

GULF OF ST. LAWRENCE: WILD & STORIED CRUISE

Coastal arc that links Newfoundland, Labrador, Quebec, and the French archipelago of Saint-Pierre with a sequence of rock coasts, Indigenous homelands, fossil beds, and wildlife reserves. Route runs through iceberg corridors, limestone monolith fields, UNESCO shorelines, Acadian islands, and remote fishing outports. Emphasis on seabirds, whales, geology, and cultural encounters across Atlantic Canada and the Innu territory of Nitassinan.



ITINERARY

Day 1: St. John's, NL, Canada

Your journey begins in St. John's, a vibrant North Atlantic city where history and commerce meet. Set in a vast, amphitheatre-like harbour, the port hums with activity--freighters, cruise ships, offshore vessels, and fishing boats sharing the water below steep hills and colour-splashed neighbourhoods.

As we sail out through the passage known as the Narrows, Signal Hill keeps watch above, and the bright façades of the



Battery seem to cling to the cliffs. If we're lucky, a whale or two may mark the start of our voyage into the open Atlantic.

Day 2: Northeast Coast

Trace the rugged shoreline shaped by the cold, nutrient-rich Labrador Current, aka Iceberg Alley--a marine lifeline that sustains seabirds, whales, and the communities who have long made their lives here. Along this coast, weathered wharves, brightly painted boats, and enduring, hand-built homes speak to generations of resourcefulness.

Whether from ship or shore, you'll witness a landscape where ocean rhythms govern daily life and where craggy headlands, sweeping skies, and working harbours offer endless fascination for the curious and the camera-ready.

Day 3: Henley Harbour & Castle Island

Wander through Henley Harbour, a once-thriving fishing village now gently surrendering to time. Weathered buildings lean away from the wind, and history lingers in the quiet.

Above the harbour, a striking formation of basalt columns known as the Devil's Table rises like a stone altar. Nearby, Castle Island, with similar basalt columns, rises like a natural fortress, its sheer cliffs formed over half a billion years ago.

Day 4–5: Nitassinan, QC

Visit Nitassinan, the ancestral homeland of the Innu Nation, along Quebec's lower north shore. In communities such as Unamen Shipu or Natashquan, local hosts welcome us into a living culture shaped by thousands of years of deep connection to land and sea.

Over two days, you'll hear the cadence of Innu aimun, listen to stories passed down through generations, and engage in moments of respectful exchange--whether through food, craft, language, or laughter.

Day 6: Mingan Archipelago National Park Reserve

Sail into a dreamscape of stone and sea. Along this Gulf coast, wind and water have sculpted limestone into monoliths--towering figures that rise from the Gulf like natural cathedrals. This is Canada's largest concentration of erosion-carved limestone monoliths--but it's also a place where geology, ecology, and imagination meet.

Among a maze of islands and islets, puffins, razorbills, and terns nest on grassy ledges. Spring awakens the meadows with wildflowers, while seals stretch out on sun-warmed rocks. Every curve of the coastline invites wonder.

Day 7: Anticosti, UNESCO World Heritage Site

Welcome to Anticosti--Quebec's wild island in the Gulf and a newly designated UNESCO World Heritage Site. Here, fossil-rich cliffs and deep canyons tell a story 450 million years in the making. White-tailed deer wander through boreal forest, and Arctic-alpine plants cling to windswept rock.

You'll hike to Vaureal Falls, where spring melt sends water crashing into a sheer-walled canyon, and explore the community of Port-Menier--founded by French chocolate magnate Henri Menier and still home to islanders proud to call this place their own. In spring, Anticosti is untamed and alive: a landscape shaped by time, rich with life, and layered with human stories.



Day 8: Parc national de l'Île-Bonaventure-et-du-Rocher-Percé

Sail into one of Quebec's most iconic coastal scenes. Rocher Perce--its massive stone arch rising from the sea--greets us like a gateway to the wild. Get rare views of this geological wonder from the sea. Nearby, Bonaventure Island comes alive each spring with the calls and wingbeats of over 100,000 northern gannets, one of the largest and most accessible colonies in the world.

Watch for kittiwakes, murres, and other seabirds beating their way to or from the feeding grounds or nesting along the ledges. This is a place where geology, biodiversity, and Acadian spirit meet--endless inspiration for photographers and nature lovers.

Day 9: Îles-de-la-Madeleine

Where red sandstone cliffs meet wide beaches and salt-tinged air, the Îles-de-la-Madeleine reveal a bold expression of Acadian identity. Though part of Quebec, these islands are geographically closer to the Maritimes--and feel entirely their own.

Spend the day exploring vibrant fishing villages, lively studios, and cafes where Acadian voices prevail. Meet some of the 12,000 residents who call this windswept archipelago home and taste the island's bounty: fresh-caught lobster, local cheeses, smoked delicacies, and small-batch wines and beers.

The Magdalen Islands are rich in culture, cuisine, and character--and always ready with a warm welcome.

Day 10: South Coast, NL

Along Newfoundland's rugged south coast, the landscape invites exploration at every turn. We'll navigate a coastline carved with hidden bays, narrow fjords, and steep headlands--each offering a new window into the island's geological story.

