

EXPEDITION CARIBBEAN ISLANDS: THE UNTAMED SIDE OF THE CARIBBEAN

One paradise after the next is just waiting to be discovered. Explore the unspoilt, less travelled areas of the Caribbean. Take time to pause and dream, and immerse yourself in myths, legends and the vibrant Caribbean spirit.



ITINERARY

Day 1 Halifax/Nova Scotia/Canada, departure 0.00 hrs

Days 2 - 3 Relaxation at sea

Day 4 Bermuda/Great Britain, arrival 09.00 hrs

Bermuda appears like a distant promise in the deep blue of the North Atlantic - a British archipelago that has captured the imagination for centuries as the northernmost point of the mystical Bermuda Triangle. Around 360 coral islands belong to this archipelago, only around 20 of which are permanently inhabited. The largest island, Grand Bermuda, forms the vibrant



heart of the group. This is where you will find the charming capital city of Hamilton, where British elegance and American casual flair combine to create a unique lifestyle. Bermuda is famous for its fantastic beaches, where the soft pink sand feels like powder under your feet. In the midst of this paradise, subtropical landscapes stretch out with dense mangrove forests, mysterious caves and lush greenery. Above and below the water's surface, several national parks invite you to explore - whether on a walk along spectacular cliffs or snorkelling through colourful reefs teeming with life.

Day 5 Bermuda/Great Britain, departure 14.00 hrs

Day 6 Relaxation at sea

Day 7 Anguilla/Great Britain

Today is all about enjoying an expedition. The destination: Prickly Pear Cays - two small, unspoilt islands north-west of Anguilla. The cay islands, named after the prickly fig cactus, lie peacefully in the turquoise Caribbean Sea, separated by a narrow channel and surrounded by a protected reef system. No roads, no houses - just sand, wind and waves. What looks like the far ends of the earth is actually a natural paradise teeming with life. While seabirds rest on the flat beach, explore the colourful corals while snorkelling and, with a little luck, observe a sea turtle as it swims through the clear water. On East Cay, enjoy the view of the open sea - a place of serenity where the horizon merges with the sky. The Prickly Pear Cays are a quiet gem of the region: unspoilt, pristine, impressive. A day here is like stepping back in time to when the Caribbean was still completely untouched by humans.

Day 8 Saint-Barthelemy/France, 07.00 – 17.00 hrs

Saint-Barthelemy, also known as St Barts, is a living legend among the Caribbean islands. The small capital, Gustavia, attracts visitors with impressive yachts in the harbour and the cosmopolitan jet set that has settled here since the 1950s. The island, which covers 21 km² (8.1 m²), impresses with its palm-fringed beaches such as the quiet Plage de Saline, the Anse du Gouverneur with its crystal-clear water and the lively Plage de Colombier. Gustavia itself invites you to discover its luxury boutiques and world-class restaurants - a perfect blend of Caribbean beauty and exclusive luxury that makes St Barts one of the most desirable travel destinations in the world.

Day 9 Dominica, 07.00 – 20.00 hrs

Dominica is considered an insider tip for nature lovers and adventurers: untamed, intense and spectacular in its diversity. Rainforests rustle and murmur on mountain slopes, hot springs steam from the ground and rare animals and plants thrive in one of the most extensive nature reserves in the Caribbean. Whether hiking through emerald-green gorges or marvelling at waterfalls plunging from cloud forests into crystal-clear pools, in Dominica you are surrounded by a natural landscape that is free to unfold. History and the present merge in the lively capital city of Roseau: on the walls of the former British fortress, a charming hotel now watches over the bay. The towers of the Catholic Cathedral of Notre-Dame rise up between tropical vegetation and colonial architecture, while government buildings with historical flair characterise the cityscape.

Day 10 St. Lucia, 07.00 – 20.00 hrs

Surrounded by white sandy beaches and green hills, Marigot Bay is one of the most idyllic bays in the Caribbean: it invites you to swim, snorkel and relax and is a popular place for sailors to drop anchor. Charming restaurants line the shore and offer a



selection of local and international cuisine. Its peaceful atmosphere makes St. Lucia the perfect retreat to enjoy the beauty of nature and the Caribbean way of life.

