

GREENLAND DISCO BAY ABOARD OCEAN ALBATROS

Join a majestic adventure in Greenland and experience summer in the Arctic, complete with gigantic icebergs, settlement visits, the stunning Eqi Glacier and Greenland in a changing climate. Travelling by sea is still the best way to experience Greenland. The places most worth seeing are situated along the dramatic coastline: small and colourful houses resting on the steep mountainsides down to a fjord, giant glaciers producing enormous icebergs, meanwhile, whales and seals play in the sea. And only a few minutes' hike away, you will find yourself totally isolated, surrounded by wilderness. The people of Greenland live along the coast in small towns and settlements in summer, only accessible from the sea. Their culture, architecture and living conditions are enriched and limited by the harsh nature of the Arctic. On our town visits, you can meet hospitable Greenlanders and learn more about the Inuit culture. But global warming is changing Greenland's arctic environment at an alarming rate. On this 8-day voyage to Disko Bay and Uummannag, we follow the tracks of scientists and decision-makers to see with our own eyes the retreating glaciers and gasp at the thought of losing them. During our third day of the cruise, we visit the Danish Research Station on Disko Island. The expedition concept means we will utilize Zodiacs for beach landings and enjoy nature hikes to get close to receding glaciers. We reach our northernmost point at the fabulous town of Uummannaq. Before heading southbound, we attempt to make a Zodiac landing at Eqip Sermia, a giant retreating glacier and visit Ilulissat, the 'Iceberg Capital of the World'. Our last visit is to the small Inuit settlement of Sarfannguit. Back in Kangerlussuaq, we disembark and enjoy a city tour (optional)

before flying back to Iceland or Denmark. Unforgettable experiences await you in



Greenland!

ITINERARY

DAY 1 KANGERLUSSUAQ, GREENLAND - EMBARKATION

On the first day of our expedition, we board our flights bound for Kangerlussuaq on the west coast of Greenland.





Situated at the head of a 160km long fjord of the same name, Kangerlussuaq is Greenland's only inland town, and was established as Søndrestrom Air Base/Bluie West-8 by American troops in 1941. Existing largely to service the airport, the town of Kangerlussuaq itself retains a strong 'Cold War' feeling, hinting at its extensive American military use before it was signed over to the Greenlandic Government in 1992. Today Kangerlussuaq is Greenland's largest air hub, with flights arriving daily from Denmark and around the country. It's stable climate and lack of fog makes it ideal as an airport, but it exhibits some of the most varied temperatures in the country, commonly registering the highest summer and lowest winter temperatures due to its inland location.

Upon arrival in Kangerlussuaq, you will be transported to the small port located west of the airport, where the Ocean Albatros awaits at anchor. Zodiacs will transfer us the short distance to the ship, where you will be checked in to your stateroom. After the mandatory safety drill, enjoy dinner and a glass of champagne as we set sail a course for adventure through the 160-kilometre Kangerlussuaq fjord.

DAY 2 SISIMIUT - GREENLAND'S SECOND CITY

After breakfast, Ocean Albatros will arrive in the colourful city of Sisimiut. With around 5,400 inhabitants, it is Greenland's second largest city, and one of the most interesting to explore. Paleo-Inuit people have lived around Sisimiut on and off since 2,500 BC, arriving in waves of migration from Arctic Canada.

Remnants of turf huts and tent camps from this time can be found thorughout the vast back country which surrounds Sisimiut, including on Tele Island, a short pleasant walk from the harbour.

In 1756, Count Johan Ludvig Holstein established a colony here and called it "Holsteinsborg". The oldest part of Sisimiut features town houses from this era, and the oldest dates back to 1756. One of the most culturally significant buildings is the Blue Church, built in 1775, now a landmark in the city's historical museum district, arguably the best preserved in Greenland, and the perfect place to discover the Greenland of old.

Nowadays, Sisimiut is an important hub of education and industry, and local factories process the bulk of fish caught in the country (Greenland's largest export). The fish processing plant in the harbour is one of the largest in Greenland, and among the most modern in the world. Just beyond the harbour sits the headquarters of KNI, the government-operated company which resupplies the many small settlements throughout Greenland - a vital service in a country with so many remote communities.

