

FROM CANADA TO THE AMERICAN EAST COAST WITH PONANT

From Toronto, set sail aboard Le Bellot for the vast unspoiled expanses of Canada and the North American coast. You will first enjoy a magnificent sail along the shimmering waters of Lake Ontario, then your ship will sail into the Saint Lawrence river, a prodigious waterway home to exceptionally beautiful nature. You will then call in at two emblematic cities: Montreal, famous for its liveliness and its cultural vibrancy and Québec, capital of Canada's Beautiful Province, located on the St. Lawrence estuary and founded by Samuel de Champlain in 1608. Do not miss discovering this charming and lively city where the historic neighbourhood of Old Québec, with its ramparts and fortifications, is listed as World Heritage by UNESCO. You will then sail towards the dramatic fjord of Saguenay, where many marine mammals have taken refuge. At the mouth of Saguenay River, you will reach Tadoussac. This National Park is also an unmissable site for whale watching as the mammals gather to feed before winter. Further on, you will reach Percé, one of the most scenic villages of Québec, close to a National Park famed for its natural, historical and geological heritage. Le Bellot will then cruise along the coasts of Nova Scotia, home to great historical towns and villages of unrivalled cachet. Then you will head south to Bar Harbor on Mount Desert Island, discovered by Samuel de Champlain in 1604. This small bustling town on the north-east coast of the state of Maine is a seaside resort whose appeal lies in its stunning landscapes, including those of Acadia National Park. This trip will end in Gloucester, the oldest port in the United States.



ITINERARY

Day 1 TORONTO

The largest city in Canada and capital of the province of Ontario, Toronto fascinates as much by its incredible diversity as by its size. Make sure you visit the CN Tower, the tallest tower in the western hemisphere, as well as the St. Lawrence Market whose stalls reflect the multicultural wealth of this city known as the global city. Not far from there, the historic Distillery District unveils its brick-paved streets imbued with romantic charm and its myriad of small restaurants, cafés, boutiques, theatres and art galleries. The Royal Ontario Museum and its impressive collections devoted to the world's natural and cultural history will also be an unmissable stop during this port of call.



Day 2 SAILING LAKE ONTARIO & SAILING RIVER SAINT LAWRENCE AND GOING THROUGH ITS LOCKS

Lake Ontario is the smallest and most easterly of the five Great Lakes of North America, that together form one fifth of all the freshwater on the planet. You will enjoy a magnificent setting, enhanced by the Indian summer, for an exceptional voyage on the sparkling waters of this natural treasure, lying 76 metres above sea level. Fed by the waters of Lake Eyrie and the extraordinary Niagara Falls, it flows into the Saint Lawrence River which follows its course. On the border between the United States and Canada, the lake has great cities like Toronto on its shores but also boasts more secret and unspoiled areas, teeming with beaches, forests and small ports in a bucolic atmosphere. Linking the Atlantic Ocean to the Great Lakes region inland, the Saint Lawrence Seaway was inaugurated in 1959, more than 250 years after the initial construction aiming to avoid the rapids obstructing navigation in these parts. This large engineering project, which required four years of huge work, offers a unique sailing experience, punctuated by the passage of the different locks marking out this corridor, which is almost 4,000 km long.

Day 3 MONTREAL

Famous for its gentle way of life, Montreal, Canada's second-largest city, is a warm and cosmopolitan metropolis. Situated on the eponymous river island, it is home to a multitude of districts, each as unique as the other. Set off to discover Old Montreal, most of which is declared a historic area, Little Italy, where you'll be able to stroll around the largest open-air market in North America, or the Golden Square Mile, the luxurious district located on one of the hills of Mount Royal and which has sumptuous Victorian-style residences. Simultaneously marked by the influences of the Old Continent

and North-American gigantism, Montreal will never cease to amaze you.

Day 4 QUÉBEC

The capital of La Belle Province sits at the confluence of the St Charles River and the Gulf of St Lawrence in south-east Canada. Founded in the 17th century, the city still has an encircling wall a historic civil engineering work and the only one of its kind remaining in North America. You will love the postcard-perfect stone houses of Old Quebec, the historic district listed as a UNESCO World Heritage site. Shopping is a pleasure in pedestrian streets such as Petit-Champlain Street, or you can relax over a spruce beer, seasoned with pine buds. Dufferin Boardwalk, an esplanade near the emblematic Château Frontenac, is the perfect place for views of the river and old city.

