


# COSTA RICA AND THE PANAMA CANAL ADVENTURE CRUISE

Sailing the Panama Canal is an unforgettable experience that places you at the heart of one of history's greatest engineering triumphs. Aboard the National Geographic Quest, you'll enjoy privileged access—transiting the locks by both day and night—and benefit from a team of experts who illuminate every nuance of the crossing. Beyond the steel and stone of the canal, discover the vibrant tropical worlds of Costa Rica and Panama: snorkel colorful coral reefs, kayak along hidden shorelines and trek into lush rainforests filled with monkeys and colorful birdlife.




## ITINERARY

DAY 1: San José, Costa Rica/ Puerto Caldera/Embark

Upon arrival in San Jose, transfer by land to Puerto Caldera and embark our ship National Geographic Quest. (D)

DAY 2: Corcovado National Park

Anchor off the Osa Peninsula to see some of the most pristine lowland rainforest on the Pacific coast. In the environs of




Corcovado National Park, swim in waterfall pools, take an optional horseback ride on the coast, or trek through the rainforest for a chance to see three species of monkeys--howler, spider, and capuchin. (B,L,D)

### DAY 3: Golfo Dulce / Osa Peninsula

Go ashore in the pristine waters of Playa Blanca. Head inland to meet and share with inspiring local families living in remote communities and working with cocoa, heart of palm, and sugar cane. Hike mature rain forest or kayak in peaceful waters in Golfo Dulce. In the evening, enjoy a beautiful sunset. (B,L,D)

### DAY 4: Golfo Dulce, Costa Rica

Enter the mangrove-fringed Golfo Dulce along the southwestern edge of Costa Rica as our nimble expedition ship takes us into the remote upper reaches of this placid bay. Exploring by Zodiac, paddleboard and kayak, we encounter Pacific Costa Rica's dazzling avifauna as we watch for golden-hooded and Cherrie's tanagers, yellow- throated toucans, fiery-billed aracaris and crimson- fronted and orange-chinned parakeets, constantly chattering in flight above the jungle treeline. The flora is a kaleidoscope of tropical color with bromeliads, heliconias and orchids set against the verdant green of the tropical forest. Later, jump into the cool, refreshing waters of the bay for an afternoon swim. (B,L,D)

### DAY 5: Isla Coiba National Park

The first stop in Panama this morning is at the remote Isla Coiba, one of the many islands of Coiba National Park, a UNESCO World Heritage site. Once a penal colony, the island has long been protected and accessible by special permit only. Among its many endemic species are the Coiba Island agouti and the mantled howler monkey, as well as four varieties of sea turtle. Discover rich marine life while snorkeling, go kayaking or hiking, try stand-up paddleboarding, or simply relax on the beach. (B,L,D)

### DAY 6: Gulf of Panama Islets/Panama Canal Transit

Today, explore the tiny islets of the Gulf of Panama by Zodiac or kayak. Here we might spot frigatebirds, brown pelicans, neotropical cormorants, and brown boobies. Set sail for the Panama Canal this afternoon. Stretching more than 50 miles, the canal was a colossal engineering feat completed in 1914. It is still traversed by some 14,000 ships every year. As cargo ships tend to pass through the canal during the day, we'll most likely begin our crossing at night, when the canal is dramatically lit. (B,L,D)

### DAY 7: Gatún Lake / Panama Canal Transit

By special arrangement, National Geographic Quest will anchor in Gatun Lake near the Barro Colorado Nature Monument overnight. Today, choose hikes and Zodiac cruises at the Smithsonian Tropical Research Institute facility on Barro Colorado Island, or take a boat ride to the mouth of the Chagres River and hike on the Panama Rainforest Discovery Center trails. This evening, continue through the complex lock system of the canal. (B,L,D)

### DAY 8: Colón/Panama City, Panama/Disembark

After breakfast, disembark in Colon and transfer to the airport in Panama City for your flight home. (B)

