes. Saint-John's cathedral and the ramparts which have guarded the city since the 16th century are also among the most emblematic sites of the city. Arranged in terraces, the Barrakka Gardens will punctuate your promenade with a green and floral experience.

Please Note:

Itineraries are subject to change.





YOUR SHIP: L'AUSTRAL

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VESSEL TYPE:

142 metres. Passenger Capacity:264 (200 in Antarctica). Built:

LENGTH: 2011

PASSENGER CAPACITY:

BUILT/REFURBISHED:

Luxury Expedition / Cruise Ship This superb mega-yacht with 132 cabins is the result of the expertise of the Italian Fincantieri shipyard and French sophistication, as interpreted by designer Jean-Philippe Nuel. L'Austral has a unique atmosphere, a subtle blend of luxury, intimacy and well-being. A sleek silhouette softened by elegantly smooth contours and large, arched windows opening up to the sea and the light: so many features come together to give L'Austral her distinctive shape. Precious materials, discreet elegance and a perfect balance between chic and casual, combine to make you feel as if you are on your own private yacht. A design blending tradition and innovation, where a nautical mood has been subtly recreated. Precious materials in smoothing neutral tones are brought to life with splashes of cheerful reds. So many personal touches create the spirit of a "private yacht". Suites and staterooms You can expect magnificent ocean views as 124 staterooms and suites have balconies. Individually-controlled airconditioning · Cabin layout: kingsize bed, or twin beds, communicating cabins available (children welcome) · Minibar · Flat screen satellite TV · IPod™

players · Desk with stationery · Electronic safe · French bath products · Dressing table and hairdryer · Bath robes · Satellite direct line telephone · 110/220 volts · 24hr room service · WiFi · Balcony Cuisine Loyal to the great French tradition, the haute cuisine on board is worthy of the finest restaurants, where discreet, attentive service is the hallmark. Choose from two restaurants for breakfasts, lunch and dinner. The Gastronomic Restaurant is situated on Le Liberte Deck and serves you French and international cuisine accompagnied by fine wine. On the Grill Restaurant, you have the opportuniny to eat outside and enjoy buffet lunch and themed dinner. Life On Board Whether you want to join other guests in the theatre or games area (Wii™ consoles, etc), or relax on your own in a quiet corner of the library, L'Austral has been designed to meet the needs of every guest. Everything has been done to preserve the independence of each guest to suit their personal tastes: lounges for lectures and shows, a spa in partnership with Sothys™, but also more intimate spaces such as the library and internet corner. Comfortable cabins, nearly all with private balcony, are available for families either as triples or as communicating cabins. There is also a games area with Wii™ consoles, children's menus, and a baby-sitting service. Just as if you were on a private yacht, your time is your own to do as you please. Fitted with the latest equipment (Kinesis Wall, running machine) and in partnership with the famous Sothys™ brand, the Beauty Centre on L'Austral welcomes you for some unforgettable moments of relaxation and pampering (beauty treatments, hairdresser). Wheelchairs 3 specially adapted wheelchair cabins (Deck 3 = Superior cabin no. 307, no balcony, Deck 4 = Prestige Cabin no. 407 - with



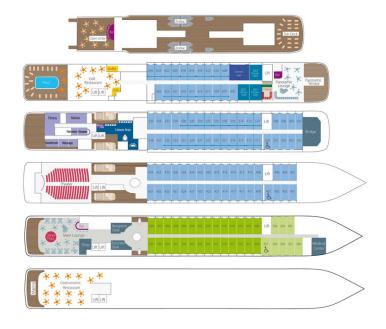
balcony and Deck 5 = Prestige Cabin no 509, with balcony) and lifts to all decks/areas. Details Please click the following links to read more about Ponant and the other Ponant



cruise ships.



INSIDE YOUR SHIP





PRICING

ADDITIONAL CHARGES: Port Taxes & Fees 520 AUD pp