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NEWFOUNDLAND AND WILD LABRADOR: A TORNGAT MOUNTAINS ADVENTURE

Take a hike in Torngat Mountains National Park Marvel at the gorgeous fjords, landscapes ablaze with autumn colours, and wonderful wildlife sighting opportunities, including the possibility of both polar and black bears. Travel to one of the least-visited coastlines in the country-the Torngats are simply unbeatable! Some of the tallest mountains in Canada east of the Rockies form the backdrop to this national park, the only one initiated and staffed entirely by Inuit. Experience the fascinating history of Battle Harbour This restored 19th-century fishing village is located on a small island in the Labrador Sea and was once the salt fish capital of the world. Step back in time and immerse yourself in the rich history as you explore the National Historic District. Walk in the footsteps of traditional fishermen and merchants, and experience life as it was in the 1800s. Hike the spectacular Tablelands at Gros Morne National Park Revel in the spectacular geology at Gros Morne National Park, where the Earth's mantle actually protrudes through the crust to form the unique mountainous formations of the Tablelands. Learn the unique natural history of Gros Morne from experienced naturalists and see the desert-like landscape dominated by peridotite, where few things can grow. Experience Inuit culture in Nain, the capital of Nunatsiavut Stop in at the historic Moravian church and learn about its history, listen to the brass band, and visit Illusuak-the stunning new cultural centre by the waterfront in Nain. Many of our expedition team members call Nain home. You'll have the opportunity to explore their community through walking tours and scenic hikes, as you create meaningful cultural connections. Seek wildlife in the icy waters of the Hudson Strait & Frobisher Bay Sail in early summer ice through

the Hudson Strait and admire the beauty of Frobisher Bay, named for bygone explorer Martin Frobisher. Stay on the lookout for wildlife, such as polar bears, seabirds, walruses, and distinct species of whales



and seals.

ITINERARY

Day 1: Saint-Pierre, France

Welcome to France Just off the shores of Newfoundland lie the islands of Saint-Pierre and Miquelon—an official territory of the

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French Republic. Admire colourful and charming shops and the town's unique historical character before you board the Ocean Endeavour for an evening departure.

Day 2-3: The South Coast Newfoundland, NL, Canada

Explore Scenic Coastlines & Remote Outports Journey through the beautiful and windswept coast of southern Newfoundland, dotted with bays, coves, and a few remaining remote outport communities. Admire outstanding geology and gorgeous botanical life. Spot an abundance of birds, whales, and other wildlife as we make the most of every opportunity for Zodiac cruises and land excursions. A visit here is sure to be one of the many highlights of your trip!

Day 4: Gros Morne National Park & Woody Point

Hike through Incredible Geology Stretch your legs with a walk or hike at Gros Morne National Park. Soak in the extraordinary views of beautiful Bonne Bay and be sure to take time to explore the park's excellent interpretation centre and the town of Woody Point. Witness for yourself, the spectacular Tablelands, a six-hundred-metre plateau that forms one of the world's best examples of exposed mantle. Normally found below the Earth's crust, the mineral-rich rocks support very little life, making the Tablelands an eerie landscape.

Day 5: Battle Harbour

Experience Life as it was in the 1800s Experience the rugged beauty and fascinating history of Battle Harbour, Newfoundland and Labrador's hidden gem! This restored 19th-century fishing village is located on a small island in the Labrador Sea and was once the salt fish capital of the world. Step back in time and immerse yourself in the village's rich history as you explore the National Historic District, where the village has been lovingly restored to its original state. Walk in the footsteps of traditional fishermen and merchants, and experience life as it was in the 1800s.

Day 6: Labrador Coast

Explore the Southern Labrador Coast Wander the southern Labrador coast, where you'll find diverse geography of coastal barrens, high subarctic tundra, high boreal forest, mid-boreal forest, string bog, and islands. We will look for opportunities for an exciting Zodiac cruise or hike whenever possible during expedition landings in this beautiful and serene region.

Day 7: Nain

Experience Inuit Culture Visit thriving Nain, the most northerly community in Labrador and the administrative capital of Nunatsiavut. Stop in at the historic Moravian church and learn about its history, listen to the brass band, and visit Illusuak—the stunning new cultural centre by the waterfront in Nain. The cultural centre showcases the history, language, and culture of the Inuit of Labrador and is a community gathering place. Expect a warm welcome and the opportunity to peruse plenty of arts and handicrafts at this dynamic visit. Many of our expedition team members call Nain home. You'll have the opportunity to explore their community through walking tours and scenic hikes, as you create meaningful cultural connections.

Day 8: Hebron

Ponder Poignant History Step back in time to the historical site of Hebron, which preserves a Moravian Mission station dating from the 1830s. Call in at the old church, which is where Inuit who resided here in 1959 learned they would be forced to relocate. Take a moment to read the plaque that commemorates this history and the apology to people affected

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by the relocations, issued by the government of Newfoundland and Labrador in 2005. Listen to the stories shared by our guides and meet former Hebron residents and their kin, who continue to visit the site to hunt and fish nearby.