### Please Note:

Itineraries are subject to change




# YOUR SHIP: NATIONAL GEOGRAPHIC QUEST

**YOUR SHIP:** National Geographic Quest

**VESSEL TYPE:**

**LENGTH:**

**PASSENGER CAPACITY:**

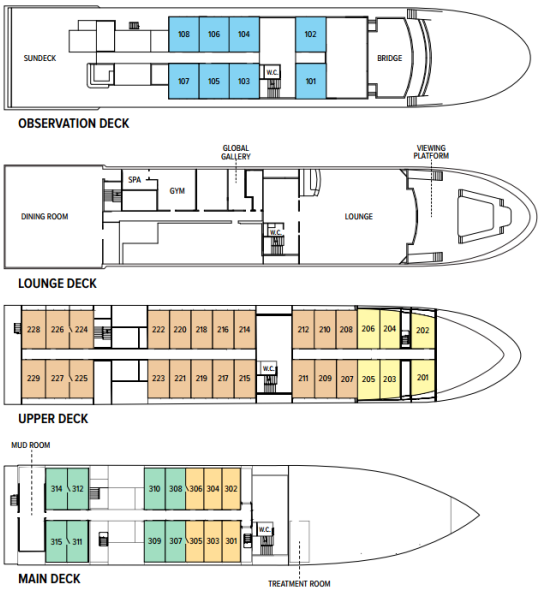
**BUILT/REFURBISHED:**



_National Geographic Quest_ is a state-of-the-art, purpose-built expedition vessel made for exploring coastal waters, shallow coves, and fast-moving channels where wildlife congregate while sailing with the luxury of supreme comfort. Spacious cabins, open decks for wildlife viewing, and specialty tools for exploration make it the ideal platform for sailing in the remote areas of Alaska, the Pacific Northwest, Costa Rica, Panama, and Belize. Designed with decades of expedition experience in the region, _National Geographic Quest_ more than comfortably accommodates 100 guests in 50 cabins. Her twin expedition craft landing platform allow us to rapidly get on and off the ship to take advantage of wildlife sightings and to ensure we maximize our time off the ship exploring. Created with a shallow draft, _Quest_ draws only nine feet of water allowing her to sail into places where much larger ships cannot go.




# INSIDE YOUR SHIP



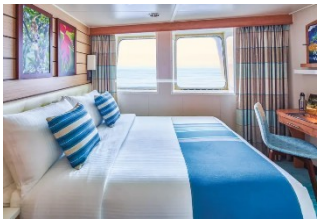

Category 01



Category 02



Category 03



Category 04



Category 05



Category 1



Category 1 - Waitlist



Category 1. From





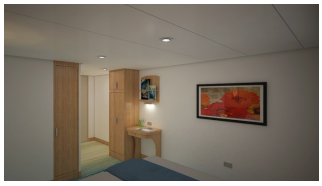

Category 2



Category 3



Category 3 - Waitlist



Category 4



Category 4 - Waitlist



Category 5






# PRICING

**29-Nov-2026 to 06-Dec-2026**

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|---|---|
| Category 5 | £7695 GBP pp |
| Category 2 | £5735 GBP pp |
| Category 3 | £6190 GBP pp |
| Category 1 | £5275 GBP pp |
| Category 4 | £6965 GBP pp |

**20-Dec-2026 to 27-Dec-2026**

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|---|---|
| Category 1. From | £5952 GBP pp |

**20-Dec-2026 to 27-Dec-2026**

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| Category 1 | £5282 GBP pp |
| Category 4 | £7252 GBP pp |
| Category 2 | £5649 GBP pp |
| Category 3 | £6046 GBP pp |
| Category 5 | £7977 GBP pp |

**27-Dec-2026 to 03-Jan-2027**

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| Category 1. From | £6013 GBP pp |

**03-Jan-2027 to 10-Jan-2027**

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| Category 01 | £6870 GBP pp |
| Category 02 | £7351 GBP pp |
| Category 03 | £7863 GBP pp |
| Category 04 | £9435 GBP pp |
| Category 05 | £10382 GBP pp |

