

CRUISE WEST AFRICA: CULTURES AND WILD COASTS

Embark on the remarkable journey of Cruise West Africa: Cultures and Wild Coasts, an incredible luxury cruise along the vibrant coastline of West Africa. Launching from Tema, near Accra in Ghana, the voyage meanders through culturally rich places like Freetown and Elmina, among others, before reaching its finale in the dynamic city of Dakar, Senegal. Throughout your expedition, you'll encounter an array of fascinating destinations. Discover Freetown, known for its Tacugama Chimpanzee Sanctuary and rich heritage. Explore the enchanting Bijagos Archipelago with its lush biodiversity and cultural treasures. As you wander through Elmina, the historic castle stands testament to the area's poignant past, while Abidjan unveils its robust arts scene. Each stop delves deeper into West Africa's untold stories. The itinerary brims with engaging activities that promise both enlightenment and entertainment. Shore excursions invite you to traverse historical sites, observe incredible wildlife, and indulge in cultural narratives. Explore vibrant cityscapes, relish authentic local cuisines, and participate in hands-on workshops like batik making or traditional drumming. Each moment on this luxury cruise transforms the journey into an enriching tapestry of memories.



ITINERARY

Days 0 - 1 - Pre Cruise & Tema (Accra)

Tema is a short drive from Ghana's fast-paced capital, Accra, a city that's culturally rich, modern and historic all at once. European-built forts and Black Star Independence Square's public monuments offer a glimpse at the past. The neighbourhood of Jamestown, a 17th-century fishing community with old colonial buildings, is its pulse with an art scene and local bites like waakye - rice and beans with sides - at a low-key 'chop bar'.



Days 2 - 3 - Elmina

A solemn reminder of the past, 15th century Elmina Castle in Ghana was a key slave trade hub, originally protecting gold trade before Dutch and British slave trade involvement. This UNESCO site exemplified the era's contradictions, with Europeans in luxurious quarters above filthy, cramped slave dungeons. The infamous Door of No Return opened to ships on the gruelling Middle Passage.

Day 4 - Abidjan

A city pulsating with energy, Abidjan, the former capital of Cote D'Ivoire, stands as a hub of creativity and innovation. The thriving arts and music scene interweaves with the cultures, cuisines and traditions that define Abidjan. Serving as a window into West Africa, the infectious tropical mood permeates the city. Abidjan's unique atmosphere, galleries and markets, along with the fascinating National Museum, make it a captivating destination.

Days 5-6 - Day at sea

Sea days are rarely dull. Take the time to sit back and let the world go by. The ship's observation decks provide stunning views of the passing ocean. A day at sea gives you the opportunity to mingle with other passengers and share your experiences of this incredible trip or head to our library which is stocked full of reference books. Get an expert's view in one of our on-board lectures or perhaps perfect your photography skills with invaluable advice from our onboard professional photographers.

Day 7 - Freetown

Sierra Leone's portside capital city occupies a major position in history as the home of formerly enslaved people from North America and Britain. Sites like Cotton Tree and the King's Yard Gate symbolise the town's sombre past. Freetown today is a diverse city with a rich heritage - colourful Krio architecture, hearty, rice-based cuisine and lively beaches. Nearby, the Tacugama Chimpanzee Sanctuary rescues endangered primates in a rainforest.

Day 8 - Day at sea

Today as you sail, you'll bask in the endless comforts of your ship. From the deck, marvel at the dramatic sea views. Relax with a nurturing facial treatment or massage in the spa or delve into the ship's learning resources. Or, simply take refuge in your cabin and enjoy the opportunity to rest.

Days 9 - 11 - Bijagos Archipelago

The remote Bijagos Archipelago off Guinea-Bissau comprises 88 islands with mangroves, savannahs, and palm forests, protected as a UNESCO Biosphere Reserve. Its ecosystems host endangered species like green sea turtles, saltwater hippos and African manatees, plus 800,000 migratory birds annually. Untouched by tourism, the Bijagos offers pristine beaches and a rich cultural heritage, with rare matrilineal customs and traditional ceremonies.

Day 12 - Banjul

At the meeting point of the Gambia River and the Atlantic, Gambia's relaxed capital city, Banjul, sits on a little island filled with colonial buildings and vibrant markets. The 19th-century Albert Market sells souvenirs and the vibrant traditional clothing of The Gambia's diverse ethnic groups. Locals invite visitors to their typical Gambian home or 'compound' and tell stories of their heritage while offering herbal tea and traditional snacks.



Days 13 & 14 - Dakar

Fabulous museums, a thriving art scene and elegant seaside dining showcase Dakar's rich culture and forward outlook. The bustling traditional Medina quarter with its mosques, tea shops and street markets contrasts with the Senegalese capital's French-influenced architecture and cuisine. Mbalax music dominates the vibrant nightlife. Traditional crafts like woodcarvings and paintings sell at Soumbedioune market, making it the perfect souvenir stop.

Please Note:

Itineraries are subject to change.