Day 9-12: Torngat Mountains National Park

Inuit-guided Adventure in Torngat Mountains Spend three days exploring an area of treeless, mountainous tundra in Torngat Mountains National Park, where some of Canada's highest peaks east of the Rockies are found. Enjoy your time hiking, visiting archaeological sites, and Zodiac cruising. Here, Inuit of Nunatsiavut will be your guides in their spiritual homeland. Inuit of Nunavik and Nunatsiavut play a key role as partners in the management of Torngat Mountains National Park. Many see the park as a portal for better understanding of Inuit culture. The word Torngat is derived from the Inuttut word tongait, meaning "place of spirits," where Inuit shamans travelled to connect with higher powers. It is not hard, even for a visitor, to feel the power of the place. Also be on the lookout for marine mammals, polar and black bears, caribou, falcons, and eagles.

Day 13–14: Hudson Strait & Frobisher Bay

Witness Wildlife, Geology, and Ice Sail through this beautiful bay named for bygone explorer Martin Frobisher and stay on the lookout for wildlife, such as polar bears, seabirds, walruses, and different species of whales and seals. Our geologists will have you raving about rocks! Expect compelling scenery and soak up the Arctic splendour.

Day 15: Iqaluit, NU, Canad

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Wave a Fond Farewell Iqaluit, at the head of Frobisher Bay, is Nunavut's capital. A population of nearly 8,000 residents call the city home. Local attractions include the territorial Legislature, igloo-inspired St. Jude's Cathedral, art shops, and more. Transfer from the Ocean Endeavour by Zodiac through the Iqaluit harbour for your charter flight to Ottawa, ON.

Please Note:

Itineraries are subject to change.



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YOUR SHIP: OCEAN ENDEAVOUR

YOUR SHIP: VESSEL TYPE: LENGTH:	Ocean Endeavour		
		PASSENGER CAPACITY:	
		BUILT/REFURBISHED:	

Sailing with a maximum of 198-passengers, Ocean Endeavour is the perfect vessel for expedition cruising. Outfitted with twenty Zodiacs, advanced navigation equipment, multiple lounges and a top deck observation room, she is purpose-built for passenger experiences in remote environments. The Ocean Endeavour boasts a 1B ice class, enabling her to freely explore throughout the Arctic summer.Launched in 1982, she has had numerous upgrades, most recently in 2010 and 2014. At 137 meters (450ft) in length, Ocean Endeavour has plenty of interior and exterior space. Enjoy multiple decks offering comfortable lounge chairs, outdoor dining, a swimming pool, sauna and even a hot tub! The spacious interiors allow for multiple workshops and presentations to occur simultaneously. Community is at the heart of Adventure Canada's expedition experience. We gather together to learn, enjoy a drink, sing a song or share a yarn connecting with one and other. The three lounges aboard Ocean Endeavour are fantastic public spaces for seminars, events and dialogue. The Ocean Endeavour's private spaces are stylish and comfortable. All cabins have private washroom facilities, a phone for internal calls, radio, TV and air-conditioning. There are a variety of cabin categories available ranging from 9-30 m2

(100-320 sq ft).Ocean Endeavour's crew is experienced, and friendly. Her shallow draft and maneuverability allow her to access isolated fiords, bays and secluded communities. The stylish vessel is at home among the glorious settings we seek. Enjoy the class and comfort of a boutique hotel, while venturing to some of the world's last great frontiers aboard the Ocean



Endeavour!

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INSIDE YOUR SHIP

CABIN CATEGORIES

CATEGORY 10 | SUITE

unobstructed view; matrimonial bed, private bath wi full tub, refrigerator – approx. 310 sq. ft. CATEGORY 9 | JUNIOR SUITE Deck free (picture windows, unobstructed view; matrimonial bed, sitting area – approx. 270 sq. ft.),

aecis seven porverso (ronverso-realing picture window unobstructed; matrimonial bed, private bath with fit tub, sitting area — approx. 290 sq. ft) private bath, refrigerator

CALEGORY 8 | SUPERIOR WIN Deck free (two picture windows, unobstructed view; two lower berths, sitting area – approx. 210 sq. ft.), deck seven forward (forward-facing picture windows, unobstructed; matrimonial bed, private bath with full tub – approx.180 sq. ft.), deck seven midship (picture

approx. 190 sq. ft.) private bath, refrigerator CATEGORY7 | SELECTTWIN Deck five (picture windows, unobstructed view, two lower berths OR matrimonial bed, approx. 190 sq. ft and deck eight (oversite windows, partial obstruction of the other sector windows, partial obstruction

matrimonial bed – approx, HI-5 sq. rL. private ben, refigierator CATEGORY 6 | COMFORT TWIN Deck four (two porthole windows, unobstructed view two lower berths OR matrimonial bed – approx. 175 sq. fL), deck seven (picture window, partial obstructio

two lower berths – approx. 135 sq. ft.), and deck el (picture windows, obstructed view; matrimonial bi approx. 160 sq. ft.) private bath, refrigerator

Deck five. Picture window, unobstru

CATEGORY 4 | EXTERIOR TWIN

lower berths, private bath — approx. 100 sq. ft. (T 90 sq. ft. (Single)

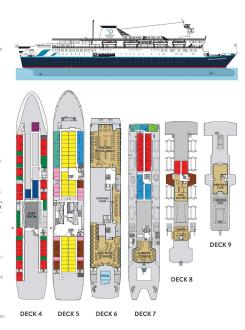
CATEGORY 3 | INTERIOR TWIN

- approx. 125 sq. ft. (twin) / 110 sq. ft. (single)

Deck four. Interior cabin, three lower berths, two private baths – approx. 200 sg. ft.

CATEGORY1 | QUAD Deck four. Interior cabin, four lower berths, private

240 sq. ft.



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