

AUTHENTIC GREECE SAILING CRUISE

On this voyage you will be taken a bit off the beaten track, and what breathtaking discoveries await you there! Homer's birthplace - the Mastic island; the most male island, too; the fountain town... And you will get to know the style of life in one of only five world's Blue Zones.



ITINERARY

Day 1 Athens-Piraeus

Ten kilometres southwest of central Athens, Piraeus is dazzling in its scale, its seemingly endless quays filled with ferries, ships and hydrofoils. While technically its own city, it melds into the Athens sprawl, with close to half a million people living in the greater area. The most attractive quarter lies east around Zea Marina and Mikrolimano harbours. The latter is lined with cafes, restaurants and bars often filled with people who've disembarked from their yachts for the day.

Day 2 Syros

Sitting in the heart of the Aegean Sea, Syros is a mixture of Cycladic and Venetian architecture. Just imagine whitewashed houses blending with colorful mansions and big churches, surrounded by the Cycladic nature. Dreamy, right? Ideal for families and couples who seek a romantic, yet laid-back holiday destination, Syros has an elegant and nostalgic vibe that





enchants every visitor. Ermoupoli, the capital of Syros island and also the orthodox town of Syros, is an architectural gem! Colorful mansions, neoclassical buildings, imposing orthodox churches and squares, create the most postcard-perfect place in Syros! For a dip into the culture of Ermoupolis, visit the Town Hall building, which was created by Ernst Ziller, Apollo Theater and Pallas cinema. Taste the famous cheese of Syros, San Mihalis in Ai Mihalis.

Day 3.1 Delos

Here you will find numerous ancient monuments at the vast area of Archaeological sites that takes a big part of the island's territory, featuring many temples, maisons, statues, Agora of the Competaliasts and the Ancient Theatre.

Day 3.2 Mykonos

Mykonos is the great glamour island of Greece and flaunts its sizzling St-Tropez-meets-Ibiza style and party-hard reputation. It is the island of modern-day celebrities and not the island of spirits of the past. Sharon Stone and Brad Pitt, Madonna and Mike Jagger, Gina Lollobrigida and Sofia Loren visit quite oftenthis is a holiday! Enjoy! Mykonos is the jumping-off point for the archaeological site of the nearby island of Delos. Mykonos is home to Vioma Organic Farm - a unique farm-to-table experience. It also acts as an organic farm with animals. It prides with organic classical wines rested in oak barrels and provides guided bicycle tours. Other notable diners include Farma restaurant, Mykonos' first farm-to-table restaurant, and Kiki's Tavern, where you can snap a sneaky delightful meal at the best traditional Greek diner on the island.

Day 4 Naxos

The largest of the Cyclades, Naxos packs a lot of bang for its buck. Its main city of Hora (known also as Naxos) has a gorgeous waterfront and a web of steep cobbled alleys below its hilltop kastro, all filled with the hubbub of tourism and shopping. You needn't travel far, though, to find isolated beaches, atmospheric mountain villages and ancient sites. Naxos was a cultural centre of Classical Greece and Byzantium, and Venetian and Frankish influences also left their mark. Its high mountains form rain clouds, and consequently Naxos is more fertile and green than most of the other Cyclades islands. It produces olives, grapes, figs, citrus fruit, corn and potatoes. Visit Koufopoulos cheese making factory. Snack for the day in the capital of the island at this unique spot. Other peculiarities include Vallindras citrus distillery, Eggaron Olive Oil Mill and Museum, where you can get filled with many aromas and tastes, and Limpertas Manolis ceramic workshop, where you can snap yourself a souvenir and learn a few things.

Day 5 Ikaria

Located on the Eastern Aegean sea, Ikaria is one of the worldwide famous Greek Islands, mainly due to the longevity of its inhabitants and the Ikarian diet. Its natural beauty is a standout, too, as the wild beauty of Ikaria is breathtaking. Rocky mountains, dramatic gorges, hiking trails, mesmerizing beaches, and rural villages set the scene of a dreamy holiday destination, especially for nature lovers! Visit Christos Raches village filled with worry-free optimism, relaxing pace, outdoor work and Ikarian diet. Afianes Winery possesses views of the hillsides of the Chalari canyon. Featuring include thorough tasting classes, plus the estate hosts events. Unique local Ikarian wines. Trek through old stone bridges through the Gorge of Halari - verdant place with small lakes, narrow rivers, and waterfalls.



Day 6 Andros

Andros Chora, the island's capital, is a mixture of Venetian, Byzantine and Ottoman architecture. Palaiopolis, the ancient capital of Andros, the prehistoric Plaka settlement and Zagora settlement are must-visits. The natural beauty of this verdant island is divine! The hiking paths that cross Andros Greece, will give you the chance to explore its lush vegetation. Reach the Stenies village - a true specimen of Cyclades architecture, it is embellished with captain mansions, wall fountains and a deserted pasta factory. View the remnants of the market, theater, sunken agora and pier in the ancient capital Paleopolis. Traditional village of Paleokastro will geet you with stone houses, cobbled paths, flowery gardens, climbing vines, windmills, and chapels. And don't forget to taste Andros specialties like fourtalia (omelette with cheese, potato and sausage), labriatis (Easter dish of marinated stuffed goat) and kaltsounia (sweet made with honey).