The busy city centre of Sisimiut offers a glimpse of what daily life is like in 21st-century Greenland, where seal hunts and smartphones collide. Take a refreshing stroll around Spedjesø and take in an exhibition at the city's cultural centre Taseralik, explore the region's fascinating heritage at the city museum, or visit the Artists Workshop, where savvy shoppers can purchase traditional artworks direct from the artist. As evening falls, we will leave Sisimiut and set a course for the iceberg studded waters of Disko Bay (Qeqertarsuup Tunua) as Ocean Albatros



sails for Qegertarsuag.

DAY 3 QEQERTARSUAQ ON DISKO ISLAND

Nestled below Disko Island's 1,000-metre mountains, we pull into port in a beautifully sheltered natural harbour. The place was aptly named Godhavn ("Good Harbour") in Danish, while its Greenlandic name "Qeqertarsuaq" simply means "The Big Island".

For most of Greenland's modern history, Godhavn was the political and economic capital of North Greenland (while Godthab, now Nuuk, served this role in Southern Greenland). Its importance was due to the vast economic activity generated by whaling in Disko Bay, the preeminent Arctic industry since the 16th Century. As the whaling industry collapsed in the early 1900s, Godhavn lost its political status as all government functions moved south to Godthab/Nuuk, and the town was forced to reinvent itself, changing its name to Qeqertarsuaq in 1979 . Today, hunting and fishing are the main industries in Qeqertarsuaq, while tourism is becoming increasingly important. Ferries arrive in the town daily in summer from around Disko Bay, while in winter, access is only by helicopter from nearby Ilulissat.

Qeqertarsuaq's sweeping red-and-black basalt mountains are radically different to the rolling granite hills which characterize much of Greenland, and provide a much richer soil. Despite being situated well above the Arctic Circle, this rich volcanic soil and the area's mild microclimate make it much more green and lush compared to the rest of the country. Locals from all over

Disko Bay come to the island in summer to hunt and collect angelica, herbs and mushrooms, and the stunning rock formations and black sand beaches attract visitors from all over the world. The town itself is typically Greenlandic, with quaint multicoloured homes, a splendid museum, and the unique octagonal church nicknamed 'God's Inkpot' (built in the Norwegian stave style). With excellent hiking opportunities, friendly locals, and a fascinating place in regional history, Qegertarsuag has a lot to offer.

On the afternoon of our day on Disko Island, we will reposition our vessel slightly to the east and launch our fleet of Zodiacs to explore the coast of Kuannit. Kuannit means 'Angelica' in Greenlandic, referring to the herb which grows abundantly on the rich south-facing slopes of the island. This stretch of coastline is one of Greenland's best kept secrets; with lush greenery dripping with water from mountain springs, spectacularly weird basalt rock formations riddled with caves and waterfalls, and plenty of sapphire-blue icebergs, this section of coast is one of the most spectacular in the Arctic.

From Kuannit, we will set a northerly course towards Uummannag.

DAY 4 UUMMANNAQ - THE GREENLANDIC RIVIERA

The small city of Uummannaq sits perched precariously at the foot of a massive mountain. Like the rest of the area, here the mountain reaches vertically out of the icy depths, punching 1170m into the clear blue sky. Uummannaq mountain (translated from Greenlandic as "heart shaped") is a true



Greenlandic icon, and is a mecca for climbers who visit from all over the world. The city itself occupies a small area of flatter ground at the foot of the mountain, founded by Danish colonists in 1763 - some of the original buildings from this era can still be visited in the harbour-front area. More recently, Uummannaq has become famous in Scandinavia as the home of Santa Claus - the small turf house belonging to the festive hero himself can be reached via a pleasant (if challenging) 2-3h hike out of town.

As for many towns in Greenland however, the Inuit history of the area reaches back much further. At some point around the year 1600, a group of Inuit women and children died in the area (possibly in a boating accident). They were lovingly laid to rest in a rocky cairn under a cliff on the mainland overlooking Uummannag at a site called Oilakitsog, protected from the rain and snow, but exposed to the dry Arctic wind which mummified their bodies. They were rediscovered in 1972 by two brothers from Uummannag (possibly on the advice of elders in Uummannag, who had preserved rumours of the site for centuries). The mummies were taken to Denmark for analysis before being returned to Greenland, where today they rest in the National Museum in Nuuk. The small museum in Uummannaa did not have the facilities to house such an important find, but several artefacts such as clothing from the archaeological site (as well as a plethora of finds from before, during and after the Qilakitsog period) are displayed, along with a cabinet of curiosities from the city's brief mining boom.