Depending on conditions, we'll land by Zodiac to hike, beachcomb, or simply stand and take it all in. Wildflowers may brighten the barrens and wildlife appears when least expected. This is the kind of day that rewards flexibility and curiosity--where the journey is shaped by wind, sea, and a spirit of discovery.

Day 11: Saint-Pierre-et-Miquelon, France

Just off Newfoundland's coast, step ashore into a world of cobblestone streets, brightly painted houses, and unmistakably French charm. Saint-Pierre is a living remnant of France in North America--complete with gendarmes, boulangeries, cafes, and markets that hum with island life.

Explore the town's unique blend of European elegance and Atlantic resilience. Taste fresh pastries, sip local wine, browse French goods, and hear the stories that shaped this overseas community--from maritime traditions to rum-running intrigue. It's a small island with a big cultural presence--familiar, and yet delightfully foreign.

Day 12: St. John's, NL, Canada

This morning, we sail back through the Narrows into the wide embrace of St. John's harbour. The colourful houses of the Battery welcome us home, and Signal Hill stands watch, just as it did at our departure.

As we disembark, we'll say farewell to shipmates and expedition team members who have shared stories, sightings, and



unforgettable moments along the way. The journey ends--but the experience, and the connections made, will travel with you long after the lines are tied.

Please note:

Published itineraries are examples only, weather, ice, government regulations, and community requests may necessitate changes to the planned schedules. These sometimes necessary adjustments present exciting opportunities for exploration, discovery, and adventure.



YOUR SHIP: OCEAN NOVA

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VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

The ice-strengthened 73 metre long expedition ship Ocean Nova was built in Denmark in 1992 with high ice class to serve Greenland's west coast. In 2004 to 2005 she was completely refurbished and has now a career as a small and comfortable expedition ship. The Ocean Nova can accommodate 86 passengers (but is often limited to 65 - 80 for some cruises) in single, double and triple cabins, all with sea-view and private facilities. The double cabins have either twin beds. The triple cabins have upper and lower beds. In your cabin you will also find a desk with chair and ample storage space for clothes and equipment. In the dining room you are treated to delicious meals in between landings and in the panorama lounge you can enjoy a drink with a breathtaking view of the surrounding polar landscape. This is where on board specialists entertain and educate you with lectures on polar biology, history, geology and conservation. There is also a library with panoramic views and a good selection of polar books. On board there is a satellite phone, gym and medical doctor. Passengers are welcome on the bridge around the clock and there is always something to see or search for from the spacious observation decks. The ship has North European officers and there is a friendly and informal atmosphere on board. Travelling with this small expedition ship offers an entirely different experience and perspective than you can get on a larger and more conventional cruise ship. Cabins are spread over two decks and include cabins for the single traveller, double and triple cabins, all with sea-view and private facilities. The comfortable dining room located on the Upper deck seats all passengers in a single sitting and offers delicious meals with a mixture of table service and buffet. The informal dining arrangement adds to the friendly atmosphere onboard and meals are a great chance to discuss all you have seen with your fellow travellers, and for the expedition team to share their knowledge. With one of the highest ice classes (1B) and a 2000 hp diesel engine, Ocean Nova is a small but sturdy expedition vessel just as at home in the icy waters of Svalbard as she is in a tranquil Scottish loch. The ship has a crew of 34, including North European officers, whose prime concern is your safety as well as ensuring wildlife sightings and weather conditions are maximised. For your safety there are two fully enclosed lifeboats and a medical





clinic onboard.

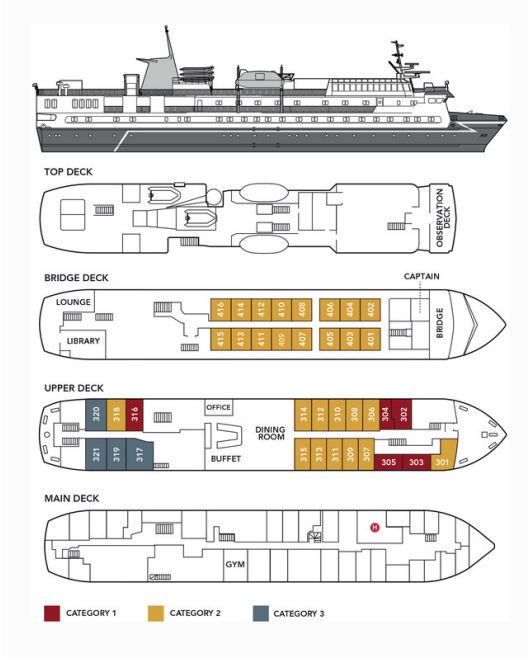
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INSIDE YOUR SHIP



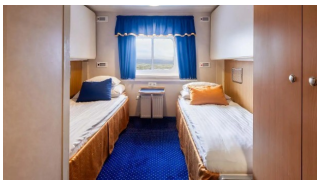
Cabin Category 1



Cabin Category 2



Cabin Category 3



Cabin Category 4



Cabin Category 5



Cabin Category 6





PRICING

24-Jun-2027 to 05-Jul-2027

Cabin Category 1	**£6619 GBP pp**
Cabin Category 6	**£13859 GBP pp**
Cabin Category 2	**£8159 GBP pp**
Cabin Category 3	**£9085 GBP pp**
Cabin Category 4	**£9699 GBP pp**
Cabin Category 5	**£10469 GBP pp**