Day 7 Tinos

Located on the northern side of the Cyclades group of islands, Tinos is one of the most enchanting Greek Islands. Beautiful sandy beaches, traditional villages and minimal Cycladic architecture create a unique atmosphere that never fails to captivate the visitors. Learn about the art of marble crafting from ancient times until today in a one of a kind Marble Crafts Museum. Arnados village is the oldest village of Tinos. It has amphitheater architecture on the mountain slopes, medieval arches and cobblestone alleys, churches, museums and the monastery of Kehrovouni. Visit Falatados village to celebrate raki distillation season and view the largest Tinos' church here - Agia Triada. Tinos delicacies are the local cheeses of analati, gruyere, kopanisti and tiniako and the local capers.

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Please Note:

Itineraries are subject to change.





YOUR SHIP: RUNNING ON WAVES

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Three-Mast Sailing Vessel,

VESSEL TYPE: Barquentine

LENGTH: 64 metres

PASSENGER CAPACITY: 42

BUILT/REFURBISHED:

Running On Waves is one of the biggest sailing yachts in the world. According to SOLAS convention, the highest safety standards are maintained on board a vessel of this class, the same as would apply to a cruise liner carrying thousands of passengers. "Running on Waves" operates under the flag of Malta. The ship was conceived to combine maneuverability of a sport yacht, the highest standards of comfort and decor, and a shallow draft that allows calling at small marinas inaccessible even to many a big yacht, let alone cruise liners. The unmatched draft of 3.2 metres was made possible owing to a brilliant idea use lead ballast. The uniqueness of a number of technological solutions confirmed by the US Patent Department. Every guest of ours enjoys 15,5 square metres of available open teakwood deck space, that is three times more than aboard most expensive cruise ships and would befit a most prestigious private mega-yacht. The policy of the Company is to always keep the boat in a mint condition. That is why, despite her tender age, we do profound refitting every winter, so that in Spring she welcomes you in full glamour of perfection. Sails are our main driving power, thus we boast unbeatably low level of

fuel consumption, on average 75 I per hour only, which is about 10 times lower than on a motor boat of a comparable size. Premium comfort notwithstanding, RUNNING ON WAVES is nothing close to a floating hotel or a museum on water, she is a supercharged windship, and with favourable wind can run at 16 - 17 knots under sail. The ship's superbly efficient ratio of sailing surface to displacement 2 sw.m/t makes her one of the fastest sailboats of old and new times. To make sailing comfortable at any sea conditions, cutting-edge technologies were used, such as pitch-killing stabilizers, while sophisticatedly calculated mass distribution prevents the hull oscillation frequency from resonating with the frequency, which affects human vestibular system. There are desalinators on board which account for the unlimited supply of fresh water. Air-conditioning throughout the vessel makes you feel a sheikh even in hottest days of Mediterranean summer. Our state-of-the-art hydraulic ramp at the stern of the vessel allows for a direct access to water for swimming and water sports. Sun Deck Primary feature -- a spacious deck for sunbathing with 16 chaise lounge chairs, which are accessible at any time absolutely free of charge. Additionally, the ship has a large area of covered surfaces, creating vast shaded zones on open decks, which allow for an enjoyable cruise while being protected from the sun. A fresh water Jacuzzi-swimming pool, accommodating six people, is located in the fore of the ship. In the aft of the ship, navigation equipment is behind the command bridge, followed by the massage center and the lounge area. A tour of the command bridge can be arranged at passenger's request. One may enjoy professional massage services in the massage parlor, followed



by some downtime on a small sofa in the lounge area. Main Deck The restaurant located on the Main deck is ready to please the ship's guests with delicacies of Mediterranean cuisine. A fantastic Ocean Bar, located in front of the restaurant in the central part of the deck, offers refreshing drinks and exotic cocktails. You can enjoy your breakfast seated on comfortable sofas located in the cockpit, aft of the ship. Smoking is not prohibited in this zone. An observation deck in the fore of the ship is above the bowsprit, creating the feeling of flying over the water! Mini-suites and Premium cabins are located on the main deck. Size of the cabins vary from 16m2 to 20m2 (172ft2 -215ft2). Tween Deck Passenger cabins occupy most of the tween deck. Crew cabins, companion cabins for the crew and the galley are also located on the tween deck. Fully equipped Water sports center with access to a hydraulic ramp is located in the stern. The stern can be opened up and lowered onto the water, transforming into a diving deck for water sports and recreation. Standard cabins and economy class cabins are located on the tween deck. Cabin sizes vary from 11m2 to 12m2 (118ft2



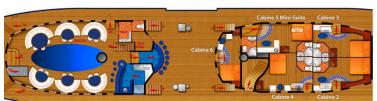
- 129ft2).





INSIDE YOUR SHIP

Main Deck



Tween Deck





PRICING

ADDITIONAL CHARGES: Port Taxes and Fees 350 EUR pp