FROM REEF TO RAINFOREST SMALL SHIP SAILING CRUISE

Discover the natural wonders of the Eastern Caribbean aboard the elegant SEA CLOUD SPIRIT on this seven-night voyage from Antigua to Barbados. Sail beneath towering square sails between volcanic islands, lush rainforests, and idyllic coral-fringed bays while experiencing the relaxed charm of the Lesser Antilles. Explore the dramatic landscapes of Dominica and St. Lucia, wander the historic streets of Saint-Pierre in Martinique, breathe in the fragrant spice plantations of Grenada, and enjoy the crystal-clear waters of the Tobago Cays. Combining leisurely sailing days with opportunities for hiking, snorkelling, swimming, and cultural discovery, this journey offers the perfect balance of adventure, relaxation, and Caribbean beauty. _Some departures may have slightly modified itineraries. Please confirm the itinerary with an Expedition Specialist._

ITINERARY

Day 1 St. John's, Antigua

Departure 7:00 pm

St John's is the capital of this small island in the Antilles, a former British colony. From Shirley Heights in the south you have a fantastic view over the English harbor and Nelson's Dockyard, an old restored shipyard named after the Admiral. Visit Betty's Hope, a restored sugar mill where "white gold" would have been processed during the island's bitter past. Now sweet black pineapples grow in the gentle rolling landscape around Boggy Peak. The coast is lined with bays and lagoons, dazzling white

palm-filled beaches - one for every day of the year - and an almost unbroken coral reef.

Day 2 Cabrits, Dominica

Arrival 1:00 pm, Departure 7:00 pm

Dominica, nicknamed the Nature Isle of the Caribbean, is one of the most untouched of the Windward Islands. It boasts some of the highest mountains in the Lesser Antilles, as well as many beautiful national parks. Its interior is characterized by thick forest, where rivers plunge into the depths and tiny streams wind through the jungle. Two extinct volcanoes are at the center of the Cabrits National Park and, recaptured by nature, the former strategically important Fort Stanley appears like a picturesque backdrop in the heart of the lush woodlands.

Day 3 Saint-Pierre, Martinique

Arrival 8:00 am, Departure 6:00 pm

The 'Paris of the Islands,' the 'Pearl of the Antilles,' or the 'Venice of the Tropics' - Saint-Pierre in the northwest of the French dream island Martinique has always inspired romantic comparisons. Founded in 1635, the city at the foot of the volcanic mountain Pelee flourished due to sugar and slave trade, becoming the economic and cultural center of the island. Prosperity continued until 1902 when Pelee erupted, destroying Saint-Pierre and burying 30,000 people under lava, embers, and ash. Today, the coastal town is officially classified as a 'City of Art and History': In addition to the ruins of the theater and the old church, the intricate buildings of the Chamber of Commerce and the cathedral are worth a visit.

Day 4 Day under full sails

Climbing the rigging, untying ropes, setting sails - today is all about sailing. Time to lean back and relax in the deck chair and watch the passionate crew hoisting the sails by hand.

Day 5 St. George's, Grenada

Arrival 8:00 am, Departure 1:30 pm

Beautiful beaches, aromatic spice plantations, dense rainforests, waterfalls, and a volcano that has long been extinct define this stunning island. For many people, Grenada is the incarnation of a tropical paradise and St. George's the most beautiful little port in the Grenadines. All around the horseshoe-shaped bay there are numerous houses reminiscent of colonial times. There is good reason why nutmeg is immortalized on the national flag. Alongside cloves, cinnamon and ginger, it is one of the island's biggest exports.

Day 6 Tobago Cays, St. Vincent & Grenadines

Arrival 8:00 am, Departure 5:00 pm

Right in the south of the Grenadines are the Tobago Cays - four small uninhabited islands, surrounded by a protective horseshoe-shaped coral reef. The Horseshoe Reef holds the Atlantic swell at bay and its unique animal and plant life make it an ideal place for snorkelling. The lagoon between the islets shimmers in all shades from turquoise through to emerald green and invites you to take a dip at the fantastic beaches.

