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## EPIC ANTARCTICA (NG ENDURANCE)

Active, immersive expedition travel Exploring Antarctica in an authentic expedition style, aboard an authentic expedition ship is an incomparable experience, and your guarantee of an in-depth encounter with all its wonders. Lindblad Expedition's pioneering polar heritage and 50 years of experience navigating polar geographies is your assurance of safe passage in one of the wildest sectors of the planet. Have up-close, personal penguin encounters Travel with virtually any company to Antarctica, and you will see penguins. They are the citizens of the white continent, present in astounding numbers, and endlessly fascinating. Travel with Lindblad Expeditions-National Geographic, however, and you'll travel equipped for up-close, personal encounters—with a fleet of Zodiacs and kayaks to enable you to get closer. And a team of engaging experts that enable you to spend more time enjoying penguin society, and understand more of the adaptations that enable these remarkable animals to survive their environment. Take advantage of all the superb photo ops You'll have a National Geographic photographer as your traveling companion, to inspire you and provide tips in the field. And the services of a Lindblad-National Geographic certified photo instructor, as well—to help you turn your point-and-shoot camera into an "aim and create." You'll find no end of subjects and the help you need to return home with your best photos ever. Every day is active and engaging You'll get out on adventures every day we're in Antarctica, sometimes twice a day—to walk or hike, kayak or Zodiac cruise among the bergs. Because National Geographic Explorer has a fleet of both Zodiacs and kayaks, the entire expedition community can embark at once on forays, no waiting

around for returning parties. You'll have a choice of activities each day, and the option to join the naturalist whose interests mirror yours. Choice also includes opting to enjoy the view from the bridge, the all-glass observation lounge, the library or the chart room. To visit the fitness center with its panoramic windows, or ease into the sauna or a massage in the wellness center. Travel in excellent company Explore under the sure guidance of an expedition leader, eight veteran naturalists, a National Geographic photographer, plus a Lindblad-National Geographic certified photo instructor, an undersea specialist, a Global Perspectives guest speaker, a video chronicler, and a wellness specialist. Their knowledge and passion for Antarctica is the key to your once-in-a-lifetime



experience.

### ITINERARY



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### DAY 1: Buenos Aires, Argentina

Arrive in Buenos Aires. Settle into the Alvear Art Hotel (or similar) before seeing the city's Beaux-Arts palaces and the famous balcony associated with Eva Peron. (Day 2: L)

### DAY 2: Fly to Ushuaia/Embark

Fly by private charter to Ushuaia, the southernmost city in the world. Enjoy lunch on a catamaran cruise of the Beagle Channel. Embark National Geographic Endurance. (B,L,D)

### DAY 3: At Sea/Drake Passage

Settle into shipboard life, listening to informal discussions from our naturalist staff to prepare for the wildness ahead. While crossing the legendary Drake Passage, spot albatross and other seabirds that glide alongside the ship. (B,L,D)

### DAY 4-8: Exploring the Antarctic Peninsula

With 24 hours of daylight, we have ample opportunity to explore the Antarctic Peninsula and the surrounding islands. In keeping with the nature of an expedition, the schedule throughout is flexible so that we can take advantage of the unexpected—watching whales at play off the bow, taking an after-dinner Zodiac cruise, or heading out on an unplanned excursion. We anticipate offering opportunities each day to hike, kayak among the ice floes, and experience close encounters with wildlife. You may have the thrill of watching our powerful ship crunch through the pack ice, or step ashore to thousands of Adélie and gentoo penguins. You'll learn how climate change affects the penguin populations, and how best to capture images of penguins from a National Geographic photographer. Back aboard, our undersea specialist may present video from that day's dive or show rare images taken up to 1,000 feet below the surface using our ROV. Our expert staff will craft an

expedition where you will learn, see, and experience more. (B,L,D)

