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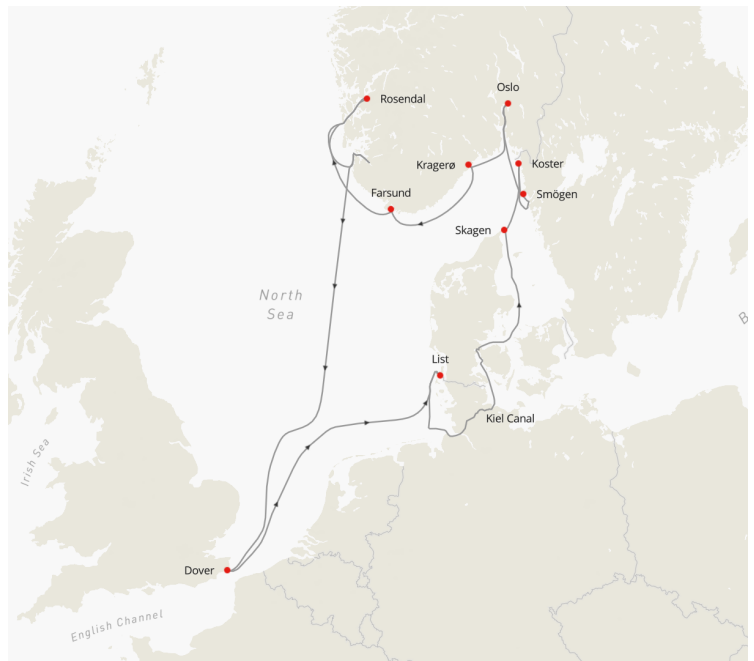


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DENMARK, SWEDEN AND NORWAY FROM DOVER

Archipelagos, dramatic fjords and bustling seaside towns await you on this unique expedition cruise to a less-visited region of southern Scandinavia. On this voyage we showcase nature's scenic masterpieces against modern-day engineering triumphs, where sand dunes, rocky shorelines, fjords, waterfalls and majestic cliffs overshadow man's architectural and navigational feats. We will transit the impressive Kiel Canal and sail through the "inside passage" of Sweden, sailing past numerous islands and islets. We visit charming fishing villages, bustling summer marinas, National parks and a marine biosphere, as well as a big city brimming with culture. A wonderful itinerary that embraces diversity and the beauty of this remote area. During this voyage we invite you to explore the areas we visit on foot, by kayak or with our fleet of small expedition boats. Our knowledgeable and friendly Expedition team will delight in bringing you closer to nature, sharing experiences and making this an unforgettable voyage.



ITINERARY

Day 1: Dover

This expedition begins as we set sail from Dover and make our way to the European coast. As we pass the white cliffs of Dover and head across the North Sea, stretch your sea legs and get to know MS Maud. Find the amenities you like best - the Science Center, the hot tubs, the Explorer lounge, or maybe a favourite spot out on deck.

Day 2: At sea

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Enjoy a day at sea as we head towards the European coast. Meet our Expedition Team, who prepare you for exciting adventures ahead. Listen to talks by these experienced explorers who share their extensive knowledge, or maybe you just want to kick back and relax in a comfy lounge. Admire the views, try some of the ship's cuisine that caught your eye on the menu, or settle into a good book while enjoying this day at sea.

Day 3: List, Sylt, Germany

Experience nature in a landscape of vast sand dunes, wide sandy beaches, majestic cliffs and flowering heathlands. List sits at the northernmost tip of Sylt, famous as the northernmost point of Germany. With its charming harbour and old mariners' houses, List has a romantic beauty and natural charm, ideal for a day exploring on foot. Stroll around the town or enjoy a walk over the grass-covered sand dunes heading to one of the lighthouses in the area. Or enjoy the island's culinary specialty, oysters - farmed here since the 16th century. Mud flats lie out to the Wadden Sea, which can be viewed at low tide, along with the only shifting sand dune in Germany.