Days 11 - 12 St Vincent and the Grenadines (Bequia, Mayreau)

The small Caribbean island of Bequia has retained its friendly and laid-back atmosphere. Here, life seems to move at a slower pace: the island only gained electricity and telephone service in the 1970s. Port Elizabeth adds an international flair: take a relaxed stroll through the capital, with its popular marina, which is also the starting point for sailing trips to the island world of the Grenadines. Bequia is a mecca for sailing, even in miniature: every year at Easter, a regatta of miniature sailors takes place here, for which there are numerous workshops for model ships. The island has something for everyone - from the small vegetable market to Mount Pleasant with its sweeping views and a sea turtle sanctuary. Or you can simply enjoy a day at the beach on the white sands of a sheltered cove, with the turquoise sea as your backdrop.

With snow-white beaches, turquoise waters and a tropical climate, Mayreau is the smallest inhabited island in the Grenadines and a real picture-book idyll in the middle of the Caribbean. The island is a retreat far from the hustle and bustle of everyday life, where there are no cars and only a single road leads to the charming village of Old Wall. Most of the approximately 300 inhabitants live here, maintaining warm hospitality in a relaxed atmosphere. Mayreau is the perfect place to spend a few carefree days on the beach and a paradise for those who want to enjoy the Caribbean vibe.

Day 13 Grenada, 07.00 – 20.00 hrs

On the south-western coast of Grenada lies St. George's, one of the most beautiful coastal cities in the Caribbean. The natural harbour of Carenage and the colourful colonial houses give the Grenadian capital its typical appeal. The pretty lanes and historic buildings of the old town invite you to explore, while small restaurants and shops around the harbour and along Melville Street and Lagoon Road form the heart of the tourist centre. A walk up the hill above the city to the former French Fort Frederick offers a magnificent panoramic view of the entire bay.

Day 14 Relaxation at sea

Day 15 Bonaire/Netherlands Antilles, 08.00 – 22.00 hrs

Bonaire, the second largest of the Caribbean ABC islands, offers a mixture of colourful nature and a fascinating underwater world. The name of its capital Kralendijk translates as "coral dyke", which refers to the fantastic coral world that stretches off the coast in the Bonaire National Marine Park. While the hilly north of the island boasts exotic species of birds and tropical vegetation in the Washington-Slagbaai National Park, the Pekelmeer Flamingo Sanctuary in the flat south attracts nature lovers with one of the largest flamingo colonies in the world. Bonaire is a paradise for snorkellers and explorers alike.

Day 16 Curacao/Netherlands Antilles, arrival 06.00 hrs

Please Note:

Itineraries are subject to change.



YOUR SHIP: HANSEATIC INSPIRATION/SPIRIT/NATURE

YOUR SHIP:	**Hanseatic inspiration/spirit/nature**
VESSEL TYPE:	
LENGTH:	
PASSENGER CAPACITY:	
BUILT/REFURBISHED:	