### DAY 9-16: Exploring West Antarctica

This part of the planet is big and bold and full of adventure and magnificent scenery. The new National Geographic Endurance will be in full expedition mode, granting thrilling opportunities to crunch through thick ice and explore places few have seen. Rely on the planet's best ice team as you probe the ice's edge for wildlife, including numerous seabirds and whales. Activities throughout our journey are always weather and ice dependent. Your Captain and Expedition Leader will look for spots to "park" the ship in the pack ice, allowing guests the unique thrill of disembarking onto a frozen sea—for ice walks, cross-country skiing forays, and show-shoe hikes. There will be time, too, to relax in the library, head up to the Bridge to scan for marine life, unwind in the sauna or Yoga Room, and of course, hear presentations from our staff. Along the way, our undersea specialist captures images from the deep, revealing the hardy marine life beneath the ice. Always interesting, it can also be pioneering in this distant part of the world. (B,L,D)

### DAY 17-24: Exploring the Ross Sea

On these days we navigate some of the most remote regions of the planet, as you explore the Ross Sea, just like Scott, Shackleton, and Ross (the 19th-century explorer for whom this sea is named). Here, we will see the impressive Ross Ice Shelf, the world's largest, and the Transantarctic Mountain Chain. Antarctica's Ross Ice Shelf is enormous, covering 182,000 square miles—the size of France—and the edge of the ice shelf is a wall of ice towering over the water by as much as 200 feet, with the majority of the ice below the waterline. The Ross Ice Shelf plays an important role in stabilizing the Antarctic ice



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sheet, buttressing the ice that is constantly moving over the land surface. Your journey to this unique part of the Antarctic waters will likely include stops at several small islands at the bottom of the world for opportunities to hike and explore via Zodiac and kayak. We'll spot colonies of Adelie penguins, lazy seals, and majestic whales. We plan to visit Coulman Island, where we can see and photograph Emperor penguins, the largest of all penguins—an average bird stands some 45 inches tall and has been the subject of the beloved film, *March of the Penguins*. (B,L,D)

### DAY 25-26: At Sea

During our days at sea, we learn about the fascinating history of Antarctic exploration, as well as the flora, fauna, and geology of the region. Our naturalists help identify the seabirds that follow us. (B,L,D)

### DAY 27-28: Macquarie Island, Australia

Located south of the New Zealand mainland in the remote Southern Ocean, the wild and beautiful sub-Antarctic islands are home to abundant and unique wildlife, with many species of birds, plants and invertebrates found nowhere else in the world. On these days we plan to visit Macquarie Island or Macca, as it is affectionately known. Macca is home to a large variety of wildlife, including thousands of seals and millions of penguins, and has been designated a World Heritage site. Four species of penguin breed on Macca. The endemic royal penguin has a population estimated at 850,000. Gentoo and southern rockhopper penguins also breed there. And imagine landing on a single beach with 100,000 pairs of king penguins, the third largest such colony in the world! (B,L,D)

### DAY 29: At Sea

With whales beneath and birds above, head up to the bridge to spot marine life and watch the calm business of navigation. Or spend these days enjoying the ship's spa, yoga room, and fitness center. Take some time to browse the library or play a board game in the glass-enclosed observation lounge. And listen to a variety of engaging talks from our staff, including photo talks from the National Geographic photographer. (B,L,D)

### DAY 30-32: Exploring New Zealand's Sub-Antarctic Islands

Spend three incredible days discovering New Zealand's subantarctic islands and their surrounding waters—the entire marine landscape designated a UNESCO World Heritage site. We have special permission to explore these strictly regulated islands, which are protected at the highest level of conservation status by the New Zealand government, and considered a “bird central” among top ornithologists around the world. Keeping a flexible weather-dependent schedule, we plan to explore several intriguing islands. Two small rocky islands, North East and Broughton, comprise The Snares, the closest subantarctic islands to New Zealand. The islands are covered with heavy tussock grass and wind-beaten forests of tree daisies. The Snares are home to huge numbers of breeding birds: the 99 recorded species include albatross, Antarctic terns and Snares crested penguins. The Auckland Islands are the largest of New Zealand's subantarctic islands, with the richest flora, prolific birdlife, and an interesting human history. Conditions permitting, we cruise in Zodiacs to Enderby Island to view a large New Zealand sea lion colony with pups all jostling for position. If we are fortunate, we may see rare yellow-eyed penguins as they move to and from their nests in the forests beyond the beach. On our final days aboard, enjoy one last chance to view the marine life of these southern waters. And gather to toast our epic voyage at a festive farewell dinner. (B,L,D)