Day 5 SAGUENAY

The city of Saguenay nestles in a valley through which flows the eponymous river, one of the region's treasures. As it joins the Saint-Lawrence, the Saguenay River forms a spectacular fjord boasting extraordinarily differing landscapes. From Saguenay, you can explore the attractive Saguenay-Lac-Saint-Jean region, which is a paradise for those who love the great outdoors. You can combine country walks with boat trips within the various national parks studded throughout this extraordinary natural kingdom.

Day 6 TADOUSSAC

The Quebec village of Tadoussac stands at the confluence of the Saguenay River and the Gulf of Saint-Lawrence, in south-east Canada. The village is bright with multicoloured houses nestling in an emerald-green pine forest. From the waterfront, it's easy to spy out Tadoussac Chapel, thanks to its bright red roof. Not far





from this church built of wood, one of the oldest in North America, stands a century-old village holiday resort, Hotel Tadoussac. Treat yourself to tea on the terrace overlooking the shoreline. In addition, at the marine mammal interpretation centre, you can hone your knowledge of the cetaceans that regularly frequent Tadoussac bay.

Day 7 AT SEA

During your day at sea, make the most of the many services and activities on board. Treat yourself to a moment of relaxation in the spa or stay in shape in the fitness centre. Depending on the season, let yourself be tempted by the swimming pool or a spot of sunbathing. This day without a port of call will also be an opportunity to enjoy the conferences or shows proposed on board, to do some shopping in the boutique or to meet the PONANT photographers in their dedicated space. As for lovers of the open sea, they will be able to visit the ship's upper deck to admire the spectacle of the waves and perhaps be lucky enough to observe marine species. A truly enchanted interlude, combining comfort, rest and entertainment.

Day 8 PERCÉ

If you appreciate the beauty of scenery and geological phenomena, you will fall under the irresistible spell of Percé, one of the most beautiful villages in Quebec. Apart from the attractions of the town itself, Percé owes its reputation to its proximity to the famous rock of the same name that rises opposite it in the Gulf of Saint Lawrence. Along with the neighbouring Bonaventure Island, this rocky outcrop forms a national park famed for its natural, historical and geological heritage. With a choice of hiking, underwater exploration and cultural activities, you'll never be short of things to do in this fascinating region.

Day 9 CAP-AUX-MEULES, MAGDALEN ISLANDS

Although it is the administrative and economic centre of the Magdalen Islands archipelago, in the Gulf of Saint Lawrence, the village of Cap-aux-Meules remains a peaceful location and is ideal for exploring preserved nature. Located on the eponymous island, in reference to the sandstone rocks of the cape that were used in the past to make grindstones, the location is above all considered to be the maritime gateway to the archipelago. In this respect, it offers privileged access to many sites renowned for their natural and historic heritage, such as the village of Havre-Aubert which is a member of the Most Beautiful Villages of Ouebec.

Day 10 BADDECK

Discover the charming village of Baddeck in the heart of Cape Breton Island in Nova Scotia. Located on the banks of Bras d'Or Lake, designated as a UNESCO Biosphere Reserve, this community of several hundred inhabitants is renowned as the point of departure and arrival of the famous Cabot Trail. Named in honour of the Venetian explorer John Cabot who discovered Atlantic Canada at the end of the 15th century, this panoramic road lets travellers enjoy the sumptuous coastal landscapes of the north of the island. Crossing the Cape Breton Highlands National Park, it offers many possibilities to admire the wooded expanses, lakes and streams, deep gorges and steep cliffs that make the area so beautiful.

Day 11 LOUISBOURG

Set in the Atlantic Ocean, Cape Breton Island turns up fun-to-explore curiosities such as Louisbourg, the former capital from when it was named Ile Royale. This picturesque little town is home to one of the country's most significant historical sites: the symbolic and beautifully restored Fortress of Louisbourg. A





tour transports you back to the heart of 18th-century Canada. Access the old fortified square via the drawbridge and Dauphin Gate, which is guarded by a sentry. You can then explore the fortified town as it was in its heyday. Get ready for an extraordinary adventure that's more than just a journey back in time.

Day 12 LUNENBURG

Stretching out along the eastern seaboard of Nova Scotia, the picturesque port of Lunenburg will leave an indelible impression. You can admire the colonial architecture of this fishing village whilst strolling through the chequerboard streets studded with brightly coloured houses. The enchanting charm of the old town has earned it UNESCO World Heritage status. The former naval shipyard town of Lunenburg is where you will also find the replica of the legendary Bluenose schooner, originally built in this port.

