

ANTARCTIC CIRCLE 16 DAY EXPEDITION CRUISE

Enjoy nine days in Antarctica Join your Expedition Team for ice-cruising activities, shore landings and fascinating lectures. You'll get close to colossal glaciers and icebergs. We'll observe Antarctic wildlife in their habitat - colonies of penguins, seals, whales and seabirds, maybe even kayaking or hiking past them. South of the Antarctic Circle During the Antarctic summer, new routes through the sea ice below the Antarctic Circle become possible. Aboard your hybrid-powered ice-class expedition ship, we'll set course for Marguerite Bay and islands along the way, looking out for Adelie Penguins and visiting remote historical stations.



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Day 1 The beat of Buenos Aires

Feel the rhythm of bustling Buenos Aires

An overnight stay in Buenos Aires is the ideal way to start your Antarctic adventure.

Home to a proud and diverse community of porteños, or 'people of the port', this city is a sensuous fusion of faded European splendour and Latin American panache.

There are plenty of places to explore, including many parrillas



serving authentic Argentine steak. Or maybe you'd like to practise your dance moves in the famous hometown of the tango.

Why not consider arriving a few days early to see all this vibrant city has to offer, or explore the region with our optional Pre-Programme.

Day 2 Setting sail from Ushuaia

Fly to Ushuaia and start your adventure

Your adventure begins with an early morning flight to Ushuaia, where we'll meet your hybrid-powered expedition ship, specially designed for exploring polar waters.

This bustling port is the capital of Argentina's Tierra del Fuego Province. Set against the magnificent backdrop of the Martial Glacier, Ushuaia vies for the title of the world's southernmost city.

After a briefing from your Expedition Team, you'll have time to settle into your cabin and explore the comforts and amenities on board.

Day 3-4 Get set for Antarctica

Centre on science and learning before your Antarctic adventure

On the two-day crossing through the Drake Passage, the Expedition Team will equip you with all you need to make the most of your polar expedition cruise.

Visit the onboard Science Center and find out what lies ahead. Listen to experts talk passionately about Antarctica's history, the science beneath the ice, and the impact of climate change and plastic pollution. You'll learn how to make your visit as safe as possible, and about the Citizen Science projects you can join.

There's plenty of time to relax, so unwind in the spa and wellness area, enjoy some delicious cuisine and meet fellow travellers in the Explorer Lounge & Bar.

Day 5-13 Antarctica: another world

Experience Antarctica in all its natural majesty

Nothing quite prepares you for it. Surrounded by looming glaciers, and icebergs the size of floating cathedrals, Antarctica will fill you with wonder.

Large groups of penguins huddle on the ice floes, avoiding the cunning leopard seals that hunt them. Majestic, migrating whales glide among amazing icebergs, hunting the shoals of krill they feed on. Bird enthusiasts should look skywards to spot some of the 45 species of Antarctic seabirds that live here, such as skuas, cormorants, petrels and terns.

Here, nature is king, and we are mere observers. Our experienced Captain will continually monitor conditions to create the best possible itinerary for your adventure. You'll spend an exciting 11 days busily exploring several of the many possible landing sites. Rest assured, each day will offer something different and thrilling.



Crossing the Antarctic Circle and continuing well south to Marguerite Bay, we'll explore various islands along the way. You'll join the Expedition Team on landings and ice-cruises whenever opportunities present themselves. You may even get a chance to go kayaking among the icebergs.

Back on board, the Expedition Team will continue their lectures, helping you grow in your insights into the frozen continent.

Day 14-15 Back through Drake Passage

Reflect on your adventure

After 9 days of exhilarating exploration, your expedition cruise, taking in the wonders and wildlife of Antarctica, nears its end. As we make the return trip to Ushuaia, enjoy this time at sea.

Join the Expedition Team in the Science Center to delve into areas of interest in more depth and contribute your observations to Citizen Science projects. Enlist the help of our onboard photographer with the editing of your photos.

Relax with a treatment in the spa and wellness area or take in the fresh sea air from the on-deck hot tubs. Spend time in the Explorer Lounge & Bar with the new friends you've made on your trip, sharing experiences over a relaxing drink.

Day 16 Ushuaia and Buenos Aires

Enjoy an expedition finale in Buenos Aires

Your expedition cruise ends in Ushuaia, the main city in Tierra del Fuego, Argentina's southernmost province. From here, you'll take a flight back to Buenos Aires, but it doesn't have to be the end of your adventure.

Why not join our optional Post-Programme before heading home.

Please note:
Itineraries are subject to change.



YOUR SHIP: FRIDTJOF NANSEN

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VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

Fridtjof Nansen is a small cruise ship specifically designed to be one of the most sustainable ships that can visit the Polar regions. Launched in 2020, The state of the art vessel features new and environmentally sustainable hybrid technology that will reduce fuel consumption and show the world that hybrid propulsion on large ships is possible. MS Fridtjof Nansen is the second of two hybrid ships to be launched cutting emissions by sailing with electrical propulsion. Hybrid technology, combined with the advanced construction of the hull and effective use of electricity on board will reduce fuel consumption and CO2-emissions on the ships by 20 percent. The future of shipping will be silent and emission free. MS Fridtjof Nansen will lead the way towards an even more sustainable way of traveling. Sailing on electrical power is not only a great benefit for the environment, but it will also enhance the impact of experiencing nature for the guests. The ship will be specially constructed for voyages in polar waters and serve as a comfortable basecamp at sea - bringing adventurers from all over the world to the most spectacular destinations in the most sustainable way. These ships combine state-of-the-art technology together with a premium onboard experience. All cabins are outside, half have private balconies, and aft suites even boast private outdoor Jacuzzis, to soak up the stunning scenery in style. Facilities on board One of the most eye-catching exterior design features of the ships will be the two-level indoor/outdoor Observation Deck wrapped around the top of the ships' raked bow. In a vast area behind it, you'll find the core of the onboard experience: Amundsen Science Center. Packed with state of the art technology and high tech gadgets such as touch screens and science equipment, the immersive edutainment area will be the place guests and staff/crew meet, mingle and create a deeper understanding for the areas they explore. The flexible venue will feature lecture spaces, a small library, and speciality areas for workshops in photography, biology, and more. The stunning scenery will be reflected in a rich and comfortable interior design. Scandinavian materials from nature, such as granite, oak, birch and wool will be used to create relaxed and stylish cabins and public areas. All cabins are outside, 50 % will have private balconies, aft suites will feature private outdoor Jacuzzis with





spectacular views.

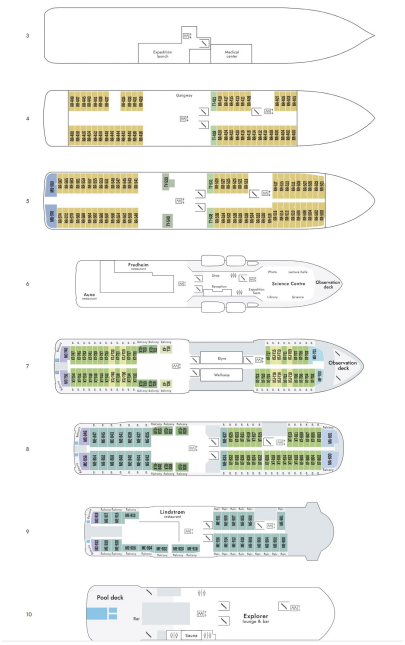
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INSIDE YOUR SHIP



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Polar Outside. From





PRICING

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