

FROM THE CATALAN SHORES TO THE ITALIAN COASTLINES LUXURY CRUISE

C ote d'Azur, Italian Riviera, Spain : this break concentrates some of the most beautiful landscapes in the Mediterranean, featuring citrus-coloured villages perched above turquoise coves. Old stones, emblematic monuments and local traditions will then peacefully reveal themselves, like an invitation to explore the history of the region and its famous taste for hedonism. Along the timeless shores of the Western Mediterranean , surrender to the magic of a cruise on which each stopover reveals a new horizon, a fragment of art, architecture or tradition. The landscapes sculpted by wind and sea, the cities bathed in golden light: savour the magic of this unique journey.



ITINERARY

Day 1 - Tarragona

Tarragona is situated on the Costa Dorada, in the south of Spain's Catalonia region. Known as Tarraco in Roman times, the city boasts very important archaeological and architectural vestiges that are magnificently well preserved. These earned it a place on the UNESCO World Heritage list in 2000. Do not miss this opportunity to visit **the Roman amphitheatre** , which is located on a beautiful natural site by the sea and is exceptionally well preserved. A stroll through the streets of the old medieval town to the cathedral, which was completed in the 14th century, is a wonderful way to end your visit to this welcoming city.



Day 2 - Collioure

Collioure is a delightful little Catalan port, a link between the **Pyrenees and the Mediterranean** , backing onto the Alberes massif, from which vines tumble down towards the sea. From the port, you'll spot the **Church of Our Lady of the Angels** , whose bell tower has assimilated the former lighthouse, and the imposing silhouette of the **royal medieval castle** , a designated historic monument. It was successively home to the kings of Majorca, Aragon, Spain and France. Wandering the narrow alleyways of the **old town** , you'll discover colourful houses distilling a melodious palette enhanced by the Mediterranean sun. It is no accident that the **Fauve movement** , led by Matisse, created a new pictorial language here, bringing together colour and emotion.

Day 3 - Cassis

A discreet outpost of the glittering French Riviera, the port of **Cassis** masterfully plays its Provençal music. Between the **stunning calanques coves** and **Cap Canaille** , the town stretches out with charming southern houses, their blinds repainted countless times, while the port exudes such a sunny and recognisable feeling, giving everything here a festive spirit. The surroundings are also well worth the visit: hills drooping beneath the vines, parasol pines curling up into the azure of the sky, prickly pears hanging onto white limestone, the Provence of the Fauvist painters unveils itself in this idyllic spot.

Day 4 - Menton

City of art and history , Menton is located at the far eastern side of the Cote d'Azur. You will be won over by the Provence houses with their palms and lemon trees. Very close to the **Saint-Michel-Archange basilica** , take a mosey around the charming place aux Herbes, and the medieval streets that follow a sinuous plan. Here and there, you can see snatches of the coastline. These picturesque points of view have attracted artists since the beginning of the 20th century. Don't miss works by the most famous Menton figure: **Jean Cocteau**. They are exhibited in two museums: the Bastion museum and the Severin-Wunderman collection.

Day 5 - Portofino

Close to the Cinque Terre, **Portofino** is the jewel of the **Ligurian Riviera**. This "small village that stretches like a half moon around a silent basin", described by Guy de Maupassant, is today a pretty, lively little port that has managed to preserve the authenticity of its maritime traditions, which have been recognised since Ancient times. Built in the hollow of a small natural cove sheltered by the pine forest, the village is at the heart of a **protected maritime reserve**. The shimmering colours of its house fronts and the exceptional location of this village have inspired many authors and artists. You will also see the **Portofino lighthouse** , immaculate in its green setting. Perched on the **Punta del Capo** , it watches over the peninsula and its postcard setting.

Day 6 - Livorno

On the ligurian coast, **Livorno** invites us to **Tuscany** , a charming region offering **archaeological vestiges** , **Renaissance** treasures, undulating landscapes and a pleasant way of life. When the **Medicis** arrived in the 16th century they developed the city, which became **one of the most important ports in the Mediterranean.** Cosmopolitan and multireligious, Livorno has welcomed many immigrants and is a wonderful example of cultural diversity. Built during that period, **Fortezza Vecchia** and **Fortezza Nuova** attest to the city's power. At the foot of the new fort, **Nuova Venezia**



is an enchanting district with small canals and streets to stroll along to discover a few architectural treasures, such as the magnificent Santa Caterina da Siena church in the Tuscan baroque style.

Please note:

Itineraries are subject to change.



YOUR SHIP: L'AUSTRAL

YOUR SHIP:	**L'Austral**
VESSEL TYPE:	
	142 metres. Passenger Capacity:
	264 (200 in Antarctica). Built:
LENGTH:	**2011**
PASSENGER CAPACITY:	
BUILT/REFURBISHED:	