Day 13 AT SEA

During your day at sea, make the most of the many services and activities on board. Treat yourself to a moment of relaxation in the spa or stay in shape in the fitness centre. Depending on the season, let yourself be tempted by the swimming pool or a spot of sunbathing. This day without a port of call will also be an opportunity to enjoy the conferences or shows proposed on board, to do some shopping in the boutique or to meet the PONANT photographers in their dedicated space. As for lovers of the open sea, they will be able to visit the ship's upper deck to admire the spectacle of the waves and perhaps be lucky enough to observe marine species. A truly enchanted interlude, combining comfort, rest and entertainment.

With landscapes that seem to have come straight from a Stephen King novel, made up of long rocky outcrops plunging into the cold waters of the Atlantic, the region of Maine is full of unexpected delights. Bar Harbor is one of them. A seaside resort for aristocrats of another era, this former fishing port, founded in the early 18th Century reveals an atmosphere that is both chic and refined, and over time has become the ideal destination for romantics and lovers of open spaces.

Day 15 GLOUCESTER

Gloucester is a coastal town in Massachusetts, founded on the site named "Le Beau port" by Samuel de Champlain in 1604. The oldest fishing port on America's Eastern seaboard enjoyed a prosperous economy. The stunning seaside landscapes of Cape Ann and its proximity to New York and Boston made this a popular holiday destination for artists. Among these were Impressionist painters such as Rudyard Kipling or Edward Hopper. You will be captivated by the coming and going of ships in the harbour, the creative vibe on Rocky Neck Avenue, and the serene beauty of the surrounding nature. You may also spot some whales.

Please Note:

Itineraries are subject to change.

Day 14 BAR HARBOR





YOUR SHIP: LE BELLOT

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VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

Featuring innovative and environmentally-friendly equipment, elegantly designed staterooms, spacious suites with large windows, and lounge areas that open onto the outside, this new limited-capacity yacht boasting just 92 staterooms and suites will offer you a truly unique cruising experience. As the first ship in a new series, Le Bellot will embody the unique atmosphere of a subtle blend of exploration, refinement, intimacy and comfort. Aboard this ship that flies the French flag, you will experience the incomparable pleasure of an intimate cruise, with the possibility of exploring an ever-increasing range of destinations in an ethnic-chic ambiance with luxury service. Experience a luxurious setting where the accent is on authenticity and passion for travel. RESTAURANTS As it is an essential part of French culture, gastronomy will naturally have pride of place aboard this new ship. To the back of Deck 4, you will find a 260 m² panoramic restaurant which can accommodate all of our passengers in a single sitting. Designed differently to that on our other ships, this dining area, which opens onto the outside, will have a buffet of salads, desserts and cheeses at your disposal. Our discreet and attentive crew will provide table service for hot meals. In a relaxed atmosphere, an outdoor grill on Deck 3 will serve grilled meats with a variety of salads and desserts. PUBLIC AREAS Le Bellot has many common areas that are designed and equipped to meet all of your needs while preserving the intimacy of each passenger. A 140 m² reception area includes: A reception/concierge desk, An excursions desk, The ship's administrative services, The sales office, manned by our Guest Relations Officer, Our 50 m² boutique which sells clothing, jewellery, beauty products, postcards and various accessories, Toilets accessible to passengers with reduced mobility. A new hydraulic platform with adjustable height provides: Easier boarding than on any other cruise ship, Easier Zodiac embarkation and disembarkation for expeditions, Easier access to the sea for swimming and practising various water sports such as kayaking or paddle-boarding. A pool deck offering: A pool with a panoramic view, equipped with a counter-current swimming system, A pleasant solarium, An outdoor bar and lounge with armchairs and sofas. A 200 m² main lounge which can accommodate all of our passengers to share convivial moments and to host activities organised during the day or evening. Lastly, a theatre that seats 188, equipped with: The latest sound and lighting technology, A LED wall as the stage backdrop, for the projection of high-resolution images and videos. Please click the following links to read more about Ponant and the other Ponant

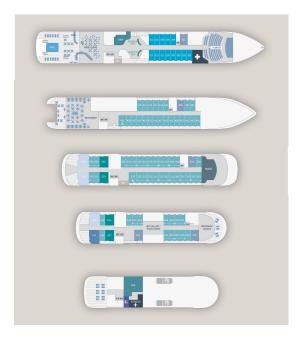




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