Uummannaq itself is a lively little town. Expect to see enterprising locals selling handicrafts in the grassy town square, while others sell their catch in the local fish market - always a fascinating sight. Watch fishermen bait their long lines as they

head out in search of halibut, or load up with provisions for hunting trips deep into the vast fjordlands outside town.

Ensure you are on Ocean Albatros' outer decks during our sail-out from Uummannaq - the deep clear blue iceberg-studded waters of the fjord and the dramatic vertical mountains around the city offer some of the best views in Greenland. With a calm microclimate and round-the-clock summer sunshine, not for nothing is this staggeringly beautiful area nicknamed the Greenlandic Riviera!

DAY 5 EQIP SERMIA GLACIER

From Uummannaq, we return to the heart of Disko Bay, setting sail towards Eqip Sermia.

Eqip Sermia (a typically descriptive Greenlandic name meaning 'the Glacier at the End of the Fjord') is a relatively small glacier compared to many in Greenland, although it is still a truly vast river of ice, flowing directly from the Greenland Ice Sheet. It is also one of the most active, and ice tumbles off the vast glacier-front almost constantly. Watching the vast cataracts of ice fall into the ocean is a sight which has to be seen to be believed, and the comfortable viewing decks of Ocean Albatros offer the best possible platform to do so... Perhaps with a specially crafted cocktail in hand!

If conditions allow, we will launch our fleet of Zodiacs to approach this vast river of ice, and hopefully experience the roar of the glacier's frequent calvings at sea level (from a safe distance of course)!





From Eqip Sermia, we will reposition slightly southwards during the evening towards Ilulissat, the largest city in Disko Bay and the Iceberg Capital of the World.

DAY 6 ILULISSAT - ICEBERG CAPITAL OF THE WORLD

This is it. This is why visitors from all over the world come to Greenland. Translated from Kalaallisut simply as 'icebergs', Ilulissat is rightly known the world over as 'the Iceberg Capital of the World'. Surely no other city on Earth occupies such a spectacular natural setting.

Situated within a short walk of the harbour lies Ilulissat Icefjord, Greenland's most famous site. Choked with city-sized icebergs so closely packed one could almost walk across to the other side, Ilulissat Icefjord stretches 70 km from its outlet in Disko Bay near the city of Ilulissat back to the Sermeq Kujalleq glacier. This is the single largest glacier on Earth outside Antarctica, draining 13% of the Greenland Ice Sheet, and producing 10% of all the ice in the Northern Hemisphere (enough water to supply the annual needs of the entire United States). These mind-blowing statistics, together with the indescribably beautiful scenery, have secured the Ilulissat Icefjord designation as a UNESCO World Heritage Site.

While archaeological finds detail the long Inuit habitation of the area, the modern town has steadily flourished in the 280 years since its establishment; legendary Arctic explorer, Knud Rasmussen was born in Ilulissat, and his childhood home now

houses the city museum. Today, Ilulissat is Greenland's third largest town, with more than 4,500 inhabitants, and is undoubtedly Greenland's tourism capital, with more hotel rooms than even Nuuk. The city offers excellent amenities to visitors, with fresh locally caught seafood served in the city's cafes and restaurants, and excellent shopping - look out especially for the Artist's Workshop above the harbour, where you can buy handmade artworks direct from the artist. The city typically experiences dry sunny weather throughout the summer, and there are a variety of well-marked hiking routes around the Icefjord, with options to suit all abilities.

During the visit you will have the opportunity to join a boat trip with a local captain to the Icefjord (optional excursion - charge applies). The journey takes about two and a half hours and is considered the best way to experience the magic of Ilulissat Icefjord up close. If a hike or a trip by boat does not present enough excitement, there is also the opportunity to join a flightseeing excursion in fixed-wing aircraft over the Icefjord (optional excursion - charge applies).

Please note the boat and flight excursions to the Icefjord are not included in the general tour price. Refer to Price Information for further details.

