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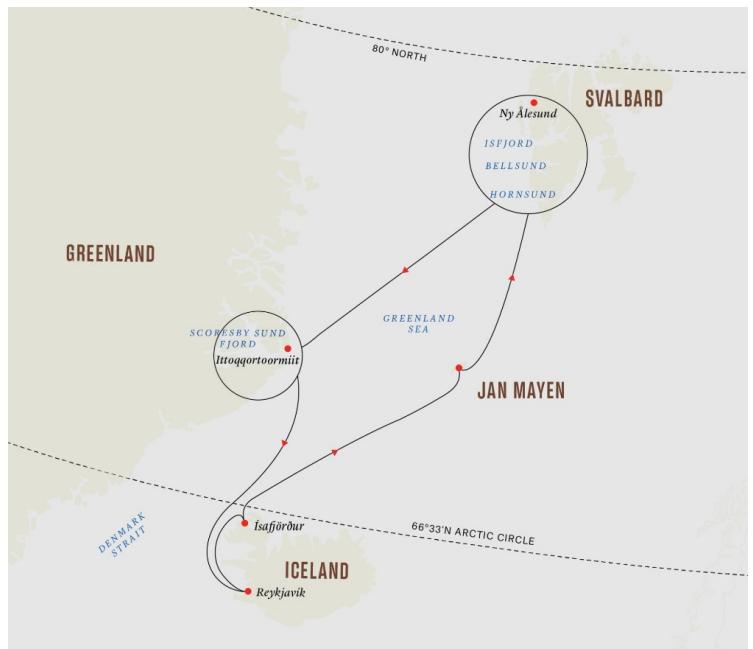
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EAST GREENLAND AND SVALBARD – A TRUE ARCTIC EXPEDITION

Awe-inspiring Svalbard From Reykjavik, we'll sail to picturesque Ísafjörður before heading towards volcanic Jan Mayen - one of our planet's most remote places. Continuing to stunning Svalbard, we'll visit some of Spitsbergen's most remarkable fjords and witness awe-inspiring vistas, from the towering mountains of Hornsund to the lush, glacier-carved valleys of Isfjorden. Greenland's majestic fjords Sailing along Greenland's pristine east coast, we'll head for Scoresby Sund and spend three days exploring the serene 15,000 square-mile expanse of fjords and glaciers. A community visit to remote Ittoqqortoormiit rounds off our adventure before we return to Reykjavik where it all began.



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DAY 1 Cosmopolitan Reykjavík

Discover Iceland's modern capital Your expedition cruise to east Greenland and Svalbard starts in Reykjavik - a vibrant city full of culture and history. Take a stroll down Laugavegur to striking Hallgrímskirkja Cathedral or visit one of the many art galleries and museums. MS Maud awaits you in Reykjavik Harbour. Find your cabin, meet your Expedition Team, explore the ship and enjoy a relaxed welcome dinner as we set sail on your adventure. Pre-Programme With so much to see, why not come early and join one of our Pre-Programmes to the Golden Circle or Icelandic Highlands and experience Iceland's amazing



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waterfalls, hot springs and geysers.

DAY 2 Picturesque Ísafjörður

Explore Westfjords' beautiful harbourside town. Flanked by towering mountains on all sides, Ísafjörður is a nearly perfect natural harbour. You'll arrive just after lunch, so there's plenty time to explore this picturesque harbourside town. Stroll around to see the architecture, shop for a variety of local handicrafts and view some of the oldest houses in Iceland. One of these historic 18th century buildings is home to Westfjords Heritage Museum, where you can learn about the maritime past of this fascinating port. Or if you prefer something more energetic, you could take the steep hike up to Naustahvílt - the Troll's Throne. You'll be rewarded for your efforts at the top by the stunning panoramic view.

