

MAMANUCA & YASAWA ISLANDS - SOUTH PACIFIC CRUISE

For those who just can't get enough of Fiji's beautiful beaches, coral reefs, islands and rich customs and culture, our 7 night tour of the Mamanuca and Yasawa Islands is the ultimate discovery cruise. Combining 7 our 3 and 4 night tours of the Mamanuca and Yasawa Islands, our 7 night tour will give you access to all of the most breathtaking scenery and cultural experiences that this beautiful region has to offer. The Mamanuca group is comprised of 20 stunning palm fringed islands with beautiful white sand beaches, stunning coral gardens and some of Fiji's most famous resorts, while the rugged Yasawa group is composed of 16 islands stretching for some 90 kilometres, making it the place to experience the pristine, untouched natural beauty of Fiji. Highlights of our 7 night Mamanuca and Yasawa Islands cruise includes idyllic Monuriki Island where the Tom Hanks movie 'Cast Away' was filmed and the Sacred Islands where the first Fijians are said to have landed their canoes. You'll also visit our own private island of Tivua, where you can snorkel through pristine coral gardens right off the beach, Sawa-i-lau with its famous limestone caves and blue lagoon and Naviti Island, where you'll enjoy a traditional Fijian feast, lovo and cultural ceremony. As a special extra cruise inclusion, guests will also be offered the choice of a complimentary tour to the Sabeto Mud Baths or the Orchid Garden of the Sleeping Giant. And after every shore excursion, you'll return to relax in style aboard your vessel, where you'll enjoy fully catered meals combining international and Fijian flavours served against a backdrop of spectacular scenery. Relaxing by the pool or on the sundeck, indulge in a massage in our spa or get active and snorkel or kayak in pristine turquoise

waters; the choice is always yours on our spectacular small ship cruises. Please enquire if you are interested in 3 or 4



night cruises.

ITINERARY

Day 1 Saturday

Welcome Aboard! Set sail over lunch through the beautiful Mamanuca islands past many famous resorts collecting some additional passengers, before arriving for a snorkel from a sand cay and discover the vista of a South Pacific sunset. Tonight book your preferred time early for our a-la-carte Dinner.





Day 2 Sunday

Cruise to idyllic Monoriki where Tom Hanks' Castaway was filmed. Explore this natural film set on a guided kayak tour and explore idyllic Monu Island for snorkelling before a special village choral service. The beautiful harmonies of the village choir will simply delight you. This evening join the entertainment of our Sunday Show.

Day 3 Monday

The Sacred Island is a place beautiful beyond belief. Legends tell of the great war canoe `Rogoboka' which landed here with the first Fijians. On arrival the ship's crew pay tribute to the forefathers of Fijian culture and perform the Sevusevu (gift giving) ceremony. Spend a magical morning swimming in the aquamarine lagoons, snorkelling in spectacular coral gardens, beach combing or coral viewing from the glass bottom boat. Over lunch cruise to the Southern Yasawa islands. Enclosed by towering volcanic peaks and palm fringed beaches, Waya Island is a tropical paradise. Visit a local school this afternoon and a village and shell market. The fit will also have a chance to climb to the peak of Waya for amazing views. Don your favourite island attire for Pacific Island night tonight!

Day 4 Tuesday

After Breakfast, sail and returns to Denarau Marina at 07:30am for a 9:00am disembarkation. Between departures you can enjoy a choice of complimentary tours including the Garden of the Sleeping Giant, a tall ship adventure or mud pools on Tuesdays only before heading back aboard your ship for your next island adventure. Welcome to Captain Cook Cruises' private Island of Tivua, surrounded by 500 acres of coral reef this is a great opportunity to practice your snorkeling skills straight off the beach. There is also a volleyball court, kayaks and stand-up

paddle boards and the opportunity for a leisurely 10min walk around the island. Tonight join the Captain and his crew for the Gala Captain's Dinner.

Day 5 Wednesday

Start the day naturally with a morning swim & snorkel in an idyllic bay at Brothers Island. Savour the bounty of a gourmet buffet lunch as you journey to spectacular Naviti Island. Here is beauty in its original state where you can bask in aquamarine waters along white sandy beaches. Volleyball, snorkel, swim or explore the island. This evening join the festivities and entertainment of a Fijian Village at Gunu for a traditional Fijian Feast, Lovo and Cultural performance, Meke.

Day 6 Thursday

Discover the legendary grandeur of Sawa-i-lau and the famous limestone caves at your own pace. Swimming in the cave lagoon is a wondrous experience. Visit to a local school for a memorable experience you will never forget. Snorkel over spectacular coral gardens, swim in fabled lagoons or test your fitness with a climb to the peak behind the school on Yasawa Island. Try your luck at crab racing tonight.

Day 7 Friday

Cruise the soaring volcanic peaks of the Yasawas and discover a myriad of fish in the coral reef and laze in the warm sands of Yaqeta. Cruise the spectacular channels to Drawaqa for amazing snorkelling this afternoon, you may even see a Manta-ray (seasonal). This evening get your dancing shoes on for the Famous Captain Cook Cruises Music Quiz.

Day 8 Saturday





Sail and return to Denarau Marina at 07:30am for a 9:00am disembarkation. After Breakfast, meet the crew on the pool deck as they bid you farewell in song including their traditional Fijian 'Isa Lei' as they say 'sototale' or 'see you again'.

Please Note:

Itineraries are subject to change.



YOUR SHIP:

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VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:



PRICING

ADDITIONAL CHARGES: Fuel Surcharge 98 AUD pp