Luxury Expedition / Cruise Ship This superb mega-yacht with 132 cabins is the result of the expertise of the Italian Fincantieri shipyard and French sophistication, as interpreted by designer Jean-Philippe Nuel. L'Austral has a unique atmosphere, a subtle blend of luxury, intimacy and well-being. A sleek silhouette softened by elegantly smooth contours and large, arched windows opening up to the sea and the light: so many features come together to give L'Austral her distinctive shape. Precious materials, discreet elegance and a perfect balance between chic and casual, combine to make you feel as if you are on your own private yacht. A design blending tradition and innovation, where a nautical mood has been subtly recreated. Precious materials in smoothing neutral tones are brought to life with splashes of cheerful reds. So many personal touches create the spirit of a "private yacht". Suites and staterooms You can expect magnificent ocean views as 124 staterooms and suites have balconies. Individually-controlled airconditioning · Cabin layout: kingsize bed, or twin beds, communicating cabins available (children welcome) · Minibar · Flat screen satellite TV · IPod™ players · Desk with stationery · Electronic safe · French bath products · Dressing table and hairdryer · Bath robes · Satellite direct line telephone · 110/220 volts · 24hr room service · WiFi · Balcony Cuisine Loyal to the great French tradition, the haute cuisine on board is worthy of the finest restaurants, where discreet, attentive service is the hallmark. Choose from two restaurants for breakfasts, lunch and dinner. The Gastronomic Restaurant is situated on Le Liberte Deck and serves you French and international cuisine accompagnied by fine wine. On the Grill Restaurant, you have the opportuniny to eat outside and enjoy buffet lunch and themed dinner. Life On Board Whether you want to join other guests in the theatre or games area (Wii™ consoles, etc), or relax on your own in a quiet corner of the library, L'Austral has been designed to meet the needs of every guest. Everything has been done to preserve the independence of each guest to suit their personal tastes: lounges for lectures and shows, a spa in partnership with Sothys™, but also more intimate spaces such as the library and internet corner. Comfortable cabins, nearly all with private balcony, are available for families either as triples or as communicating cabins. There is also a games area with Wii™ consoles, children's menus, and a baby-sitting service. Just as if you were on a private yacht, your time is your own to do as you please. Fitted with the latest equipment (Kinesis Wall, running machine) and in partnership with the famous Sothys™ brand, the Beauty Centre on L'Austral welcomes you for some unforgettable moments of relaxation and pampering (beauty treatments, hairdresser). Wheelchairs 3 specially adapted wheelchair cabins (Deck 3 = Superior cabin no. 307, no balcony, Deck 4 = Prestige Cabin no. 407 - with

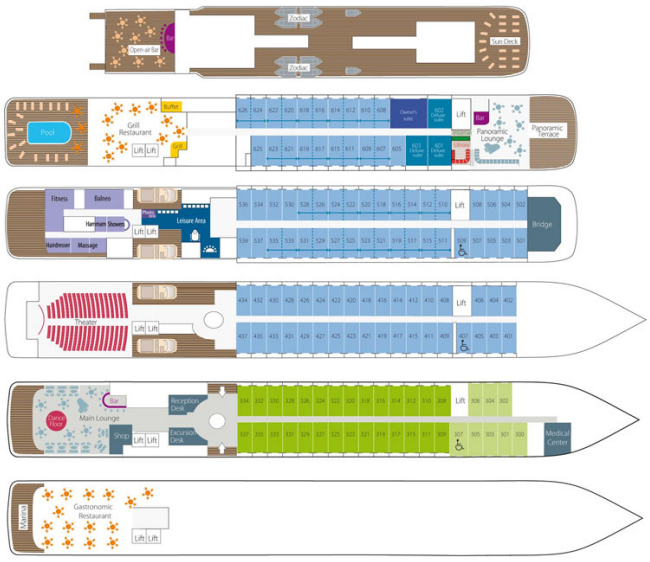
balcony and Deck 5 = Prestige Cabin no 509, with balcony) and lifts to all decks/areas. Details Please click the following links to read more about Ponant and the other Ponant



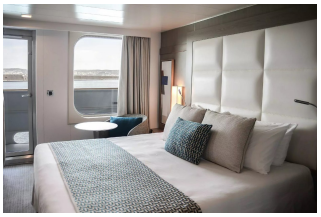
cruise ships.



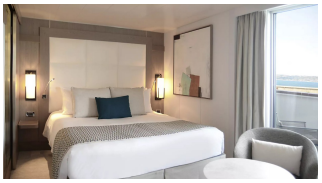
INSIDE YOUR SHIP



Deluxe Stateroom



Deluxe Suite



Owner's Suite



Prestige Stateroom Deck 4



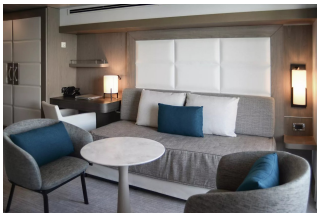
Prestige Stateroom Deck 5



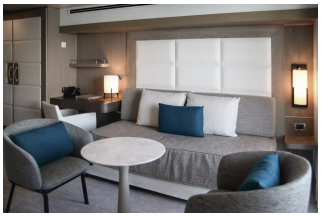
Prestige Stateroom Deck 6



Prestige Suite Deck 5



Prestige Suite Deck 6





Superior Stateroom





PRICING

10-Sep-2028 to 15-Sep-2028

Prestige Stateroom Deck 6	£3465 GBP pp
Superior Stateroom	£2835 GBP pp
Prestige Stateroom Deck 4	£3135 GBP pp
Deluxe Stateroom	£2985 GBP pp
Prestige Suite Deck 5	£6075 GBP pp
Deluxe Suite	£5495 GBP pp
Prestige Stateroom Deck 5	£3285 GBP pp
Prestige Suite Deck 6	£6225 GBP pp
Owner's Suite	£9535 GBP pp