



GREENLAND DISCO BAY ABOARD OCEAN ALBATROS

Traveling by sea is a magnificent way to experience Greenland. The places most worth seeing are situated along the dramatic coast line: small and colourful houses situated on the steep mountains sides down to a fjord, giant glaciers producing enormous icebergs, whilst whales and seals play in the sea. The people of Greenland live along the coast in small towns and settlements - at summer only accessible from the sea. Their culture, architecture and living conditions are enriched and limited by the harsh nature of the Arctic. On our town visits, you will have opportunities to meet the hospitable Greenlanders and learn more about the Inuit culture. Flying in from Keflavik or Copenhagen to the airport of Kangerlussuaq, we embark the ship and head for the colourful town of Sisimiut. Then further to the small settlement of Qeqertarsuaq on Disko Island. Here we can experience the age-old "Kaffemik" tradition in the community house. On the southward voyage we visit the calving glacier at Eqip Sermia, the town of Ilulissat, Iceberg Capital of the World, and the settlement Itilleq to experience Inuit hunting culture. Back in Kangerlussuaq we disembark Ocean Atlantic and enjoy a bus tour to the Icecap before flying back to Keflavik, Iceland or Copenhagen, Denmark. Unforgettable experiences await you in Greenland!



ITINERARY

DAY 1 ICELAND OR DENMARK - KANGERLUSSUAQ. EMBARKATION.

We board our charter flight in Keflavik or Copenhagen bound for Kangerlussuaq. Upon arrival in Kangerlussuaq in Greenland, we will be transported to the small port located west of the airport,



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where our ship, Ocean Atlantic, will be anchored. Zodiacs will transfer us the short distance to the ship, where you will be checked in to your stateroom. After the safety drill, you will enjoy a dinner as Ocean Atlantic 'sets sail' through the 160-kilometre Kangerlussuaq fjord.

DAY 2 SISIMIUT, GREENLAND'S SECOND-LARGEST CITY.

After breakfast, we arrive to the colourful town of Sisimiut, where we will get an idea of what modern Greenland looks like. With 5,400 inhabitants, it is considered Greenland's second 'city'. People have lived around Sisimiut on and off since 2,500 BC. In 1756, Count Johan Ludvig Holstein, established a colony here and called it "Holsteinsborg". The oldest part of Sisimiut's historic quarter features town houses from this "Holsteinsborg" era, and the oldest house in town dates back to 1756. One of the most culturally significant buildings is the Blue Church, built in 1775. Nowadays, Sisimiut is an important place for education and industry, and local factories process the bulk of Royal Greenland's fishing. The fish processing plant is one of the largest of its kind in Greenland, and one of the most modern in the world. Our city tour highlights include the historic colonial quarter, as well as the museum and the beautiful church. Additionally, we will pay a visit to the busy city centre for a glimpse of what daily life is like in 21st century Greenland. In the afternoon, our voyage will continue northward. As evening falls, we will pass the Sisimiut Isortuat Fjord, the Nordre Strømfjord settlements of Attu and Ikerasaarsuk, and the small town of Kangaatsiaq. During the course of the bright night, we will pass Aasiaat and proceed into the southern waters of Disko Bay. Next, the ship's heading will be set for Disko Island, known

for its distinctive 1,000-meter/3,280 feet layered crags. At this point, we will be north of the Arctic Circle! Here, the nights are bright and early risers can enjoy the sight of the icebergs on Disko Bay as they squeeze out of the Ilulissat Icefjord and dance into the frigid ocean waters.

DAY 3 QEQTARSUAQ ON DISKO ISLAND, 'KAFFEMIK' IN A COMMUNITY CENTRE AND EQIP SERMIA GLACIER.

