

FROM HALIFAX TO BOSTON HISTORY, SEAFOOD AND NATURE RESERVES

Beautiful nature and maritime history Cruise along the coast from Halifax in Nova Scotia, following the Lighthouse Route to Peggy's Cove, the sandbars of Sable Island, and the National Park Reserve. From here, you'll sail on to visit the UNESCO-listed former colonial settlement of Lunenburg. New England seafood and National Parks Dine on succulent Maine lobster and get a taste of 'DownEast' culture as you sail into Eastport, Rockland and Bar Harbor – the gateway to the breathtaking Acadia National Park. Walk the sand dunes of scenic Cape Cod in Provincetown and the historic city streets of Boston.



ITINERARY

Day 1 - Exploring Halifax

Your expedition cruise to Boston begins with an overnight stay in historic Halifax. With its red-brick heritage buildings, landmark Citadel Hill National Historic Site and epic 2.5-mile seafront boardwalk, it's a wonderful starting point for any adventure. Take a leisurely stroll on Halifax Common – Canada's oldest park, dating back to 1763 – and visit one of the city's many art galleries or museums. Don't miss the Titanic exhibit at the Maritime Museum of the Atlantic. There's so much to see and do here; why not arrive early and join our optional Pre-Programme to explore more.

Da y 2 - The Lighthouse Route



This morning, we'll take you along the winding coastal highway known as the Lighthouse Route. At journey's end you'll discover the unspoilt tiny fishing village of Peggy's Cove. Remember to bring your camera as you'll find one of the world's most photographed lighthouses here – a beauty you'll want to capture for yourself. Then it's time to head back to Halifax and board your comfortable hybrid electric–powered expedition ship, MS Roald Amundsen. Settle in, then meet your friendly Expedition Team and enjoy your first delicious meal at sea as we head for Sable Island.

Day 3 - Horses of Sable Island

Your expedition cruise from Halifax makes its first stop at the crescent-shaped Sable Island – named after the French word for sand and now a national park reserve that protects the magnificent wild horses which live here. There are believed to be over 550 of them roaming free, descended from horses originally released back in the 18th century. The waters close to the island are historically challenging, but the sandy beaches provide an excellent vantage to view the island. Join us in our small expedition boats as we attempt a beach landing on this remote shore, or simply admire the dramatic scenery from the deck.

Day 4 - Colorful Lunenburg

The first thing you'll spot as you sail into Lunenburg will be the colourful buildings along the waterfront. This UNESCO-designated World Heritage Site has barely changed since the 1700s, when it was a British colonial settlement. Take a walk around the Old Town and soak up the maritime atmosphere. Or if you'd rather explore on two wheels, you can rent a bike and enjoy the town's scenic cycling trails.

Day 5 - Historic Eastport

Today you'll cross from Canadian waters into the United States to visit Eastport on Moose Island. The deepest natural harbour on the eastern seaboard, archaeologists believe the Indigenous Passamaquoddy people lived here for at least 10,000 years before the first Europeans appeared in 1604. As you explore the shops, restaurants and cafés of the downtown district, you'll feel the echoes of history all around.

Day 6 - Rockland and Castine

Rockland is a quiet mix of cafés, art galleries and lobster fishing. Discover the Rockland Breakwater Lighthouse and enjoy a nature walk. Camden Hills State Park is also nearby for scenic hikes around Mount Battle. Art lovers will want to visit the Center for Maine Contemporary Art and the Farnsworth Art Museum, featuring works by the famous American realist painter Andrew Wyeth. We'll drop anchor close to the town of Castine tonight for you to discover the unique aquatic ecosystem of bioluminescent phytoplankton. You may even have an opportunity to get up close to this incredible natural phenomenon on a kayak.

Day 7 - Acadia National Park

47,000 acres of amazing nature and wildlife in Maine An extra special day awaits you as we sail into Maine's Bar Harbor. Full of 'Down East' character, don't miss an opportunity to try one of the exquisite seafood restaurants here. Bar Harbor is the gateway to the stunning Acadia National Park. Gently sloping mountains and green forests are home to a variety of wildlife, including white-tailed deer, moose, black bears, and over 300 bird species. A hop-on, hop-off bus service is available to help you explore the wonders to be found here, such as Thunder Hole and the Wild Gardens. Or why not hike some local trails or go kayaking.



