

HISTORICAL CITIES OF THE MEDITERRANEAN

Between Greece and Italy, set off aboard Le Bougainville for a cruise discovering two civilisations that have left traces of their intertwined presence in the Mediterranean. During extraordinary nine-day odyssey, you will hear accounts of the history and secrets of the shores of the Mediterranean Sea. Italy, with its ancient archaeological sites, Renaissance palaces, citrus perfumes and internationally recognised cuisine, will welcome you for a few days of unforgettable visits. In the southernmost part of the Boot, you will sail towards Sicily, the Puglia region and Calabria, with three ports of call. Stroll the paved streets with their unique charm in Syracuse, walk on the lungomare, the sea front promenade, in Reggio de Calabre with the majestic Etna as a backdrop, and travel through time and history as you discover the former Greek city of Gallipoli. It will now be time to set sail towards Greece . The legendary Peloponnese will plunge you into the country's tumultuous and glorious past. Nafplio is an opportunity to discover the mythical sites of Epidaurus and Mycenae, respectively a ancient theatre and a pre-Hellenic city, both of which are UNESCO World Heritage Sites. Monemvasia, a gem breathing poetry and revealing its Venetian and Byzantine architecture, commingles with the hustle and bustle and charm of Gythio, which was a former seaport of Sparta then a Roman naval base. In Epirus, you will be transported by your exploration of Parga, bathed by the Ionian Sea, with its fortress, built by the Normans in the 14th century, overlooking the pretty fishing port.



ITINERARY

Day 1 VALLETTA

The whole of the Maltese capital Valletta is UNESCO World Heritage listed and occupies a peninsula in the north-east of the island. From the fountain of Tritons to Saint-Elme fort, there are as many majestic streets as there are narrow staircase vennels to explore. The painted loggia and carved corbels on the tall



houses will accompany you in your explorations, and you'll rarely be bothered by traffic. You can visit the Grandmasters palace decorated with coats of arms and frescoes. Saint-John's cathedral and the ramparts which have guarded the city since the 16th century are also among the most emblematic sites of the city. Arranged in terraces, the Barrakka Gardens will punctuate your promenade with a green and floral experience.

Day 2 SYRACUSE, SICILY

Its undulating rocky coastline, the endless sandy beaches, the menacing form of Mount Etna which surveys its island like a patriarch, the flowery gardens on the hillside... Sicily lays out its varied landscapes like a shopkeeper displays his wares. Described by Cicero as "the most beautiful city in the world", Syracuse was one of the most prestigious cities in Sicily and at her height was even a rival for Athens. A central city of Ancient Greece, it was home to a succession of civilisations, each of which has left their mark. The blend of Arabic, Roman, Norman, Byzantine and Spanish cultures makes Syracuse a town that is extraordinarily rich in fragrances, colours and flavours.

Day 3 REGGIO DI CALABRIA

At the southern tip of the Italian boot, Reggio de Calabre guards the eastern shore of the Strait of Messina. From the lungomare, the sea front promenade, there are magnificent views over Sicily, a little over 3 km away, and Etna. Rebuilt after the 1908 earthquake, Reggio is set out in a grid pattern and has Art Nouveau and Belle Époque architecture that add to its charm. And the fragrance of bergamot, the citrus fruit that dominates

the region's confectionery and perfumery. A visit to the National Archaeological Museum is a must. It is one of the most important in Italy and among its collections are the famous Riace Bronzes, the stunning Greek statues dating from the 5th century BC that were found off the coast in 1972.

Day 4 GALLIPOLI

Gallipoli, which comes from the Greek kalle polis, meaning beautiful town, is very aptly named. Located on the heel of the boot, the town known as "the pearl of Puglia" has many attractions. The whiteness of its façades recalls its Greek origins while its architecture echoes its multiple influences. Its old town, perched on a limestone island, concentrates the cultural heritage of this city with a thousand faces, alternately a Roman colony, then Byzantine, the property of the Popes, Norman, under the rule of Taranto... By itself, it tells the story of the different civilisations of the Mediterranean Sea.

Day 5 PARGA

An ancient port in the Epirus region, picturesque Parga is located on the western coast of the Greek mainland. Ancient classical ruins and the Venetian citadel bear witness to the town's colourful history and the diverse influences that shaped it. Take the time to discover this ancient fishing village built like an amphitheatre, by strolling along the picturesque maze of pedestrian streets lined with small, typical Greek houses decorated with flowers and many lively taverns.