DAY 3 Relaxing at sea

Appetite for adventure As we sail towards Jan Mayen, it's time to relax and get to know the great onboard facilities of our expedition ship. Your Expedition Team will explain the protocols of respectfully visiting wildlife habitats and indigenous Arctic communities. In the Science Center, you'll find out what to expect in the epic fjords of Greenland and Norway's stunning Arctic wonderland - the Svalbard archipelago. Join one of our Citizen Science projects and contribute to global research, if you'd like to help out. Then, you could hit the gym, float in a hot tub and relax in the sauna, or just enjoy a delicious meal in one of our three onboard restaurants - it's totally up to you.

DAY 4 Volcanic Jan Mayen

Visit an active volcano that's a haven for birdlife Jan Mayen is an island that has no permanent residents and visits here are rare. In fact, we're one of the few to attempt landings here, so if

conditions are favourable you'll be setting foot on one of Earth's most remote places. Jan Mayen's moss and lichen-streaked landscape is dominated by the volcanic cone of Mount Beerenberg. It's the world's northernmost active volcano and it last erupted in 1985. You won't see land mammals, but the island is designated an Important Bird Area, supporting large populations of Northern Fulmars, Brünnich's Guillemots and Little Auks. Look out for abundant marine life in the waters, including whales and seals.

DAY 5 Sailing towards Svalbard

Unwind and prepare for Svalbard As we sail towards Svalbard, spending a day cruising through Arctic waters is a great chance to relax on board the ship. Enjoy panoramic views and chat to fellow guests in the Explorer Lounge or take a soak in the hot tubs out on deck and fill your lungs with fresh air. Your time onboard is yours to fill. This is your chance to get away from the busy everyday world and reflect on the wild beauty that surrounds you. Don't miss the fascinating lectures given by members of the Expedition Team - sometimes out on deck - covering topics such as Arctic history, geology and wildlife.

DAY 6-9 Stunning Svalbard

On expedition in Svalbard Our daily activities in this remote Arctic peninsula will be determined by the ever-changing weather conditions and the expertise of the Expedition Team. The first planned stop is Hornsund - one of Svalbard's most beautiful fjords. Rich, colourful vegetation makes way for towering mountains along this picturesque waterway. We then hope to journey north, going past beautiful Bellsund with its snow-capped cliffs as we head towards Isfjorden. The lush fjord system here, with its immense, glacier-carved valleys, is rich in wildlife, flora and human history. Our last planned stop in



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Svalbard is Ny Ålesund. It's known as the northernmost settlement in the world and the starting point for many renowned Arctic expeditions.

DAY 10-11 Crossing the Greenland Sea

Learning and leisure time After the last few days in Svalbard, you'll no doubt have lots of photos and a hunger for learning more about the destinations on our voyage. As we cross the Greenland Sea, the Expedition Team will be giving lectures and answering your questions about the destinations. You can use this time to enjoy the ship's facilities and take it easy. Why not head out on deck with a pair of binoculars and look for wildlife, such as whales and following seabirds. Or perhaps you'll find a cosy corner inside to read a book with a hot drink.

DAY 12-14 Scoresby Sund fjord system

Soak up the serenity in the world's largest fjord system Prepare to be awed. Local conditions will dictate our exact route, but our plan for the next three days is to explore east Greenland's Scoresby Sund, the world's largest fjord system. You'll feel a deep sense of serenity in this wild and rugged landscape, with white and blue icebergs floating in mirror-like waters surrounded by looming mountains. Making the most of the conditions, we'll pack in as many shore landings, nature walks, kayaking tours and wildlife sightings as possible. This really is one of the most beautiful places on the planet, and it's up to you whether you want to be active, or just want to soak up the feeling of serenity.

DAY 15 Community Visit

Get an insight into authentic Greenlandic life After our expedition in Scoresby Sund, we return to - relative - civilisation. Ittoqqortoormiit is the only permanent settlement in the region, and it's located on an Arctic peninsula that's encased by sea ice

for nine months of the year. This makes the settlement the most remote inhabited community in the western hemisphere! Ittoqqortoormiit was founded in 1925 as a hunting and fishing town, and today, that cultural legacy is still very much in evidence. Less than 500 hardy souls call this remote outpost home, and they'll be proud to show you around and give you a warm welcome.