Day 8 - Laid back Cape Cod

Enjoy the lively atmosphere of arty 'P-town' Follow in the footsteps of Jackson Pollock as we reach Provincetown, Massachusetts. The light and progressive atmosphere of this seaside town has been attracting artists since the 1940s. Enjoy a unique perspective of 'P-town' on a trolley tour and take time to enjoy a few of its many galleries and restaurants. Take a short walk to the Cape Cod National Seashore to explore its protected dunes. Here, you'll have the opportunity to ride a dune buggy. Avid whale watchers should head to the offshore Stellwagen Bank National Marine Sanctuary, known to attract 17 species of cetacean.

Day 9 - Revolutionary Boston

Old and new worlds meet at journey's end Your expedition cruise from Halifax reaches its final stop: historic Boston. Here, you can visit the site of the famous Tea Party and walk the Freedom Trail to discover the city's revolutionary role in shaping the modern-day United States of America. Don't miss out on the city's culinary classics – try the steaming bowls of seafood chowder and fried clams. And if you're looking for a friendly bar, then you'll want to head to Cheers, the bar that inspired the legendary TV show. What better place could there be to wrap up your expedition cruise!



YOUR SHIP: ROALD AMUNDSEN

YOUR SHIP: **Roald Amundsen**

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

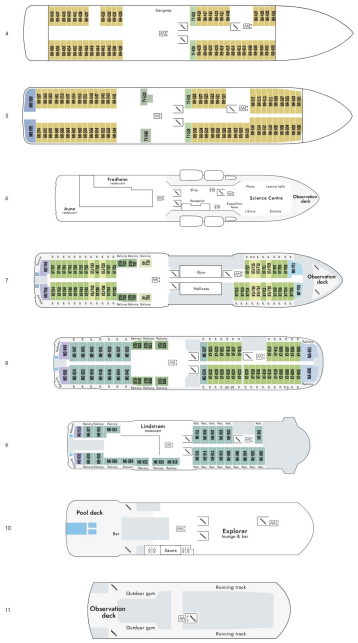
Launched in 2019, The state of the art vessel features new and environmentally sustainable hybrid technology that will reduce fuel consumption and show the world that hybrid propulsion on large ships is possible. MS Roald Amundsen is the first of two hybrid ships to be launched cutting emissions by sailing with electrical propulsion. Hybrid technology, combined with the advanced construction of the hull and effective use of electricity on board will reduce fuel consumption and CO2-emissions on the ships by 20 percent. The future of shipping will be silent and emission free. MS Roald Amundsen will lead the way towards an even more sustainable way of traveling. Sailing on electrical power is not only a great benefit for the environment, but it will also enhance the impact of experiencing nature for the guests. The ship will be specially constructed for voyages in polar waters and serve as a comfortable basecamp at sea - bringing adventurers from all over the world to the most spectacular destinations in the most sustainable way. These ships combine state-of-the-art technology together with a premium onboard experience. All cabins are outside, half have private balconies, and aft suites even boast private outdoor Jacuzzis, to soak up the stunning scenery in style. Facilities on board One of the most eye-catching exterior design features of the ships will be the two-level indoor/outdoor Observation Deck wrapped around the top of the ships' raked bow. In a vast area behind it, you'll find the core of the onboard experience: Amundsen Science Center. Packed with state of the art technology and high tech gadgets such as touch screens and science equipment, the immersive edutainment area will be the place guests and staff/crew meet, mingle and create a deeper understanding for the areas they explore. The flexible venue will feature lecture spaces, a small library, and speciality areas for workshops in photography, biology, and more. The stunning scenery will be reflected in a rich and comfortable interior design. Scandinavian materials from nature, such as granite, oak, birch and wool will be used to create relaxed and stylish cabins and public areas. All cabins are outside, 50 % will have private balconies, aft suites will feature private outdoor Jacuzzis with



spectacular views.



INSIDE YOUR SHIP




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www.small-cruise-ships.com
small-cruise-ships.com
info@small-cruise-ships.com

PRICING