**10-Jan-2027 to 17-Jan-2027**

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| Category 1 - Waitlist | £5435 GBP pp |
| Category 2 | £7531 GBP pp |
| Category 4 - Waitlist | £7325 GBP pp |
| Category 3 - Waitlist | £7863 GBP pp |
| Category 5 | £10382 GBP pp |

**06-Feb-2027 to 13-Feb-2027**

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|---|---|
| Category 05 | £10382 GBP pp |
| Category 01 | £6870 GBP pp |
| Category 02 | £7351 GBP pp |
| Category 03 | £7863 GBP pp |
| Category 04 | £9435 GBP pp |

**13-Feb-2027 to 20-Feb-2027**

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|---|---|
| Category 4 | £7105 GBP pp |
| Category 1 | £5380 GBP pp |
| Category 2 | £5850 GBP pp |
| Category 5 | £7855 GBP pp |
| Category 3 | £6320 GBP pp |




# PRICING

**20-Feb-2027 to 27-Feb-2027**

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|---|---|
| Category 04 | £8924 GBP pp |
| Category 03 | £7435 GBP pp |
| Category 05 | £9817 GBP pp |
| Category 01 | £6489 GBP pp |
| Category 02 | £6947 GBP pp |

**27-Feb-2027 to 06-Mar-2027**

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| Category 3 | £6255 GBP pp |
| Category 2 | £5795 GBP pp |
| Category 4 | £7040 GBP pp |
| Category 5 | £7775 GBP pp |
| Category 1 | £5330 GBP pp |

**06-Mar-2027 to 13-Mar-2027**

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| Category 03 | £7863 GBP pp |
| Category 01 | £6870 GBP pp |
| Category 02 | £7351 GBP pp |
| Category 04 | £9435 GBP pp |
| Category 05 | £10382 GBP pp |

**13-Mar-2027 to 20-Mar-2027**

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| Category 2 | £5795 GBP pp |
| Category 1 | £5330 GBP pp |
| Category 5 | £7775 GBP pp |
| Category 3 | £6255 GBP pp |
| Category 4 | £7040 GBP pp |

**20-Mar-2027 to 27-Mar-2027**

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| Category 01 | £5725 GBP pp |
| Category 02 | £6130 GBP pp |
| Category 03 | £6557 GBP pp |
| Category 04 | £7870 GBP pp |
| Category 05 | £8656 GBP pp |

**27-Nov-2027 to 04-Dec-2027**

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| Category 05 | £7733 GBP pp |
| Category 01 | £5191 GBP pp |
| Category 02 | £5573 GBP pp |
| Category 03 | £6130 GBP pp |
| Category 04 | £7359 GBP pp |

**04-Dec-2027 to 11-Dec-2027**

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| Category 1. From | £4716 GBP pp |

**16-Dec-2027 to 23-Dec-2027**

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| Category 1. From | £5164 GBP pp |

**23-Dec-2027 to 30-Dec-2027**

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| Category 1. From | £5164 GBP pp |

**30-Dec-2027 to 06-Jan-2028**

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| Category 1. From | £5164 GBP pp |

**06-Jan-2028 to 13-Jan-2028**

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| Category 1. From | £5067 GBP pp |

**18-Jan-2028 to 25-Jan-2028**




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| **Category 1. From** | **£5067 GBP pp** |




# PRICING

**05-Feb-2028 to 12-Feb-2028**

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| Category 1. From | £5067 GBP pp |

**12-Feb-2028 to 19-Feb-2028**

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| Category 1. From | £5067 GBP pp |

**19-Feb-2028 to 26-Feb-2028**

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| Category 1. From | £5067 GBP pp |

**02-Mar-2028 to 09-Mar-2028**

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| Category 1. From | £5067 GBP pp |

**23-Mar-2028 to 30-Mar-2028**

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| Category 1. From | £5067 GBP pp |

**30-Mar-2028 to 06-Apr-2028**

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| Category 1. From | £5067 GBP pp |

**06-Apr-2028 to 13-Apr-2028**

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| Category 1. From | £5067 GBP pp |