

EXPEDITION CANARY ISLANDS AND CAPE VERDE

Sometimes rugged and inhospitable, sometimes lush and fertile - each island of the Canary Islands and Cape Verde tells its own story. Volcanoes, forests and sandy beaches merge with European depth and African lightness.



ITINERARY

Day 1 Santa Cruz/Tenerife/Spain, departure 19.00 hrs

Day 2 El Hierro/Spain, 08.00 – 19.00 hrs

El Hierro, the smallest and westernmost of the seven main Canary Islands, is located around 1,450 km (900 mi.) from the Spanish mainland. With only about 11,000 inhabitants and an area of approximately 269 km² (103 mi.²), it has retained its original character to this day. The island was declared a UNESCO Biosphere Reserve in 2000 and has been pursuing consistent sustainable development since 1996: today, it



covers almost all of its energy needs from renewable sources such as wind power and water storage. In 1493, Columbus made his last stop here on his second voyage - at a time when El Hierro was still considered the westernmost point in the world and the prime meridian ran through Punta de Orchilla. Shaped by volcanism, dramatic coastlines and a mild climate with plenty of sunshine and little rain, the island delights visitors with highlights such as the Mirador de la Pena viewpoint, designed by artist Cesar Manrique.

Day 3 La Palma/Spain, 07.00 – 17.00 hrs

La Palma is often called "La Isla Bonita" and it's a real beauty of the Canary Islands. The island has the trade winds, which bring clouds and therefore rain and fog, to thank for its lush, green vegetation. The tiny island, formed entirely by a volcano, rises up over 6,000 m (19,685 ft) from the sea bed, around 4,000 m (13,123 ft) of which is below the water. At its centre lies the impressive Caldera de Taburiente*, a national park full of gorges, waterfalls and hiking trails that lead through the lush green vegetation. On the coast, wild beaches with black lava sand are interspersed with idyllic fishing villages, where you can really get a sense of the slow pace of island life. La Palma is a paradise for hikers, as well as for stargazers: the clear skies and strict anti-light pollution regulations have made the island an internationally recognised centre of astronomy. After sunset, make the deck of your expedition ship your own observatory.

Days 4 - 5 Relaxation at sea

Days 6 - 12 Cape Verde (Sao Vicente, Santo Antao , Sao Nicolau , Brava , Fogo , Santiago, Maio , Boa Vista)

Cape Verde invites you on a discovery tour full of contrasts. Each of the islands has its own individual character and charm, as well as its own history.

On Sao Vicente, immerse yourself in life on Cape Verde in its cultural capital, Mindelo. The African influence is unmistakeable here: smell the exotic scents, hear the music in the air and listen to the women loudly selling their wares at the market. The windswept beaches on the island, which are popular with kitesurfers and sun worshippers, contrast with the arid, moon-like scenery.

A genuine hiker's paradise is revealed on Santo Antao, an island dominated by mountains, wind and water. Here you will find a world of dramatic mountains, deep valleys and lush vegetation - and your route will be lined by protected dragon trees. You will see why the island is one of the most diverse in Cape Verde in Paul Valley*, an El Dorado for nature lovers.

Sao Nicolau, a mountainous and relatively small island in the north of the archipelago, is a real insider tip for nature lovers and hiking enthusiasts. With Monte Gordo as its highest point, the island offers a fascinating landscape of rugged mountains, dry coastlines and green valleys. The vibrant coastal town of Tarrafal in the south lives from fishing, and here everything revolves around the sea.

Brava, the smallest inhabited island in Cape Verde, is an island of contrasts and a retreat for those seeking peace and quiet. Known as the "untameable island", it features an impressively green and flower-filled landscape, which stands in stark contrast to the dry neighbouring islands. Furna, the only port, is spectacularly located in a former volcanic crater and is Brava's lifeline.



Fogo in the south of the archipelago is a mighty volcano with its peak, Pico do Fogo, the highest mountain on Cape Verde. In the fire island's volcanic landscape, explore bizarre lava formations that come to resemble figures as your imagination takes flight. Along the coast, you will discover black lava beaches scattered with colourful fishing boats. On a walk through Sao Filipe, immerse yourself in the exciting island life.

A sea full of contrasts awaits you on Cape Verde. This is best represented on Santiago, the largest island in the archipelago: green valleys, impressive mountains and desert-like regions are special highlights, as well as colonial architecture and African zest for life. Santiago is the cultural and historical hub of the group of islands, and its modern capital Praia offers a mix of traditional culture and colonial heritage. Music is everywhere here - especially the Batuque and Funana rhythms, which are deeply rooted in the culture of the island.

Maio is a place for quiet moments and natural beauty. Time seems to stand still here. The serene island is characterised by small colourful villages where goats roam peacefully and people go about their daily lives at a leisurely pace. The vegetation is sparse, but Maio boasts salt marshes, acacia forests and the largest contiguous forest area in Cape Verde - the result of extensive reforestation. Birdwatchers will be in their element: from sandpipers to ospreys, there are many species to discover. Kilometres of almost untouched beaches invite you to swim and relax.

Boa Vista, the pearl of Cape Verde, boasts endless sandy beaches, barren desert landscapes and extensive date plantations. Once dominated by the salt trade, today you will find fishermen, musicians and artisans here. The island offers space for relaxation, but also for encounters with the authentic, unspoilt life of Cape Verde. Sal Rei, the lively capital, is located on a sheltered bay and forms the centre of culture and trade.