Our next sojourn lies on the southern tip of the Disko Island, where Ocean Atlantic will anchor in a protected natural harbour, which is named Godhavn ('Good Harbour') in Danish, while its Greenlandic name, Qeqertarsuaq, means 'The Big Island'. Although topographically quite different from mainland Greenland due to the basalt characteristics of the Disko Island's mountains, Qeqertarsuaq maintains a long, rich history and once served as one of the country's important economic centres. From the 16th century, the community was relatively prosperous and, in fact, considered the most important town north of Nuuk until the mid-1900s, due in part to the area's sizeable whale hunting population. During our visit, we will wander through town, paying a visit to the characteristic octagonal church, nicknamed "God's Inkpot", as well as to a local community center that will be hosting a traditional Greenlandic "kaffemik", which can be best described as a friendly gathering with coffee, cake and traditional dances and music. Musicians from Greenland originally played on a drum (qilaat) made from an oval wooden frame covered with the bladder of a polar bear. Unlike other drums, the qilaat was played by hitting the frame with a stick, not the skin itself. This modest instrument was used for a variety of purposes, including entertainment, exorcism and witchcraft. After the missionaries



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arrived, drum dancing was prohibited and later replaced by part-singing of psalms and choral works, which today are renowned for their particular Greenlandic sound. Today, drum dance is used as entertainment in cultural events and on festive occasions. Greenlandic music is inspired and influenced by music from other cultures, like the Danish and Inuit cultures, and more specifically, Dutch and Scottish polka, American country and rock 'n' roll and even Hawaiian music, which inspired the so-called Vaigat-musicians in Greenland in the 1950s and 60s. As the day draws to a closing, Ocean Atlantic will set a north-easterly course bound for a magnificent natural highlight - the enormous Eqip Sermia Glacier. Situated approximately 50 nautical miles north of Ilulissat, the Eqip Sermia Glacier is renowned for its jaw-dropping beauty. Legendary arctic explorers selected this location as a base for their studies. One such explorer, the acclaimed Swiss glaciologist, Alfred de Quervain, used the location as a base for his expeditions onto Greenland's inland ice sheet over a century ago. We will sail as close as possible to the ice's edge - but at a safe distance to avoid plunging blocks of ice and violent waves that often result from the calving glacier.

DAY 4 ILULISSAT, CAPITAL OF THE ICEBERGS.

Ilulissat is possibly the most well located town in Greenland. The name simply means 'icebergs' in Greenlandic, and the town's nickname is rightly 'the Iceberg Capital'. In Disko Bay, which is located just off the coast of Ilulissat, gigantic icebergs linger in the freezing waters. These icebergs come from the Icefjord, which is located a half hour's hike south of Ilulissat. These impressive frozen structures are born some 70km/43,5 miles

deeper into the fjord by the enormous Sermeq Kujalleq glacier. This 10km/6 miles-wide glacier is the most productive glacier outside of Antarctica; Whereas most glaciers only calve at a rate of approximately a metre/three feet a day, the Ilulissat glacier calves at a rate of 25m/82 feet per day. The icebergs produced by the glacier represent more than 10% of all icebergs in Greenland, corresponding to 20 million tonnes/22 million us tons of ice per day! These facts, together with the fjord's unforgettable scenery, have secured the Icefjord a place on UNESCO's World Heritage List. During the more than 250 years that have passed since the establishment of Ilulissat, the town has steadily flourished. Today, Ilulissat is Greenland's third largest town, with more than 4,500 inhabitants. The town is very vibrant, welcoming and lively with a wide range of cultural attractions, according to Greenlandic standards. The legendary polar explorer, Knud Rasmussen, and his good friend, Jørgen Brønlund, were both born in Ilulissat. On this day, you will also have the opportunity to join a boat trip to the Icefjord (not included). The journey takes about two and a half hours in total, a great opportunity to take a closer look at the amazing ice-sculpted scenery. The trip is definitely something out of the ordinary and a great natural experience that you will remember for years to come - but be sure to have warm clothing on! If a hike or a trip by boat does not present enough excitement, there is also an opportunity to arrange a helicopter ride over the Icefjord (not included). Please note the boat and helicopter excursions to the Icefjord are not included in the general tour price. Furthermore, the helicopter excursion must be booked in advance. Refer to Price Information for more details. In the evening, we will cruise southward from "the Iceberg Capital", leaving lovely Disko Bay behind us as we part.

DAY 5 THE SETTLEMENT OF SARFANNGUIT.