DAY 7 THE SETTLEMENT OF ITILLEQ

The settlement of Itilleq, which translates roughly as "the Crossing Place from the Sea" nestles at the foothills of the mountains and and fjords which line central Greenland's backcountry. Situated just north of the Arctic Circle, Itilleq is one





of the many tiny villages dotting the coast of Greenland. The settlement is situated in the heart of the Aassivisuit-Nipisat UNESCO World Heritage Site, which was inscribed due to its ancient Inuit hunting heritage, documenting the entire habitation history of Greenland.

While the turf houses and hide tents have been replaced by colourful modern houses, the lifestyle here has changes little since the Inuit first arrived in Greenland. The local highways are the water and the ice, and the sea and tundra continue to nourish the locals, as they has for thousands of years. Arctic char, reindeer and muskoxen are typical catches, and are all plentiful in the area.

Despite this ancient heritage, locals in Itilleq are still firmly in the modern world, with smartphones, speedy wifi and satellite TV. However, the people of Itilleq remain justly proud of their ancient heritage, and continue to move their culture forward in a modern fast paced world. Locals are pleased to show off their piucturesque town, and visitors are greeted with typical warm Greenlandic hospitality.

After departing Itilleq, we will head slightly south and enter the 160km-long Kangerlussuaq Fjord.

DAY 8 KANGERLUSSUAQ, GREENLAND - DISEMBARKATION

During the night, we will sail up the 160-kilometer/100 mile Kangerlussuaq Fjord. After breakfast aboard the ship, we will bid a fond farewell to the ship's crew, Expedition Team and fellow travellers before shuttling ashore by Zodiac.

Due to Kangerlussuaq's military history and present-day role as an important air travel hub, Kangerlussuaq remains fairly isolated from Greenland's rich cultural traditions, in comparison to other regions. While you still find cultural experiences when visiting Kangerlussuaq, the most impressive attraction is the surrounding nature, which is just beckoning to be explored. The town itself was largely constructed by the American military in the 1950s, and this small airport town has retained something of its Cold War atmosphere. Your Arctic adventure and time in Greenland concludes as we board the flight from Kangerlussuaq back to the southern world.

Please Note:

Please keep in mind, the itinerary and outdoor activities during each voyage are solely dependent on weather and operational conditions to ensure the safety and quality of experience of our guests.



YOUR SHIP: OCEAN ALBATROS

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Ocean Albatros

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

The Ocean Albatros will be deployed to a large selection of expedition cruise destinations, Antarctica, the Arctic, any various exciting new destinations in between. With a total of 95 comfortable staterooms and suites, all with unobstructed sea view, most with their own balcony, the Ocean Albatros will definitely become one of the most popular expedition cruise vessels in the world. Like it's sistership, the Ocean Victory, it offers two restaurants, a wellness area, an Albatros Nordic Bar, an open deck dining facility, a modern lecture lounge, and other state-of-the-art amenities. The vessel will have more than a 50% lower carbon footprint than traditional expedition vessels and be one of the most environmentally friendly, implementing the Green Initiative Program, ensuring both absolute comfort and sustainability for our guests. Unlike the Ocean Victory, the Ocean Albatros will also offer a unique panorama sauna, and a of 12 dedicated solo travel cabins single-supplement. The vessel belongs to the greenest generation of cruise ships in the world. Its tier 3 compliant engines give up to 80 percent less emissions and operate on significantly lower fuel consumption. BRIDGE Due to its important role as a control center for all nautical and technical

processes, the ship's bridge is a vital, sensitive place. Therefore, the bridge may not be accessible to the public at all times. Conditions permitting, we will be happy to welcome you into the bridge for a visit. Guests must be accompanied by the master or our expedition leader. STATEROOM SERVICE Your stateroom is serviced daily. We provide a turn-down service. We provide meal to room only for serious cases of guest being sick. Our suites will have VIP services. ZODIAC LANDINGS One feature of our expedition cruises includes landings and excursions aboard Ocean Albatros's fleet of 18 inflatable, motorized rubber "Zodiac" boats. The Zodiac brand has earned a well-deserved reputation as the sturdiest and safest small watercraft available. These boats have a low draft and great stability. Zodiacs are constructed for professional use and are outfitted with a top-quality outboard engine, yet their design minimally impacts the environment. The Zodiacs are designed to provide unrestricted access to the world's last great frontier. Their versatility enables us to make landfall on remote shores, cruise along awe-inspiring coastlines and share breathtakingly close encounters with whales, seals, penguins, seabirds and more. We will come within arm's reach of icebergs and set foot on land discovered by pioneering explorers just over a century ago. Your safety and comfort are our #1 priority, and your expedition leader will carefully plan for as many Zodiac excursions as possible, dependent upon the local weather and prevailing conditions. In each case, the expedition leader makes the final decision if the landing is possible or not. Safety regulations apply on landings. All guests receive a mandatory instruction of the safety guidelines. Life jackets are mandatory to wear. Please