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DAY 33-34: Dunedin, New Zealand/Disembark/Auckland/Overnight Hotel

Today we disembark on New Zealand's South Island in Dunedin, known for its Victorian and Edwardian architecture. Fly to Auckland, where we overnight at the Sky City Grand Hotel (or similar). (Day 33: B,L,D; Day 34: B) IMPORTANT: Your expedition may be traveling over the International Date Line, so please confirm departure and arrival dates with an Expedition Specialist before booking your flights.

Please Note:

All day-by-day breakdowns are a sampling of the places we intend to visit, conditions permitting.



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## YOUR SHIP: NATIONAL GEOGRAPHIC ENDURANCE

<b>YOUR SHIP:</b>	<b>National Geographic Endurance</b>
<b>VESSEL TYPE:</b>	<b>Expedition Ship</b>
<b>LENGTH:</b>	
<b>PASSENGER CAPACITY:</b>	<b>126</b>
<b>BUILT/REFURBISHED:</b>	<b>2018</b>

A next-generation expedition ship, purpose-built for polar navigation. National Geographic Endurance is a next-generation expedition ship, purpose-built for polar navigation. A fully stabilized, highly strengthened, ice-class Polar Code PC5 (Category A) vessel, it is designed to navigate polar passages year-round, and safely explore uncharted waters, while providing exceptional comfort. Its patented X-BOW® is key to its design; its powerful wave-slicing action provides an extremely smooth ride in even adverse conditions, and even reduces spray on deck, for superior observation. She carries a full suite of expedition tools and offers a variety of experience-enhancing amenities. The luxury of comfort on expedition National Geographic Endurance comfortably accommodates 126 guests in 69 outside-facing cabins. Cabins are efficiently designed, with sizes range from the 140-square-foot solo cabin to the 430-square-foot category 7 suite. Fifty-three of the 69 cabins, including all 12 of the solo cabins, will feature small balconies with floor-to-ceiling sliding doors that bring in the spectacular views and ample natural light. Comfort & convenience in every room Every cabin has two portholes, a large window or balcony, and temperature controls. Bathrooms are modern and stocked

with botanically inspired hair products, soap, and shower gel, plus a hairdryer. Cabins are equipped with expedition command centers with tablets and USB/mobile device docking, TVs, Wi-Fi connections, and hair dryers. Dining: Food served aboard is fresh, local, and delicious, and sourced from suppliers who share our values of sustainable use whenever possible. Meals aboard are almost always served in the dining room, located aft of the lounge deck. When weather conditions allow, lighter fare may be served on the observation deck. There is no assigned seating and our dining room accommodates the entire expedition community in a single seating. During meals your expedition leader, naturalists, and any guest speakers aboard will join you. Public Areas: Two restaurants, a Chef's Table for small group dining, Observation Lounge with bar, gym, Wellness area, infinity-style outdoor hot tubs, library, main lounge with full service bar, 24-hour beverage, state-of-the-art facilities for films, slideshows and presentations, and a photo workshop area; plus, an expedition base with lockers for expedition gear, and an "open bridge" for access to our captain, officers and the art of navigation. Meals: Two restaurants, featuring local, sustainable choices and unassigned seating for flexible, inclusive dining; plus a Chef's table for intimate, small group dining. Main restaurant has 270° views, and the Observation deck restaurant features lighter, made-to-order fare. Cabins: All cabins face outside with large windows, private facilities and climate controls. 53 cabins have balconies. Cabins are equipped with expedition command centers with tablets and USB/mobile device docking, TVs, Wi-Fi connections, and hair dryers. Expedition Tools: Zodiac landing craft, kayaks,