The settlement of Sarfannguit, which translates into 'the place of the little stream' an appropriate name for a settlement nestled at the foothills of the mountains and glaciers in the distant backcountry. The settlement's slightly more than 100 residents live off hunting, trapping and fishing, most often in pursuit of arctic char, reindeer and musk oxen. Although Sarfannguit is quite remote, it lies within a few hours from Sisimiut, the second-largest town in Greenland. The accessibility to such a large town provides an indispensable economic benefit to a small community like Sarfannguit. A stroll through the settlement offers insight into rural life in today's Greenland, where modern conveniences and technological advancements, such as internet and smart phones have become commonplace, yet locals still place great value on important customs and preserving their traditions and their Inuit heritage. We will continue our journey toward the fjord of Kangerlussuaq, also known as Søndre Strømfjord. Especially the first part of the fjord gives a great opportunity to enjoy an impressive passage with panoramic views of high mountains and deep valleys.

DAY 6 KANGERLUSSUAQ. AIR TO ICELAND OR DENMARK

During the night, we will have completed our passage through the 160-kilometer/100 mile Kangerlussuaq Fjord. After breakfast aboard the ship, we will bid farewell to the ship's staff and the Zodiac boats will shuttle us to shore. Due to Kangerlussuaq's military history and present-day role as an important air travel hub, Kangerlussuaq remains fairly isolated from Greenland's rich cultural traditions, in comparison to other

regions. While you still find cultural experiences when visiting Kangerlussuaq, the most impressive attraction is the surrounding nature, which is just beckoning to be explored. It is not difficult for one to see that Kangerlussuaq's landscape has largely been shaped by the last glaciation period, often known simply as the "Ice Age," some 18,000 years ago. The mountains are rounded and soft, and many meltwater lakes remain. From the inland ice sheet, best known as the Greenland Ice Sheet, the meltwater cuts its way through the porous moraine landscape and flows into Kangerlussuaq Fjord. Kangerlussuaq's present-day climate is largely influenced by its well-sheltered location between Greenland's Ice Sheet, the fjord and mountains. This contributes to its stable conditions, minimal cloud cover and roughly 300 clear nights per year. This close proximity to the Ice Sheet, combined with the continental climate, is also of great significance to the local conditions. The dry climate, combined with warm winds that "fall" from the Ice Sheet, can result in temperatures that jump up to 30°C (86°F) in the summer, but then fall to an extreme -40°C (-40°F) in winter, making it the coldest inhabited area in Greenland. In Kangerlussuaq, we offer an optional excursion to the beautiful Reindeer Glacier. The duration of the excursion is about four hours. Please note that the excursion is not included in the general tour price. Refer to Price Information for more details. We do not recommend the excursion for people who suffer from bad necks or backs, as the gravel road to the ice sheet is occasionally bumpy and uneven. As our time in Greenland concludes, after breakfast and checkout, your arctic adventure will have concluded. We hope to see you again soon! We fly from Kangerlussuaq to Keflavik Airport, Iceland or Copenhagen, Denmark.

Please Note:



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Itineraries are subject to change.



YOUR SHIP: OCEAN ALBATROS

YOUR SHIP: Ocean Albatros

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

The Ocean Albatros will be deployed to a large selection of expedition cruise destinations, Antarctica, the Arctic, any various exciting new destinations in between. With a total of 95 comfortable staterooms and suites, all with unobstructed sea view, most with their own balcony, the Ocean Albatros will definitely become one of the most popular expedition cruise vessels in the world. Like it's sistership, the Ocean Victory, it offers two restaurants, a wellness area, an Albatros Nordic Bar, an open deck dining facility, a modern lecture lounge, and other state-of-the-art amenities. The vessel will have more than a 50% lower carbon footprint than traditional expedition vessels and be one of the most environmentally friendly, implementing the Green Initiative Program, ensuring both absolute comfort and sustainability for our guests. Unlike the Ocean Victory, the Ocean Albatros will also offer a unique panorama sauna, and a total of 12 dedicated solo travel cabins without a single-supplement. The vessel belongs to the greenest generation of cruise ships in the world. Its tier 3 compliant engines give up to 80 percent less emissions and operate on significantly lower fuel consumption. **BRIDGE** Due to its important role as a control center for all nautical and technical

