

ATLANTIC CROSSROADS: CRUISE FROM SENEGAL TO GHANA

Embark on an unforgettable luxury cruise along Atlantic Coast, starting in Dakar, Senegal, and concluding in Tema (Accra), Ghana. This captivating journey explores the significant historical narratives of West Africa, with stops including Banjul, the Bijagos Archipelago, Freetown, Abidjan, and Elmina. Prepare to be enthralled by the blend of natural beauty and cultural heritage in this cruise from Senegal. Throughout the cruise, discover remarkable destinations, such as Senegal's vibrant capital, Dakar, with its rich culture and lively Medina quarter. Experience the pristine Bijagos Islands, a UNESCO Biosphere Reserve, home to a diverse array of wildlife and untouched landscapes. Visit Elmina Castle in Ghana, a poignant UNESCO World Heritage Site that played a pivotal role in the transatlantic slave trade narrative. Each location offers a unique dive into its history and culture. Onboard and beyond, engaging activities await. Meet locals in Banjul for storytelling sessions, or explore traditional crafts at the local markets. Participate in enriching tours such as a city walk in Elmina, or indulge in culinary adventures by learning to cook authentic Ghanaian dishes. A day at sea offers expert lectures and photography classes to perfect your skills. Each moment is crafted to enrich your luxury cruise experience.



ITINERARY

Days 0 - 2 pre Cruise & Dakar (Senegal)

Fabulous museums, a thriving art scene and elegant seaside dining showcase Dakar's rich culture and forward outlook. The



bustling traditional Medina quarter with its mosques, tea shops and street markets contrasts with the Senegalese capital's French-influenced architecture and cuisine. Traditional crafts like woodcarvings and paintings sell at Soumbedioune market, making it the perfect souvenir stop.

Day 3 Banjul (Gambia)

At the meeting point of the Gambia River and the Atlantic, Gambia's relaxed capital city, Banjul, sits on a small island filled with colonial buildings and vibrant markets. The 19th-century Albert Market sells souvenirs and the colorful traditional clothing of The Gambia's diverse ethnic groups, offering a lively glimpse into everyday local life.

Days 4 - 7 Bijagos Archipelago (Guinea-Bissau)

The remote Bijagos Archipelago off Guinea-Bissau comprises 88 islands with mangroves, savannahs, and palm forests, protected as a UNESCO Biosphere Reserve. Its ecosystems host endangered species like green sea turtles, saltwater hippos and African manatees, plus 800,000 migratory birds annually. Untouched by tourism, the Bijagos offers pristine beaches and a rich cultural heritage, with rare matrilineal customs and traditional ceremonies.

Day 8 Freetown (Sierra Leone)

Sierra Leone's portside capital city occupies a major position in history as the home of formerly enslaved people from North America and Britain. Sites like Cotton Tree and the King's Yard Gate symbolise the town's sombre past. Freetown today is a diverse city with a rich heritage - colourful Krio architecture, hearty, rice-based cuisine and lively beaches. Nearby, the Tacugama Chimpanzee Sanctuary rescues endangered primates in a rainforest.

Days 9 - 10 Day at sea (At Sea)

Spend your day at sea enjoying the facilities available onboard. Head to the sauna, get in a workout in the state-of-the-art gym or relax in the hot tub while taking in incredible views along the way. If you prefer to learn a little more about your surroundings, listen to an informative talk or have a chat with one of our knowledgeable experts.

Day 11 Abidjan (Cote 'Ivoire)

A city pulsating with energy, Abidjan, the former capital of Cote D'Ivoire, stands as a hub of creativity and innovation. The thriving arts and music scene interweaves with the cultures, cuisines and traditions that define Abidjan. Serving as a window into West Africa, the infectious tropical mood permeates the city. Abidjan's unique atmosphere, galleries and markets, along with the fascinating National Museum, make it a captivating destination.

Day 12 Takoradi (Ghana)

The twin cities of Sekondi-Takoradi, known as Tadi, are a key commercial hub on Ghana's deepwater port, featuring a 17th-century Dutch fort, a relaxed beachfront and Africa's largest market offering coconuts, dried fish, and tangy jollof rice. Nearby Kakum National Park hosts an endangered Ghanaian rainforest with native wildlife, lush plant life, exotic birds, vibrant butterflies and a Canopy Walkway, suspended 100 feet above the ground.

Days 12 - 13 Elmina (Ghana)

A solemn reminder of the past, 15th century Elmina Castle in Ghana was a key slave trade hub, originally protecting gold trade before Dutch and British slave trade involvement. This UNESCO site exemplified the era's contradictions, with



Europeans in luxurious quarters above filthy, cramped slave dungeons. The infamous Door of No Return opened to ships on the gruelling Middle Passage.

Day 14 Tema (Accra) (Ghana)

Tema is a short drive from Ghana's fast-paced capital, Accra, a city that's culturally rich, modern and historic all at once. European-built forts and Black Star Independence Square's public monuments offer a glimpse at the past. The neighbourhood of Jamestown, a 17th-century fishing community with old colonial buildings, is its pulse with an art scene and local bites like waakye - rice and beans with sides - at a low-key 'chop bar'.

Please note:

Itineraries are subject to change.