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snowshoes, cross-country skis, undersea specialist operating a remotely Operated Vehicle (ROV) and underwater video camera for unique access to polar marine world, hydrophone, aerial remote-controlled camera and video microscope. Special Features: A full-time doctor, undersea specialist, National Geographic photographer, Lindblad-National Geographic certified photo instructor and video chronicler, an internet cafe and laundry. Wellness: The vessel is staffed by our wellness specialists and features a glass-enclosed yoga studio, gym, treatment rooms and spa relax area, and high- and low-heat saunas with ocean views. Expedition Landing Craft: Key to our operation is our fleet of expedition landing craft, which we use to land in places that would otherwise be inaccessible. With 8 of these boats and two loading stations used every time we disembark, we're able to transfer guests off the ship quickly, so you can be out on adventures, not idly waiting. The expedition landing craft we use are 19 feet long, powered by four-stroke outboard engines, and are capable of comfortably carrying 10-12 people. They are widely recognized as the safest and most versatile small boats afloat. Remotely Operated Vehicle: Capable of reaching 1,000 feet, far beyond the range of any Scuba diver, the ROV allows you to literally view parts of the undersea that are as unexplored as the moon. Chances are you, like many of our guests, will be struck by how surprisingly colorful undersea life is in these unlikely places. And this glimpse may fundamentally change how you view the ocean. Kayaks: National Geographic Endurance will be equipped with a fleet of kayaks large enough to ensure everyone who wants to can paddle at every opportunity. Consequently, prior kayaking experience isn't necessary--many of our guests have their first kayaking experience in extraordinary locations. Our custom-designed floating platform lets us deploy kayaks from

the ship, or any location we want--including far from shore. Kayakers are usually free to explore where they want within boundaries set by the undersea specialist and officer of the watch. Underwater camera: Our undersea specialist will dive often during your expedition, even in Alaska, with cold-water gear, to shoot high-definition, Cousteau-like footage of the deep. Colorful nudibranchs, swimming, plant-like crinoids, and mysterious fish with antifreeze blood that thrive in the frigid sea will give you an entirely new appreciation of the marine environment. Video microscope: Naturalists will use the video microscope to help explain all elements of the environment, including tiny organisms that are the building block of the marine ecosystem. Spellbinding live views of krill at 80x magnification fills the high-definition screens in the lounge with vivid detail, and fills every onlooker with a sense of wonder at the importance of otherwise unobservable creatures. Hydrophone: This underwater microphone is deployed to listen to the vocalizations of marine mammals. Real time transmissions of their eerie, haunting sounds can be broadcast through the ship or recorded for later playback. Few experiences in nature are as captivating as watching humpback whales feed close to the ship as their vocalizations play through the ship's PA system. Electronic charts: An electronic chart showing the ship's location, course, and speed is almost always on display in the lounge. Open bridge: You'll find our captains are engaged, knowledgeable members of your expedition who are eager to share their passion with you. Venture's open bridge features comfortable spaces to sit, enjoy the view, drink your morning coffee, or simply chat with the officers. Snorkeling gear & wetsuits: On warm weather itineraries where there will be snorkeling, you'll select a mask, snorkel, fins, and wetsuit that remain yours for the duration of the expedition. There's no need



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A large seal is swimming towards the camera in clear blue water. In the background, two more seals are visible. The scene is set against a backdrop of a coral reef and a bright orange triangle on the right side.



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to pack and tote your own gear, although guests who prefer to are welcome to bring



their own.



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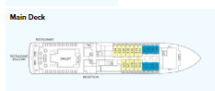


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## INSIDE YOUR SHIP

### National Geographic Endurance



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## PRICING

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