Day 13 Palmeira/Sal/Cape Verde, arrival 05.00 hrs

Please note:
Itineraries are subject to change.



YOUR SHIP: HANSEATIC INSPIRATION/SPIRIT/NATURE

YOUR SHIP:	**Hanseatic inspiration/spirit/nature**
VESSEL TYPE:	
LENGTH:	
PASSENGER CAPACITY:	
BUILT/REFURBISHED:	

The HANSEATIC inspiration, spirit and nature are small, state-of-the-art expedition ships with a maximum of 230 guests, offers a perfect blend of adventure and comfort for explorers seeking to uncover the world's wonders. As an international vessel conducting cruises in both English and German, it brings over 30 years of expertise from a market leader in German-speaking countries to every journey. Each expedition is a masterpiece, passionately crafted to reveal far-flung worlds--be it icy realms, tropical paradises, wildlife havens, or cultural gems--making every voyage a unique discovery aboard this exceptional ship. Features of all cabins and suites An ocean view with even more: exclusively outside cabins and suites, almost all with balconies or French balconies Spaciously designed - enjoy a relaxing stay in rooms from 21 m²/226 ft² up to 71 m²/764 ft² in size Exceptionally equipped - for example, with binoculars, Nordic Walking poles, air conditioning, coffee machine and mini bar (free of charge) and 24-hour cabin service Separable beds Rain shower and heated wall in bathroom (e.g. for towels and wet parkas) Extensive infotainment with live broadcast and recordings of expert presentations, forwardview camera, navigation chart, films and much more Restaurants Aboard the HANSEATIC Inspiration and Spirit, a new kind of freedom blends adventure and pleasure with a culinary journey across three exceptional restaurants. The spacious HANSEATIC Restaurant offers flexible mealtimes and a free choice of seating, serving a daily-changing menu of global flavors inspired by local specialties, paired with fine wines and supported by attentive 24-hour cabin service. At the Lido Restaurant, guests can savor breakfast under the open sky or enjoy a perfectly grilled steak from the outdoor barbecue, complete with panoramic views and an open show kitchen. The specialty restaurant Nikkei fuses fine Japanese creations with modern Peruvian cuisine, delivering a unique dining experience that elevates exploration to new heights--all while bars in the Observation Lounge and HanseAtrium offer favorite drinks against stunning backdrops, from Nordic fjords to icy Antarctic vistas. Fitness and Wellness On the HANSEATIC inspiration, an extraordinary time out awaits after thrilling Zodiac rides, challenging hikes, or Arctic adventures. Unwind in the Ocean Spa, where a Finnish sauna with stunning ocean views, a gentle steam sauna, an ice fountain, and a relaxation room rejuvenate your senses, complemented by professional massages, cosmetic treatments, and eco-friendly products made from natural, vegan ingredients. Stay active in the 100 m² fitness room or separate course room--both with ocean vistas--guided by a fitness coach offering personalized advice and a variety of courses, either indoors or on deck. The pool area, with its flexible canopy, invites relaxation year-round, featuring water loungers, a whirlpool, and a bar, ensuring a perfect blend of

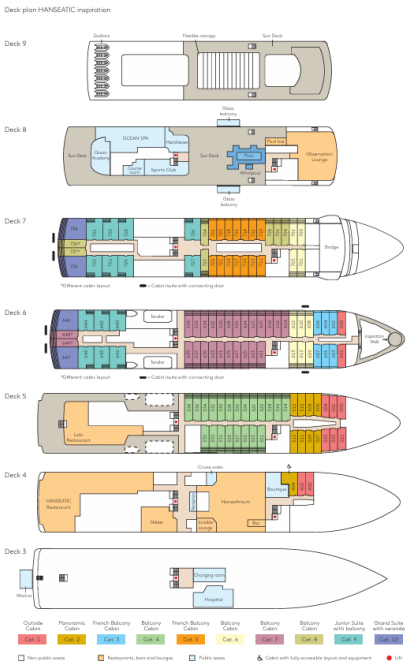
indulgence and revitalization against the backdrop of the open sea. Knowledge Shore excursions and Zodiac rides come alive with deeper context through fascinating presentations in the HanseAtrium, a high-tech lounge where experts share daily precaps and recaps, doubling as an atmospheric evening bar for films and discussions. The Ocean Academy enhances the journey with a Study Wall and interactive poster of scientific insights, microscopes for exploring hidden wonders alongside experts, and Study Seats--with swivel touchscreens--for personal dives into science. Supported by travel diaries and destination videos, this immersive experience broadens horizons with cutting-edge tools and



expertise.



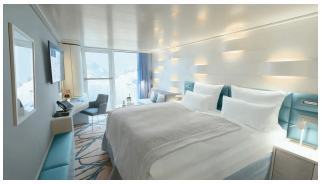
INSIDE YOUR SHIP



Balcony Cabin. From



French Balcony Cabin. From



Grand Suite. From



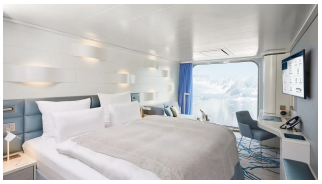
Junior Suite. From



Outside Cabin. From



Panoramic Cabin. From





PRICING

28-Oct-2027 to 09-Nov-2027

Outside Cabin. From	£5432 GBP pp
Panoramic Cabin. From	£5754 GBP pp
French Balcony Cabin. From	£6366 GBP pp
Balcony Cabin. From	£6919 GBP pp
Junior Suite. From	£9622 GBP pp
Grand Suite. From	£13107 GBP pp