note, we highly recommend the use of waterproof bags in order to protect your personal camera or binoculars, as both hands must be free of everything during boarding. Participation is fairly easy and comfortable for able-bodied guests but can be more challenging for those with physical handicaps. GRATUITIES Following international standards in the service industry, it is customary to leave gratuity for the ship's crew at the end of the voyage. All gratuities will be divided among the crew. Typically, a recommended amount is approximately 13.5 USD per person per day. Gratuity is, of course, not required and any gratuity payments are voluntary. DRESS CODE The dress code on board is casual. Ties, jackets and evening dresses you may leave at home. It is rather more important to wear the right clothes in order to adapt to the different weather conditions. We recommend comfortable, breathable, waterproof and windproof clothing. Also, you should have a pair of gloves, thermal underwear and sturdy footwear in your luggage. For the captains and farewell cocktail, we recommend a smart casual dress style. INTERNET / PHONE Keep in mind, we will be cruising in a very remote region of the world. Where accessible, internet access is available for an extra charge. Mobile phone reception may be possible in select regions along our route. For further details please contact your mobile phone operator. Prices can be found in the information folder in your state room. Please ensure that your 'Data Roaming' function is switched off. RECEPTION The daily office hours of the board reception are from 06:00 until 23:00. ALBATROS OCEAN SHOP The selection of items available for purchase varies by ship, and may include a range of warm and practical clothing, as well as souvenirs, local arts and postcards at reasonable prices. A small selection of soap, toothpaste and other personal effects are also sold. HEALTH / MEDICAL EMERGENCY Each of our vessels has a small medical

facility equipped with the necessary equipment and medicine to handle small emergencies. The infirmary is always staffed by a professionally licensed, English-speaking physician and nurse. Should a serious incident occur, the nearest hospital will be contacted. All guests must have personal travel/health insurance. Although we do not have an official requirement regarding personal fitness, you should be able to move on board and ashore without the help of others. Please be aware that the ship does not provide wheelchair accessible state rooms. Due to safety reasons a cruise is only possible for pregnant women until the 24th week of pregnancy. The state of pregnancy must be presented by a medical certificate. PHYSICAL DISABILITIES / WHEELCHAIR ACCESSIBILITY Guests with physical disabilities are recommended to travel with an accompanying person. The processes on board should be handled without external help. The gangway can be - depending on the individual disability - a challenge. The angle of inclination of the gangway varies due to tide and different circumstances in the respective port. Please note that the guest's participation in shore excursions as well as the (dis-)embarkation by Zodiac can be denied by the expedition leader due to security reasons. The instructions of the expedition leader must be followed. The ship is not suitable for wheelchairs. SEASICKNESS / STABILISATORS The ship is equipped with stabilizers in order to reduce the ship's roll. However, these expeditions are hosted in remote regions, and it is possible to periodically encounter changing environments and climate patterns, including rough seas and large swells. Seasickness patches (Scopoderm or similar) work solely or in part to help cure nausea for most people. These medicines can cause sleepiness. If you are prone to motion sickness, consult with your doctor prior to departure to help ensure your comfort while travelling. SPECIAL DIETARY REQUESTS All meals on board



the vessel is chef-prepared. If you have special dietary requirements (food allergies, intolerances, health conditions or religious preferences), please inform us as early as possible ideally, no later than 2 weeks before departure. In order to ensure efficient service, please re-confirm your requirements with the crew upon boarding the ship. LAUNDRY If you wish to have some laundry done while aboard the ship, laundry service is available for an

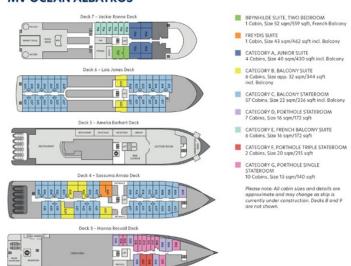


additional fee.



INSIDE YOUR SHIP

MV OCEAN ALBATROS





PRICING