Day 4: Kiel Canal and Kiel, Germany

Built in 1895 and widened in 1907, the Kiel Canal connects the North Sea and the Baltic Sea. Here in one of the world's most important and busiest shipping routes, you will see many ships and vessels transiting the canal whilst enjoying the picturesque scenery. Enjoy a scenic passage during our 61-mile transit,

overlooking lush countryside; there are bridges to admire, quaint villages and magnificent landscapes en-route. We will have a short technical stop in Kiel allowing you enough time to stretch your legs and visit the maritime city.

Day 5: Skagen, Denmark

The sunniest place in Denmark Skagen (pronounced skain) is located at the top of Denmark northernmost tip, where the Baltic and the North Sea meets. The region's beauty and light has long-attracted artists and painters, destined to capture its characteristic natural essence and wide, white, sandy beaches. Discover the lively town centre with a bustling marina, museums, galleries and shops, or venture outside of town to explore endless beaches. Designated as a rare, authentic natural beauty spot by the World Wide Fund for Nature, Skagen's many attractions are sure to delight those with a particular talent for photography.

Day 6: Lysekil, Sweden

Welcome to Sweden! Over the next few days you'll be exploring the fascinating Bohuslan coast, a distinctive rocky coastline characterised by smooth boulders and fishing villages and towns that bustle with life during the warm summer months.

Our first destination is the cosy seaside resort of Lysekil. With its beautiful archipelago setting, Lysekil and the surrounding area offers plenty of opportunities for outdoor adventure.

Go on a stroll and discover the town's beautiful architecture. The

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old town, Gamlestan, is a charming well-preserved neighbourhood, perfect for a summer walk. Stop by some of the local cafes and restaurants to enjoy the regions renowned seafood.

In the afternoon, we continue on our scenic journey along the coastline of Sweden and head to Smogen to enjoy the evening.

When we arrive at Smogen you'll discover picture perfect rows of fishermen's houses and beautifully restored cottages with their lovingly tended gardens. Soak up the lazy summertime holiday atmosphere whilst watching local fishing boats unload their daily catch down at the harbour.

Later, Smogen's busy waterside boardwalk is the ideal way to spend a long summer evening. If you fancy it, why not try some rackmacka - a Swedish open-top shrimp sandwich that is beloved here.

[Day 7: Fjallbacka, Sweden](#)

The tiny town of Fjallbacka was once the summer favourite for the Swedish movie star Ingrid Bergman. Today, the town is a lively summer resort with brightly coloured houses, and there's a real idyllic feel to the place. Lovers of Nordic Noir crime novels may recognize it as the setting of Camilla Lackberg's novels - which isn't surprising as it's also where the writer was born.

The picturesque resort town takes its name from the high cliffs 'Fjallet' which overlook it. While you're here take a stroll along the quayside, explore the old part of the town and stop by one

of the lovely seaside restaurants. For stunning views of Fjallbacka and the surrounding sea, climb up the wooden steps to the cliffs of Vetteberget.

The area has several nature reserves that are great for coastal walks. Along the way, why not take a dip in the sea from the beaches or the rocks.

A short drive away you'll find the Vitlycke Museum, which is located in the Tanum UNESCO World Heritage Centre, where over 600 rock carvings dating back almost 4,000 years are located. There's a period farm here, and you can explore replica Bronze Age buildings..

[Day 8: Koster Islands, Sweden](#)

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Day 9: Oslo, Norway

As well as being the capital of Norway, Oslo is known for its museums as well as its green spaces and was recently awarded the European Green Capital award. Sitting amidst forested hills on the Oslofjord, Oslo has a small city centre, ideal to explore on foot. Close to the centre, you can enjoy trekking through the forest with its picturesque scenery and calming location. Explore a fortress, a sculpture park or the botanical garden; or perhaps visit one of the many excellent local museums such as the Fram Museum, the Viking Ship Museum or the Kon-Tiki Museum. Oslo has no shortage of cultural experiences and we look forward to sharing them with you.