The HANSEATIC inspiration, spirit and nature are small, state-of-the-art expedition ships with a maximum of 230 guests, offers a perfect blend of adventure and comfort for explorers seeking to uncover the world's wonders. As an international vessel conducting cruises in both English and German, it brings over 30 years of expertise from a market leader in German-speaking countries to every journey. Each expedition is a masterpiece, passionately crafted to reveal far-flung worlds--be it icy realms, tropical paradises, wildlife havens, or cultural gems--making every voyage a unique discovery aboard this exceptional ship. Features of all cabins and suites An ocean view with even more: exclusively outside cabins and suites, almost all with balconies or French balconies Spaciously designed - enjoy a relaxing stay in rooms from 21 m²/226 ft² up to 71 m²/764 ft² in size Exceptionally equipped - for example, with binoculars, Nordic Walking poles, air conditioning, coffee machine and mini bar (free of charge) and 24-hour cabin service Separable beds Rain shower and heated wall in bathroom (e.g. for towels and wet parkas) Extensive infotainment with live broadcast and recordings of expert presentations, forwardview camera, navigation chart, films and much more Restaurants Aboard the HANSEATIC Inspiration and Spirit, a new kind of freedom blends adventure and pleasure with a culinary journey across three exceptional restaurants. The spacious HANSEATIC Restaurant offers flexible mealtimes and a free choice of seating, serving a daily-changing menu of global flavors inspired by local specialties, paired with fine wines and supported by attentive 24-hour cabin service. At the Lido Restaurant, guests can savor breakfast under the open sky or enjoy a perfectly grilled steak from the outdoor barbecue, complete with panoramic views and an open show kitchen. The specialty restaurant Nikkei fuses fine Japanese creations with modern Peruvian cuisine, delivering a unique dining experience that elevates exploration to new heights--all while bars in the Observation Lounge and HanseAtrium offer favorite drinks against stunning backdrops, from Nordic fjords to icy Antarctic vistas. Fitness and Wellness On the HANSEATIC inspiration, an extraordinary time out awaits after thrilling Zodiac rides, challenging hikes, or Arctic adventures. Unwind in the Ocean Spa, where a Finnish sauna with stunning ocean views, a gentle steam sauna, an ice fountain, and a relaxation room rejuvenate your senses, complemented by professional massages, cosmetic treatments, and eco-friendly products made from natural, vegan ingredients. Stay active in the 100 m² fitness room or separate course room--both with ocean vistas--guided by a fitness coach offering personalized advice and a variety of courses, either indoors or on deck. The pool area, with its flexible canopy, invites relaxation year-round, featuring water loungers, a whirlpool, and a bar, ensuring a perfect blend of



indulgence and revitalization against the backdrop of the open sea. Knowledge Shore excursions and Zodiac rides come alive with deeper context through fascinating presentations in the HanseAtrium, a high-tech lounge where experts share daily precaps and recaps, doubling as an atmospheric evening bar for films and discussions. The Ocean Academy enhances the journey with a Study Wall and interactive poster of scientific insights, microscopes for exploring hidden wonders alongside experts, and Study Seats--with swivel touchscreens--for personal dives into science. Supported by travel diaries and destination videos, this immersive experience broadens horizons with cutting-edge tools and



expertise.

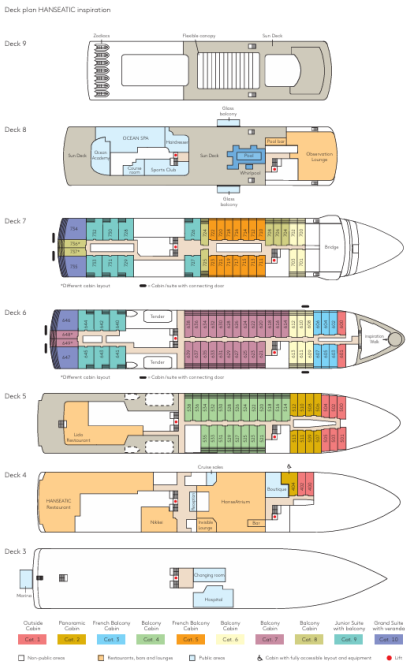
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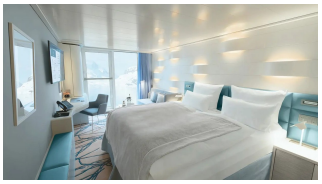
INSIDE YOUR SHIP



Balcony Cabin. From



French Balcony Cabin. From



Grand Suite. From



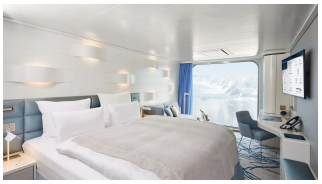
Junior Suite. From



Outside Cabin. From



Panoramic Cabin. From





PRICING

20-Oct-2027 to 04-Nov-2027

Outside Cabin. From	£6282 GBP pp
Panoramic Cabin. From	£6664 GBP pp
French Balcony Cabin. From	£7429 GBP pp
Balcony Cabin. From	£8109 GBP pp
Junior Suite. From	£11424 GBP pp
Grand Suite. From	£15716 GBP pp