YOUR SHIP: DIANA

YOUR SHIP: **Diana**

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

Launched in 2023, SH Diana provides elegant and spacious 5-star accommodation for 192 guests in 96 spacious staterooms and suites, the vast majority with large balconies. Operated by an onboard team of 140 she provides a high level of personal service, exploring the Mediterranean and its famous sites of antiquity. Now sit back, relax and take a moment to get to know this amazing new ship, purpose-designed for our unique cultural expedition cruises. Named after the Ancient Roman goddess of light, the moon, hunting and the wilderness, SH Diana been specially designed for worldwide cruising to explore the most inspiring and inaccessible places on earth. Building on the outstanding amenities of her sister ships, she adds a dedicated Multifunctional Room next to the Observation Lounge, a Private Dining Room for special occasions, and two tenders which bring guests a comfortable alternative to Zodiacs for expedition landings. A Polar Class 6 ice-strengthened hull combines with extra-large stabilisers to make your journey as comfortable as possible. SH Diana has been designed for immersive experiences, with extensive outside deck areas, multiple observation points and bright, open and relaxing public spaces with unobstructed views. The pleasure and safety of our guests is paramount at all times, cared for by our attentive crew and seasoned expedition leaders. Cutting edge hygiene technology protects the health of all on board to the highest standards and includes air conditioning with UV sanitisation systems. SH Diana's 96 staterooms , including 11 suites, are each a superbly comfortable home from home and all feature panoramic sea views, a flame-effect fireplace, original works of art, plush couches, premium pocket sprung mattresses, en-suite bathrooms with glass-enclosed rain showers, and Egyptian cotton towels, bathrobes and sheets. A pillow menu offers customised head and neck comfort during rest, while a large flat screen TV, espresso machine with Illy premium coffee, tea making facilities with the finest Kusmi teas, and a minibar with refreshments enhance relaxation at any time. In-room dining is of course available at all hours. Wheelchair access Guests who use wheelchairs must bring their own, as we have only a small number of wheelchairs stored onboard for emergencies. To ensure ease of movement on the ship, wheelchairs and mobility aids must be no wider than 65cm. All mobility or medical equipment brought on board must be capable of being carried safely and must be declared before sailing. To ensure that all guests can safely evacuate during an emergency, guests requiring a wheelchair can only be accommodated in our ADA-accessible cabins. We offer an Oceanview and a Balcony stateroom on Diana. These staterooms are specifically designed to be completely ADA compliant and have a fully operable wheelchair-access wet unit. Diana has two lifts, serving every passenger deck apart from the Stargazing top deck, which is, therefore, more difficult to access, as are the Aft Marina and

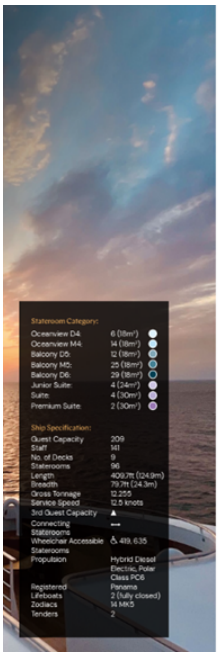
Swan's Nest forward observation platform. Also, we don't have special equipment to access the swimming pool, jacuzzi, or sauna. Otherwise, the ship is entirely at your disposal. Many of the expeditions ashore in remote places are by Zodiac. Boarding these boats and returning aboard can present challenges for wheelchair users, as can navigating uneven terrain. These challenges are by no means always insurmountable, though, and our highly experienced crew is trained to provide reliable advice and assistance. They will make every effort to ensure wheelchair-using guests enjoy a memorable experience at each destination. Our general guidance, however, is to recommend wheelchair users travel with a companion for their ease and enjoyment. If you prefer to remain aboard, our panoramic interiors and ample open decks ensure an immersive, intimate experience of your inspiring

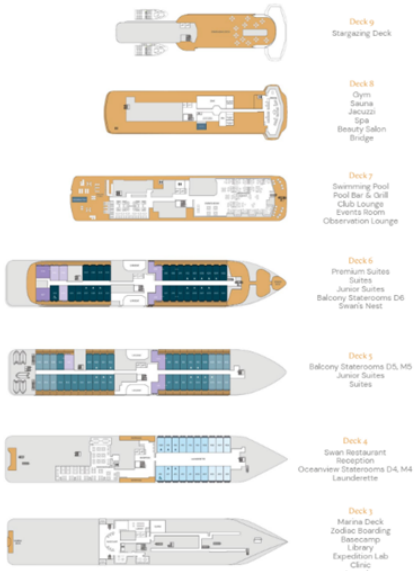


surroundings.



INSIDE YOUR SHIP





Balcony D5



Balcony D6



Balcony M5



Junior Suite



Oceanview D4



Oceanview M4



Premium Suite



Suite





PRICING

21-Sep-2027 to 05-Oct-2027

Junior Suite	**£15665 GBP pp**
Suite	**£18275 GBP pp**
Oceanview D4	**£10439 GBP pp**
Oceanview M4	**£10965 GBP pp**
Premium Suite	**£20889 GBP pp**
Balcony D5	**£11489 GBP pp**
Balcony M5	**£12005 GBP pp**
Balcony D6	**£12555 GBP pp**