DAY 16 Sailing back to Iceland

Rest and relax as you cross the Irminger Sea The ethereal beauty of Greenland and Svalbard will by now have suffused your soul! As we cruise back towards Iceland you'll feel invigorated and more connected to nature. On deck, you might spot seabirds following the ship, or whales breaching the surface in the surrounding seas. Spend your time at sea sharing your experiences with new friends, recapping highlights with the Expedition Team, or discovering more about the delicate ecology of Greenland's fjord system in the Science Center.

DAY 17 Return to Reykjavík

Unforgettable memories of your time in Greenland We say a fond farewell to MS Maud as we end where we started in the fabulous city of Reykjavík. Why not visit the places you may have missed when you arrived. With its stylish galleries, restaurants and geothermal pools, there's so much to enjoy in Reykjavík. Post-Programme If you want to discover more of Iceland, why not join our optional Post-Programme and tour the south of the country before you head home. Or simply extend your stay and enjoy more of Reykjavík and its surrounding geothermal attractions. It's a great place to end your epic journey!

Please Note:



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Itineraries are subject to change.



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YOUR SHIP: MAUD

YOUR SHIP:

Maud

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

Equipped with battery packs and other green technology, Maud will operate year-round expedition cruises along the Norwegian coast from 2021. You will be able to explore Norway like never before, with all the comforts, facilities and expertise you need for creating a perfect adventure. Maud will also be equipped for shore power, to cut emissions to zero when docked in ports with shore power facilities, and she will be fitted with low-emission engines, complying with all known and upcoming regulations. Cabins and public areas Norway's stunning scenery is reflected in the ship's interior design. Comfortable cabins and suites feature natural Scandinavian materials, such as granite, oak, birch and wool. Our stylish and welcoming public areas create great places to watch the world's most beautiful coastline pass by. A specially designed Expedition Launch zone - the tender pit area where guests embark on their on their excursions and off-ship adventures - will be added, complete with tender boats and other expedition equipment. A new Science Center will be added. Packed with state-of-the-art technology and high-tech gadgets such as touch screens, science equipment and other interactive features, the edutainment area will also be the on-board HQ for the ship's Expedition Team. A wellness-area,

complete with gym, lounge and treatment rooms, will be built. There will be a range of restaurants : Restaurant Aune, an expedition cruise main restaurant concept. Aune will be social and informal with the use of natural elements in design and interiors, and serves breakfast, lunch and dinner based on a Scandinavian identity. Restaurant Lindstrøm, a specialty restaurant named after the favorite chef of the Norwegian polar heroes, will be added. Lindstrøm will be an upper premium fine dining restaurant with strong roots in traditional Norwegian cooking that are contrasted with modern cuisine. The informal eatery Fredheim, named after a legendary 1920s hunting station in Svalbard that sheltered adventurers from around the world. In addition, a new outdoor grill venue will be added outdoor on the top decks. Honouring explorer heritage MS Maud is named after one of the most famous polar vessels of all time, Roald Amundsen's "Maud" from 1917. The original "Maud" got her name from the first Queen of modern



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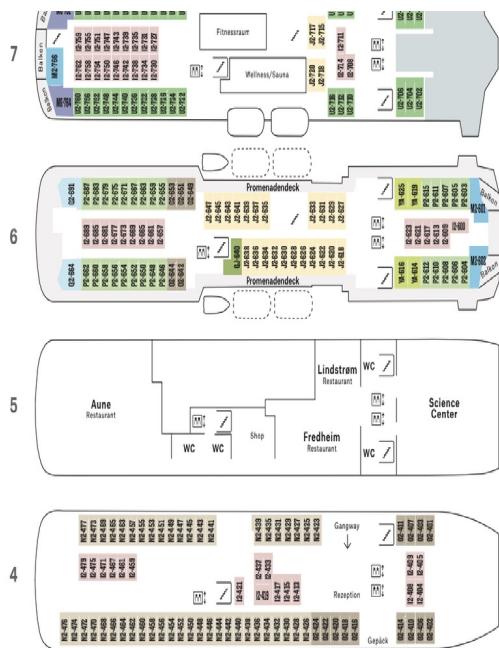
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