YOUR SHIP: DIANA

YOUR SHIP: **Diana**

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

Launched in 2023, SH Diana provides elegant and spacious 5-star accommodation for 192 guests in 96 spacious staterooms and suites, the vast majority with large balconies. Operated by an onboard team of 140 she provides a high level of personal service, exploring the Mediterranean and its famous sites of antiquity. Now sit back, relax and take a moment to get to know this amazing new ship, purpose-designed for our unique cultural expedition cruises. Named after the Ancient Roman goddess of light, the moon, hunting and the wilderness, SH Diana been specially designed for worldwide cruising to explore the most inspiring and inaccessible places on earth. Building on the outstanding amenities of her sister ships, she adds a dedicated Multifunctional Room next to the Observation Lounge, a Private Dining Room for special occasions, and two tenders which bring guests a comfortable alternative to Zodiacs for expedition landings. A Polar Class 6 ice-strengthened hull combines with extra-large stabilisers to make your journey as comfortable as possible. SH Diana has been designed for immersive experiences, with extensive outside deck areas, multiple observation points and bright, open and relaxing public spaces with unobstructed views. The pleasure and safety of our guests is paramount at all times, cared for by our attentive crew and seasoned expedition leaders. Cutting edge hygiene technology protects the health of all on board to the highest standards and includes air conditioning with UV sanitisation systems. SH Diana's 96 staterooms , including 11 suites, are each a superbly comfortable home from home and all feature panoramic sea views, a flame-effect fireplace, original works of art, plush couches, premium pocket sprung mattresses, en-suite bathrooms with glass-enclosed rain showers, and Egyptian cotton towels, bathrobes and sheets. A pillow menu offers customised head and neck comfort during rest, while a large flat screen TV, espresso machine with Illy premium coffee, tea making facilities with the finest Kusmi teas, and a minibar with refreshments enhance relaxation at any time. In-room dining is of course available at all hours. Wheelchair access Guests who use wheelchairs must bring their own, as we have only a small number of wheelchairs stored onboard for emergencies. To ensure ease of movement on the ship, wheelchairs and mobility aids must be no wider than 65cm. All mobility or medical equipment brought on board must be capable of being carried safely and must be declared before sailing. To ensure that all guests can safely evacuate during an emergency, guests requiring a wheelchair can only be accommodated in our ADA-accessible cabins. We offer an Oceanview and a Balcony stateroom on Diana. These staterooms are specifically designed to be completely ADA compliant and have a fully operable wheelchair-access wet unit. Diana has two lifts, serving every passenger deck apart from the Stargazing top deck, which is, therefore, more difficult to access, as are the Aft Marina and

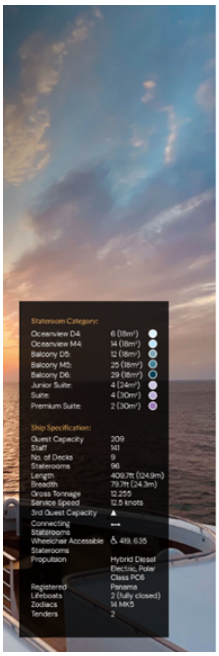
Swan's Nest forward observation platform. Also, we don't have special equipment to access the swimming pool, jacuzzi, or sauna. Otherwise, the ship is entirely at your disposal. Many of the expeditions ashore in remote places are by Zodiac. Boarding these boats and returning aboard can present challenges for wheelchair users, as can navigating uneven terrain. These challenges are by no means always insurmountable, though, and our highly experienced crew is trained to provide reliable advice and assistance. They will make every effort to ensure wheelchair-using guests enjoy a memorable experience at each destination. Our general guidance, however, is to recommend wheelchair users travel with a companion for their ease and enjoyment. If you prefer to remain aboard, our panoramic interiors and ample open decks ensure an immersive, intimate experience of your inspiring

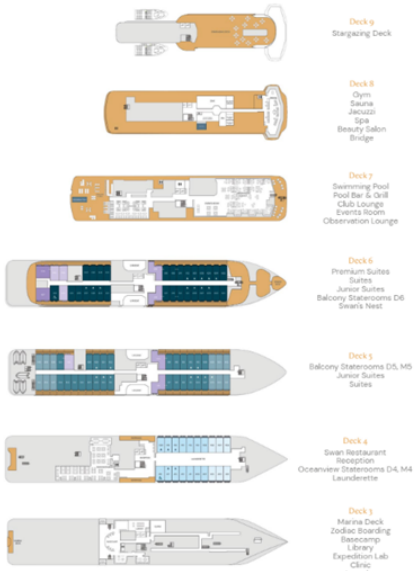


surroundings.



INSIDE YOUR SHIP





Balcony D5



Balcony D6



Balcony M5



Junior Suite



Oceanview D4



Oceanview M4



Premium Suite



Suite





PRICING

22-Apr-2027 to 05-May-2027

Balcony M5	**£12300 GBP pp**
Balcony D6	**£12850 GBP pp**
Oceanview M4	**£11225 GBP pp**
Balcony D5	**£11775 GBP pp**
Premium Suite	**£21400 GBP pp**
Suite	**£12850 GBP pp**
Oceanview D4	**£10700 GBP pp**
Junior Suite	**£16100 GBP pp**