Day 6 GYTHIO





Located in the south of the Peloponnese, on the Mani Peninsula, Gytheio was the main port and naval base of ancient Sparta, located around fifty kilometres inland. In Roman times, the port experienced significant expansion thanks to trading in imperial dye; in fact, the region had an abundance of murex, the rock snails from which this dye, loved by the Romans, was extracted. The town is nestled against Mount Koumaros and dominated by a citadel. Take a stroll and fall under the charm of the calm that reigns over the stairways bordered by small neoclassic houses with steps overrun with wild flowers.

Day 7 MONEMVASIA

The jewel of the southern Peloponnese, Monemvasia is the romantic refuge for Athenians. Given the poetic nickname of the "stone ship", this majestic peninsula is home to an incredible fortified medieval village, lying at the foot of its abrupt cliffs, which seems to have been cast by the gods from the Aegean Sea. Contemplate the horizon from its ramparts, a veritable walkway defying the azure waters, and stroll through its vaulted narrow streets with their thousand shades of ochre. At the crossroads of western and eastern influences and the maritime routes of the continent, Crete and the Cyclades, Monemvasia has preserved in this magical decor the treasures of Venetian and Byzantine architecture.

Day 8 NAFPLION

the Argolic Gulf, to the east of the Peloponnese. Do not be surprised by its extremely varied cultural heritage. Some of the must-see visits are the ancient agora on the plateau of Akronafplia, Italianate arcades in Syntagma square as well as the baroque fortress of Palamidi on a hillside of the same name. At the top of the hill, views of the gulf and the surrounding mountains are simply awesome. If you want to chill out by the water's edge, walk along the Arvanitia promenade to a beautiful creek in the shade of cedars and cypresses.

Day 9 ATHENS

The Greek capital city is located on the edge of the Saronic gulf, in the east of the country. It bears a plural name in reference to the first villages that surround the Acropolis. You will be enchanted by the rocky plateau presided by its monuments listed as UNESCO World Heritage. In the city below, you can visit some of the liveliest districts in Athens: Plaka, with its maze of colourful streets, and where, in the evenings the drifting aroma of moussaka and garlic prawns will tickle your taste buds. The National Archaeological museum and the Cycladic Art Museum are also some of the city's key attractions and allow visitors to discover Athens' cultural past.

Please Note:

Itineraries are subject to change.

The engaging town of Nafplion is staggered up green hillsides of





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PASSENGER CAPACITY:

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our passengers in a single sitting. Designed differently to that on our other ships, this dining area, which opens onto the outside, will have a buffet of salads, desserts and cheeses at your disposal. Our discreet and attentive crew will provide table service for hot meals. PUBLIC AREAS Like Le Boreal and its sisterships, Le Bougainville has many common areas that are designed and equipped to meet all of your needs while preserving the intimacy of each passenger. A 140 m² reception area includes: A reception/concierge desk, An excursions desk, The ship's administrative services, The sales office, manned by our Guest Relations Officer, Our 50 m² boutique which sells clothing, jewellery, beauty products, postcards and various accessories, Toilets accessible to passengers with reduced mobility. A new hydraulic platform with adjustable height provides: Easier boarding than on any other cruise ship, Easier Zodiac embarkation and disembarkation for expeditions, Easier access to the sea for swimming and practising various water sports such as kayaking or paddle-boarding. A pool deck offering: A pool with a panoramic view, equipped with a counter-current swimming system, A pleasant solarium, An outdoor bar and lounge with armchairs and sofas. A 200 m² main lounge which can accommodate all of our passengers to share convivial moments and to host activities organised during the day or evening. Lastly, a theatre that seats 188, equipped with: The latest sound and lighting technology, A LED wall as the stage backdrop, for the projection of high-resolution images and videos. Please click the following links to read more about Ponant and the other Ponant

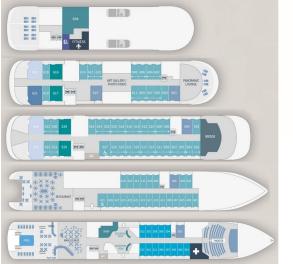




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