processes, the ship's bridge is a vital, sensitive place. Therefore, the bridge may not be accessible to the public at all times. Conditions permitting, we will be happy to welcome you into the bridge for a visit. Guests must be accompanied by the master or our expedition leader. **STATEROOM SERVICE** Your stateroom is serviced daily. We provide a turn-down service. We provide meal to room only for serious cases of guest being sick. Our suites will have VIP services. **ZODIAC LANDINGS** One feature of our expedition cruises includes landings and excursions aboard Ocean Albatros's fleet of 18 inflatable, motorized rubber "Zodiac" boats. The Zodiac brand has earned a well-deserved reputation as the sturdiest and safest small watercraft available. These boats have a low draft and great stability. Zodiacs are constructed for professional use and are outfitted with a top-quality outboard engine, yet their design minimally impacts the environment. The Zodiacs are designed to provide unrestricted access to the world's last great frontier. Their versatility enables us to make landfall on remote shores, cruise along awe-inspiring coastlines and share breathtakingly close encounters with whales, seals, penguins, seabirds and more. We will come within arm's reach of icebergs and set foot on land discovered by pioneering explorers just over a century ago. Your safety and comfort are our #1 priority, and your expedition leader will carefully plan for as many Zodiac excursions as possible, dependent upon the local weather and prevailing conditions. In each case, the expedition leader makes the final decision if the landing is possible or not. Safety regulations apply on landings. All guests receive a mandatory instruction of the safety guidelines. Life jackets are mandatory to wear. Please



note, we highly recommend the use of waterproof bags in order to protect your personal camera or binoculars, as both hands must be free of everything during boarding. Participation is fairly easy and comfortable for able-bodied guests but can be more challenging for those with physical handicaps. **GRATUITIES** Following international standards in the service industry, it is customary to leave gratuity for the ship's crew at the end of the voyage. All gratuities will be divided among the crew. Typically, a recommended amount is approximately 13.5 USD per person per day. Gratuity is, of course, not required and any gratuity payments are voluntary. **DRESS CODE** The dress code on board is casual. Ties, jackets and evening dresses you may leave at home. It is rather more important to wear the right clothes in order to adapt to the different weather conditions. We recommend comfortable, breathable, waterproof and windproof clothing. Also, you should have a pair of gloves, thermal underwear and sturdy footwear in your luggage. For the captains and farewell cocktail, we recommend a smart casual dress style. **INTERNET / PHONE** Keep in mind, we will be cruising in a very remote region of the world. Where accessible, internet access is available for an extra charge. Mobile phone reception may be possible in select regions along our route. For further details please contact your mobile phone operator. Prices can be found in the information folder in your state room. Please ensure that your 'Data Roaming' function is switched off. **RECEPTION** The daily office hours of the board reception are from 06:00 until 23:00. **ALBATROS OCEAN SHOP** The selection of items available for purchase varies by ship, and may include a range of warm and practical clothing, as well as souvenirs, local arts and postcards at reasonable prices. A small selection of soap, toothpaste and other personal effects are also sold. **HEALTH / MEDICAL EMERGENCY** Each of our vessels has a small medical

facility equipped with the necessary equipment and medicine to handle small emergencies. The infirmary is always staffed by a professionally licensed, English-speaking physician and nurse. Should a serious incident occur, the nearest hospital will be contacted. All guests must have personal travel/health insurance. Although we do not have an official requirement regarding personal fitness, you should be able to move on board and ashore without the help of others. Please be aware that the ship does not provide wheelchair accessible state rooms. Due to safety reasons a cruise is only possible for pregnant women until the 24th week of pregnancy. The state of pregnancy must be presented by a medical certificate. **PHYSICAL DISABILITIES / WHEELCHAIR ACCESSIBILITY** Guests with physical disabilities are recommended to travel with an accompanying person. The processes on board should be handled without external help. The gangway can be - depending on the individual disability - a challenge. The angle of inclination of the gangway varies due to tide and different circumstances in the respective port. Please note that the guest's participation in shore excursions as well as the (dis-)embarkation by Zodiac can be denied by the expedition leader due to security reasons. The instructions of the expedition leader must be followed. The ship is not suitable for wheelchairs. **SEASICKNESS / STABILISATORS** The ship is equipped with stabilizers in order to reduce the ship's roll. However, these expeditions are hosted in remote regions, and it is possible to periodically encounter changing environments and climate patterns, including rough seas and large swells. Seasickness patches (Scopoderm or similar) work solely or in part to help cure nausea for most people. These medicines can cause sleepiness. If you are prone to motion sickness, consult with your doctor prior to departure to help ensure your comfort while travelling. **SPECIAL DIETARY REQUESTS** All meals on board



the vessel is chef-prepared. If you have special dietary requirements (food allergies, intolerances, health conditions or religious preferences), please inform us as early as possible - ideally, no later than 2 weeks before departure. In order to ensure efficient service, please re-confirm your requirements with the crew upon boarding the ship. LAUNDRY If you wish to have some laundry done while aboard the ship, laundry service is available for an



additional fee.



