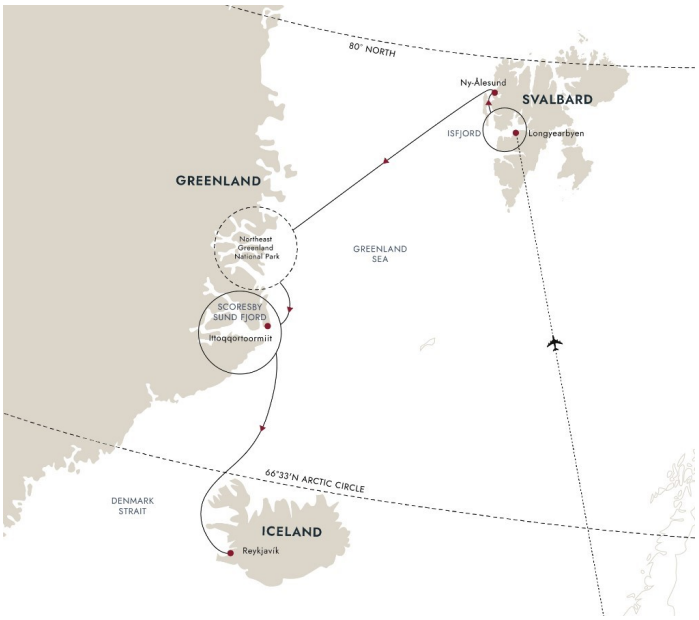


ARCTIC ISLAND ODYSSEY - SVALBARD, GREENLAND AND ICELAND

From Svalbard to Greenland Setting sail from Longyearbyen, we'll first visit the polar research station of Ny-Ålesund before heading to Greenland to explore the Northeast Greenland National Park. This gigantic natural reserve of 375,000 square miles occupies the remote northeastern quarter of the country. In the absence of people, wildlife abounds and with some luck you might see iconic Arctic species like musk oxen and even polar bears. From Greenland to Iceland Further south, Scoresby Sund is an immense system of fjords and glaciers fanning out over 24,000 square miles. Expect majestic fjord landscapes, historical ruins, abundant Arctic wildlife, and a potential visit to one of the most remote communities in the world before we sail to Iceland at the end of the voyage.



ITINERARY

Day 1 Arrive in Longyearbyen

From Oslo to the town at the top of the world

After a flight from Oslo, your adventure begins with an overnight stay in the world's northernmost town, Longyearbyen.

A colourful frontier settlement where people are outnumbered by snowmobiles, Longyearbyen is a unique place on the edge of the Arctic wilderness. If you have time, head out to take a look at this special town, before enjoying a relaxing evening at your leisure.



Day 2 Longyearbyen adventures

Explore this colourful frontier town

After breakfast, it's time to experience Longyearbyen. The town is perfect for exploring on foot. Stroll down the main street and you might see Svalbard reindeer saunter by. Although wild, they're curious and tame.

Before boarding your ship in the afternoon and continuing your Arctic discovery, join an included excursion and get a glimpse of this amazing polar bear-inspired region at the top of the world. And if you'd like to discover even more of Longyearbyen's special surroundings, why not join our optional Pre-Programme.

Days 3-5 Scenic Spitsbergen

A land of spectacular beauty

Spitsbergen, Svalbard's largest island, offers Arctic wilderness at its most striking - sharp-edged mountains, calving glaciers, and remote, rugged shores shaped by ice and wind. Over the next three days, we'll navigate some of the world's most dramatic fjords, where the stillness is broken only by the thunderous crack of icebergs breaking free.

This is polar bear territory. Keep watch along the sea-ice edge where these apex predators roam, hunting seals across the frozen frontier.

We may chart a course into Northwest Spitsbergen National Park, cruising beneath towering glaciers that stretch into cobalt waters. Or, visit Ny-Ålesund - once the launch point for explorer Roald Amundsen's daring airship expeditions, now a centre for cutting-edge climate research.

We'll make the most of every opportunity to step ashore, using our small expedition boats to reach landings few others can. If conditions allow, there may even be a chance to kayak through the waters in near-perfect silence.

With the Midnight Sun overhead, daylight lingers - giving us time to explore deeper into this extraordinary landscape.

Days 6-7 Relaxing at sea

Getting ready for Greenland - Kalaallit Nunaat

As we sail into the Greenland Sea on our way to the world's largest island, it's time to relax, find your sea legs and get acquainted with the onboard facilities.

The Expedition Team will give talks about your upcoming adventure and will explain the protocols of respectfully visiting wildlife habitats and Indigenous Arctic communities. In the lecture hall, you'll find out what to expect in the epic landscapes of East Greenland National Park and the stunning fjords of Scoresby Sund.