Day 7 Soufrière, St. Lucia

Arrival 8:00 am, Departure 2:00 pm

Two famous volcanic cones are indisputably the emblem of St. Lucia and have been designated as UNESCO World Heritage Sites. Gros and Petit Piton tower over the southern, windward side of the island and, in Soufriere, seem close enough to touch. The volcanoes have in fact long been extinct, but the sulphur springs demonstrate the power of the earth's core and still bubble up. In the Botanical Gardens, natural abundance is

combined with artistic arrangements to create a colorful tropical paradise. Some people claim that Josephine, who later became Napoleon's wife, used to bathe in the little pool in the garden.

Day 8 Bridgetown, Barbados

Arrival 8:00 am

More than 300 years of British rule have left their mark. The whole of Bridgetown, Barbados' historic center, with its colonial architecture surrounding Trafalgar Square, is a UNESCO World Heritage Site. A green hilly countryside and endless fields of sugar cane characterize the island's landscape. Old colonial houses are reminders of the high life of the plantation owners, while innumerable colorful chattel houses are evidence of their workers' moveable properties. The sweeping coastline is a picture postcard of fine sandy beaches and turquoise sea surrounded by vibrant coral reefs.

Please note:

Itineraries are subject to change.

YOUR SHIP: SEA CLOUD SPIRIT

YOUR SHIP: **Sea Cloud Spirit**

VESSEL TYPE:

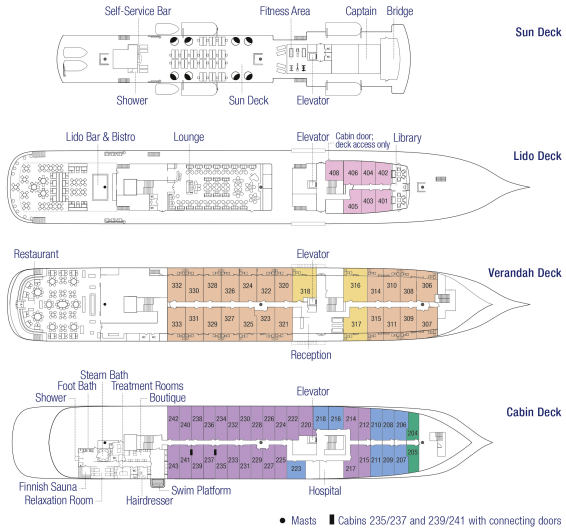
LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

Building a three-mast full-rigged ship with traditional rigging in the 21st century may seem a little unusual. For SEA CLOUD CRUISES it is a commitment to true passion for sailing. With her clear, classic line she follows the example of her elegant windjammer sisters, but goes completely new ways. An entire deck with balcony cabins, an exclusive wellness and SPA area, a fitness room with sea view, a bistro on deck as an evening alternative to "fine dining" in the restaurant - the youngest member of the SEA CLOUD family offers plenty of room for individuality in addition to genuine windjammer romance. The SEA CLOUD SPIRIT combines traditional windjammer experience with 21st century comfort with up to 136 passengers. Cabins Even more comfort: of the 69 cabins from the owner suite to the superior outside cabin, almost half have balconies or windows to open. Public areas Spacious decks, a generous wellness and SPA area, fitness with sea view and much more: on board the SEA CLOUD SPIRIT, one does not only enjoy the freedom under sails.

INSIDE YOUR SHIP



Cabin Categories:

Cat. A Suites with balcony	Cat. C De luxe lido cabins, outside	Cat. E Superior cabins, outside
Cat. B Junior suites with balcony	Cat. D De luxe cabins, outside	Cat. F Superior single cabins, outside

Category A: Suites with balcony. From

Category B: Junior suites with balcony. From

Category C: De luxe lido cabins, outside. From

Category D: De luxe cabins, outside. From

Category E: Superior cabins, outside. From

Category F: Superior single cabins, outside. From

PRICING

07-Mar-2028 to 14-Mar-2028

Category E: Superior cabins, outside. From	£4039 GBP pp
Category D: De luxe cabins, outside. From	£4653 GBP pp
Category F: Superior single cabins, outside. From	£4956 GBP pp
Category C: De luxe lido cabins, outside. From	£5310 GBP pp
Category B: Junior suites with balcony. From	£6271 GBP pp
Category A: Suites with balcony. From	£7218 GBP pp

21-Mar-2028 to 28-Mar-2028

Category E: Superior cabins, outside. From	£4039 GBP pp
Category D: De luxe cabins, outside. From	£4653 GBP pp
Category F: Superior single cabins, outside. From	£4956 GBP pp
Category C: De luxe lido cabins, outside. From	£5310 GBP pp
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