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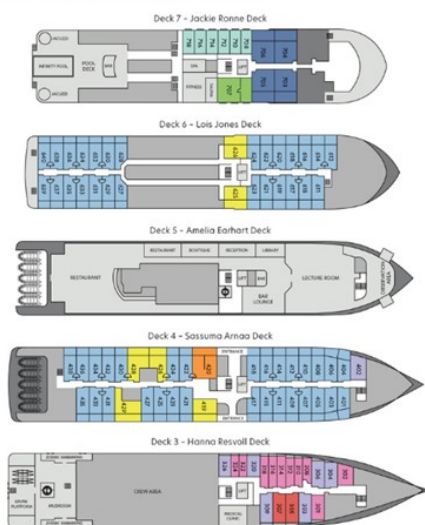
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INSIDE YOUR SHIP

MV OCEAN ALBATROS



Category A Suite - Junior Suite



Category B Suite - Balcony Suite



Category C Stateroom - Balcony Stateroom



Category D Stateroom - Albatros Stateroom



Category E Stateroom - French Balcony Stateroom

Category F Stateroom - Triple Stateroom

Category G Stateroom - Single Stateroom (Porthole)

Family Suite - Brynhilde Suite



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PRICING

16-Aug-2024 to 23-Aug-2024

Category C Stateroom - Balcony Stateroom	£7576 GBP pp
Category D Stateroom - Albatros Stateroom (Porthole)	£6944 GBP pp
Category F Stateroom - Triple Stateroom (Porthole)	£5522 GBP pp
Category G Stateroom - Single Stateroom (Porthole)	£7576 GBP pp
Premium Suite - Freydis Suite	£11842 GBP pp
Category A Suite - Junior Suite	£10262 GBP pp
Category B Suite - Balcony Suite	£8366 GBP pp
Category E Stateroom - French Balcony Stateroom	£6312 GBP pp
Family Suite - Brynhilde Suite	£13422 GBP pp

09-Aug-2025 to 16-Aug-2025

Family Suite - Brynhilde Suite	£15325 GBP pp
Premium Suite - Freydis Suite	£13905 GBP pp
Category A Suite - Junior Suite	£12399 GBP pp
Category B Suite - Balcony Suite	£10189 GBP pp
Category G Stateroom - Single Stateroom (Porthole)	£9165 GBP pp
Category C Stateroom - Balcony Stateroom	£8055 GBP pp
Category E Stateroom - French Balcony Stateroom	£7819 GBP pp
Category D Stateroom - Albatros Stateroom (Porthole)	£7265 GBP pp
Category F Stateroom - Triple Stateroom (Porthole)	£5845 GBP pp

16-Aug-2025 to 23-Aug-2025



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Family Suite - Brynhilde Suite	£14849 GBP pp
Premium Suite - Freydis Suite	£13429 GBP pp
Category A Suite - Junior Suite	£12085 GBP pp
Category B Suite - Balcony Suite	£9955 GBP pp
Category G Stateroom - Single Stateroom (Porthole)	£8845 GBP pp
Category C Stateroom - Balcony Stateroom	£7819 GBP pp
Category E Stateroom - French Balcony Stateroom	£7585 GBP pp
Category D Stateroom - Albatros Stateroom (Porthole)	£7109 GBP pp
Category F Stateroom - Triple Stateroom (Porthole)	£5685 GBP pp

23-Aug-2025 to 30-Aug-2025

Category F Stateroom - Triple Stateroom (Porthole)	£5215 GBP pp
Premium Suite - Freydis Suite	£12325 GBP pp
Category B Suite - Balcony Suite	£9085 GBP pp
Category G Stateroom - Single Stateroom (Porthole)	£8135 GBP pp
Category C Stateroom - Balcony Stateroom	£7185 GBP pp
Category E Stateroom - French Balcony Stateroom	£7029 GBP pp
Category D Stateroom - Albatros Stateroom (Porthole)	£6555 GBP pp
Category A Suite - Junior Suite	£11059 GBP pp
Family Suite - Brynhilde Suite	£13585 GBP pp