If you're feeling active, head to the gym and do a workout with a view. On the other hand, you could sample the sauna, laze in a

hot tub, indulge yourself at the onboard eateries or just find a quiet corner to read a book with a hot drink. Love science? Then why not join one of our onboard Citizen Science projects, a fun and engaging way to contribute to global research.

Days 8-15 Northeast Greenland National Park and Scoresby Sund expedition days

Explore the wild east

We'll spend the next eight days exploring Greenland's remote and pristine east coast. Extending for over 1,740 miles from north to south, this long stretch of coast is cold, isolated, and remote even by Greenlandic standards. The south-flowing East Greenland Current brings lots of sea ice directly from the Arctic Ocean, challenging human settlement but creating a heaven for ice-dependant wildlife, including the polar bear.

Local weather and ice conditions will dictate our exact route, but our plan is to sail first to Scoresby Sund, the world's largest fjord system. You'll feel a deep sense of serenity in this wild and rugged region, with white and blue icebergs floating in mirror-like waters surrounded by looming mountains. If conditions permit, we'll visit Ittoqqortoormiit - the most remote inhabited community in the Western Hemisphere.

Should the sea ice be favourable, we'll continue our journey north to the beautiful Northeast Greenland National Park - the world's largest national park. Visiting this fragile Artic wilderness is a rare privilege as only a few visitors are permitted here each year.

Apart from old trapper huts, some science research stations, and a military outpost, there are very few traces of human life in this 375,000 square mile park. Be assured that this is one of the quietest places on Earth, and you'll enjoy a feeling of great peace as we explore this beautiful wilderness.

As this is an expedition cruise, the Captain and Expedition Team will guide us to the most favourable spots on a daily basis. Our goal will be to pack in as many shore landings, small boat cruises, nature walks, kayaking adventures and wildlife sightings as possible.

Day 16 Denmark Strait

Heading to Iceland

After exploring the remote beauty of Greenland, we set our course back for Iceland. Spend the days at sea recapping your experiences with new friends, studying nature in the Science Center, listening to a lecture or two, or just relaxing on deck. Look out for the seabirds that follow our ship and keep an eye out for whales.

As you reflect on your cruise, from witnessing the delicate ecology of the fjord systems to the ethereal elegance of the floating ice, east Greenland's beauty is sure to have left its mark on you.

Day 17 Reykjavík

End of the expedition

We say a fond farewell to MS Fram as we end our expedition cruise in the lovely city of Reykjavik. With its interesting



museums, stylish galleries, restaurants and geothermal pools, there's so much to enjoy in Iceland's capital.

And if you want to discover more of Iceland, you can join our optional Post-Programme before you head home. Or simply extend your stay to enjoy more of Reykjavik and its surrounding geothermal attractions. It's a great place to end an epic journey!

Please note:
Itineraries are subject to change.



YOUR SHIP: FRAM

YOUR SHIP: **Fram**

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

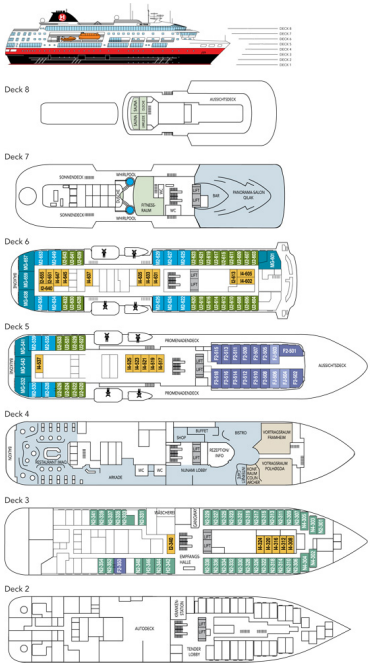
BUILT/REFURBISHED:



MS Fram is designed for sailing in polar waters, holds the highest safety standards and is the perfect size for optimum nautical manoeuverability and guests' comfort. With space for only 276 guests, you are sure to get to know many of your fellow travellers. You will share stunning sights and memories of a lifetime long after returning home. The Norwegian word Fram means 'forward' - lifting expectations of the voyage at hand. MS Fram was built in 2007 with one mission in mind - to bring her guests closer to nature, wildlife and unforgettable experiences. As well as offering numerous lounges in which to relax, our more active guests can use our well-equipped gym. Meanwhile, on deck, our Jacuzzis guarantee you surreal memories when passing the towering icebergs of Antarctica or Greenland.



INSIDE YOUR SHIP



Arctic Superior. From



Expedition Suite. From



Polar Outside. From





PRICING

26-Jul-2027 to 11-Aug-2027

Arctic Superior. From	**£11538 GBP pp**
Expedition Suite. From	**£12944 GBP pp**
Polar Outside. From	**£10298 GBP pp**