Day 10: Kragerø, Norway

Islands, Artists and Telemark Canal Kragerø boasts a long history of art and culture, and attracts and inspires famous artists, drawn to the fine Norwegian light unique to this area. Amble through the towns charming narrow streets and alleyways to discover the assortment of art galleries and charming cafes, or venture further afield for a longer walk or more adventurous

hike. The area is ideal for kayaking, as there are over 490 islands to explore in this large archipelago. Kragerø is also perfectly situated to spend the day exploring the Telemark Canal. One of the most beautiful waterways in the world, the Telemark Canal is carved into rock and consists of eight locks and 18 lock levels, and is 65 miles long. On completion in 1892 it was called the "eighth wonder" and is a living heritage site. With old walls and locks well preserved along the waterway, spot old lock-keepers houses, sawmills and watchmen's cottages. There is a distinct contrast between the agricultural districts, wilderness and the old industrial sites which make this a fascinating destination. Spend the day exploring the area or join us on one of our exciting excursions with the Expedition team.

Day 11: Farsund, Norway

Pirates and lighthouses Farsund has a fascinating history, which includes hosting pirates in the early 1800's. The area has some of the best beaches in Southern Norway, making it ideal for shoreside walks or even bird watching. Every summer, Farsund celebrates its heritage during the "Kaperdagene" festival - translated as "Pirate Days". The origins of this carnival are rooted in the Napoleonic War of 1804, when the area was ravaged by conflict, causing years of hardship for the locals, who turned to plundering passing ships for their survival. Take a walk along the old railway line for spectacular views of the fjord, crossing a 100-year old swing bridge and passing a protected oak forest. Consider visiting the Lindesnes Lighthouse in the nearby Lindesnes municipality. Dating back to 1656, this is Norway's oldest lighthouse as well as the southernmost tip of

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the Norwegian mainland. Loshavn is a small port village in Farsund in Vest-Agder county. The village is located at the mouth of the Lyngdalsfjorden, about 4 kilometres south of the town of Farsund. Farsund village, the administrative centre of Farsund municipality in Vest-Agder county, Norway.

Day 12: Rosendal, Norway

Mouth of the Fjord Rosendal sits snugly between high mountains and beautiful valleys and is located on the Hardangerfjord, the second largest fjord in Norway. Rosendal is known for its baronial manor, the smallest "palace" in Scandinavia, and now one of the most significant museums in Western Norway. Located at the mouth of the fjord, this castle is the only manor of its kind in Norway and is surrounded by a beautifully landscaped park. The surrounding areas have magnificent waterfalls, lakes and glaciers, such as the Bondhus Lake and Folgefonna Glacier, along with historic villages all set in a spectacular landscape. Spend the day hiking in the surrounding mountains, visit the Barony and its magnificent gardens, or just enjoy learning about the fascinating history of the town - after all, this is also where the ship "Gjøa", was built and used by Roald Amundsen on his historic expedition through the Northwest Passage.

Day 13: Lysefjord, Norway

Norway's Imposing and Distinctive Fjord Lysefjord is 40 kilometres long and 422 metres deep at its deepest. Preikestolen (Pulpit Rock), the most famous tourist attraction in Ryfylke, towers an impressive 604 metres over the fjord. This is

a flat mountain plateau of approx. 600 square metres. We hope to have a fine view of Preikestolen before heading back out of the fjord. As we sail quietly down the fjord, impressive mountains tower above us. Spend time lost in thought, out on deck drinking in the scenery, or take a comfy seat in the Observation Lounge with its enormous windows designed for this very moment.

Day 14: At sea

It's our final day at sea for you to enjoy at your leisure. You may want to take one last soak in the hot tub, relax in the ship's lounge, edit your photographs, or join the Expedition team as they review the highlights of your memorable trip.

Day 15: At sea

We pass the white cliffs of Dover during the early morning hours and dock at the city's harbour. After breakfast, it's time to leave your home for the past fortnight.



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YOUR SHIP:

YOUR SHIP:

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:



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PRICING



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